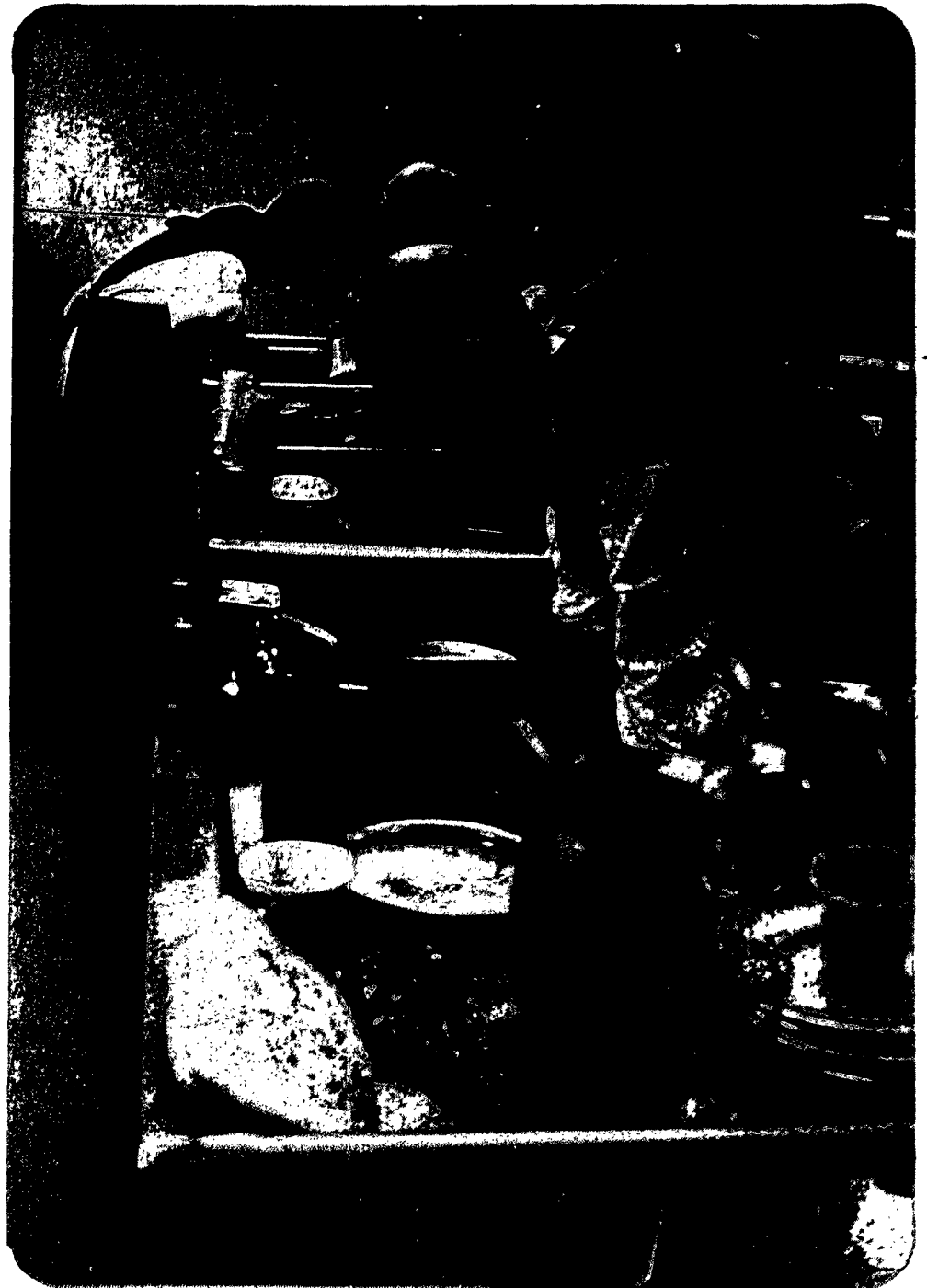


'Their Own Men'

Text and Photos by Laurence E. Keefe



Brother Alberic reads in his own room, a post-Vatican change for monks that eases tensions and allows private prayer.



Teams of monks do each meal's dishes, rotating in turn and keeping up tradition and spiritual exercise of manual work.

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