

Molded Salads Easy

Foresight and the refrigerator can be a girl's best friends when it's too hot to cook. How nice to find a sparkling jellied salad, prepared in the cool of the night before!

This broccoli-chicken broth recipe provides a main dish.

The pear-nut souffle would suffice for lunch, or make a good companion for pork or poultry.

To unmold a congealed salad, cut around the edge of salad and place the plate or platter over the top or open end of the salad mold and turn both over together. A towel soaked in hot water and wrung dry, if placed over the bottom of the mold, will cause the mixture to melt at the edges and slip away from the mold.

BROCCOLI SALAD

- 1 (10-ounce) package frozen chopped broccoli
- 1 envelope unflavored gelatin
- ¼ cup water
- 1 (10-ounce) can of chicken broth
- ¾ cup mayonnaise
- 2 tablespoons lemon juice
- Dash Worcestershire sauce
- 4 hard cooked eggs, chopped
- 1 small onion, finely chopped lettuce

Cook broccoli according to package directions; drain. Soften gelatin in water. Heat chicken broth in small saucepan; add gelatin and stir until dissolved. Cool. Gradually add cooled chicken broth mixture to mayonnaise; stir in lemon juice and



Worcestershire sauce. Chill until mixture is consistency of unbeaten egg white. Fold in broccoli, egg and onion. Place in 1-quart ring mold and refrigerate until set. Serve with crisp iceberg lettuce. Makes 6 servings.

PEAR-NUT SOUFFLE

- 1 cup boiling water
- 1 (3-ounce) package lemon or lime flavor gelatin
- ½ cup cold water
- ½ cup mayonnaise
- ¼ teaspoon salt
- 1 (1-pound) can pear halves or slices, drained and diced
- 1 (3-ounce) package cream cheese, softened
- ¼ cup chopped walnuts lettuce

Pour boiling water over gelatin; stir until dissolved. Add cold water, mayonnaise and salt. Blend with rotary beater. Pour into 9 x 5 x 3-inch metal

loaf pan. Chill in freezing unit 20 to 25 minutes or until firm about 1 inch from edges of pan but soft in center. Meanwhile, mix pears, cream cheese and walnuts together. Turn chilled gelatin mixture into bowl and whip with rotary beater until thick and slightly fluffy. Fold in pear mixture. Pour into 1-quart mold or individual molds. Chill in refrigerator (not freezing unit) at least 1½ hours or until firm. Unmold. Serve on iceberg lettuce rafts or in crisp lettuce cups. Garnish with nuts. Makes 4 to 6 servings.

Mini-Math

By Sam Stein

A	B	C	D
E		F	
G		I	
K			

HORIZONTAL

- A -1
- C -3
- E +6
- F -1
- G +2
- I +4
- K -6
- L +1

VERTICAL

- A +5
- B 0
- C -2
- D -2
- G -3
- H -1
- I +1
- J +4

Answer on Page 11B

INSTRUCTIONS: Mini-Math is worked like a crossword puzzle. Use numbers 1 through 5 only. For example: (A) Horizontal may call for +3 in two squares, which may be (+4 and -1), (+5 and -2), (+1 and +2), (-2 and +5), etc. The same with Verticals.

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- 2 W/ Lemon
- Grapefruit
- Soda

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