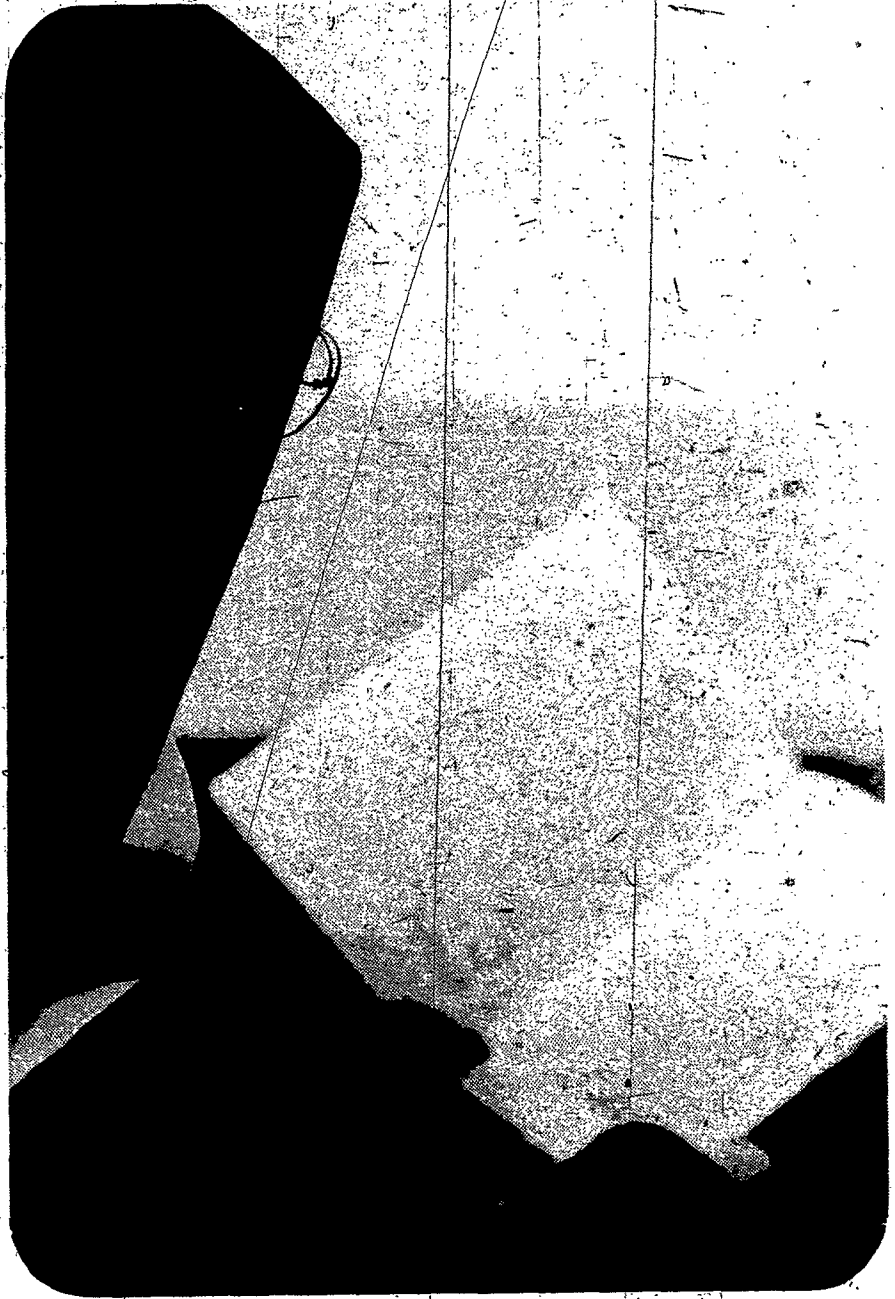




Each Carmelite nun has her "hermit's cell," where she is shielded from distractions.



At stated intervals, she reads and meditates in solitude.

The Simple Holy Life

Text by Molly Judge
Photos by Susan McKinney



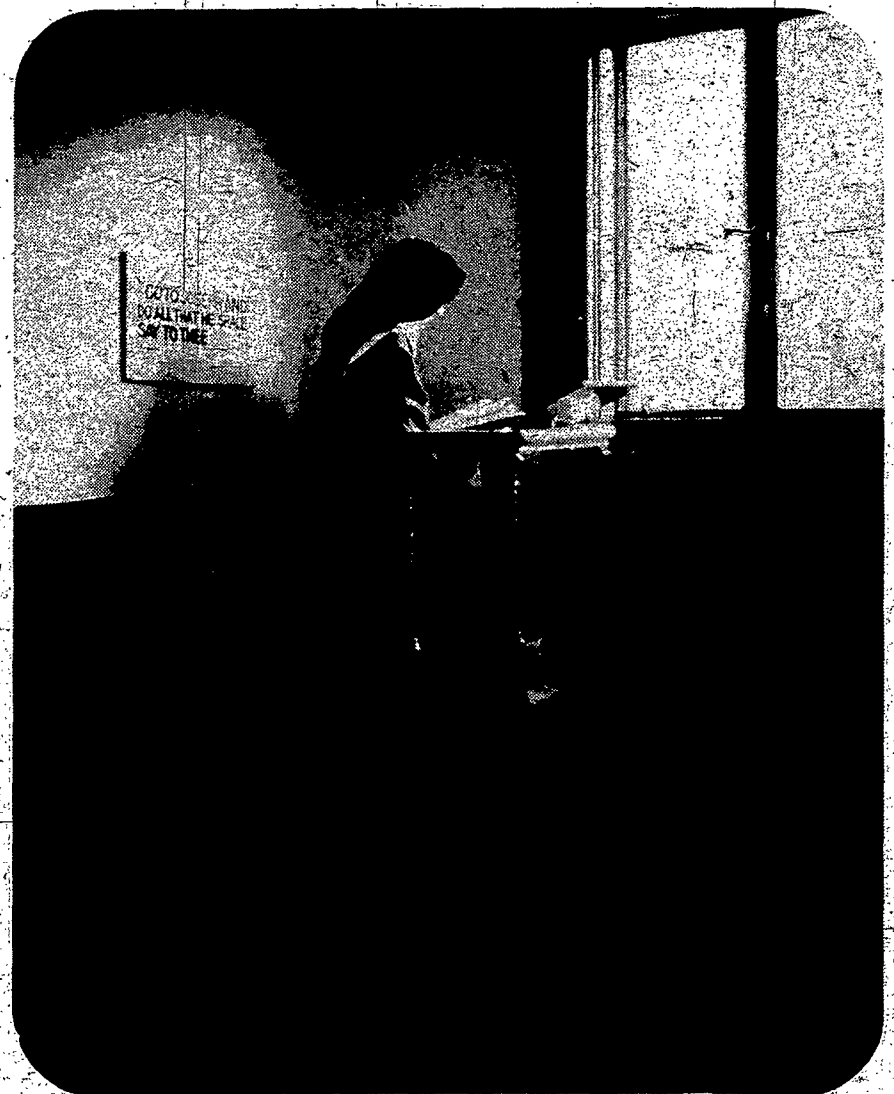
From time to time, all come together in the chapel. Here, they are wearing white, for Sunday.



The quiet is undisturbed as they skim down a corridor in soft shoes.

Let Nothing Disturb Thee.
 Let Nothing Affright Thee.
 All Things Are Passing.
 God Only Is Changeless.
 Patience Gains All Things.
 Who Hath God Wanteh
 Nothing - Alone God
 Sufficeth.

ST. TERESA'S BOOKMARK



They take turns reading aloud during lunch in the refectory.