

* Tastes change - obviously. There was a time when I furnished my first apartment from the offerings of the Salvation Army and Opportunity Shop for a total of \$25. And I thought it cers. vastly superior to anything House and Garden could offer.

My grandmother had lent me a folding cot and with blankets and sheets from home plus some cast-olf dishes and pots and pans from my mother, I ventured forth to fill my rooms under the tutelage and direction of the girl in the apartment over mine.



Alan Bleier, a junior at Bishop Kearney High School, has been named New York State winner of the annual Explorer Space Seminar Contest. He will join the 50 other finalists at the John F. Kennedy Space Center, in Florida for a seminar July 16-22. Alan, one of the top juniors in the Bishop Kearney honors program, submitted a paper on man's future in space as part of his application. He is a son of Mr. and Mrs. Alfred R. Bleier of Nichols Street.

With her help. I chose a wicker couch (\$5), two wicker rockers (\$2.50 each), a kitchen table and two chairs (another \$5) and splurged \$10 on a chest of draw-

An aunt gave me an old rug which I had dyed indigo for \$8. I painted the wicker chest of drawers white and the kitchen set green. I bought a polished chintz fabric in white, violet and blue and hung skimpy curtains and made slipcovers for two couch seats. Against the violet living rooms created by a former tenant, the whole effect was stunning, so I thought. Especially with a salmon geranium for accent.

It has been years since I've been in the Salvation Army or Opportunity Shop and I don't frequent garage sales, anymore.

Instead I pore over magazines and gaze enviously over the lines of a bombe chest, dwell endlessly on the grace of the Queen Anne leg and explain to myself ad nauseam why Louis XVI has far more style and class than Louis XV

Lam also ecstatic over an Aero Saarinen chair, a parson's table and the chrome and glass of today's high fashion. None of these can be found in the Opportunity Shop.

Well, a roommate did find a Queen Anne sofa with a broken leg once but most of our finds had obscene curlicues and other furbelows.

I guess it's just as well I've defected for prices have gone up in thrift shops, too. A friend bought a picture frame at one recently and had to pay only \$1 more than it was priced at Woolworth's.

Mental Health Commentary By THE DE PAUL CLINIC

Today's youth may mature faster and grow taller than before, but there is little evidence that they are psychologically different today than they have been for centuries. Adolescence is still a time of transition from childhood to adulthood as it has always been. What is different is the kind of childhood we give them and what we put them through during the adolescent years, especially the early part of it - roughly from ten to fifteen - when they are changing so rapidly in so many ways.

It is easiest to write about the physical changes which are ready ily observable: the changes in size and shape, the clumsiness, the cracked voice, the acne and the massive appetities. These changes are part of the experience of adolescence so must be considered

5 Awarded 'Dimes' Grants

Five Health Careers Awards have been approved for the 1972-1973 school year by the Monroe County Chapter of the March of Dimes, according to J. David Baker, chairman.

The March of Dimes Scholarship Committee composed of Mrs. Guy Harris, Mrs. Charles F. Fitter and Father Joseph B. Dorsey made the recommendation that the following receive Health Careers Awards of \$250 each for their first year of study leading to a B.S. in Nursing:

Kathy Ann DeHollander, 79 Kirkland Road, Rochester, a Senior at Madison High.

Diane Lynne Dunbar, 34 Ernestine St., Rochester, a senior at St. Agnes High.

Suzanne Illene Erway, 5770 East Henrietta Road, Rush, a senior at the James Sperry High.

Patricia Ann Graumenz, 380 Ridgeway Ave. Rochester, a senior at Nazareth Academy.

The committee also recommended that the same award be given to Margaret R. Davis, 60 Owens Road in Brockport. Margaret is a sophomore at SUNY at Brockport and is working for a degree in Medical Social Work.

Medal Given **Posthumously**

On June 10, Mr. and Mrs. Paul J. Hentschel received the Navy commendation Medal in recognition of their son, the late Lance Corporal Robert E. Hentschel.

Hentschel was killed in action in Vietnam while serving as a rifleman in the Marine Corps.

The citation commended Hentschel for his display of "the highest degree of courage and selflessness, in keeping with the finest traditions of the Marine Corps and the United States Naval Service.'

Mr. and Mrs. Hentschel are members of St. Augustine's Parish.

Three girls from Rochester Catholic high schools are among the 12 chosen from Monroe County to attend the Girls' State sponsored by the American Legion Auxiliary.

Ann Pennella of Nazareth Academy, Kathleen Stafford of Mercy High and Cindy Ryan of St. Agnes will attend the government studies seminar June 25-July 1 at Albany State College.



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FOR SALE: Studio couch, good condition, \$25 00: 266-5293

MANGLE IRONRITE: Excellent condition, \$75 -- or best offer: 458-5454.

DRESSER, mangle, lamps, aluminum boat, table and chairs. Reasonable 288-6934.

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REAL ESTATE

HOUSE for sale: 62 Valley Brook Road, Penfield (off Baird), three-bedroom, Fin-ished walkout basement. Patio. Extra lot. Lovely setting with many mature trees and shrubs Country-ish but near everything. Songbirds and pheasants in nearby woods and meadow. Open Sunday 2 to 5 p.m. Asking \$31,500

GATES, 1964 8-room split, (amily room, fireplace, 2-car garage. Reasonable upkeep;

SPECIAL MISCELLANEOUS

GREAT Garage Sale: 149 Pinegrove Ave Now until June 30th. 342-8950.

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GARAGE Sale: Moving, must sell; bedroom set \$45, couch & 2 chairs \$25, single bed \$12. kitchen set \$9. pole lamp \$1.50, two tricycles \$5, baby mattress \$2.00, Hi-Fi \$20 rocking chair \$4, proch shutters \$4, books 20°, trash cans 75°, snow shovels 75°. Items too numerous to mention, Saturday June 24th - 442 Wegman Rd. (Gates)

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Delegates Named For Girls' State

with the psychological changes, which are less easily observed or understood. Perhaps they are right when they complain they are misunderstood.

Adolescence starts as a hormone system activation which not only brings about physical changes but also an intensification of feelings, especially aggressive and sexual feelings to which there must be a reasonable degree of adjustment if behavior is to remain within the acceptable standards of our families and societies. Herein is part of the problem.

In the early part of adolescence, sometimes called puberty when the changes occur so fast-the early teenager's problems of adjustment are threefold:

- 1. Adjustment to the rapidly changing physical self.
- 2. Adjustment to the intensified feelings which change attitudes towards others, especially aggressive feelings and the interest in the members of the opposite sex.
- 3. Adjustment to the changed attitudes of others towards them as they change in appearance and in behavior.

Because these changes come so rapidly, the adjustment to the new self and new position in human society is not always a smooth process. Indeed, we expect it not to be; the term "adolescent turmoil" describes this period of rapid change which, hopefully, will go on to a period of stability when the "all thumb and two left feet" stage is replaced by a period of quick reflexes and coordinated movements which can be seen on the dance floor and sports arenas.

The turbulent channel between childhood and maturity finally will pass successfully for most. For some, the adjustment will be too much to handle. How important is the understanding and support by their families and friends at this time of crisis. It may make the difference between personality stability as on adult or problems.

Questions on children's mental health should be mailed to: Mental Health Commentary, Courier-Journal, 67 Chestnut St., Rochester, 14604.

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