SARAH CHILD

All In The Family



My sister's husband complains that when she goes home to visit my parents she changes.

She confided this to me on our last joint visit a week or so ago to our hometown. I laughed. said I thought it was interesting and revealed I'd had the same charge aimed at me by the man who brings home my bacon.

The problem is, according to our spouses, that upon visiting our parents we forget our married state and revert to our former roles as daughters of the

What this means precisely I'm not quite sure. My husband indicated that it has something to do with the fact that my mother takes delight in planning everybody's schedule and nobody seems to give her much of an argument.

And I suppose he has a point. Mom has been a Managing Martha for years. As teenagers living at home we frequently took umbrage at her constant direction. But I've mellowed and now I take the attitude that if it gives her pleasure twice a year to tell me when to go see Gram and what Mass would be most convenient, so be it.

What Ted my brother-in-law is most bothered by I'm not sure. It could be the fact that while treated with certain deference, he does tend to get swallowed up in the melee along with every-one else. (When there are be tween 14 and 17 sitting down at the table for every mea dividual is somewhat diminish-

But the thing I think that really gets to the sons-in-law is that their wives, grown women well into their thirties with eight children between them, tend to get a little giddy when they get together under their parents'

For a few days budget stretching, meal planning, and house refurbishing is forgotten. We pool the children, taking care of who needs attention on a first cry, first served basis. We help with the house work, pitch in on getting meals and cleaning up. But in between we laugh a lot sometimes to the point of silliness. There's a sense of abandon. We are conspirators, rallying against the knowledge that we can never be seventeen and single again. And conspicuously relieved that we don't have to be.

Mental Health Commentary

By THE DE PAUL CLINIC

QUESTION - My teenage daughter complains of "flashbacks" due to a drug trip several months ago when she said she "dropped acid." Is there treatment for this? Why do they take these horrible drugs anyway?

ANSWER — The reason for the use of these drugs by the young is not unlike the reason adults use alcoholic beverages. There are many reasons and a considerable variation in how much and how often the drug is used; also, the effects on different individuals vary in in the acute intoxication stage and in the repetitious use of such drugs.

Many of the drugs young people use — or misuse — are prescription drugs filched from the family medicine cabinet. This is particularly true for "downers" - the barbituarates and tranquilizers - and 'uppers'' - the weight reducing preparations and antidepressants

The usual illicit drugs are in the hallucinogen class and include the milder marijuana-like preparation and the LSD-like drugs. Of the two, the latter are the more dangerous and more usually associated with the complaints of "flashback,

"Flashback" may occur several months after the last drug experience and is usually reported as a rather sudden attack of anxiety and a variety of strange feelings. They are very uncomfortable. These types of attacks were seen years ago before marijuana and LSD were used, commonly, in this country and were due, not to drugs, but to emotional conflicts. This is still the case. Anxiety attacks may be blamed on drug use and not the underlying emotional problems which really caused them. In other words, the "flashback" can be caused by an emotional problem, sometimes reflecting the fear of the selfdestructive effect of these dangerous drugs. These "flashbacks" are best treated by psychotherapy. There may be other causes of these episodes. Examination is necessary to differentiate the underlying cause which will determine choice of treatment.

Young people may get involved in an occasional drug taking experience out of curiosity, social compliance or a spirit of adventure. The repetitious use of these drugs, like the repetitious overuse of alcoholic beverages, should be considered as symptomatic of problems in personality maturation. As it is more socially acceptable to be a problem drinker than having a psychiatric disorder, so is it more acceptable to explain anxiety attacks and feelings of alienation, depression and futility on the effect of illicit drugs. This is no more realistic than the rejection of professional help and the rationalization that marijuana and acid trips are mind expanding and somehow beneficial.

If your daughter's "flashbacks" continue, consult a physician or one of the many clinics in this area.

Questions on children's mental health should be mailed to: Mental Health Commentary, Courier-Journal. 67 Chestnut St., Rochester, 14604.

Fr. Bieber Runs Radio

Maryknoll Father Howard Bieber, formerly of Greece, is operating a radio station that takes the place of telephone and mail service.

The station claims three million listeners on Mindanao Island in the Philippines. It handles personal messages for them at the rate of 60 or 70 a day, according to a Maryknoll release from Davao City, P.I.

People just walk in and give us an announcement," Father Bieber told the Maryknoll writer. "If they come in during a disk jockey show, they can read it themselves.'

The station, at Tagum Del Norte, is programmed largely in the main dialect of the rural population. Father Bieber set it up two years ago and runs it for the Prelature of Tagum.

Its success, he said, has led to plans for a television station that would offer pre-high school education.

Father Bieber, formerly of St. John the Evangelist parish, has been in the Philippines since his ordination in 1958.

CDA Convention

Two local women attended the recent 34th biennial national convention of the Catholic Daughters of America held in Atlantic City, N.J.

Mary Scott of Penn Yan attended as delegate from the Rochester diocese. Mary Donahue of Brockport went as New York State Regent, Court of St. Michael No. 1173, Penn Yan.

In the convention's keynote speech July 16 both women heard Archbishop Simon Lourdusamy call on the CDA to use its influence "for the improvement of the world in our time.

Right to Life Holds Booth

There will be a Right to Life information booth at the Monroe County Fair this year. The booth will be manned by two people at all times during the display period. The display is scheduled to be shown from Monday, Aug. 14 through and including Saturday, Aug. 19. The hours for Monday, Aug. 14 will be from 5 p.m. until 11 p.m. The hours for the rest of the week will be from 11 a.m. until

Anyone interested in spending some time helping at the booth may call Pat or Bill Dykstra, at 334-8243.

The chairmen are holding two training sessions to acquaint volunteers with the proper techniques for manning the booth. The first will be on Aug. 1 and the second Aug. 9. Both will be held in the Good Shepherd Church hall, Henrietta, at 8:30 p.m.

SYRACUSE BOUTS

St. Martin's boxing club entered four contestants in bouts at MacArthur Stadium in Syracuse July 20. Two emerged vic-

James "Tootsierill" Adams. 139, defeated former Adarondak Golden Gloves Champion, won over Neil Floyd of Albany. Kieran O'Dwyer lost a controversial split decision to Pat O'Connor of Syracuse. Terry Arthur lost to **Bubba Chavis of Syracuse.**

SETON 80

Dr. and Mrs. Clare Smith of West Bloomfield Road, Honeoye Falls, will entertain the members of the 80th Seton Branch and their husbands at a steak roast at their home on Saturday, Aug. 5.

Wednesday, August 2, 1972

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