

# RG&E NEWS-NOTES

From the Rochester Gas and Electric — An Investor-Owned, Tax-Paying Company, Whose Stock Can be Purchased by Anyone — Oct. 7, 1970

## Food Freezers: Save money, time, effort

You know the story: you look in the paper and you see that they're having a special on lobster tails at the supermarket. You'd like to have lobster tails all year round and hubby thinks it's the best thing to happen to the world since the wheel and Casey Stengel combined. You want to take advantage of this special and get a lot, but you know you haven't got room to store it all in the freezing compartment of your refrigerator. So what do you do?

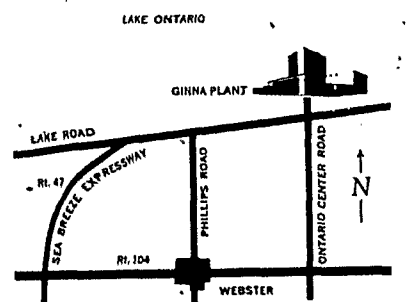
Well, RG&E has a ready answer: a food freezer. Put these best of the supermarket right in your kitchen (or basement, or utility room). Most food freezers will hold as much as 500 pounds of lobster—or hamburger, steak, vegetables, ice cream, breads, cakes, fruits and other weekly supermarket specials. You can prepare party dishes ahead of time and freeze them, keeping them tasty for company. And they are not as

expensive to buy or operate as you might think.

Stop at RG&E and see a food freezer before the next time you go to the supermarket, and you may find you won't have to go so often after that. Or call us at 546-2700, extension 2428.

## Brookwood: A Treat for the Family

Enjoy your weekend with a visit to the Brookwood Science Information Center. Brookwood is open every Wednesday through Sunday, 10 a.m. to 4 p.m.



Follow this map to Brookwood.

For a fun, yet educational, experience that both you and your children will enjoy, visit Brookwood, situated on the lovely grounds next to RG&E's Ginna Plant. There, animated displays, films and lectures by staff members will help you explore the word of nuclear energy. You will learn how this energy can produce electricity, as it does at the Ginna Plant. The Brookwood Science Information Center is located on Lake Road near Ontario Center.

## General Electric Portable Dishwashers

Model SC601E only  
\$187

## Fall is Truly the Apple Season

We would like to suggest a few interesting uses for this universally enjoyed fruit:

Add chopped canned apples slices to your next batch of cupcake batter. The flavor is unusual—and good, and the apple slices help keep the cakelets fresh.  
**Nibblers:** Canned apple-sauce-cream cheese balls

rolled in ground nuts.  
Slices of broiled Canadian bacon rolled around mustard-sharpened canned apple slices.

Spear an apple slice on a toothpick with a cube of sharp cheddar cheese.

**Handy Hint:** Pare and cut apples. Dip in lemon Juice to prevent darkening. Drain.

## Recipe of the Week

APPLE OATMEAL CRISP Temperature: 375°F Time: 30 minutes

- 4 cups sliced apples
- 1 tablespoon lemon juice
- 1/2 cup all-purpose flour
- 1 cup uncooked oatmeal
- 3/4 cup brown sugar
- 1/2 teaspoon salt
- 1 teaspoon cinnamon
- 1/2 cup melted butter or margarine

1. Place apples in a greased shallow baking dish. Sprinkle with lemon juice.
2. Combine dry ingredients; add melted butter, mixing until crumbly.
3. Pack crumb mixture on top of apples.
4. Bake in preheated oven. Serve warm or cold with milk, cream or ice cream.

## Proper Insulation Can Lessen Danger of Roof Damage From Snow and Ice Accumulation

Regrettably, many of us will remember last winter only as cold, but also very costly. Accumulations of heavy snows on roofs coupled with a prolonged spell of below freezing temperatures caused thousands of dollars of damage to Rochester area homes.

The damage resulted when large amounts of snow, piled up on roof tops, began to melt and couldn't flow off the roof due to ice blockage at the gutter or overhang. Normally, any heat loss from the house or heat from the sun will melt snow off the roof. But under the weather conditions that existed, in which accumulated snow did not have time to melt due to the abnormally low temperatures, the upper layer of newly fallen snow acted as an insulator which retained the escaping heat. This

caused the snow nearest the surface of the roof to melt and flow toward the gutters, where it froze once in contact with the frigid air.

When this ice build-up is not melted or physically removed, a blockage occurs. This, in turn, forms a pocket of water (melted snow) under the upper layer of new snow. Lacking the normal escape route, the water will seep under flashing near dormers or buck up under roof shingles, and leak into the house through the ceiling and walls. (See diagram).

There are steps that you can take to lessen the chance that this condition might occur this winter. Excellent protection against water damage is provided when you insulate your home thoroughly and properly ventilate your attic. Your top floor ceiling

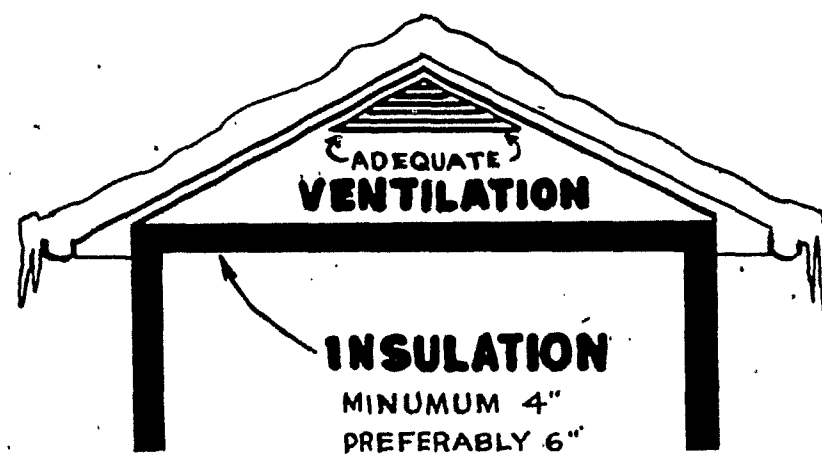
should be insulated with a minimum of 4 inches of insulation. Six inches or more of insulation is even better. This gives the ceiling adequate resistance to the transfer of heat from rooms below. The more heat that escapes into your attic, the warmer the attic becomes and the greater the chance of water damage should snow accumulate on the

Another very important aspect is proper ventilation of attic space. Without a large vent, preferably placed in the peak of the roof, escaping warm air from your living quarters will accumulate in the attic, increasing the temperature there and the possibility of damage.

And proper insulation and ventilation pays an added dividend in summer. It will keep your house cooler in hot weather, since the insulation retards heat flow from outside into the house.

Another effective means of preventing water damage is to install electric heat cables along gutters, roof edges and down spouts. Heating cable will melt snow on the roof, leaving open channels along the roof edge for water to flow freely to the gutter. Heating cable in the gutters and down spouts will prevent ice build-up, which can lead to water seepage into your home.

Whichever system you prefer, now is the time to take those preventive measures. Be prepared before the long, cold Rochester winter arrives. A representative of our Residential Heating Department will be happy to give you information on insulation, ventilation and heating cable. Just call 546-2700, extension 2751.



Minimum requirements for proper ceiling insulation and attic ventilation.

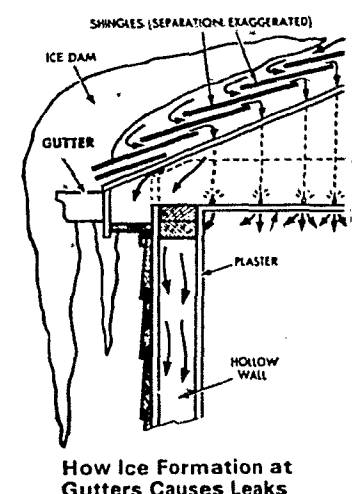
## Don't Be Cool; Check Your Water Heater

Winter is on its way, and now is a good time to give your water heater a bit of thought. It is possible that your present unit may not be adequate for your needs, since you probably have more and larger capacity appliances, which require more hot water, as well as more shower-takers, than bathers. Multiple baths, automatic laundry equipment and automatic dishwashers have increased the amount of hot water you need today. The water you are getting also may not be hot enough. Effective use of many modern day laundry compounds makes hot enough water a must. Many health hazards can be substantially reduced through use of water at a proper temperature, too.

You may find that you need a new water heater and possibly a bigger one. RG&E can advise you. Stop in at 89 East Avenue, Appliance Department, Main Floor. Or call 546-2700, extension 2428.

And remember, it is wise to buy a water heater from Rochester Gas and Electric. Every unit we sell is guaranteed for 10 years. If within that period of time your tank leaks or you have rusty water due to a defect in the glass lining, you will receive a new water heater free.

*It's time to think about dieting when you try to push yourself away from the table and it's the table that moves. — John Goetchins.*



How Ice Formation at Gutters Causes Leaks

FILL OUT AND RETURN THE COUPON TO: D

Dept. 34 Rochester Gas and Electric  
89 East Avenue, Rochester, N.Y. 14604

I would like more information on the following items:

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 Name ..... Phone .....  
 Address ..... Zip Code .....