



## Home: Where the Watchword is Vitality — Not Youth

Walter Matthau, the noted actor and comedian, recently remarked that the youth emphasis in our country is a lot of bunk. "You can be 20 years old and senile," he said. "It's just that when you're 20 you can control your muscles better so it doesn't show."

The elderly can be important as to community affairs as the young. Witness the goings-on at St. Ann's Home in Rochester, where the emphasis is on vitality.

The home is a striking 10 story building at 1500 Portland Ave., right across the street from the Rochester General Hospital. Sister Marie Michelle is the Superior-Administrator of St. Ann's.

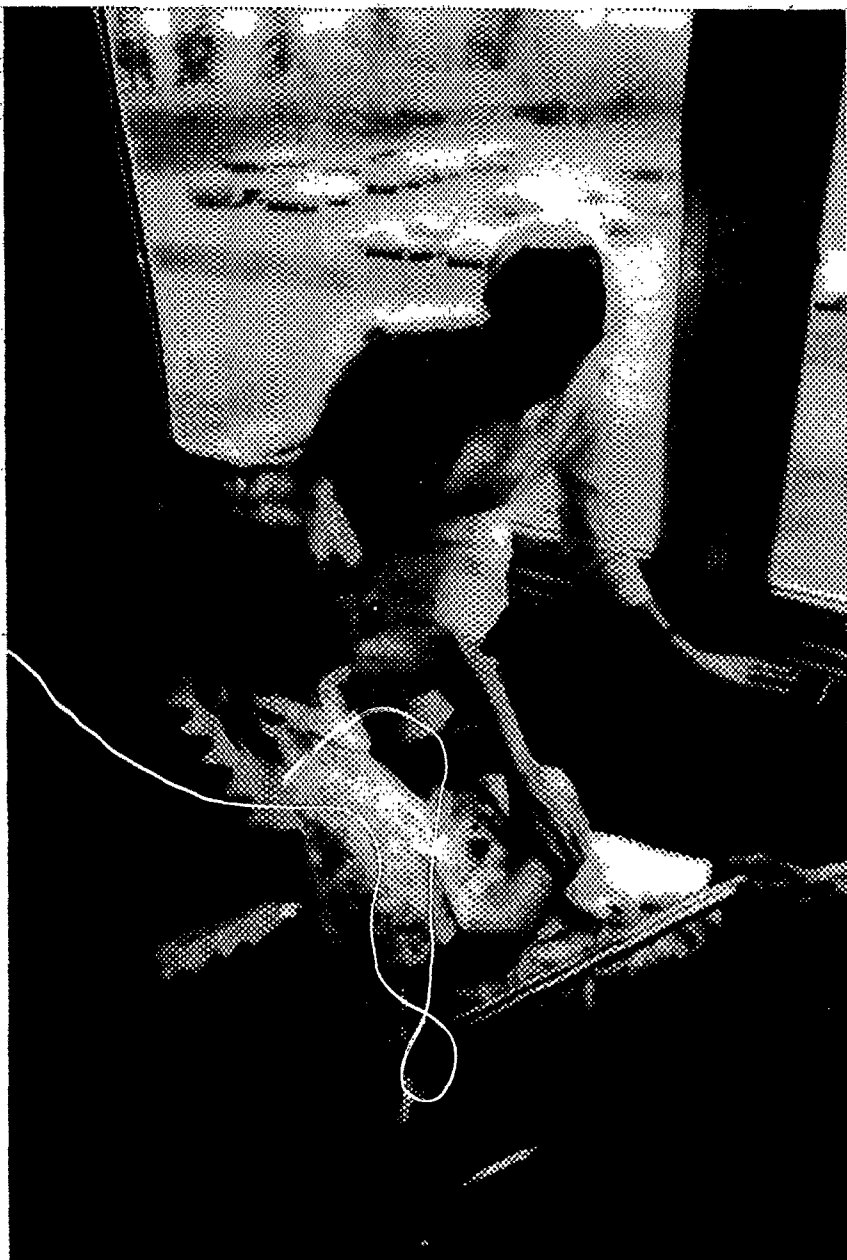
One priority these days is to provide top-flight geriatric care to rehabilitate the elderly person and permit him to return to the community to live a useful and fulfilling life. In this program, nearly 65% of the extended care residents have gone back into community activities.

A second program at St. Ann's provides services for day residents, giving them the chance to live at home and the daily opportunity to participate in the therapy and activities at the home.

On the activities side, residents can choose from a broad recreation schedule which includes shuffleboard, pool, bowling, bingo, cards, a resident-run newspaper, movies, musical shows and a well-stocked library.

Even though operated by the Sisters of St. Joseph, and affiliated with the Catholic Diocese of Rochester, the home provides for the religious needs of all the residents, Catholic, Jew and Protestant. The latest figures show that almost 10% are Jewish or Protestant.

The stated aim of St. Ann's reads: "We are interested in not only providing a comfortable residence for elderly people, but also in rehabilitating our residents of all ages so that they can resume their normal physical activities; and, in many cases, return to a full life in a home or apartment of their own."



**God's laughing in Heaven  
To see you so good.**

—William Butler Yeats



—Philippides



ars; in thoughts,

on a dial.  
heart-throbs. He

is the noblest —

—Philip Bailey

