

How to be safe afloat when you go boating

The prospectors often referred to water as white gold — and the rush is still on today. According to the Bureau of Outdoor Recreation, swimming, fishing and boating are among the most popular summertime outdoor activities.

State and federal laws require boat owners to carry life preservers for every passenger on board. But before weighing anchor or taking a dip, every one should make a quick check of water worthy safety equipment.

The nearest floatable object is the best in an emergency. The ice chest and picnic jug that usually accompany you on aquatic outings can double as life savers. Experts at the Thermos Division, KST Co., remind us that all urethane insulated coolers will float. They can quickly

be pushed or thrown out to a person as an immediate safety measure. A large stick or oar will serve the same purpose.

If the person is near you, hold out a pole, a shirt, a towel or anything he can grab onto. If you know the water is not deep, the current is not fast and the bottom is safe, wade out to the person. But don't swim out to rescue a drowning person unless you've had a course in lifesaving. Too often the rescuer also drowns.

If there's time, row a boat out to the person. A tired swimmer should hold onto the boat — rather than climbing in — as you row to shore. And if the boat tips over, hang on. It will float.

Floating until help arrives is also a good tactic for a swimmer who develops a cramp. Often stretching or changing the swimming stroke will relieve the condition.

Most of all, always follow the rules of water safety. Swim with someone near you, watch children all the time, and at night swim only in well lighted pools.

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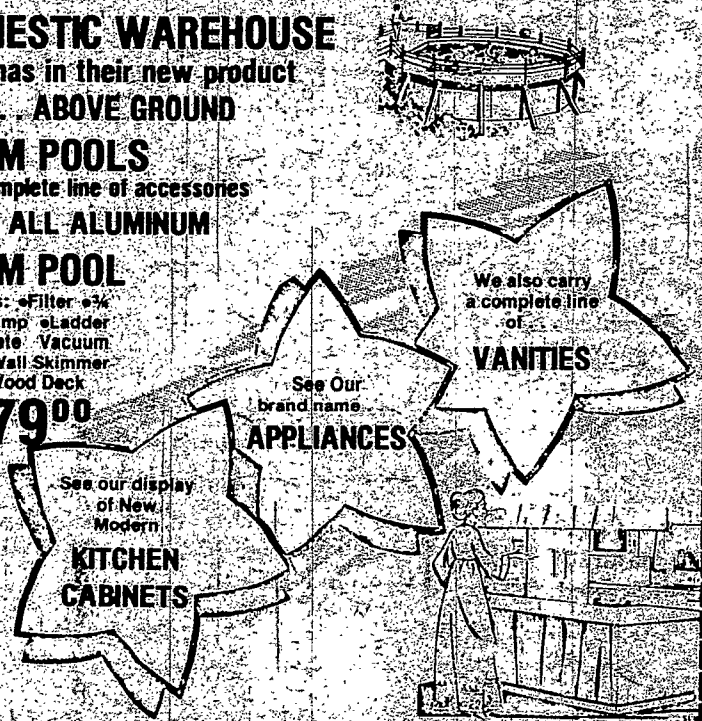
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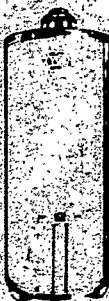
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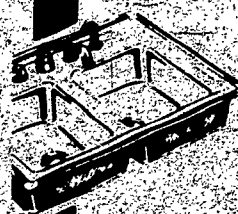
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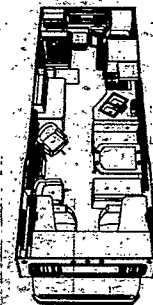
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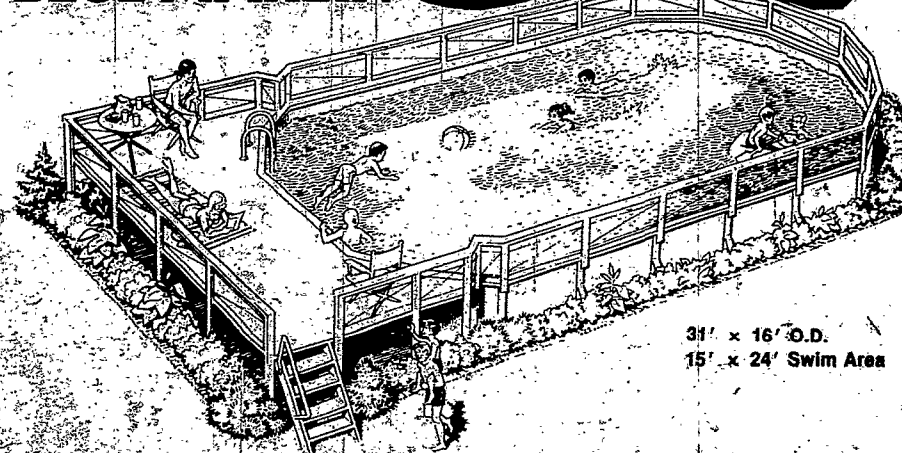
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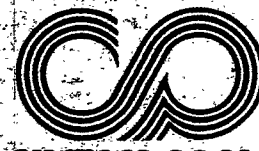
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