

SARAH CHILD
**All In
The Family**



I met Lyndon Johnson in November 1960. Well, not exactly met. We confronted each other for one brief second in his hotel room. I don't know which of us was the more surprised. But I know who recovered the faster.

"Stay where you are. It's okay," he said reassuringly and went on combing his hair in front of the mirror over the standard hotel chest of drawers.

Mouth only slightly open I prepared to settle back into the chair and enjoy this close-up view of the then Democratic Vice-Presidential candidate.

Free of shoving hordes of reporters who had come here from all over the country, I thought it a splendid opportunity to get a look at a national candidate close up.

But India Edwards, the head of the women's division of the Democratic National Committee whom I had been interviewing in what we thought was just another hotel room, had a stricter sense of decorum than I.

"Come," she implored, "we must go."

Having retreated to the room when we couldn't hear in the second floor hallway of the hotel chosen for the campaign stop, we had sat with our backs to the door.

From the time the tall Texan slipped into his room away from the hundreds of reporters outside until I left 30 seconds later I gained two lasting impressions of the man. One, the bigness of him; two, the casual easiness, a quality his wife shared.

Organist Saluted

West Elmira — A special salute was given to Mrs. Peter Segatto of Our Lady of Lourdes Church here for her work with the parish choir during the last 10 years.

Mrs. Segatto recently stepped down as the church organist because of pressing family needs.

In saluting Mrs. Segatto, Father Francis R. Davis said, "Regular attendants at the 12:15 p.m. Mass on Sunday will miss her fine accompaniments for the hymns."

Mental Health Commentary

By THE DE PAUL CLINIC

Question: I am recovering from a mental illness and have become interested in reading about mental health problems. My family and friends think it may be dangerous to my health. Will it?

Answer: As a principle, anyone has the right to read what they wish. To read about mental illness to broaden one's understanding of such conditions is defensible. If one has a problem, especially a chronic one, one has the right to know about it. To understand it, theoretically at least, should make one better able to cope with it. William Osler, one of the outstanding medical educators of the latter half of the 19th century, is reputed to have suggested that the way to a long life is to have a chronic condition and take care of it. Taking care of it means understanding it. There may be dangers for some people who read about illnesses. The worriers will find a variety of minor symptoms to worry about and may develop new ones, promoting unnecessary visits to their family doctor.

A good principle to remember is that books about illness, physical or mental, are not written about a particular person. In other words, the book about you and your condition has not been written, so be careful how you apply what you read to yourself. Knowledge is good; it can set you free of ignorance. But do not let a little knowledge, unwisely applied, become a dangerous thing.

Questions on children's mental health should be mailed to: Mental Health Commentary, Courier-Journal, 67 Chestnut St., Rochester, 14604.

Courier-Journal

Nixon Asked For Special POW Welcome

Washington, D.C. (RNS) — A joint resolution asking the President to issue a proclamation designating a week as "National Welcome Home Our Prisoners Week" upon the release and return to the United States of American prisoners of war in Southeast Asia has been introduced in the Senate.

In submitting the legislation, Sen. Bob Dole (R-Kan.) told his colleagues on the Senate floor that he was doing so because in his personal visits with families of POWs and missing-in-action personnel, and ex-POWs, too, he learned of their concern over problems facing these prisoners on their return home.

"These informed individuals express a belief," he said, "that the returned prisoners will feel they are returning to a hostile environment and may, in fact, wonder if the American people are genuinely glad to have them home and appreciate their sacrifices."

"This feeling results," he went on, "from the prisoners' past exposure to very sophisticated Communist propaganda. It is, therefore, vital that when the men do return home, they be made aware of the fact that all Americans stand united in welcoming them home."

Parish Council To Be Set Up

Newark Valley — The Parish Council Steering Committee of St. John the Evangelist Church voted to accept the revised guidelines for the operation of the Parish Council at a meeting held recently.

Members of the steering committee are: Father Matthew Siudara, pastor; Kenneth Gray, chairman; Ms. Emilie Stuhlmler, secretary; John Clair; Mrs. Phyllis Duffy; Albert Gillow; Mrs. Dorothy Kozanosky; Wesley Kwiatkowski; Mr. and Mrs. Arthur Marmillion; Thomas McLain; Mr. and Mrs. Edward Nizalowski; Andrew Romano; and Mr. and Mrs. Vernon Singleton.

The next meeting of the committee will be Friday, Feb. 9, at the Parish Hall, at 8 p.m. Among the items of business for this meeting will be the appointment of a nominating committee for the election of Parish Council members and the preparation of the nominating and election procedures.

Christian Unity Service Held

Moravia — The Week of Prayer for Christian Unity was launched last Sunday night in the Locke-Moravia community at a service in St. Patrick's Church.

Clergymen and parishioners from First Congregational, Christ United Methodist, St. Matthew's Episcopal and St. Patrick's took part. A sermon on the Lord's Prayer was given by the Rev. Frederick L. Turner of Christ Church.

Women of the host church served refreshments under the direction of Violet Gernand.

BENEFIT JAZZ

The Vinnie Ruggiero Quintet will perform at St. John Fisher College Sunday night, Feb. 11, in a fund-raiser for the Soul Brothers Basketball League. The jazz concert is scheduled for 8 p.m. in Kearney Auditorium.

The league, run by volunteers and funded by such benefits and private contributions, serves 150 children 8-15 years of age.

ENTERTAINMENT

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Wednesday, January 31, 1973

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