COURIER-JOURNAL

GO OUTDOORS By RHONA SAUNDERS

of the American Gas Association

A SHISH KEBAB TO MATCH YOUR MOOD — Who says an outdoor cookout has to feature hot dogs and hamburgers? For something really different, create your own wild, imaginative shish kebab.

Cook your shish kebab on the spit of a rotisserie or on individual skewers placed on the grid of a gas grill; select foods that cook in about the same time for use on the same skewer.

How about these for an unusual dish: Cubed ham, green pepper pieces and pineapple chunks basted with pineapple juice while grilling; or small raw oysters dipped in melted butter and placed in mushroom caps; or eggplant cubes, small onions, cherry tomatoes or wedges marinated in garlic-flavored salad oil before grilling; or for dessert, orange slices and pieces of banana brushed with honey before grilling, and served with toasted coconut.

THAT FAVORITE FLAVOR — One of the nicest things about cooking outdoors is the flavor that food seems to have. The secret: Juices and fats dripping on hot coals and smoking. The smoke penetrates the food and creates that "outdoorsy" taste. For variety, soak hickory chips or small twigs from wild cherry or sugar maple overnight in water. Wrap the chips or twigs in foil, punch holes in it and place directly on the coals or briquettes. Or add the chips directly to the coals just before the food is done. For a deep smoke flavor, add the chips when cooking first begins.

The Lawn Chair That Cuts Grass

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with a ground-fault circuit-interrupter

Each year more than 1,000 people in the United States are killed and thousands are injured because of electrical accidents caused by faulty equipment and misuse of electrical equipment.

Wednesday, June 12, 1974

One way people have protected themselves has been by grounding their appliances with three prong plugs plugged into a three-hole outdoor receptacle that is itself grounded. A new piece of protective equipment, called a ground-fault circuit-interrupter, has been on the market for some time now. It was developed to detect and make harmless a tiny current leakage - a current as small as six one-hundredths of an ampere can kill a healthy man. One ground-fault circuit-interrupter is activated by a fault current to the ground of less than five onethousandths of an ampere. It provides excellent back-up protection where grounding and circuit breakers are not effective. The National Electrical Code

now requires that "all outdoor receptacles located between ten feet and fifteen feet of the inside walls of a permanently installed pool shall be protected by a ground-fault circuit-interrupter," Storable pools "shall be supplied by circuits protected by groundfault circuit-interrupters."

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Ground-fault circuitinterrupters are available from electric equipment supply houses and electrical contractors. Your electrician can tell you more about equipping your home with this life-saving device.

If you have further questions about outdoor electrical safety call or visit our Residential Department, located on the fifth floor of the same building. Representatives are there from 8 a.m. to 5 p.m. Monday through Friday to help you.

Have a safe summer; shock proof your yard.



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