

RG&E AND consumer news

Recipe of the Week

A pie with the flavor of grape country . . .

CONCORD GRAPE PIE

Temperature:

450° F Time: 15 minutes, reduced to 375° F for 35 - 40 minutes

- 6 cups Concord grapes
- 1 tablespoon lemon juice
- 3 tablespoons cornstarch or 4 tablespoons flour
- * $\frac{3}{4}$ - 1 $\frac{1}{4}$ cups sugar,
- 1 tablespoon butter or margarine
- Pastry for 9-inch pie

1. Wash and stem grapes before measuring. Slip skins from pulp.
 2. Bring pulp to full rolling boil. Rub through sieve to remove seeds.
 3. Mix strained pulp with skins. Add lemon juice.
 4. Combine cornstarch or flour and sugar. Add to grape mixture. Pour into 9 inch pastry lined pie pan. Dot with butter.
 5. Cover with lattice crust. Bake in preheated oven.
- *Depending on sweetness of grapes.

Our Consumer Info Series Says "Shop Like a Pro"

Are you making the most of your shopping dollar? RG&E's Home Service Department, in cooperation with the Monroe County Cooperative Extension Association, is currently presenting experts who can show you how to shop like a pro in a series of three programs.

The programs are being held Tuesday night and again on Wednesday afternoon, in the Basement Auditorium of RG&E's main offices, 89 East Avenue. Mark the dates on your calendar; you won't want to miss the last two of this informative series of Consumer Information programs.

On October 12 and 13, the program will be



Sara Beck, U.S. Department of Agriculture consumer specialist, will lecture on meat buying next week.

Dial-A-Dietician for food information

The Genesee Dietetic Association and the Genesee Valley Heart Association has a telephone service, called Dial-A-Dietician, to answer consumers' questions about food.

If you have a question about planning adequate, nutritious meals for your family, or about additives, labeling or special dietary needs of children, older people or others. Dial-A-Dietician can answer these and other questions for you.

The new service for Monroe and Orleans County residents is designed to

"Choosing the Meat Course." Sara Beck, consumer specialist from the U.S. Department of Agriculture will present a slide show on how to buy beef.

On the same program, Wilma Schnabel, RG&E Home Economist, will give a brief demonstration on meat cookery.

The last program in the series, October 19 and 20, will deal with "Selection and Care of New Fabrics." Chloe Wacenske, of the Monroe County Cooperative Extension Association will deliver a lively discussion about the fall fashion fabric scene, and fabric care.

Florence Bolton, RG&E Home Economist, will then give a talk on laundry equipment and how modern equipment takes care of modern fabrics.

All evening programs will start at 7:30 p.m., and all afternoon programs at 1:30. Free parking is available in the company parking lot for the evening programs only, after 6:30 p.m. This lot is located on Lawn Street directly back of 89 East Avenue. It is accessible from Chestnut Street or Broadway to Lawn Street.

Don't miss this exciting and informative series. Join us and learn to Shop Like A Pro.

Is your home power poor?

Do you blow fuses regularly when you operate your electric coffeepot or hand iron, or your lights dim when the electric dryer is running? If you answer "yes", your home may be power poor. If you don't have wiring that is heavy-duty enough to carry the power you need, your appliances will not operate efficiently and may ultimately

be damaged. Fuses that constantly blow indicate that you are overloading your existing circuits and drawing more power than your wiring can carry. This condition means your home is power poor and that you are courting a potentially serious fire hazard. This is especially true in older homes which were constructed before many of

our modern electric appliances evolved.

What should you do about poor house wiring? During October RG&E's Consumer Information Center is staffed to handle just such problems. Our wiring and lighting experts will be happy to discuss how you can best eliminate poor house power, making your home safer and electrically more convenient.

They will also answer any questions you may have about both outdoor decorative yard lighting and home safety lighting. They can show you how to make your home more attractive at night, while deterring prowlers and providing safer walkways for family and guests.

Stop in today to our Consumer Information Center at our Main Offices at 89 East Avenue. It's located on the main floor and is now open daily from 11 A.M. to 3 P.M. and on Tuesday evening from 7:00 to 8:30 P.M. We're always ready to help you with any problems concerning home heating, appliances, wiring or lighting.



Learn about wiring and lighting at RG&E's Consumer Information Center this month.

Why you should replant trees

In a recently published list of pollution abatement tips for consumers, one item stated that if you cut down a tree you should plant another to replace it. You may be wondering why this is necessary, aside from the esthetic pleasure the sight of a tree gives.

Rochester Gas & Electric's tree consultant, Fred Meecha of Monroe Tree Surgeons explains that there are several ways in which a tree contributes to pollution abatement. The most important is that trees, like all plants, take in carbon dioxide and release oxygen, replenishing the air for humans and other oxygen breathing creatures. With the loss of foliage we lose this air making quality.

Trees also give off considerable moisture. A mature oak tree in full foliage in summer gives off as much as 500 gallons of moisture into the air. A tree can keep the air from becoming too dry on a hot summer day.

Furthermore, tree foliage acts as a filter collecting a great deal of dirt from the air. Trees also help to reduce noise pollution by muffling sound.

The shade that trees provide helps foliage under the tree retain moisture also. A lawn will do better under a balanced amount of shade than out in the sunlight.

Like the poet said, only God can make a tree. But you can help by planting another tree when you have to cut one down.

Prepared For Old Man Winter?

You can get your house cozy comfortable by following these few suggestions:

1. Be sure your home is well insulated. This is very important. It is recommended you have 4 inches of insulation in outside walls and 6 inches in the ceilings. This provides greater comfort by reducing drafts.
2. Your attic should be properly ventilated. A large vent placed in the peak of the roof insures that heat in the attic will not build up in winter. Excessive heat loss combined with heavy snow accumulation on your roof and ice blockage at the gutters can cause water to seep into your home if attic is not ventilated and insulated properly.
3. All windows and doors should be provided with storm windows. And drapes drawn at night and on cold, windy days also gives added draft protection around window areas.
4. Placing weatherstripping and caulking around windows and doors will reduce heat losses and save fuel while eliminating drafts.
5. Vacuum and replace your furnace filter periodically. A dirty filter means uneven heat in your home and furnace overheating. An inexpensive investment in a few filters at the start of the heating season can often mean a substantial savings in heating costs.
6. If you have a fireplace, the damper should be kept tightly closed when the fireplace is not in use. Otherwise, your chimney is an open door to the outside. And this is an easy and costly escape route for heated air.

A little precaution now, can insure that your home will be comfortably warm all winter long.

A little precaution now, can insure that your home will be comfortably warm all winter long.

A little precaution now, can insure that your home will be comfortably warm all winter long.

Columbus Day Store Hours

RG&E's Appliance Sales Center will be open for business as usual from 8 a.m. to 5 p.m. on Columbus Day, Monday, October 11.

Brookwood Science Information Center will be closed October 11. Will open Wednesday through Sunday as usual.

FILL OUT AND RETURN THE COUPON TO:

Dept. 34 Rochester Gas and Electric
89 East Avenue, Rochester, N.Y. 14604

I would like more information on the following items:

.....
.....
.....

Name Phone
Address Zip Code