June 2, 1971

consumer news

Recipe of the Week

1/4 teaspoon salt

1/8 teaspoon peppe

Favorite picnic fare . . .

DEVILED EGGS DELUXE

6 hard cooked eggs

3 tablespoons mayonnaise 2 teaspoons prepared mustard

2 teaspoons lemon juice

1. Cut eggs in half lengthwise. Remove yolks and mash. 2. Add mayonnaise, mustard, lemon juice, Worcestershire sauce, salt and

pepper, blending well. 3. Refill egg whites. Sprinkle with paprika. Chill thoroughly.

4. Pack with frozen foods to carry on a picnic

Serve with cubed steaks in grilled sesame buns, macaroni or potato salad

Pack Food Carefully For the Most Picnic Fun

All the fun of a picnic can disappear if the food can't be eaten. Picnic food must be handled carefully to avoid spoilage. Use the following tips when you carry food along on family trips:

Meats

- All meats, poultry and fish or foods containing these should be frozen or kept very cold until they are eaten or prepared at the picnic site. Keep unfrozen meats, poultry and fish cold near frozen foods or ice cubes in plastic bags. Insulated bags are ideal for short time storage.

Hot dogs and hamburgers should be frozen at least 2 days ahead. Season the hamburger, form it into patties and separate them with 2 pieces of waxed paper. Package them in the quantities you'll need and freeze at least 2 days ahead. They will thaw slowly while you're traveling.

Fried chicken should be thoroughly chilled before packing. Freeze poultry if travel time is long.

Chill potato and macaroni salads well before packing for sures safety and improves flavor as well. Pack with frozen foods to carry on a picnic.

Beverages

Frozen concentrated juices or ades will thaw slowly while raveling and can be mixed vith water or gingerale before serving. This saves packing room and weight.

If water safeness is questionable at the picnic site, ice used for cooling other foods while traveling may be used in drinking water.

Cold drinks + chill thermal jug with ice water before adding cold drinks.

Hot drinks - heat thermal jug with hot water before adding hot beverage.

Pic

Take fruit filled pies with double crusts in carriers that have rigid covers. Meringues and cream filled pies do not travel well.

Packing

A large cardboard box makes an excellent container for meat and frozen foods. Be sure to line it with thick layers of newspapers for insulation. Add one or two large plastic bags filled with ice cubes.

A styrofoam chest packed with ice keeps food cold well for 6-8 hours.

Picnic Stain Removal for Washable Fabrics:

Grass Stains treat with rubbing alcohol if safe for fabric, then rub with a warm soap or detergent solution.

Catsup Stains - rinse with cool water, then rub detergent

Mustard Stains scrape off excess and rub with warm glycerine. Wash in hot soapy water.

All stains should be treated as soon as possible. Always test stain removing technique on an inconspicuous portion of the

Peace Corps Recruiting Drive Starts June 7

For all those interested in helping people in foreign lands develop their skills and strengthen their communities there is an upcoming Rochester recruiting drive for the Peace Corps.

During the week of June 7 there will be a concentrated effort to seek out those June graduates, skilled workers of all ages without degrees, and many more who are interested in helping others by joining the Peace Corps. If you are interested, contact the local area office of the Peace Corps in the Federal Building, Room 412, at the corner of Church and Fitzhugh. The office telephone number is 716-546-4900 extension 1370 Collect calls are accepted.

Around RG&E Country

RGNE's franchise area includes many places that have a lot to offer our customers in the way of recreation or scenic beauty. We hope to be able to bring you information about these places from time to time, especially during the summer.

Barberlea Golf Course There's a challenging 9-hole forerunner of the changing

golf course on Route 408 in Nunda, New York, It used to be part of owner Freeman Barber's dairy farm, and now is a

scene in the Genesee Valley from farming to recreation. Mr. Barber still milks about 30 head of cows at the remaining 200 acres of his farm across the road, and he has built up the golf course himself since he opened it a few years ago.

The course has a United States Golf Association rating of 36 over its 3355 playing yards and is par 37. The challenge comes from the lay of the land; there are several wide gullies and other wrinkles on the face of the 70 acres that can trap an unwary golfer's ball, costing him extra strokes.

Mr. Barber welcomes all kinds of players to his course. Local businessmen and farmers; as well as students from nerby colleges are regulars at Barberlea. The course is public, although a player can buy a season membership or join one of the leagues that play there. Quite a few low handicappers enjoy the course, too. The daily greens fees are \$2.50 on weekdays, and \$3.50 on weekends, and the course can be played from daylight to dusk. Carts are available for a small additional fee.

After your game, you can relax in Barberlea's pleasant clubhouse, enjoy your favorite beverage or snack and relive that terrific drive or putt with the friendly patrons. If you like, you can purchase some equipment or clothing from the pro shop located in the clubhouse.

It takes about one and a quarter hours to drive out there from Rochester, but once you're there you don't have to wait to play. From Rochester drive south on Rt. 15, and then west on Rt. 20 Alt. to Geneseo. Take 63 south to Rt. 408. Barberlea Golf course is just before

Nunda, N.Y. on Rt. 408,

are getting all you can out of it. or if you are thinking about buying a freezer, or new refrigerator-freezer, take advantage of this free demonstration by RG&E's Home Service Department. You are invited to indicate your interest in attending one of the demonstrations with the coupon on this page If you have any freezer question which you would like answered in the demonstration, feel free to include it with the coupon.

The clubhouse at Barberlea overlooks the rolling par 37 golf course

Next Week at RG&E

freeze well. In order to enjoy

all the benefits a freezer has to

offer you should know about

What are the benefits of a

freezer? They can be summed

up in one quick sentence! a

freezer is a good investment in

economical, nutrious, fresh and

easy meals. It does all this by

making possible the preserving

of food, for future use when

easonally abundant, lowest in

price and highest in quality.

Leftovers—in large and small

quantities — may be frozen so

that no food is wasted. You can

buy a variety of frozen foods,

or prepare foods for freezing

yourself, so that you have a

uick meal, ready to pop in the

oven, for unexpected guests

If you are the owner of

all this and more.

Freezer Demonstration

Coming

RG&E office.

Home Service calendar is a

demonstration, free to the pub-

lic, aimed at helping you get

the most out of your freezer,

whether it is part of a refrigera-

tor-freezer or is a self-con-

tained freezer of the chest or

upright variety. The demon-

stration will be held at 7:30

p.m., Tuesday June 8, and will

be repeated at 1:30 p.m. Wed-

nesday, June 9. Both will take

place in RG&E's large audi-

torium in the East Avenue of-

fice. There will be free parking

for the evening demonstration

only on Lawn Street behind the

The Home Service Depart-

stration to share with you their

experise in such matters as

Wilma Schnabel, a Home Economist from RG&E, gives a preview of a freezer demonstration which she is preparing for the general public next week. She is wrapping some uncooked pastry hors d'oeuvres for the freezer. She will also show how a whole meal can come right out of the freezer.

proper freezer wrapping, durafreezer and are not sure you tion of storage of various foods, and foods which do and do not

Buy of the Week **Upright Freezer** Take Your Choice G.E. - Frigidaire 15.5 and 15.8 cu. ft. \$239.95

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