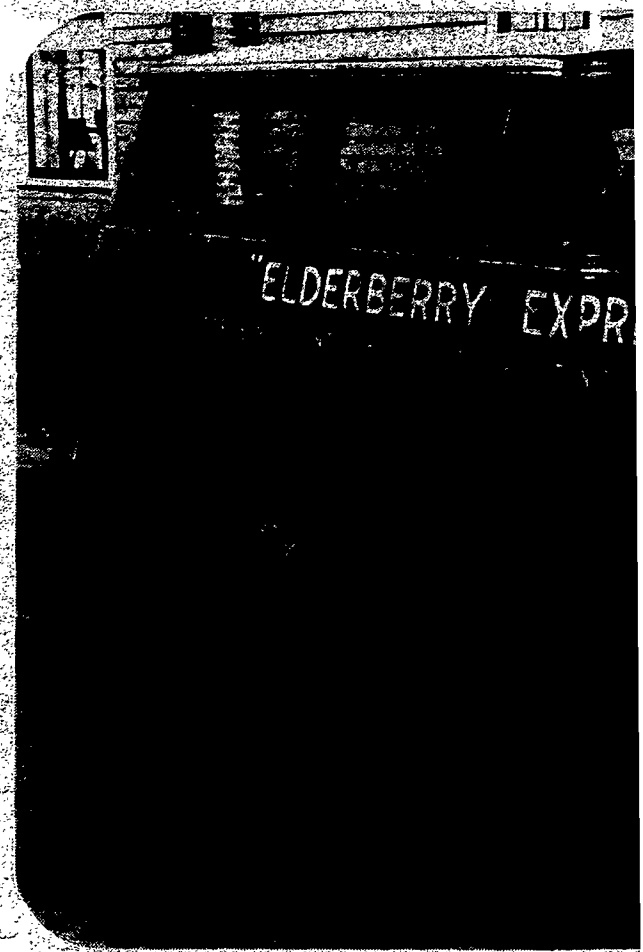


Mrs. Josephine Genowich spends a moment reading up on senior issues.



The "Elderberry Express" furnishes

# Life Is Bright

"You wouldn't believe the change that's come over these people since they started coming to the nutrition center," said Patricia Eaton, the administrative director of the Ontario, Steuben and Yates county nutrition sites.

"Their hair was quite a mess and they dressed in dark, drab colors. But look at them now! They're dressed in bright reds and yellows. They're making weekly trips to the hair dresser.

"In short, they have started to care about themselves again."

What is the major reason for this sudden change in the senior citizens of Bath?

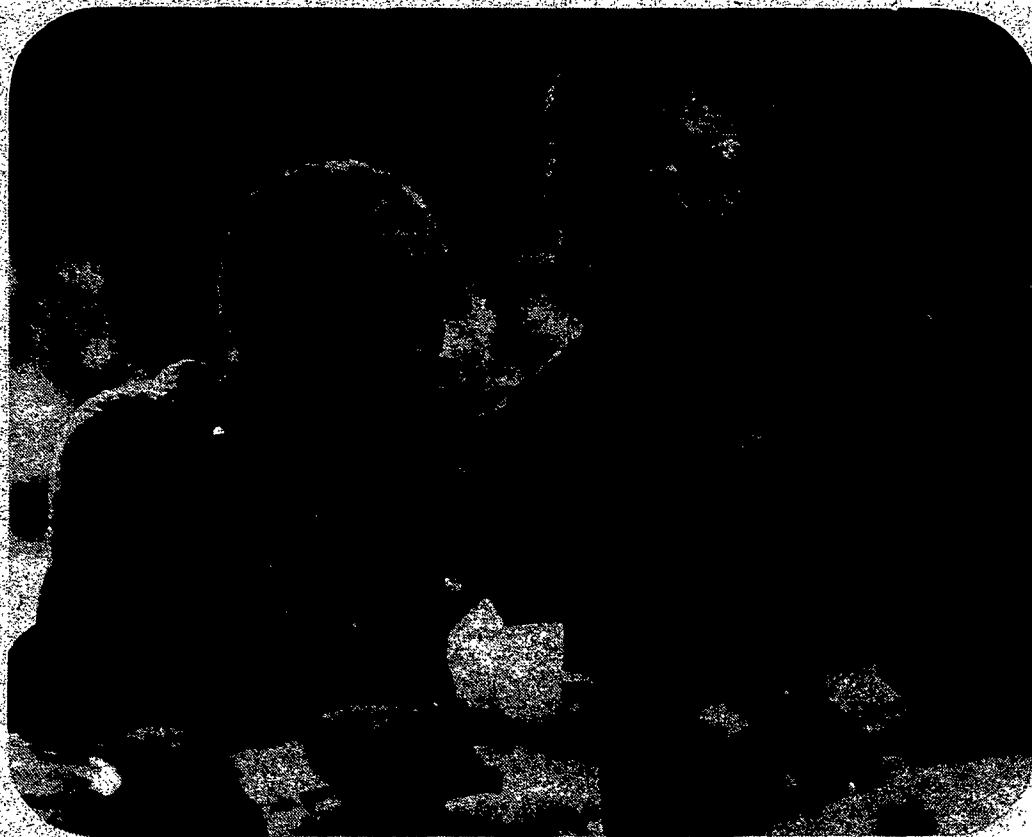
It could only be the Elderberry

Dinner Club, which is part of the federal "nutrition" program operating under title VI of the Older Americans Act.

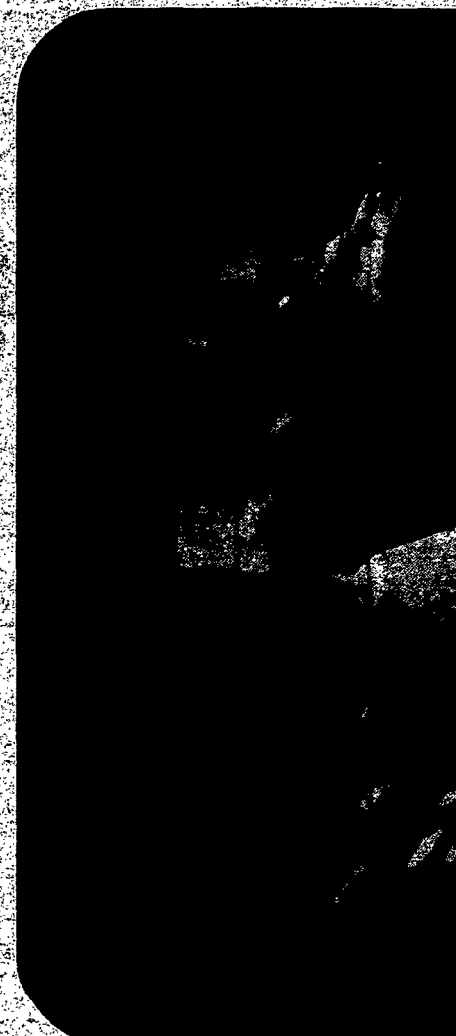
According to Ms. Eaton, approximately 70 people, age 60 and over, attend the program every Monday, Wednesday and Friday from 12:30 to 2:30 p.m. "They come here to get the good food, to talk to their friends and to socialize. It's just amazing the changes that have taken place. People have become interested in each other and really look forward to coming. We even have a romance going here," she said.

This program, one of the 15 that Ms. Eaton supervises, is located in the St. Mary's School cafeteria on 32 E. Morris St. After the school children have their lunch, the tables are set and the fun begins.

The elderly are asked to donate what they can, not exceeding a



Ethel Jones, right, watches the group's entertainment while Dora Long, left, enjoys some of the refreshments.



Virginia McNutley, an RSV volunteer for Mrs. Josephine G

PHOTOS BY SUSAN MCKINNEY  
TEXT BY MOLLY JUDGE