



SARAH CHILD All In The Family

How does a young person with very little experience and no degree in journalism or related fields go about getting a job in communications today?

A letter asking this question has been sitting on the counter next to the kitchen sink for a couple of weeks now.

But a simple answer still eludes me.

The writer, a young woman, at this point seems to have more enthusiasm than any other qualification for such a job. Enthusiasm is a necessary commodity, but now more than ever, employers are demanding formal education, the more the better.

Happily, there are ways around this fact, particularly when our reader says that she is willing to write for no more compensation than the experience which would hopefully someday lead to payment. She also plans to take some journalism courses.

I tried to think what I would do if I were in her shoes. I'd probably tackle the weekly newspapers first, writing to each managing editor asking for a few minutes time for an appointment.

If the time were granted, I'd go, clippings in hand, prepared to impress him or her in just a

few minutes with my innate intelligence, unbounding curiosity, overwhelming enthusiasm, total disregard for money and superb typing ability.

If no one wanted to let me work for them on this basis I would next offer to do any kind of office work gratis for the experience of being around others in the field. Sooner or later and usually sooner, an ME will look around for somebody to throw a rewrite to and find no one but you.

This is where you will sway him with your efficiency, rewriting the piece in crisp, clean English. At home I would read, read, watch TV network news and documentaries, learn from everybody with whom you come in contact and remember that you can never have too wide a knowledge base. Be interested in everything. You never can tell when a stray fact you overhear at a lunch counter might later illuminate some feature story you are writing.

Take stories out of the local paper and see if you can't rewrite them. A copy editor with a blue pencil can be your best teacher. In lieu of an editor try an English teacher.

Very simply, prepare yourself. When the chance comes, and it will, be ready.

Mental Health Commentary

By THE DE PAUL CLINIC

With the beginning of school, parents will be faced with new problems, particularly with kindergartners and first graders although problems also may crop up for older children. Beginning school may bring out problems in separation from home. The younger child may resist going to school or, as is more common in the older child, may complain of pains, often in the abdomen, especially on the morning of school, most commonly on Mondays. They also may occur later in the week and even on Sunday evening.

What to do depends on the child and the severity of the problem. At home, first aid may be directed at reassuring the child that the separation from home will be a short one and that his mother will be there when he returns. The promise should be kept even though it may restrict the mother's movements. Since such children tend to have problems in feeling and expressing anger, such outbursts had best be accepted even though, for a while, they are not expressed in a generally acceptable way. Corporal punishment, deprivation and isolation should be avoided. Particularly making the child feel guilty in any form should be avoided since this aggravates the problem.

At the school level, the teacher should be supportive and encouraging. Since these children are sensitive to criticism and reprimand, school personnel should avoid even suggestions of temper outbursts.

Sometimes the child who is active before he begins his school career, becomes the overactive child in the classroom. This is less of a problem in kindergarten than it is in the first grade where the control of motor behavior is necessary if the child is to concentrate.

Not all of these children fall into the category of the "hyperkinetic child" who is just naturally a "bundle of movement." Perhaps the first thing to keep in mind is that a child cannot help his activity, regardless of the cause. Some of these children respond to "structuring" which means firm, consistent handling. Unfortunately their behavior is inclined to irritate those responsible for their care and the emotional outbursts that follow may worsen the situation. When the usual efforts to deal with the problem by parents and teachers fail, it may be wise to seek an opinion regarding the cause of the disturbing behavior. The "hyperkinetic child" may be successfully treated with medication. However, the naturally active child who is developing emotional problems which aggravate his motor activity might need an entirely different approach.

Dear Mrs. G.M.S.

I can appreciate your dilemma. It is not easy to understand such personality problems developing so soon after successfully finishing high school. Perhaps we should remember that graduating from high school is a commencement — a marking of the end of a stage but also the beginning of another.

You mentioned some of the problems young people have to face in their late teens — college and unhappy boy-girl relationships. Boys also face the military draft. Presumably boys now under 19 will be spared this but it has been of real concern to many young males and their families in the past.

If you feel the need for a second psychiatric opinion by all means get it as soon as possible, either privately or through your catchment area mental health center or even this clinic, since I expect you qualify. Most clinics do not have long waiting lists, possibly one or two weeks.

As in any illness, an acute emotional upset must be evaluated to determine treatment. Treatment should be planned to give relief of acute suffering as well as promote healing. Medication may be part of the treatment program as may hospitalization. If hospitalization can be avoided, of course, so much the better. Good luck!

Questions on children's mental health should be mailed to: Mental Health Commentary, Courier-Journal, 67 Chestnut St., Rochester, 14604.

Courier-Journal

'Big Brother' Dinner Tonight

Assemblyman Arthur O. Eve of Buffalo will address the annual dinner of Rochester Community Involvement, Inc., tonight, Sept. 20. The meeting is scheduled for 6 to 10 p.m. at Brick Presbyterian Church.

Community Involvement recruits "big brothers and sisters" for children from fatherless homes. Mrs. Elizabeth Hampton, director, reported that nearly 200 children and 84 families, chiefly in the third and seventh wards, take part in the program with members of other community organizations and college and high school students.

Mayor Stephen May recognized this endeavor in designating this as "Big Brother, Big Sister Week" in Rochester.

Currier and Ives Exhibit Slated

More than 175 original Currier and Ives lithographs will be on exhibit Oct. 13 to Nov. 6 at 1336 Pittsford-Mendon Rd., Mendon, at the home of Robert L. Searjeant.

The lithographs include prints by such artists as Arthur Tait, Fanny Palmer, and Louis Maurer.

The exhibit is expected to be the largest public showing of original Currier and Ives ever seen in the upstate New York area. Prints shown will cover a wide variety of subjects — fruits and flowers, steamships, clipper ships, sporting scenes, Mexican and Civil War scenes, Presidents, country life, winter scenes, and city views.

Mrs. Crosby In CDA Post

Mrs. William E. Crosby of Walzford Road, immediate past regent of Court Our Lady of the Cenacle 1139 of Rochester, has been named publicity chairman for the State Court of the Catholic Daughters of America.

Mrs. Crosby has served as financial secretary, historian, vice regent and for two terms as regent of the local Court. She is presently serving as trustee.

For the past four years she has served the State Court as District Deputy with four Courts in her charge. Mrs. Crosby will be working under Mrs. Frank Donahue of Brockport, new state regent.

Deaths

C. A. Bennett

Charles A. Bennett, whose son is pastor of St. Anthony's Church, Rochester, died Sept. 10, 1972, at his home in Buffalo, after a brief illness.

Mass of the Resurrection was offered last Wednesday at St. Alphonsus, Auburn. Mr. Bennett was born in Auburn in 1895.

He retired last year as vice president of Brace-Mueller-Huntley, Syracuse, after 41 years with the steel firm. He was a member of the American Society of Tool Engineers.

Surviving besides Father Charles Bennett are a daughter, Mrs. Eleanor Brayer of Buffalo and two brothers, Francis, of Buffalo, and Paul Bennett, Auburn.

ENTERTAINMENT

FREDDY BECK Orchestra: finest in music Weddings, Parties. 458-8719.

REAL ESTATE

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COURIER WANT ADS

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MASONRY, CARPENTRY: Roofing, general remodeling. Free estimates. DiNapoli Bros. 458-3566.

EXPERT Sewing Machine repair on all makes and models. Free estimates. All work guaranteed. Call 288-2100.

PERMANENTS given at home, experienced hairdresser, call 458-4585.

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MORNING NURSERY: Handicapped children. Register Now! Phone: 589-1581. Conducted by Qualified Teacher of "Special Children".

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SPECIAL

MISCELLANEOUS

ATTENTION BUDGET Minded Housewives: Get your toys, Christmas decorations and adult gifts Free - yes FREE! Have a Friendly Home Toy Party (Formerly Ideal) Toys are here to stay so call Delores today 871-7066.

STUD service: Golden Retriever, champion stock. Ancestry of nineteen champions. Beautiful dog, golden red. Robert Bulluck. 865-2448.

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MERCHANDISE

SNOWSUIT: Girls "Tidykins" - size 2 toddler - two-piece, pink & white jacket with fur collar and white fur matching hat, snow-pants - pink. Excellent condition: 225-4029.

BABY SWING: Swing-o-matic, wind-up, safety belt, overhead awning. Floral print. Excellent condition: 225-4029.

PANTS SUIT: Maternity two-piece, red polyester fabric, flared slacks and long-sleeved top. Worn once. Excellent condition: 225-4029.

DEMONSTRATOR, 1972 Zig-Zag sewing machine. Does everything from buttonholes to decorative stitches. Full 20-yr. guarantee, 1 yr. free instructions. Full price \$30 or 3 payments at \$10 monthly. Call 288-2100.

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LAWN MOWER: Reel Type Pennsylvania, 24" cut. Excellent condition. Reasonable: 436-4322.

FOR SALE: 20 Top Value Bks. \$1.15 BK. eve.: 458-5774.

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LEFT ON LAYAWAY: 1972 Zig-Zag sewing machine. Does everything from button holes to fancy stitches. Full 20-year guarantee, free sewing instructions. Full price \$36 or 3 payments, \$12 monthly. Call Necchi-Elna Sewing Center, 244-0830.

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HELP WANTED

COUNTER Help wanted full or part-time. Apply Dunkin Donuts 277 Ridge Road E.

COUPLE LIVE IN lovely country home help with housework and care of invalid man. Must be able to drive car (715) 533-1489.

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