

Bishop Hogan Opens Development Drive

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on a fixed income, often below the poverty level; there are the young, especially from minority groups, who have great difficulty in finding work; there are those who are forced to live in homes that are degrading to human dignity; others are overwhelmed by drugs, such as heroin or alcohol, in their desperate efforts to relieve the painful tension of life. This persistent presence of the poor among us means that the Christian people will always have the mission of reaching out to them, not to solve their problems or to give them a token dole, but to help them recover their right to be self-sustaining members of our society. Last year this diocese had \$60,000 to spend at home in working with the poor for credit unions, self-help housing, community organizers, and day care centers. We were also able to send \$70,000 to other parts of this nation to offer the poor help in meeting their own problems.

The Human Development Campaign does not want to divide society into givers and takers. Our purpose is to throw the weight of our talent and financial support behind groups of people who, despite the burdens of their problems, seek to meet their own needs, fully aware of their own dignity as contributing adult members of our communities. It is by sharing the blessings and graces with which God has endowed us that we build a community of operations and trust. It is in this manner that we truly respond to the fear, suspicion and violence that breed chaos in our midst.

The collection last year was an outstanding one and I am grateful to you for it. At this season of thanksgiving, I encourage you again to be generous in making the human environment of this diocese and this nation a rich one where the Gospel can bear much fruit.

In the name of Him Who chose to identify Himself especially with the disadvantaged of society, I offer you my blessing and gratitude.

Devotedly yours in Christ,

Joseph L. Hogan
Bishop of Rochester

JOHN DOSER

Scholastic Notebook



While most fall sports fans were watching and talking about City-Catholic football (the merger, the big win by Madison over Aquinas etc.) the Dewey Avenue school's fine cross-country team was grossly overlooked (but not forgotten) in this same space.

While we were discussing polls, sectional tournaments and things ala football, the Little Irish ran up a distinctive cross country record.

We logged these Aquinas cross-country achievements in our notebook —

- **Champion**, Baldwinsville Invitational; defeated CBA (Syracuse), the previous winner three years in a row;

- **Champion**, Onondaga Invitational; defeated CBA again, winner for the previous six years;

- **Runnerup**, 30th annual Proctor Invitational, Utica; won by St. Joe's, Buffalo;

- **Champion**, Churchville-Chili Invitational; Bishop Turner-Buffalo, 2nd; Rush-Henrietta, 3rd;

- **Runnerup**, Varsity A race, Eastern U.S. Interscholastic Championships at Van Cortlandt Park, New York City; won by St. Joe's, Buffalo; Beth-

esda, Md., 2nd; CBA, Syracuse, 8th.

- **Champion** City - Catholic League; unbeaten in nine meets;

- **Champion**, City - Catholic League tournament; McQuaid, 2nd;

- **Champion**, Diocesan Championship at RIT; Cardinal Mooney, 2nd.

The runners who usually finished among the leaders, some of whom own a few local course records, included Dan Ambrose, Sean McGinnis, Bob Dugan, Greg Fox and John Dugan. We're happy to see a few Irish names in there which sounds good when you realize they ran so hard for coach (Rev.) Donald McCarthy.

● **DON'T WISH** to overlook McQuaid's cross-country record this fall although it always finished behind the Irish.

● **Coach Bob Bradley's** kids did win the Varsity B race in the Eastern U.S. Interscholastic Championships at New York's Van Cortlandt Park; were runnerup in the Can-Am Invitational at Watertown; took fifth in the Chenango Valley Invitational at Binghamton; and were runnerup in the City-Catholic League.

RG&E consumer news

Some of you may have a range that is not doing all that it can for you.



An RG&E Home Economist explains to a customer one feature on a range displayed at the Consumer Information Center.

Because, for instance, after you bought your beautiful range with an automatic oven timer, you may have gotten it home and then didn't know how to use it or were afraid to use it because of lack of confidence. Unfortunately one can't ask an instruction manual questions, so that if you couldn't understand it, you felt there was no place to go.

There is a place to go—RG&E's Consumer Center on Ranges. It's staffed daily from 11 a.m. to 3 p.m. (Tuesday evening 7-8:30) with a graduate Home Economist from RG&E who can tell you how the automatic oven timer on your particular range works. Ask her. She'll explain how you can put a thoroughly chilled piece of meat, casserole or vegetable dish in the oven, set the cooking time and temperature, leave the house to go shopping for an hour or so; and the oven will turn itself on and off automatically. (You don't have to panic if you are caught in a traffic jam; you know that if you aren't there to turn the oven off when the dish is done, the oven will take care of itself.)

If you will be away for more than an hour before the oven is to turn itself on, however, our Home Economist will advise you to use only frozen food with the automatic oven timer in order to prevent the growth of bacteria. One of RG&E's graduate Home Economists, who works five days a week, puts frozen pork chops, roasts, etc., in the oven, and they are done or nearly done by the time she is home from work. This means her family enjoys Sunday dinners every day.

If the timed outlet on the back panel of your range is a mystery to you, ask our Home Economist about that too. It operates much like the oven timer. When you plug in a small appliance like a coffee maker, it will turn on at the time you select. You can perk your breakfast coffee without getting out of bed.

There are a few other features you may want explained, either because you want to get more use out of your present range or because you may be looking for a new one. One feature you might want to learn about is a self-cleaning oven. Some ranges have ovens which clean drip bowls and oven racks in addition to the oven walls and floor. You will want to know which will do which.

Or, how about a burner which will maintain a precise temperature? Not just Hi, Lo, etc., but 350 degrees or whatever temperature you select. Some ranges have one burner that will do this. You may be one who has one of these burners and thinks it is not operating correctly because you hear it gon on and off when you are trying to use it. But this is the way it works to maintain an exact temperature; your oven and refrigerator also operates this way. This feature you will discover is best for long, slow cooking, such as is required with stews and spaghetti sauce.

When you visit RG&E's Consumer Information Center on Ranges on the main floor at 89 East Avenue, you may learn about range features that you never knew existed — such as an automatic meat probe which signals you when the internal temperature of the meat indicates the desired degree of doneness, or ovens with rotisseries, or ranges with two ovens.

Who could have thought that the world of ranges is so interesting or that there is so much to learn about them? See for yourself when you visit RG&E's Consumer Information Center on Ranges. While you're there, pick up a free Buying Guide and a roast time calculator.

And if it's your dishwasher that's a puzzle to you, stop in anyway. Our Home Economist will be glad to answer any questions you have, whatever the appliance.

RG&E

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