

The Children Who Wait

Meet Ginnie and Dianne

These two charmers with just the hint of impishness in their eyes are Ginnie (left) and Dianne.

They are members of a group we call The Children Who Wait, a group of preschoolers, youngsters school age and older, of minority races or mixed racially, a sibling group of two or more, who may be mentally, physically and/or emotionally handicapped. They are members of a group which has one thing in common. They are all waiting for adoptive families to call their own.

Adoptive patterns have changed in recent years. Once there were many healthy infants available for adoption. Today, however, a great emphasis is being placed on finding homes for children agencies once considered "hard to place."

Once adoptions were done by childless couple. Today, families with six and more children are adopting. Even singles are becoming adoptive parents.

Children are being placed across racial and religious lines; and to ease the financial burden of adoption financial subsidies are available.

What is being looked for is a loving, caring, adoptive home that can meet the needs of the child.

Each week the Courier-Journal is featuring children like Ginnie and Dianne. They are two of more than 1000 registered with the New York State Adoption Exchange who are ready for adoptive placement.

They and more than 200 other children are listed in THE CAP BOOK which is a photo listing.



service of The Children Who Wait, operated by the Council of Adoptive Parents of Rochester (CAP).

Their listing in THE CAP BOOK is as follows:

"Ginnie, 8 years old, and Dianne, 6, are sweet little girls who try very hard to be 'good.' They are shy at first, but when they feel more at ease, Dianne can be a clown whose antics are enjoyed by her big sister, and their friends.

"Ginnie has learned to cope with her asthmatic condition which makes her tire easily and has perhaps slowed her development a bit. Dianne is sometimes troubled by asthma too, but to a lesser degree.

"It is hoped that the warmth and security of an adoptive home can bring Ginnie and Dianne to happy good health."

For general information about adoption contact:

Catholic Family Center, 546-7220; Monroe County Dept. of Social Services, 442-4000; Northaven, Inc., 266-4330; The Council of Adoptive Parents (CAP) 288-7989.

For further information about Ginnie and Dianne contact: THE CAP BOOK Office 436-5070.

Penn Yan St. Michael's Readies Vote

Penn Yan - The St. Michael's Parish Council will meet Sept. 15.

In October there will be three vacancies in the council due to the expiration of terms. Six candidates will be sought. Capable candidates may be submitted by 20 or more signatures on a petition filed at the rectory before Sept. 7.

The election of members by the entire parish is scheduled Sunday Sept. 28th.

That is not to say that I don't have my own way of cutting corners and adding nutrition. For example, nothing makes me see red faster than listening to the nation's beverage manufacturers push chemical and sugar laden drinks at astronomical prices over TV and then try to tell us how nutritional they are.

I developed my own summer time drink a couple of years ago and while it is not super cheap, it has Kool Aid, Hi-C, Tang - to name just three of the offenders - beat nutritionally and price wise.

Buy a can of frozen orange juice concentrate (no additives) to make two quarts. Add twice as much water as called for and a small amount of sugar or sugar substitute. Call it orangeade and store it in the fridge in plastic gallon jugs.

The instant rice people also give me a pain. Their ads suggest that cooking regular rice properly takes the skill of a gourmet cook. The truth is that any idiot can do it - as I've been proving for years and at a fraction of the cost of the instant stuff.

Rice is a staple of Puerto Rican meals. Here are the instructions from a friend who lives in San Juan: Bring two cups of water to a boil. Add a tablespoon of oil and one teaspoon of salt and 1 cup of rice. Stir once with fork and reduce heat to simmer or low. Cover tightly and let cook for 14 minutes. (I sometimes substitute butter or oleo for the oil.) Good eating!

ALL IN THE FAMILY Sarah Child

In the current issue of "Woman's Day" a young wife and mother of two tells how she feeds her family of four on \$16 a week.

I read the article first in disbelief and then reread it with a kind of grudging admiration. This young woman has managed among other things in her budgeted world to do something I've tried for years with no success.

When your kids come in and want something to drink, give them a glass of water, she says. It's cheap and thirst quenching.

She also sends her husband to work every day with a cheese or a peanut butter and jelly sandwich for lunch. Not in my wildest planning dreams have I ever considered that one.

I did, however, serve 13 pasta meals in a row (not counting breakfast) once but that was not budgetary in design. I did it out of vindictiveness because I kept getting complaints that I did not serve spaghetti often enough. It backfired of course. Instead of curing them, they went on to become fanatics, telling me to delete rice, potatoes, bread and other carbohydrate staples from my shopping list. I now allude to the whole miserable episode as Michelangelo's Revenge. And it has pretty much cured me of trying to dictate tastes and appetites around the house.

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Alumni Join Aquinas Faculty

Two alumni of Aquinas Institute will be among the four new faculty members as school re-opens next week.

will teach accounting and mathematics, and Father Howard Keon, who will also be in the mathematics department.

Thomas Gigliotti, and Ronald Chiafery are both Aquinas Graduates of 1970. Gigliotti will teach Social Studies and coach freshman cross-country.

Chiafery will teach English and Theology, as well as work as an assistant varsity football coach.

Other new faculty members include John Collins, a graduate of St. John Fisher College, who

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