

SARAH CHILD  
**All In  
The Family**



The other day I picked up one of those woman's magazines that you can buy at any grocery checkout for 25 cents.

Turning to the readers column, always one of my favorites, I came across the following letter from a woman in New Jersey

She wrote "One of the most heartwarming additions to the Catholic Mass is the sign of peace, when neighbors shake hands and say 'Peace Be With You,' and 'And also with you.' However, my husband and I always say, 'I love you' This is a very precious moment in my life." Agreed.

This last week I had gone to Mass alone Saturday night. The children were out playing and my husband was doing some work at home. On either side of me in the pew were strangers. Strangers, that is, until it came time for the celebrant to signal the exchange of the sign of peace.

I reached to my right and the woman, without smiling and really without looking at me clasped my hand. Obviously the whole idea embarrassed her. I turned to the rear but the man behind me was greeting someone else. On my left was a 10-year-old who had just finished ex-

changing the Sign of Peace with the two young girls she had come with. When she looked my way I thrust out my hand and said "Peace be with you" in not too loud a voice. (I still feel a little self-conscious too.) Her face broke into a wide grin as she squeezed my fingers and answered me. No longer was I alone as the warmth of the moment went through me.

There are some people, I understand, who do not like to touch the hand of someone they do not know. I feel sorry for them. I am also puzzled why the visiting priest who sometimes says Mass eliminates this loving part of the celebration.

At the university my sister attends, the students often kiss or embrace each other in giving the Sign of Peace. I like that. I may not feel free enough to kiss a stranger but I like to kiss our children when I wish them peace and even my husband if we're in the back of the church. (He's a little shy about public demonstrations, too.)

By Mass end after watching people turn to one another all up and down the pews comes the renewed awareness that yes, we are but one family. It is a good feeling.

## Mental Health Commentary

By THE DE PAUL CLINIC

People who deal with the psychological problems of adolescence have developed a variety of concepts to explain what is happening and how to manage this time of life. Concepts are necessary for communication among those who work in the field.

We can all agree that adolescence is a time of change, physically and emotionally. It can be a period of action, intensity, adventure. It can also be a time of inaction, apathy and withdrawal. Usually it is in between these extremes.

Sigmund Freud pointed out that the increased feelings of adolescents promotes increased conflicts which may reactivate dormant emotional problems.

Eric Erickson calls adolescence the "second crisis in individuation" — the identity crisis from which the feeling of being an adult emerges.

There are many "concepts" which attempt to explain this period of life which, more than any other, gives parents cause for confusion and worry. Perhaps part of the problem is that our teenagers stir up some of our left over adolescent conflicts and a sadness that our loved children are growing away from us.

Some principals to consider are:

- As they enter the teens, there must be a breaking away from the childhood dependence and identification with parents and the forming of new meaningful relationships. This is necessary if a new, self-sufficient personality is to be formed. After all, one of the goals in life is to outgrow one's need for parents and, perhaps, one day assume this role.
  - Parents must be willing to give up the child — but not too soon. Thus, there is a natural period of struggle — sometimes referred to as the "adolescent rebellion" — in which the adolescent resists being controlled by his parents who, in turn, try to maintain control. This struggle is good, so long as it is reasonable and promotes gradual independence and self sufficiency. Perhaps we should bear in mind that the parents may be in various states of rebellion against the teenagers' behavior.
  - The influence of others, especially friends and peer groups, increases and what they think may creep into the arguments at home. Communication becomes a problem. Parents often complain they do not know what is going on so have to guess. There are secrets, deceptions, half stated truths. "Where did you go?" "Out!" "What did you do?" "Nothing". "Did you have a good time?" "I guess so", etc.
- With their friends, this secretiveness may become self revelation and they may tell too much. It is part of the drift from dependence on parents to independence from their influence and increased relationship with their age group.
- With these changes their "values" may change. Since conscience comes from parental teaching, with the renouncing of parental authority, rebellion against them may become a rebellion against the values they were taught as children. Their morality may change a little or very much depending on the stability they carry with them into adolescence, the understanding they get from those important to them and — that elusive factor which haunts many of us — "accidents of fate".

Questions on children's mental health should be mailed to: Mental Health Commentary, Courier-Journal, 67 Chestnut St., Rochester, 14604.

Courier-Journal

## Feis Slated July 8

The Rochester Feis committee will present the area's first Feis, Saturday, July 8, at the Monroe County Fairgrounds.

A feis, or festival, traces its origin to the reign of the High King of Ireland, King Enochy the fourth.

He summoned all the Irish bards, minstrels, scribes, poets, judges, philosophers, historians, artists, craftsmen and subordinate kings, and a seven-day festival was presented for the enjoyment of the people.

The purpose of this colorful event is to promote Irish culture and keep alive the traditions and heritage of the Irish people.

About 600 competitors from the United States and Canada will provide the dancing and music for the event. The city of Rochester Pipe Band will be on the grounds that day also.

Nineteen trophies and three hundred medals will be awarded to the winners of various competitions.

Dancing will begin at 10 a. m.

## The Red Wings' Fourth of July

Two spirited baseball teams, a symphony orchestra, fireworks, hot dogs, popcorn and peanuts — that's the Fourth of July celebration at Silver Stadium

The Red Wings meet the Toledo Mud Hens this Tuesday. The Rochester Philharmonic Orchestra will start the festivities at 7 p. m.

Should it rain, the same extra attractions will be offered Wednesday, July 12, at 5:30 p. m., when the Red Wings will play a doubleheader against the Syracuse Chiefs. Local libraries and various stores offer vouchers worth 25¢ toward the purchase of tickets.

### KAMINSKY QUARTET

The Kaminsky International Quartet will present its premiere performance at Rochester radio station WBBF's picnic, slated for July 23 at Powder Mill Park. The entire group plays the kazoo.

### MEET WITH POPE

VATICAN CITY (RNS) — Pope VI met June 19 with a group of Puerto Ricans who stopped over in Rome en route to Jerusalem for a religious pilgrimage to the Holy Land. The pontiff offered his prayerful sympathy to the more than 100 pilgrims on the deaths of 14 of their countrymen in May's Lod Airport massacre in Tel Aviv.

### JACQUES BREL

The long-running off Broadway cabaret musical, Jacques Brel is Alive and Well and Living in Paris, will open the 1972-73 season at the Nazareth Arts Center, Sept. 23.

### MERCHANDISE

GOLF BALLS: Try Bill for best used golf balls. 865-1646.

ORGAN: Conn. Caprice, two keyboard, bench. Perfect condition; \$500.00. Phone 266-8288.

MOVING SALE: Antiques: ready to paint or antique, set of 4 'Phila. Windsor' kitchen chairs with caned seats \$10 each. Also antique chest with bonnet drawers \$50. Set of 6 sturdy Thumbback kitchen chairs \$5 each. Exercycle \$9.50. Space heater, Sears best, like new, half price \$15. Electric percolator, used one month, \$8. Kitchen stool \$1. Bed rails, pr. \$1. Picture frames. 12" x 12" acoustical ceiling tiles, \$3. box. Toast Master broiler over \$9. Electric blanket, never used, \$5. Assorted glasses. Sturdy 2 1/2" swing frame, slide, swings, \$5. 62 Valley Brook Road, Penfield. Phone 381-3509.

MANUFACTURER has brand new 1971 Redwood pools on sale for 1/4 price. Fully guaranteed, installation optional, call now for instant delivery. KAYAK Recreational Corp. 1671 Penfield Road, 381-6421.

Wednesday, July 5, 1972

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### ENTERTAINMENT

FREDDY BECK Orchestra, finest in music. Weddings, Parties. 458-8719.

### FOR RENT

FURNISHED Apartments: 4693 Lake Ave. Studio, lower 3-rooms and also upper 3-rooms. Parking. 663-1894, 663-4718.

AUSTIN St.: 4-room upper, suitable couple, Holy Apostles parish, \$185 security. 254-0239.

4-BEDROOM Apartment: Suitable elderly couple. No garage or yard. 247-2045.

### HELP WANTED FEMALE

HOUSEWIVES: Help increase the family income with part time work from your home. Call 254-1726.

### WANTED TO BUY

ANTIQUES: Sterling silver, jewelry, bric-a-brac, dolls, frames, china, cut glass, curios, MARIE WALLNER, 643-5573.

### INSTRUCTIONS

TUTORING all subjects Qualified teachers PROFESSIONAL TUTORING SERVICE. 244-9155/271-7707

### REAL ESTATE

HOUSE for sale: 62 Valley Brook Road, Penfield (off Baird), three-bedroom. Finished walkout basement. Patio. Extra lot. Lovely setting with many mature trees and shrubs. Country-ish but near everything. Songbirds and pheasants in nearby woods and meadow. Open Sunday 2 to 5 p.m. Asking \$30,500.

GATES, 1964: 8-room split, family room, fireplace, 2-car garage. Reasonable upkeep; 436-8684.

12th WARD: Lovely 5-6 Boston. Newly painted exterior, modern throughout. Ideal investment for young couple. Lower rented. Owner 442-9153 evenings.

GATES, 1964, 8-room split, family room, fireplace, 2-car garage. Reasonable upkeep. 436-8684.

PERINTON: 3-bedroom ranch, paneled family room, treed fenced yard, appliances, garage, taxes \$557.00. Mid 20's. 32 Birch Lane, 377-6154.

21st WARD: Brighton area. Stately 8-room colonial. Close to Our Lady of Lourdes, bus, and shopping. \$26,900. 442-2589 or 1-346-5197 collect.

### SPECIAL MISCELLANEOUS

MATURE Lady will sit with your parent while you go on vacation. Available July 17. 436-9922.

COUNTY FAIR: For Mexican Missions, July 9 starts 11:00 a.m. Corner Atlantic Avenue and Harris Road. Western band, antiques, homecrafts, rides, games, raffles, homemade goodies. Rain date July 23.

STUD Service: Golden Retriever, champion stock Ancestry of nineteen champions. Beautiful dog, golden red. Robert Bulluck, 865-2444.

SIAMESE Kittens: Sealpoint females, two, \$15. Excellent blood line, no papers. 71 Warner St. or 254-4369.

ALUMA-CRAFT: MFG & Slickcraft boats. Mercury, British Seagull motors, Tee-Nee trailers, used outfits. Sunfish & MFG sailboats. Terms & Trades. Rochester Outboard, 832 St. Paul (near Hickok's) Open Mon. and Thurs. eves., 286-8684.

### OFFICE SPACE FOR RENT

RICHFORD OFFICE Bldg., 67 Chestnut St. New office space, can be divided to suit tenant needs. Located in growing business district. For info, of appt. to inspect, weekdays: Al Manlie, Broker: 262-3445, 525-5588.

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