



Photo by Pat Petraske

Going up for a spike is Mrs. Marguerite Shallenberger, one of the members of the Community Stroke Groups which met last Saturday for a volleyball game.

Community Stroke Groups Provide Social Outlet

By PAT PETRASKE

Most of us remember having played a rousing game of volleyball. At the Baptist Temple Church last Saturday it was almost one of those typical games.

There was Marcia, who quickly earned the name "dynamite" as she socked her serve repeatedly to the back row. On the opposite side was "Tricky" (Stanley) Nixon, who together with a jovial woman affectionately cheered on as "Mama," tried to bring their team up from behind.

Members of these two volleyball teams, however, have one unique characteristic. Each of them has suffered a stroke and takes part in weekly social sessions sponsored by the

Nazareth Students Plan Musicales

Nazareth College music students — playing various instruments — will present an Ensemble Demonstration Night Thursday, Oct. 18 at 7 p.m. in the Arts Center.

Participants include students from the brass and jazz ensembles, directed by Dennis Fleisher; the saxophone ensemble, taught by Stanley Gaulke, and the chamber orchestra, conducted by Dr. Albion Gruber.

Also involved will be the chorale, a singing ensemble directed by Sister Barbara Staropoli, and the percussion ensemble, led by Mrs. Ruth Cahn.

Each ensemble is an extracurricular musical activity and fulfills the requirement of music majors to share in an applied music group.

The demonstration is free.

SUNDAY RECITAL MARKS ANNIVERSARY

A program of organ, bassoon and vocal music will be performed by Eastman School students at 4 p.m. Sunday, Oct. 21, in Christ Church Cathedral, East Avenue at Broadway.

The Rev. Cyril V. Roberts, canon precentor of the Episcopal Diocese, noted that the recital would mark the eighth anniversary of the designation of Christ Church as the cathedral. He said that "our new neighbors in the Southeast loop," residents of the recently opened Midtown Manor apartments, would be guests of honor. The clergy and vestrymen of the cathedral will entertain them at tea after the recital.

Community Stroke Groups of the Al Sigl Center, the Baptist Temple Church and the Methodist Church in Medina.

In this particular game it was a bright orange balloon that was belted and spiked back and forth by the players sitting on plastic chairs. John Coones, director of recreation at the Al Sigl Center, stressed that the purpose behind the sessions was "pure socialization, not physical therapy" although dips in the center's pool and outdoor picnics provide exercise. He views it more of a "get-together"; the fact that each has had a severe stroke is just "a side thing."

The idea of providing a social outlet for stroke victims began at a speech therapy session at Strong Memorial Hospital. "The patients would practice talking back and forth but they wanted something more. The therapy sessions were not fulfilling the total needs of these people," Coones explained.

Now stroke victims can feel comfortable at their own social gatherings. "These people take time with one another," he said. In conversation members of the group will ask those whose speech is affected, "What are you trying to say to me?"

"Once the art of communication is lost, you're out of it. The disability alters your life, it can't be like it was before," Coones maintained. A stroke victim becomes dependent and is usually unable to get out of the house by himself or go to work.

A stroke is simply defined as a loss of blood in the brain which will kill the brain cells in that area. Patients may have difficulty in walking, and in speech. A severe stroke can result in paralysis on one side of the body.

Several factors can trigger a stroke apparently, including hypertension, heart problems, obesity, pressure and too much work. It can strike any age although most victims are in the 40-65 age bracket. The youngest member in the Baptist Temple Church group is 28 years old.

Over 500 people have profited from the three year programs which are financed in part by the federal Older Americans Act matched by funds from the Genesee Valley Heart Association. Coones estimates that there are "a couple thousand" people affected by strokes in Monroe County. The difficulty of "getting going socially" is met by trips to the race track, plays, movies, dinner parties, home cooked meals and

bingo. Two of the three groups combine once a month.

"The general recreation program does not cater to the stroke victim," said Coones who has worked in the field of therapeutic recreation for ten years. "Community recreation priorities are for people who are well and the handicapped are forced to look elsewhere."

Lack of money is one reason why few communities have special programs for the handicapped. "The people in the community are all taxpayers but the programs are not accessible to all people," Coones contended.

The basic problem facing the community stroke groups is one of transportation. Coones said that it is usually a member of the family who provides the ride and then often joins in the recreation session.

Presently the groups average 14 members. Inclusion in the program begins by calling the Genesee Heart Association. A visiting nurse will determine how limited the stroke victim is. "We've never turned anyone down," Coones said.

Not everyone who tries the stroke group wants to remain a member. "Some people do not want to be around the handicapped even though they themselves are handicapped. Others do not consider themselves handicapped." Coones feels some people are concerned with "status." Each group is a cross section of economic levels and some people "are used to socializing with their own kind," he said.

Charismatics List Meetings

The following is a list of meetings and Masses sponsored by area Catholics in the Charismatic Renewal.

Pentecostal meetings are held on Mondays at the homes of: Mr. and Mrs. Robert Dunning, 159 Chestnut Ridge Rd., Chili Center; Mr. and Mrs. Klaus Schulz, 156 N. Greece Rd., N. Greece.

On Tuesdays, Mr. and Mrs. William Buechel, 3681 Lake Avenue, Rochester; Mrs. John Sherry, 15 Starlite Dr., Rochester; Mr. and Mrs. Warren Lynch, Hamlin-Clarkson Town Line Rd., Hamlin.

On Wednesdays, Mr. and Mrs. Richard Mahaney, 479 Covewood Blvd., W. Webster.

On Thursdays, Mr. and Mrs. Oscar Hauser, 1570 Culver Rd., Rochester.

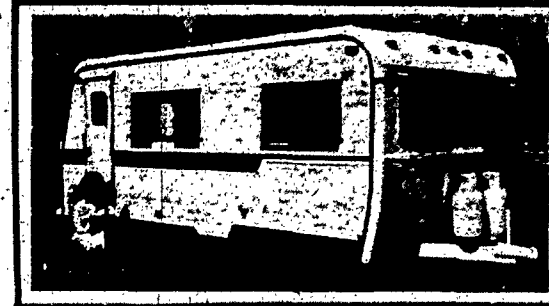
On Saturday evening, Mr. and Mrs. John Donnelly, 9 Ellicot St., Rochester; Mr. and Mrs. James Reid, 113 Amity St., Spencerport; Mr. and Mrs. Donald Wolschlegel, 350 N. Winton Rd., Rochester.

Weekly prayer meetings are held at St. Peter and Paul Church at 7:30 p.m. on Wednesdays and at St. Theodore Church at 8 p.m. on Mondays.

Mass is celebrated at 8 p.m. every First Friday at St. Lawrence Church and at 7:30 p.m. on the last Thursday of the month at St. Charles Borromeo Church.

Also on Monday, in Geneva, St. Stephen's Charismatic Community meets at 8:15 p.m. at DeSales High School.

Persons wishing to be included in this list should contact Mrs. June Borreggine at 458-5365 or Mrs. Shelby Reid, 352-4329.



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3. Industry must be willing to work with the school system to broaden the vocational education base by providing training opportunities and equipment.
4. A realization by local public officials that industry is our major tax source and that shortsightedness toward industry is shortsightedness toward the future.

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