

Sickle Cell Anemia Major Woe

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In the United States the incidence of sickle cell trait among blacks ranges from 7% to 13.4% in different areas. Sickle cell anemia occurs less frequently, its incidence varying from 0.3 to 1.3%.

If you have sickle cell anemia trait, you have some red blood cells which under certain conditions, change to a sickle shape. But this is not the beginning of the disease, nor does the condition get worse.

It is important to know if you carry the trait because if you do, and you marry someone who also has the trait you take

the chance that one of your children may have sickle cell anemia.

However, Mrs. Chamberlain conditioned most statements and statistics, stressing that any "fact" one quotes on the sickle cell condition must be qualified since not enough is actually known about it.

On the care of patients, Mrs. Chamberlain advised, "You don't have to pamper yourself but you must learn to stop when tired. Also important are proper nutrition, good hygienic and dental care, avoidance of exposure to infections and prompt medical treatment when

a crisis or other complication occurs."

Vocational guidance is also important, since school age children with the disease have frequent bouts of pain and fatigue which are serious deterrents to ordinary school achievement; women will have to superimpose the problems of a chronic illness on the duties of homemaking, and men with sickle cell anemia will find it difficult to obtain and hold a job. For these reasons, employers, for example should be aware of, and understand the illness and be willing to accept an employe who may lose time from work.

Hot Cross Buns

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Mrs. Nancy Russotti of the Rochester Baking Inc., 1250 North Goodman St., agreed with this, saying, "I don't think people are fasting as they used to. You can tell by the way they buy the other baked goods. So the hot cross buns aren't going as well as they did even last year.

A spokesman at Di Paolo's bakery, 598 Plymouth Ave., North, also reported that sales were down, but felt that sales would increase as Lent went on

and people grew hungry for the "goodies."

However, Norma Barg of Sibley's bakery and a spokesman for Wojtczak's bakery on Hudson Avenue had decidedly different conclusions. At Sibley's "they are selling a lot better than they ever did before," and at Wojtczak's "none are left at the end of the day," but the spokesman attributed the high sales to the fact that residents near the bakery are "predominantly Catholic and older."

DIOCESAN CALENDAR OF EVENTS

March 1972

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			Bishop—Clergy Meeting at St. Rose, Lima — 10 a.m. Southeast Assoc. Cath. Sch. Adm. — St. Joseph's Penfield — 3 p.m. Pre-Cana, Columbus Civic Centre — 8 p.m. Open Mtg. — Driscoll Interim Plan — Our Lady of Lourdes Sch. — 8 p.m.	Aub. Assoc. Cath. Sch. Adm., St. Alphonsus, Aub — 3:30 p.m. Ultreya — St. Louis, Pittsford — 8 p.m.	Abstinence Relig. Ed. Coord, High Acres, Geneva — 10 a.m. Prayer & Social Order Watson Homestead Marriage Encounter — Watson Homestead Cursillo Leaders Sch. St. B's Sem.—7:30 p.m. Ultreya — 9:15 p.m.	Diocesan Sisters' Cncl SSJ Motherhouse — 5 p.m. Bishop's letter on Cath. Relief Services to be read at weekend Masses Cursillo Penance Serv. St. Pius X — 8:30 p.m.
			8	9	10	11
			Gates-Chili Assoc. Cath. Sch. Adm., Nativity, Brockport — 9:30 a.m. Dio. Educ. Exhibit for Adm. & Teachers, St. Louis, Pittsford — 12:30 p.m. — 5 p.m. Sisters' Penance Serv., St. Chas., Roch. — 7:30 p.m. Pre-Cana — cf. 3/1/72	Roch. Ass'n. Principals & Relig. Ed. Coords.— Annunciation — 2:30 p.m. Bishop — Clergy Mtg. at St. Mary, Bath — 3:30 p.m. Ultreya — St. Louis — 8 p.m.	Abstinence Bishop-Clergy Mtg. at Imm. Con., Ithaca — 11 a.m. Finger Lakes Ass'n. Cath. Sch. Adm.—SSJ Motherhouse Cursillo Leaders Sch. & Ultreya — St. B's Sem. 7:30 p.m. & 9:15 p.m.	Cath. Relief Services Collection at weekend Masses.
			15	16	17	18
			Iron. Assoc. Cath. Sch. Adm. St. Ambrose, — 3:30 p.m. Information Day for Priests, Bosco — 10:15 a.m. Sisters' Penance Serv. 7:30 p.m. at Dansville & SS. P & P., Elmira Conf., SS. Peter & Paul Roch. — 1:45 p.m. Southern Tier Christian Form. Bd. — Elmira — 8 p.m.	Registration Women's Cursillo #8—Cenacle Confirmation — St. Thos. the Apos., Roch. 7:45 p.m. Ultreya — St. Louis — 8 p.m. SPOF Regional Mtg. Celeb. of Eucharist — 5:30 p.m.	Abstinence Workshop—Relig. Ed. Teachers, Horseheads — 9 a.m. St. Patrick's Day Mass Corpus Christi — 12:05 p.m. Marriage Encounter — Notre Dame Ret. House Cursillo Ultreya — St. B's Sem — 8 p.m.	Holy Hour — Women's Cursillo — Cenacle — 8 p.m.
			22	23	24	25
			New York State Bishops Meeting	Information Day for Priests — Bosco — 10:15 a.m.	Abstinence Confirmation — St. Leo's Hilton — 7:45 p.m. Confirmation — St. Francis Auburn — 7:45 p.m. Cursillo — Ultreya — St. B's Sem. — 8 p.m. Pre-Cana, Aub. cf. 3/19/72	Radio Message — WSAY & Affiliates — 7 p.m.
			28	29	30	31
			Interdepartmental Sta Meeting — 1:30 p.m.	Holy Thursday Mass of Chrism—S. H. Cathedral — 11 a.m.	Good Friday Fast and Abstinence Collection for Holy Land Sacred Heart Cath. — Liturgy — 1:30 p.m.	

Pre-Cana, Aub. cf. 3/19/72
Pre-Cana — cf. 3/5/72

Clip and Save

Watch for the April Calendar of Events in the March 29 issue of the Courier-Journal.