



PRAYER

# LENT IS...

**P** stands for Prayer. Lent should be the time for a renewed concentration on prayer in its many forms: parish prayer, family prayer, private devotions, meditations, and the prayer of the sacraments of the Eucharist and Penance.

**R** stands for renewal, for rebirth, for the reconciliation which breathes life into the weary, and frustrated, like Spring which draws from the sere, wintered earth the loveliness of the lily. R stands for resurrection in all its wondrous forms.

**A** stands for aims and the spirit of sharing. Many fine programs, not least of which is Operation Rice Bowl, raise our consciousness to the suffering of others and prompt our generosity.

**I** stands for initiating, for starting again to grow in the love of God and neighbor. Lent also is the time when new members are welcomed into our Church community.

**S** stands for study — especially the study of the Scriptures and the wisdom of the Fathers of the Church.

**E** stands for everyone. We are constantly reminded these days that the entire earth is the community to which the Church of Rochester has a mission.

**S** stands for Spring, and smiling and striving to reach the Sun — the perfect and glorious end to a Lent devoted to the Praises of our Father.



RENEWAL



INITIATING



EVERYONE



STUDY