

MARY LU WALKER

Photo by Dave Witbeck

Mother of 8

Writing Songs for Fun

By CHARLES RANDISI

Once there was a caterpillar living in a shell, Happy to be in a place where everything went well. No one to bother him, no other worms to see, Locked up in his dark cocoon he thought that he was free. Hey, little worm,

DSC Members Will Attend NAWR Meeting

Diocesan Sisters Council (DSC) members Sister Louise Weber, SSJ, president, and Sister Mary. John Van Atta SSJ along with Sister Ann Miller RSM will attend the regional meeting of the National Association of Women Religious (NAWR) Dec. 1 in

The meeting will concern plans for a statewide meeting of the NAWR in the Hall of 1974 in

DSC members have also received an invitation from the Buffalo Sisters Council to attend a meeting Dec. 9

Retreat League To Meet Dec. 2

The annual meeting of the Notre Dame Retreat League will be held Sunday, Dec. 2, 2:30 p.m. at Notre Dame Retreat House, Canandaigua, It will be a business meeting followed by a buffet and all retreat leaders and retreatants are invited to attend. Bishop Joseph L. Hogan will be the main speaker, as new retreat leaders take their oath of office. Reservations can be made by writing to Notre Dame Retreat. House, Box 342, Canandaigua, N.Y. 14424, or by calling the retreat house at 315/394-7500.

CRIMINAL JUSTICE

Criminal justice reform legislation proposed to Congress: by Rep. Frank Horton will be outlined today at a 45-minute lunchtime meeting at First Presbyterian Church, 101 S. Plymouth, David Lovenheim, Horton's administrative assistant, will be the speaker. The Judicial Process Commission of the Genesee Ecumenical Ministries is the sponsor. The meeting will start at 12:15 p.m.

Only butterflies are free. Come out of your shell, and fly with me, Only butterflies are free.

Of the 25 songs she has written, that, "The Butterfly Song," is Mary Lu Walker's personal favorite. She says it's everyone else's favorite, too.

Mrs. Walker, mother of eight, and member of St. Patrick's Parish, Corning, has had her songs published and recorded by Paulist Press. She has been playing folk guitar for only six years, and writing songs for only

Her book and record, Songs for Young Children, contain easy folk tunes designed specifically for children of primary grade age. The songs are meant for sing-along participation.

But the audience for her songs, which deal with themes of friendship, love, ecology, and brotherhood, includes both young and old.

"Adults seem to like the message; and kids like the rhythm," she says.

Mrs. Walker belongs to two Sunday folk groups, one at Patrick's, the other at a Corning' Methodist church. She also brings her music to school, singing on occasion for young students in the Corning area.

She recently appeared on the Rochester-based Louise Wilson television show, and also sang-five songs on the New York Times' radio station, WQXR, in New York City.

Her contract with Paulist Press, she says, is a good one, giving her freedom to do another book and record anytime she wants.

However, she doesn't want her new-found fame to interfere with her responsibilities as a wife and mother.

"I do it (write songs) because it's fun," she says. "You want to proceed with your own life, but my life is my family."

Songs for Young Children is available at Trant's, Inc.



271-7414

Dr. Krippner Speaks Tonight

Reading Association today, Nov. 28, at 8 p.m. at the Neil Armstrong School on Lyell Road,

Dr. Krippner will speak on Medication and Learning Disabilities. He is presently pursuing research on the subject of using medication with children who learn in an atypical manner.

A panel of teachers, doctors and school administrators will react to Dr. Krippner's presentation.

'LETTERS' DUE

Toronto Workshop Productions dramatization, with music, of Mark Twain's posthumously published essay, Letters from the Earth, will play one performance at Nazareth Arts Center on Friday, Dec. 7- at.

Heritage Slates Dr. Stanley Krippner, widely known author, and psychologist, Holy Land Films. Will address the Rochester Area Council of the International Reading Association fooder.

Free armchair tours of the Holy Land are scheduled at The Heritage on Nov. 28 and 29 and Dec. 5 and 6 at 2 p.m. The color film presentation is sponsored by the facility for the well elderly.

The travelogues are the highlight of holiday festivities planned for residents and visitors to the new apartment tower adjacent to St. Ann's Home. Tickets are free but are needed

for admission because of limited seating. Phone reservations can be made by calling 342-1700, and tickets can be picked up on the day of the showing by arriving 15 minutes ahead of the film time.

Tickets are also available at Marine Midland banks throughout Monroe County, and at the Information Center of the Monroe County Council on the

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