

Editorial

Nutrition Sense

Sister Virginia Schwager, director of the United States Catholic Conference's Division of Health Affairs, has focused some needed attention on a major American problem.

Sister Virginia, testifying before a Senate Select Committee on Nutrition and Human Needs, stressed the urgent need to develop and implement a National Nutrition Policy.

According to Religious News Service, Sister Virginia declared, "Nutritional care should be included in all legislation affecting the health delivery system. Health planning legislation should mandate planning for nutrition services. And finally, the standards and quality of nutritional care services must be controlled."

Americans, your eyes will tell you any day on the beach, are overweight. It is not only that we eat a lot but we eat the wrong foods in excess. That is why it is important that the views of Sister Virginia and other nutritionists be heeded.

It is indeed possible to be fat and undernourished. Thus Sister Virginia's comment that "food is not the sole solution to the nutrition crisis."

At the risk of establishing another bureaucracy, it seems that the government must take the ball on this one. Such provisions should be included in any national health care plan. The government should take care that the food it provides to the indigent should be nutritionally balanced.

Too Much Notice

The Jewish Father McLaughlin. That's how some see Rabbi Baruch M. Koroff, president of the National Citizens Committee for Fairness to the Presidency.

Father McLaughlin, on the presidential payroll, and Rabbi Koroff have won much attention from the news media, mostly because their views are in sharp contrast with the great majority of their fellow clergymen.

The administration has been trying to divert the focus from the Watergate by, among other things, somehow blaming the press for its plight. It would do well for all to note that this same press has been giving perhaps too much time and space to the rare clerical defenders of the administration. True, the exception makes news but the press has earned itself the dubious distinction of giving far more than equal time to Father McLaughlin and Rabbi Koroff in their defense of the Watergate administration.

Wheelchair Problem

The concern and consideration for those in wheelchairs expressed by Bishop John E. McCafferty and the Southwest Region in its pilgrimage plans for Aug. 12 is noteworthy in itself and also should focus our attention on a major problem.

Few public buildings have been built with access for those confined to wheelchairs. The fact that churches fall into that category is doubly unfortunate, since, of course, those in wheelchairs should not be handicapped in getting into church, of all places.

St. Pius X Church has a flat entrance and some diocesan churches, St. Michael's for one, install ramps over their steps at certain Masses. This should be a matter for consideration for every parish and for all of us concerning all buildings.

Opinion

Must Know Our Faith

Editor:

When the Unification Church group came to Rochester, July 17-19, featuring the New Hope Singers International and the beautiful Korean ballet, one of the members of the church interviewed by the D&C reporter (D&C 7/19) was a young Austrian woman, Ulrike Schutz. Miss Schutz is quoted as saying, "I'm a Catholic by background, but I got nothing out of going to church. I really believed in God but I didn't understand Catholicism."

Now all this is very interesting and tragic. "I got nothing out of going to church. I didn't understand Catholicism." It is the story of many thousands of Catholics. Who is to blame for this tragedy and where must we place the responsibility?

The first responsibility and blame must be placed on the individual. Miss Schutz evidently never seriously tried to study or understand her religion. Did it mean nothing to her that her church, the Catholic church, was established by Christ Himself on the 12 Apostles, as the history of Christianity very clearly shows; that when she went to church, she went there because Jesus was there as a real living person, just as he was in Bethlehem, Nazareth, and when he walked with his disciples, that when she assisted at the Holy Sacrifice, she was offering with Jesus himself, the sacrifice of the world's redemption, the greatest act humanly possible for anyone to perform, that when she received her Lord in the Eucharist, she was receiving the living Christ, and in that moment she became one with Christ in the closest of unions as the bread that one eats becomes part of one's own body and gives new life to the one who partakes?

The responsibility to know and understand these things must be placed squarely on the shoulders of Miss Schutz herself, and on each and every Catholic. Teenagers must be taught that they have an obligation to understand their faith and to share it with others—to help others to come into the Church of Christ.

It is the duty of the Church, bishops, priests, people, to teach and help others, Catholics and non-Catholics alike, to understand the Catholic faith. Miss Schutz gave up the Catholic faith because one day she met another young woman who belonged to the Unification Church. They met casually at a lunch break. Miss Schutz said, "I was attracted by what the girl was saying. She was inspired. I couldn't find contradictions in anything."



"WHAT'S THE BIG DEAL? WE HAVE THE 20'S LOOK, TOO... ALSO THE 30'S, THE 40'S, THE 50'S, THE 60'S, AND THE 70'S."

So, Miss Schutz, who should have been able to inspire her friend with the truths the Savior gave to the world and which have been handed down to the present time through the ministry of His Church, Miss Schutz, the Catholic, instead found inspiration in the words of her friend. She left the Church of Christ for the church of the Rev. Sun Myung Moon.

Now all this raises the question, "Are our schools, our priests and teachers, inspiring our young people with the truths they are teaching?" We fear they are not. There are too many of our people, young and old, who don't seem to know what it's all about.

[Rev.] G. Stuart Hogan
789 East Ave.
Rochester N.Y. 14607

Finds Column Inspirational

Editor:

I'm a Sarah Child fan, and her

OUR PARISH COUNCIL

Bernard Lyons

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In the interest of efficiency for parish council meetings, it would help if members gave their excuses for goofing-up or for failing to do something by the numbers.

The following numbered excuses should cover most any case.

It will save time if you will just use the appropriate number for your excuse the next time you report at your council meeting.

1. That's the way we've always done it.
2. I didn't know you needed it now.
3. That wasn't my assignment.
4. No one told me I could go ahead on this.
5. I was waiting for an okay from the pastor, chairman, or president.
6. I didn't know there was anything different about this.
7. I thought some committee was suppose to do that.

8. I was waiting for the pastor, president, or chair person to get back in order to ask him (or her).

9. I missed the last meeting.

10. I forgot.

11. I didn't realize that it was important.

12. I was so busy that I just couldn't get around to it.

13. I asked someone else to do it.

14. My minutes got lost in the mail.

15. I didn't get any notice.

16. The job description for our committee didn't include that.

17. I didn't volunteer to do that!

18. I wasn't sure so I didn't do anything.

19. I was on vacation at the time.

20. It seemed like a good idea then.

21. I didn't want to get blamed if something went wrong.

22. There was nothing in our by-laws to cover it.

Opinions to the editor should be addressed: Letter to the Editor, Courier-Journal, Richford Building, 67 Chestnut St., Rochester, N.Y. 14604. They should be no longer than 1 1/2 pages, typed, double-spaced. Names and addresses should be included. The paper reserves the right to edit all letters.

Phelma Paulson
66 Valley Green Dr.
Penfield, N.Y. 14526

COURIER-JOURNAL

Bishop Joseph L. Hogan
President

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General Manager

Carmen J. Viglucci
Editor

Rev. Louis J. Hohman
Episcopal Advisor

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