

SARAH CHILD
**All In
The Family**



On a recent Sunday we looked at the crocus and hyacinth buds and decided to go on a picnic. The nameless man on the other end of the phone said the temperature was 22. Much of the 6-inch snowfall was still on the ground.

"Let's go," somebody said recklessly and the search was on for the picnic basket. A half gallon of milk, my mother's homemade relish, frozen hot dogs, napkins and paper cups and we were ready. There was a stop for hot dog rolls and charcoal burner for the hibachi.

The entrance to the park was muddy. While temperatures were below freezing the sun was absolutely brilliant. There were a couple of kite flyers in the distance, a sheriff's car cruising the muddy park roads

**Group to Film
Fisher "Walk"**

A group of film students at St. John Fisher College will produce a documentary on the 1972 Walk for Water on April 23. The project is funded by the Monroe County Conservation Council, sponsors of the annual fundraising walk. The film will be used by the council to promote future Walks for Water. Attention will be given to the activities of Delta Laboratories, scientific experimentation arm, which is supported with funds raised by the Walk for Water.

Mental Health Commentary

By THE DE PAUL CLINIC

QUESTION—My granddaughter is 7. Besides not eating much, she eats only certain foods. She refuses to eat meat except hamburger. Hamburgers, cereal and milk are her diet. Her pediatrician says she has an emotional problem and should not be forced. I think she should have a balanced diet even if she has to be forced. What would you advise?

ANSWER—Take your pediatrician's advice! Don't force her! Forcing tends to make feeding problems worse and may be part of the cause of the problem. Feeding children should be simple. They get hungry, so they eat. Usually, if given a reasonable choice, they tend to eat the variety of food substances necessary to provide enough protein, fat and carbohydrate for the growth and development of their bodies. Even a child who eats mostly hamburgers, hot dogs and milk is getting a pretty good supply of these essentials. A daily multiple vitamin capsule will make up for any vitamin deficiencies in his diet.

Basic principles of child feeding are:

1. Assume that the child will eat when hungry and his hunger will be related to his needs.
2. Eating should be to satisfy his hunger, not to please someone. If he can please someone by eating, he can displease them by not eating. Also, he may overeat because of an unconscious wish to please, to be loved. Obesity may result. Finicky eaters may be unconsciously rebelling against those who would interfere with their natural feeding patterns.
3. Do not force a child to eat foods he dislikes. Rejection of a particular food may be due to an unconscious association of the food with something unpleasant. In the days when castor oil tasted awful, it was sometimes mixed with orange juice to disguise the rancid taste. Some children, after taking this mixture, associated the taste and smell of castor oil with orange juice so oranges and orange juice tasted and smelled like castor oil. Suddenly, they didn't like a food they had enjoyed before. In a sense, they had a feeding problem. Foods which have a strong smell, like limburger cheese, may be rejected for similar reasons. To force feed the distasteful food is likely to make the problem worse.

Another feeding problem occurs in families in which meal time is unpleasant. For example, when "family court" is held at the dinner table and the children's naughty behavior is reviewed or their manners are harshly criticized, they may lose their appetite for dinner. Such children tend to eat before dinner but are not hungry at meal time. After the table is cleared and the food put away, they begin to search for food. The tensions of the dinner table made them lose their appetite. The dinner table should be a relaxed time for all. This leads to better appetite and digestion for all.

Questions on children's mental health should be mailed to: Mental Health Commentary, Courier-Journal, 67 Chestnut St., Rochester, 14604.

Courier-Journal

**Grade School
Symposium
At Kearney**

The English department of Bishop Kearney High School will sponsor a symposium for parochial elementary school teachers whose students attend or will attend Bishop Kearney.

"This is an attempt at bridging the gap that sometimes exists in curriculum between elementary and high schools," said Mrs. Joan Sperazza of the English department.

The participating teachers will tour the school and observe classes. Following the symposium there will be a discussion and coffee hour.

**Fisher Slates
'Mini-Terms'**

A three-week mini-term will be held this year for the first time at St. John Fisher College, beginning May 15.

Twenty-five courses, most of which are for two credits, are offered. Participation in the mini-term is opened to a limited number of non-students.

"The mini-term," said Dr. Clarence Heining, Fisher's dean of instruction, "is intended to provide an unusual type of course, an educational experience apart from the traditional format. Most of the work will be on an independent basis."

A theater course, taught by Dr. Wendell Howard, chairman of the Fisher English department, will include attendance at a minimum of ten theatrical performances. An inner-city missionary course, offered by Dr. William Sullivan, chairman of the Religious Studies department, will be a three-week internship in an inner-city center in Rochester.

Registration for all courses will be held during the week of May 8.

**Aquinas Concert
To Be Tribute
To War Prisoners**

A concert dedicated to Americans who are prisoners of war or missing in action Southeast Asia will be given at 8 p.m. Saturday, April 22, by the Aquinas Concert Band.

Presidential "greetings and warm good wishes to all who will be gathering for this tribute" will be read.

A White House letter to Alfred M. Fabrizio, Jr., director of the band, says that President Nixon "joins with citizens throughout our land in praying for the welfare of these brave men and for their early return home."

Dollar tickets will be sold at the door or may be purchased from Anne Ferrara, chairman for the Band Boosters Club.

**Dutchtown
FISH Being
Organized**

People from seven churches in the Dutchtown area of Rochester are organizing a branch of FISH (Friends in Service Here).

Volunteers are asked to sign up for a definite period each month when they will be available for strictly emergency duty. Services offered include transportation for the elderly, shopping for shut-ins, visiting the sick and taking care of children.

The new organization is labeled FISH-WSEN, for West Side Ecumenical Neighbors. Its territory is bounded by West Avenue, the Barge Canal, Lyell Avenue and Broad Street. On the steering committee are representatives of Holy Apostles, Lyell Avenue Baptist, Trinity Lutheran, Trinity United, St. Francis Assisi, Grace Presbyterian and Holy Family.

Wednesday, April 19, 1972

**COURIER
WANT ADS**
"Everything Under The Sun"

BUSINESS SERVICES

FLOOR sanding, refinishing. Dependable service since 1921 Reasonable Cy Calmeyn, 865-1393, 458-6685.

BROKEN WINDOWS? We replace glass in regular, storm, picture, Thermopane, patio doors & Andersen windows For low cost "on the spot" glass replacement with our MOBIL GLASS SHOPS, call the GLASSMAN We also make tops for furniture and desks. 328-6130

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REPAIR SERVICE: Lawn Mowers, Snowblowers, Small Home Appliances, Saw sharpening. Pick-up and Deliver 537 Portland Avenue. 342-2330 or 482-0772.

TILE INSTALLED: 32¢ per ft. Includes everything. Jerry Cosner Floors 621-5956

FURNACE CLEANING: Spring Special. Complete power cleaning of heating system, cold and warm air runs, chimney and adjustment of burners Includes certificate for 1 free service call Reg. \$29.95, NOW \$19.95. Bellows Heating and Air Conditioning Inc., 461-1100

ROOFING-SIDING: New repairs, insurance cases Expert applicator, insured Free estimates 482-3348

END PAINTING forever We apply aluminum trim cornices gables, windows, doors Insured Expert applicator 482-3348

CHIMNEYS - NEW rebuilt repaired Expert Mason Free estimates Insured 482-1348

PAINTING-INTERIOR exterior Free estimates work guaranteed Jerry Patalano, 228-1265

LAWN MOWERS sharpened, all types Pick up and delivery 458-2646

WINDOW WASHING call 544-0148 or 544-0300

ODD JOBS Storm windows removed, washing walls, floor waxing, cleaning gutters etc 436-4421

CERAMIC TILE Installation, repair, re-grouting. Serviced yearly upon request Insured. 288-6328 or 482-3348.

FOR RENT

6-ROOM Cottage, everything furnished, just bring your clothing. 1000 Island, call 473-5984.

ATTRACTIVE ROOM — bedside phone — private entrance (Professional male) \$22.00 381-5654

HOLY FAMILY parish Apartment 1st floor suitable for elderly couple No garage or yard, block from bus For appointment call 247-2085

SUBLET TWO-bedroom apartment, 1 year Available anytime Rent paid to May 1st. Deposit of \$205.00 offer rent immediately 244-0601 or 454-2371

RENT FREE: Apartment for retired or middle aged couple Culver-Merchants area In return for services for elderly couple References. 865-7665.

FURNISHED STUDIO: North East Section Woman preferred. Call evenings. 266-1699.

HELP WANTED

PARTY Plan Manager Needed. New Program, national organization, ground floor opportunity For immediate interview, phone collect D. Treimann, C H Stuart & Company, Inc 315-331-1580.

COUPLE WANTED for housekeeper & caretaker Catholic Church in suburban Rochester Private home Good pay References required. Write to Courier-Journal 67 Chestnut St. Box 12.

WOMEN TO live in. Elegant living quarters plus salary in exchange for care of 1 child Call 225-1955.

IMPORTANT NOTICE

Employment
The New York State Law On Human Rights and the Federal Civil Rights Act of 1964 prohibit discrimination in employment because of age and sex unless based on a bona fide occupational qualification. Help Wanted and Situations Wanted advertisements are arranged in columns captioned "Male and Female" for the convenience of readers and are not intended as an unlawful limitation or discrimination based on sex
HOUSING
"The New York State Law On Human Rights prohibits discrimination based on race, creed or national origin in the sale or rental of housing."

MERCHANDISE

RUG 100% Herculon, Brown and Green tweed 10x15' Like new First \$75.00. Call evenings 225-4029.

REPOSED SWIMMING Pools. Above ground Redwood type to be sold for monies due manufacturers and Traders Trust Bnk. KAYAK Recreational Corp. 1671 Penfield Road, Rochester (14625) acting as agent. 381-6421

SECTIONAL Davenport. Neutral gold, 4 piece, excellent condition. Reasonable. Evenings, 654-9484.

BABY CARRIAGE. Made in England. Green, wind guard, two tops. Excellent condition. 255-4029

SNOW SUIT Tidykins girls. Size 2 toddler. white fur hat, white fur collar on pink & white jacket, pink pants, washable. Excellent condition. 225-4029.

CRIB Serta, good condition, used for one child only. 225-4029.

BABY CLOTHES: Large assortment, next-to-new. T Shirts, sleepers, sunsuits, sweaters, hats, booties etc., 225-4029.

BABY CRIB and mattress, double gate, good condition; \$15.00; 225-1220.

DEMONSTRATOR 1972 zig-zag sewing machine, brand new, guarantee. Does button holes, blind hems, fancy stitches & monograms. No attachments needed, automatic bobbin winder \$33.00 or 3 payments of \$11.00. Necchi-Elna Sewing Center. 1-244-0830.

INSURANCE

AUTO INSURANCE Immediate FS-1, no application refused. Edco Agency, 264 Arnett, 436-0022

WANTED TO BUY

PRIVATE COLLECTOR Wants old coins, gold, silver and foreign coins Top prices. 464-8846

ANTIQUES. Sterling silver, jewelry, bric-a-brac, dolls, frames, china, cut glass, curios. MARIE WALLNER, 663-5573.

OFFICE SPACE FOR RENT

RICHFORD OFFICE Bldg. 67 Chestnut St. New office space, can be divided to suit tenant needs. Located in growing business district. For info, or appl. to inspect, weekdays Al Manile, Broker 262-3445, 125-5580

ENTERTAINMENT

FREDDY BECK Orchestra finest music Weddings, Parties 458-8719

RADIO - TV

SERVICING TV-Stereo-Translator, foreign and US Free estimates. "Commercial" 288-2371

**SPECIAL
MISCELLANEOUS**

CHAIR CANING done in my home. 381-0038

ANTIQUES SHOW and Sale at St. Paul's Episcopal Parish House, East Avenue at Vick Park B Twenty-Third consecutive Year 23 dealers. Thursday April 20, Friday April 21, 11 a.m.-10 p.m. Food service 11 30 a.m.-6 p.m.

CAMPS

CAMP Eagle Ridge for boys and girls, ages 6 thru 13 located on Seneca Lake. Information: Stan Maruszak, 116 Kent Drive, Webster, New York 14580. Phone (716) 872-2955.

CAMP Caspar Gregory: Located on Cayuga Lake. Restful. Rustic spot for group camping. Weekly rates for the summer; week-end rates for the off-season. For information: Marie Kruger, Poplar Ridge, New York, 13139. Tel. 315-364-8469.

FOR SALE

BROOKHAYE TERRACE: 5 room Ranch, excellent. Rec Room. \$23,500. 266-8784.

COINS, Stamps, supplies discounted. Also trading, buying collections, accumulations, dealers stock for highest spot cash. Kusak 1114 Joseph Avenue. 266-5724.

TIRES: Two with wheels. Falcon 1963, cheap; 235-5387.

INSTRUCTIONS

TUTORING all subjects. Qualified teachers. PROFESSIONAL TUTORING SERVICE 244-9153/271-7707.

PIANO LESSONS: For beginners, 651-9191.

MARINE SUPPLIES

ALUMA-CRAFT: MFG & Slickcraft boats. Mercury, British Seagull motors. Tee-Nee trailers, used outfits. Sunfish & MFG sailboats. Terms & Trades. Rochester Outboard, 832 St. Paul (near Hickok's) Open Mon. and Thurs. evens., 266-0684.