

SARAH CHILD
**All In
 The Family**



My husband came home from a meeting of parents whose children will make their First Communion this year and reported what had gone on.

He'd found interesting a question put to our pastor by one mother.

She had noted accurately that in previous years, there had been an effort to parallel receiving the Holy Eucharist with the getting together of a family for a meal, as families are wont to do on all happy occasions.

True, said our priest, but this has been abandoned and he explained why. Many children do not have this experience. Families do not get together. In some cases not even parents and children eat together. To concentrate on this parallel would make some children aware of their loss.

He suggested other ways of

explaining the Sacrament to the youngsters.

What our pastor said has been confirmed. Not too long ago a leading news magazine did a detailed report on that phenomenon known as fast-food service concentrating on MacDonald's and to a lesser degree, Carrol's restaurant chains.

Using sophisticated methods, the managements behind these chains have studied the country's eating habits and discovered:

1. Very little cooking is being done in American Homes.
2. A great many people seldom eat at home and when they do it is not as a group.
3. The trend toward grabbing a quick bite at a fast food restaurant several times a day in lieu of a sit-down meal is on the rise.

Since Harvard's nutrition expert Dr. Jean Mayer says the nutrition received from a mini-burger, french fry and cola is "minimal", the health aspect alone is distressing.

The psychological effect of a nation subsisting on such a diet under conditions that simulate an animal's feeding pattern, i.e., quickly, alone and without conversation, may be even worse.

As one who has always associated happy times with large family get togethers accompanying meals and has all her adult life fought a weight problem there is obviously a strong argument against equating food with happiness or vice versa.

But taking the sharing aspect out of the eating process seems to reduce us to less than social beings.

And when the Asia-stationed American G.I., as reported by in the aforementioned study, says he looks forward to getting home to taste once again, not a homecooked meal, but a MacDonald burger, we may all wonder what we are coming to.

ST. WILLIAM BENEFIT

Conesus — Antiques, toys and handcrafted items for gifts will be sold in Conesus Town Hall Nov. 12 for the benefit of St. William's Church. There also will be a gourmet table and a rummage sale. Hours are 11 a.m. to 5 p.m.

CARD PARTY

The Rosary and Holy Name societies of St. James parish will hold their annual scholarship card party at 8 p.m. Monday, Nov. 13, in the church hall on Brett Road. Mrs. Frank Beahan and Mrs. Jean Chapman are chairmen.

KNIGHTS' REVIEW

The annual inspection, review and dress parade of Rochester Regiment, Knights of St. John, will be held at 11 a.m. Sunday, Nov. 12, in the Bishop Kearney High School gym. The public is invited.

ENTERTAINMENT

JOE CIMINO: Orchestra for music that pleases, dinners, parties; 865-1260.

RADIO - TV

SERVING TV Stereo-Transistor: foreign and U.S. Free estimates. "Commercial"; 288-2371.

REAL ESTATE

CULVER ROAD: Four bedrooms, mid \$30's for appointment 467-6579 evenings.

CITATION FOR PROOF OF WILL

THE PEOPLE OF THE STATE OF NEW YORK by the Grace of God, Free and Independent.

To James A. Payne, address unknown, if he be living; and if he be dead, then to his distributees, legatees, devisees, heirs-at-law: next-of-kin, executors, administrators and assigns, if any there be, all of whose names, places of residence and post office addresses are unknown and cannot, after due diligence and diligent inquiry, therefore be ascertained. Send Greeting:

You and each of you are hereby cited to show cause before our Surrogate of the County of Onondaga, New York, at the Surrogate's Court, of said County, held in the County Court House in the City of Syracuse, in said County, on the 13th DAY OF DECEMBER, 1972, AT 9:30 O'CLOCK

in the forenoon of that day, why the Will of Mattie Steller dated July 6, 1966 should not be probated.

In Testimony Whereof, we have caused the seal of the Surrogate's Court of said County of Onondaga to be hereunto affixed.

Witness: HON. LAURENCE D. WOOD, Surrogate of said County, at the City of Syracuse, New York, the 26th day of October, 1972.

W. WINTERTON DAY, Chief Clerk of the Surrogate's Court. 11-8-15-22-29-41

Wednesday, November 8, 1972

COURIER WANT ADS

"Everything Under The Sun"

BUSINESS SERVICES

PERMANENTS GIVEN at home. Experienced hairdresser call 458-4585.

MASONRY, CARPENTRY, Roofing, general remodeling. Free Estimates. DiNapoli Bros. 458-3566.

EXPERT Sewing Machine repair on all makes and models. Free estimates. All work guaranteed. Call 288-2100.

PAINTING, Exterior & Interior Wall papering. Joe Jubert. 482-2823.

COMPLETE House Cleaning. Windows, rugs, hardwood or linoleum floors, walls, etc. All cleaned by fully experienced and insured people. Satisfaction guaranteed. P. T. MAINTENANCE. 334-6689.

TILE FROM complete bathroom remodeling to small repairs. Reasonable. 338-1550.

CHIMNEYS - NEW rebuilt repaired. Expert Mason. Free estimates. Insured. 244-1576.

ROOFING - SIDING. New repairs, insurance cases. Expert applicator. Insured. Free estimates. 244-1576.

END PAINTING forever. We apply aluminum trim cornices, gables, windows, doors. Insured. Expert applicator. 244-1576.

FLOOR sanding, refinishing. Dependable service since 1921. Reasonable. C. Callemeyn. 865-1353, 458-6685.

BROKEN WINDOWS? We replace glass in regular, storm, picture, Thermopane, patio doors & Anderson windows. For low cost "on the spot" glass replacement with our MOBILE GLASS SHOPS. Call the GLASSMAN. We also make tops for furniture and desks. 328-6130.

PAINTING and paper hanging. Free estimates, quality work. Dan Burgmaster. 663-0827.

CARPENTER WORK porch steps, small jobs, remodeling, puneling, wind damage repairs. Free estimates. Robert Bulluck. 865-2448.

ODD JOBS: Storm windows removed, washing walls, floor waxing, cleaning gutters etc. 436-4421.

PAINTING, INTERIOR. Excellent workmanship. Insured. Quality paint. Ray Weber. 342-9066.

ATTENTION! Weekend travelers. Two adult women (teachers) will babysit, live-in on weekends/or hourly. References available. 381-3166.

NORTHEAST CARPET Service—sales, cleaning, installing, repairs. Free estimates, expert work. 288-2855 — 467-0267.

CHRISTIAN SINGER with exciting program. Available for banquets, conventions, weddings. 328-9975.

EXPERT COLOR TV service: all work guaranteed. Loaner sets available. Call Chuck Mackay at Almac TV: 671-7045.

BABYSITTING Toddler's mom will watch pre-schooler or kindergartener for working mom. Safe playroom, nice playmates, hot meals: 442-8682.

WANTED

PRIVATE COIN Collector wants coins of any kind, top prices! 464-8846.

WANTED — Homewokers and addressers for our company. Over \$150.00 weekly income possible. Begin immediately. Send \$1.00 for complete setup to: Geni Specialty Corporation, 22 Detroit Avenue, Troy, N. Y. 12180.

OFFICE SPACE FOR RENT

RICHFORD OFFICE Bldg., 67 Chestnut St. New office space, can be divided to suit tenant needs. Located in growing business district. For info or appt. to inspect, weekdays: Al Manile, Broker: 262-3345, 325-5589.

WANTED TO BUY

ANTIQUES, STERLING silver, jewelry, bric-a-brac, dolls, frames, china, cut glass, curios. Marie Wallner 663-3573.

MERCHANDISE

DEMONSTRATOR, 1972, Zig-Zag sewing machine. Does everything from buttonholes to decorative stitches. Full 20-yr guarantee. 1 yr. free instructions. Full price \$30 or 3 payments at \$10 monthly. Call 288-2100.

LEFT ON LAYAWAY: 1972 Zig-Zag sewing machine. Does everything from buttonholes to fancy stitches. Full 20-year guarantee. Free sewing instructions. Full price \$36 or 3 payments, \$12 monthly. Call Neechi-Elna Sewing Center. 244-0830.

ORDER Afghan for Xmas. Crochet - Many patterns. Labor \$16.00, 671-3151.

VIRGIN MARY appears in Spain. For messages send 65¢ to St. Michael's Press, P.O. Box 1667, Flagstaff, Arizona 86001.

TELEVISION Console, GE Early American maple, black & white 21" wide screen; \$100 or best offer. 225-5646.

CRIB mattress, excellent condition; 225-4029.

FOR SALE: Ladies winter coat (designer coat), size 16, excellent condition, \$45; 621-4994.

GUNS: c-war musket carbine flintlock musket table lamps; 244-7821.

COAT SIZE 20: Never worn, red with mink, \$60; 271-7972, 5 to 9.

SPECIAL MISCELLANEOUS

STUD service: Golden Retriever, champion stock, ancestry of nineteen champions. Beautiful dog, golden red, Robert Bulluck. 265-2442.

FIFTH ANNUAL Antique Show and Boutique Sale, Summerville Presbyterian Church, 4845 St. Paul Blvd., Thursday Nov. 9, 10 a.m. to 10 p.m., Friday Nov. 10, 10 a.m. to 9 p.m. Lunch served 11 a.m. to 2 p.m.

IMMACULATE Conception Senior Citizens Montgomery Center Seniors, November 10, Craft Sale - 3 P.M., Spaghetti Dinner - 4-7 P.M., Revue - 8 P.M., 10 Cady Street, 436-3090.

POODLES AKC Wormed, shots, paper-trained, females black, phone 544-9425.

CARROTS, apple sauce, beets, onions, green beans in glass. 70 Simmons St. 254-8280.

HENRIETTA JAYCEES presents fun night Saturday Nov. 18, Monroe County Fairgrounds, games at 8, auction at midnight \$2.50 donation. \$2.00 advanced call 334-0726, 334-6677.

HELP WANTED

SALESMAN FOR Carpet Store, experienced, good salary, commission, benefits. Apply Rochester Linoleum and Carpet Center, 931 East Ridge Road, Rochester, New York 14621, 716-338-1500.

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FOR RENT

LOWER 3 Rooms: Utilities, working couple near Culver Rd., references 462-8684.

SLEEPING Room, home privileges with or without meals, 546-7133 or 544-5364.

INSTRUCTIONS

TUTORING all subjects. Qualified teachers. PROFESSIONAL TUTORING SERVICE. 244-9155, 271-7707.

SPEED READING: Preparation for college, board and civil service exams, tutoring in other subjects. For information call or write: College Skills Center, 2180 Monroe Avenue, 14618, 544-7000 or 266-5674.

GUITAR Lessons given at home call Bernie: 544-3349.

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Mental Health Commentary

By THE DE PAUL CLINIC

It has been said that 10 per cent of the children in the average classroom can be expected to have behavioral or emotional problems justifying specialized help. Not all disturbing children, however, need to be referred to professional help. Often trained consultation is sufficient to maintain the child in the regular classroom and improve his school work. If the child is in treatment, it is important that school, the family and the therapist work together in the interest of the child.

There are many rules of thumb regarding how the children should be handled in the classroom. Here are a few suggestions for teachers that may be thought provoking.

- The teacher should know himself, how disturbing children affect him and what his expectations are of his students. Of particular importance is his philosophy regarding how to control the group. Some teachers are inclined to be critical, provoking guilt in children. This may inhibit some children but angers others. The same is true with punishment which, after all, is designed to frighten. The most successful teacher is inclined to win the child's confidence and trust. Though difficult, this method is more productive in the long view, both in terms of learning how to relate to adults in a comfortable, realistic way and in making the classroom experience more meaningful.

- Teachers should understand all their students, particularly the troubled ones in terms of why they behave the way they do. Some children's problems are minor and transitory and will pass. Others have malignant problems which are prone to become worse with mishandling.

- The teacher's example of behavior sets the mood for the entire class and perhaps is the key to successful teaching. Children learn best from the teacher they like and want to be like. They also learn respect for each other and for their elders by being treated with respect. It must be remembered that children are taught to love, to be kind and to trust. They also learn the opposite attitudes.

- Behavior modification techniques have been applied in classroom teaching for many years.

A useful concept is to respond favorably to desirable behavior thereby reinforcing it and avoiding undue response to undesirable behavior lest it, too, be reinforced.

A mother recently attended a lecture on "behavior modification" with the thought that for years she has been intensifying her son's argumentative and rebellious behavior. She had understood that if he was scolded and otherwise punished for his undesirable behavior, he would stop it.

The opposite occurred. The more punitive his parents were, the worse his behavior became. Neither the child nor parents wanted what was happening and neither knew how to interrupt the vicious cycle. To reverse the trend will take many months in modifying the behavior of both child and parents. Practically, it is the most disturbed and disturbing children who demand this special attention. Frequently, professional guidance is necessary for the teacher and family and for the child as some children need referral to a mental health facility.

- The teacher's attitude should be supportive to all children. If the child lacks confidence, one can try to be encouraging and supportive. If a child seems overconfident, it may be best not to try to destroy this unrealistic attitude. An air of superiority may be a child's way of trying to overcome a basic feeling of inferiority.

- It is good to assume that a child is in school to learn and that he is always functioning at his capacity and total sense even though there is evidence that he is not achieving academically to his potential. One must remember that the academic situation is only part of the demands made upon the child and to which he must adjust. A child troubled by problems at home or by inter-psychic conflicts may not be able to function as well in school as his intelligence quotient may suggest.

- It is always good to assume that there are justifiable reasons for disturbances in children. If we, who are more mature and experienced falter, is it too much to assume a child who is young, unformed, dependent and lacking in experience cannot help himself?

Questions on children's mental health should be mailed to: **Mental Health Commentary, Courier-Journal, 67 Chestnut St., Rochester, 14604.**