

SARAH CHILD  
**All In  
The Family**



Some definitions, courtesy of our younger children:

- **Cocoonbers** — sliced vegetables good in crisp green salads.
- **Jehwee** — One of the ingredients in a favorite sandwich that also calls for peanut butter.
- **Banky** — Security item most often clutched in one hand while sucking thumb of other hand.
- **Piddow** — Often used simultaneously with banky. Either for resting one's head or throwing at sibling.
- **Gammy** — Mommy's mommy.

- **Goppa** — Mommy's mommy's "daddy".
- **Canny** — Cavity inducer, usually covered with chocolate.
- **Ah-keem** — in same category as preceding entry. Comes in a cone.
- **Wawa** — for drinking and bathing.
- **Beebee** — Doll or live infant smaller than our toddler.
- **Kwokwit** — A flavoring usually preferred to vanilla.
- **Kwokwit canny and ah-keem** — Paradise!

**May Day Set For May 11**

Virginia Riedman, daughter of Mr. and Mrs. Paul Riedman of St. Cecilia's Parish, has been selected to represent her classmates as this year's May Queen in the May 11 May Day ceremony at Mercy High School.

Mary Lou Streb and Mary Ann Donovan will be the maids of honor. The Proclamation will be read by Laura Pizzuti; Phyllis Griebel and Maggie Mahon are the Scroll Bearer and Crown

Bearer, respectively.

The senior attendants are Rita Farrell, Colleen Mooney, Donna Masters, Anne Lang, Jill Schirmer and Nancy Wegman.

Crowning attendants are Paula Benetti, Linda Rogers and Patricia Dakin. Trainbearers are Marg Lane, Kathy Clancy, Debbie Nolan, and Mary Pat Kircher. The junior attendants are Mary Glavin, Lisa Springer, Andi Ciaccio, and Mary Kay Kearney.

**Mental Health Commentary**

By THE DE PAUL CLINIC

**PART II — DISTURBING DREAMS — CAUSES**

Dreams have been interpreted in various ways throughout recorded history. Joseph's famous interpretation of a dream foretold the future. The Ancient Greeks believed disturbing dreams were caused by evil spirits. Sigmund Freud popularized the concept that the dream could represent a wish fulfillment or be the expression of an unconscious conflict. He used dream interpretation to understand the workings of the unconscious mind much as he had used hypnosis.

Children's disturbing dreams can be classified into at least four categories:

- **Anxiety dreams** — scary dreams which do not necessarily result in awakening but may result in crying out or moaning. Usually these are the common "chase dreams" in which a dangerous figure, nowadays a monster, chases the child. He cannot escape, yet is never caught by the dangerous being.
- **The nightmare** — an anxiety dream in which the child awakens terrified, often screaming. He feels helpless, and may feel paralyzed or held down.
- **The night terror** — a frightening dream in which the child seems awake, acts frightened, cries frantically but is not awake and may be difficult to awaken.
- **Sleep walking** — walking in sleep usually without evidence of anxiety.

Handling a child's sleep disturbance depends on one's concept of the cause of the dream. Dreaming is normal. Everyone is said to dream, even those who don't remember dreaming. Dreaming apparently begins in infancy, maybe, in a sense, before birth.

Dreams have a form, often with elements of the activities of the previous day. Also, they express unconscious conflicts which may have been stirred by those experiences.

For example, a child watches a movie about a destructive monstrous insect during the evening and has an anxiety dream in which he is chased by a monstrous insect. Besides the obvious explanation it also may be that the movie stirred up unconscious conflicts of feelings — feelings he feared — resulting in the feeling of anxiety in his sleep. The movie stirred up the unconscious feelings, did not cause them! It also provided parts of the vehicle — the story — of the dream, sometimes called the "manifest content".

The typical anxiety dream, which may or may not waken the child is the "chase dream". He is asleep and is being chased by an evil being — a dangerous animal as a wolf, a bear, a lion or, commonly nowadays a "monster". He runs from the monster but cannot escape. He is frightened since it threatens him. He can escape by ending the dream, by going into a deep sleep or by awakening. If he awakens, he may be frightened and seek reassurance. This is the nightmare.

The monster in his dream can represent the "monstrous" feelings in him which he tried to avoid and usually can when he is awake. These feelings were there all the time, usually under control; they were not placed there by a movie or story.

The same conflicting feelings may cause other problems in feelings and behavior when the child is awake.

**NEXT WEEK: Sleep disturbance in children.**

Questions on children's mental health should be mailed to: **Mental Health Commentary, Courier-Journal, 67 Chestnut St., Rochester, 14604.**

**Deaths**

**Mrs. Jankowski**

A Mass of the Resurrection was celebrated for Mrs. Bertha P. Jankowski, Friday, April 28, at St. Stanislaus Church.

Mrs. Jankowski, who died Tuesday, April 25, was the mother of the late Father Peter T. Jankowski, pastor of St. Mary's, Geneseo, who died eight years ago.

Mrs. Jankowski was a pioneer member of St. Stanislaus. She was also a member of the Rosary Society, St. Anne's, St. Theresa's and the Sacred Heart Societies. She was also a member of St. Monica's Society, a diocesan organization for mothers of priests.

Mrs. Jankowski is survived by three daughters, Mrs. Peter (Mildred) Majewski of Hilton, Mrs. Adelaide Gratton and Mrs. Peter (Irene) Versprille; three sons, Leon, Casimir and Marcel; seven grandchildren and 15 great-grandchildren. She was a native of Poland.

**E. Marvin Sr.**

Bishop Joseph L. Hogan preached the homily and celebrated the May 2 Mass of the Resurrection for Edmund H. Marvin Sr., who died Saturday, April 29.

Father James Marvin, a son of the deceased, was the principal concelebrant. Also present at the altar were Bishop John McCafferty and 12 priest classmates and friends of Father Marvin. The service was held in St. Patrick's Church, Macedon.

Mr. Marvin is survived by his wife, Rosina Weisenberger Marvin; seven sons, Father Marvin, Edmund H., Jr., Augustine, William, John, Phillip, all of Macedon, and Frederick of Mt. Airy, N.C.; four daughters, Mrs. Allan (Margaret) Brooks, Miss Catherine Marvin, both of Macedon; Sister Mary Marvin and Mrs. Norman (Madeline) Klein, both of Rochester; 37 grandchildren and two sisters, Sister Madeline Mary Marvin, OP, of Adrian, Mich. and Mrs. Francis (Catherine) McCabe of Bangor, Mich.

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