

SARAH CHILD
**All In
The Family**



This past week my husband wrote a check for \$2.19 and sent it to one of the branches of our library system. The payment was for a children's book about a kitten which our two-year-old enjoyed so much that she took it in the bathtub with her.

I dried and smoothed the pages the best I could but the book went back to the library with a rubberband around it and encased in a plastic bag.

No nobody was very surprised when the notice came that the book was beyond repair and would we please pay to replace it.

Thus my husband paid what I figure was the bargain of the year. We now have three readers in the family, a picture-looker and a bathtub dunker and among us we check out an average of five books a week.

Other than a few fines for overdue books, this was the first time we've ever had to pay for more than 10 years of enjoyment, diversion and information. By comparison, you can't even get

one kid into the movies anymore for \$2.19.

Allowing individuals to borrow books and other materials is only part of what makes a library great. The second most important contribution has to be the answers the main library dishes out over the phone to a crazy assortment of questions. I know because I am one of their best customers.

I have requested and received answers on such diverse questions as 1. the name of the president of the company that made my blender (to register a complaint) 2. the root of the name, Mariah (which we were considering for our youngest) 3. a list of periodicals containing articles on radioactivity in color television 4. confirmation of the impotence of the Better Business Bureau and 5. What are the ingredients in a jar of mayonnaise.

These are but a few of the queries I've put to this marvelous service. Last week I may have added a new dimension to the idea of telephone information.

Mental Health Commentary

By THE DE PAUL CLINIC

One of the important concepts for understanding some of the problems of seemingly irrational behavior is that of the unconscious mind. It is the basis for psychoanalysis and other forms of psychotherapy. There are many evidences of this phenomenon in everyday living, for example, selective "forgetting". Most of us have had the experience of being unable to remember a name though it is "on the tip of our tongues". Later, suddenly it may come back to us to be remembered, coming from the unconscious mind. It was there, but we were not aware of it. Nor were we aware of why we "forgot" it. Some of us have discovered that if we make a variety of associations, we might be able to recall the forgotten name more readily.

Predictable traits of behavior also have unconscious motivation. For example, the person who always is late, though having done so, is apologetic and, predictably, will be late again and again. Another person will be just as predictably early. Then there is the very agreeable person who will agree with almost anything and there is his opposite, the arguer: he does not care "who commenced it, he's against it."

These repetitious patterns of behavior are due to underlying patterns of dealing with feelings, conditioned by early life experiences. Because the causes of these pattern tendencies are lost to conscious memory, they are said to have their sources in unconscious motivation.

Unconscious motivation affects our emotional reactions, some of our thinking and, therefore, our behavior. Sigmund Freud wrote a thesis called "The Psychopathology of Everyday Living" in which he stated this premise eloquently, pointing out the causes of selective forgetting, slips of the tongue and other examples of unconscious behavior.

The extreme development of unconscious motivation may lead to personality problems in which some of a person's tendencies may be noted by others to be excessive and unrealistic whereas the person having them may find them very acceptable. The fastidious, over-conscientious would-be-perfectionist is one example of such a personality trait. Another is the perpetual clown who, like Pagliacci, laughs though his heart is breaking.

Unconscious conflicts are often expressed in dreams. Shakespeare dramatized Lady MacBeth's guilty conflict in the famous sleep-walking, sleep-talking scene of "MacBeth". Having promoted her ambition to be queen by prompting her husband to murder, she tries, in her sleep, to wash the victims' blood off her hands. As she wandered about the castle, she morunfully tried to undo her deed which could "not be undone."

The physician, observing her, stated that "This disease is beyond my practice" but he had recognized the revelation of her guilt, unconsciously expressed.

A classical clinical example of unconscious process is the amnesia victim who may not remember his name or even recognize members of his family. He may remember many things he's learned in school, but not know why his recall is so selective. Under hypnosis, he may recall everything including the traumatic event that caused his escape into amnesia. Out of hypnosis, he may not be aware, again, of the painful memories and those associated with them. This demonstration of the unconscious process is dramatic, and, of course, treatable, as are many other problems in behavior having their basis in unconscious motivation.

Psychotherapy attempts to help these persons understand the unconscious motivation of their problems and find more realistic ways of dealing with them.

It has been wisely said that we should never underestimate the power of the unconscious mind.

Questions on children's mental health should be mailed to: Mental Health Commentary, Courier-Journal, 67 Chestnut St., Rochester, 14604.

Courier-Journal

"This request might be a little strange," I prefaced to the faceless, nameless voice. "But, I borrowed a sign from a friend's uncle two months ago. The friend has moved away. All I can remember is the street the uncle lives on and his first name. If I remember correctly his last name had an ethnic ring to it. I've got to get this sign back."

Approximately 90 seconds later I hung up with both the uncle's full name and his house number.

It seems to me that kind of service is priceless.

Business In the Diocese

Dr. Edgar B. Schick has been named vice president and dean of faculty of St. John Fisher College.

He is currently the assistant to the president of the State University of New York at Albany. He will succeed Father Joseph Dorsey, former dean and vice president of the college.

In his post at Fisher, Dr. Schick will have responsibility for the academic development of the college, including curriculum offerings and faculty liaison, and will assist in the college's ongoing relationship with community, educational, and governmental leaders at the local, regional, state, and national levels.

Dr. Schick holds membership in a number of professional societies, and is the author of dozens of articles for education journals in both of his specialties — the German language and the concerns of higher education management and administration.

He received his undergraduate degree in 1955 from Muhlenberg College and completed his M.A. and Ph.D. degrees at Rutgers, where he was named a University Fellow. He has taken further graduate study at the Universities of Tubingen and Hamburg, Germany. Dr. Schick is a consultant on computer-assisted instruction for IBM; academic calendar planning for Rensselaer Polytechnic Institute; and American higher education for Deutsche Universitätszeitung. He is also a consultant to the National Lutheran Campus Ministry.

A native of Philadelphia, Dr. Schick is married and has two daughters.

Red Barn Properties has appointed Thomas D. Dessauer to its sales organization. Dessauer will be responsible for the development of the residential housing market in the Pittsford, Brighton, Perinton, Penfield areas. Formerly the manager of First Federal Savings and Loan, Four Corners Office, he attended John Carroll University and St. John Fisher College.

ROSARY ALTAR SALE

The Rosary and Altar Society of Our Mother of Sorrows Church will hold its annual sale in the parish hall Sept. 15, from 6-9 p.m. and Sept. 16 from 10 a.m.-5 p.m. New articles and baked goods will be available.

ST. PAUL FESTIVAL

Honeoye Falls — St. Paul of the Cross parish will hold its annual festival Sept. 9 on the church grounds. The hours are 3-4:45 p.m. and 5:30-11 p.m. Mr. and Mrs. James Predmore are the general chairmen.

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WANTED

SHIPPING CLERK: Wholesale-retail religious goods store - 5 days week, full time. Reply Courier-Journal Box 111.

SALES CLERK: Wholesale - retail religious goods store - full time, 5 day week. Reply Courier-Journal Box 111.

RADIO - TV

SERVICING . . . TV Stereo-Transistor, foreign and U.S. Free estimates. "Commercial", 288-2371.

OFFICE SPACE FOR RENT

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