

## 26 Pre-Cana Conferences Slated at 7 Diocesan Sites

Twenty-six Pre-Cana Conferences—a marriage preparation course for engaged couples—are scheduled during the remainder of the year in seven communities of the diocese.

Five other conferences are under way or slated during March.

The four-part once-weekly conferences are sponsored by the diocesan Marriage and Family Apostolate—a department of the diocesan Office of Christian Formation. The program is a supplement to the instructions for engaged couples which the parish priest gives in accordance with requirements of church canon law.

Persons taking the course register at the opening session. A certificate is given those attending the full four-part sessions. A session missed may be made up in a subsequent course. The certificate is presented to the parish priest when arrangements are made for the wedding.

All conferences for the Rochester area currently are being conducted in St. Francis of Assisi Church Hall, 69 Whitney St. Information may be obtained by writing or telephoning the Marriage Apostolate office at 401 Orange St., Rochester 14611 (telephone 716/235-6658).

Conferences began Mar. 1 in

Rochester, Auburn and Geneva. A series will be inaugurated Mar. 6 in Ithaca, and a four-Friday night course will begin Mar. 13 in Rochester.

Sunday courses in Rochester are scheduled at 3, 5:30 and 8 p.m. Participants may select any one of the hours on any of the Sundays.

(Courses for the remainder of the year are listed in an adjoining box.)

While most young brides-to-be are most amenable to attend the conference, many young men still ask: "What's it all about? What are they going to tell us?"

Pre-Cana Conferences fill many needs of engaged couples. Their constant growth in numbers is witness to the fact that the couples do find the conferences a moving, vital experience.

The priests, medical doctors and parents who volunteer their time are most conscious of a grave obligation to assist young people in preparation for marriage. Knowledge, attitudes, values and motives are prime concerns of the course.

To state that a couple is getting married because they are in love is true, but vague. A man entering a business venture wants to know all the details

before he commits his money, time and personnel.

The conferences consider the roles of man and woman, husband and wife, father and mother. They explore some of the obstacles to spiritual growth in marriage. One of the most controversial areas today are the challenges presented by the Holy Father's encyclical, "Humanae Vitae." Questions of family limitation, contraception and "the pill" are discussed in order to give a sound background for the judgments that couples must make.

Questions of contraception, intercourse and human love always lead into the whole question of human sexuality. If couples are to lead fully adjusted and complete married lives, they must not have a narrow, negative impression of sex as merely physical. They are to begin to understand the intellectual, psychological and spiritual implications of the commitment they are making.

Many couples attending the conferences find the sessions "all too short," and express the wish that they could be lengthened or continued. Too many husbands and wives to be often are so immersed in preparations for the wedding that they lose sight of the important purposes in marriage.

## Pre-Cana Sessions

### ROCHESTER

(All sessions at St. Francis of Assisi Hall, 69 Whitney St.)

Sundays at 3, 5:30 or 8 p.m.

April 5, 12, 19, 26  
May 3, 17, 24, 31  
June 7, 14, 21, 28  
July 5, 12, 19, 26  
Sept. 6, 13, 20, 27  
Oct. 4, 11, 18, 25  
Nov. 1, 8, 15, 22  
Dec. 6, 13, 20, 27

Fridays at 8 p.m.

March 13, 20, April 3, 10  
April 17, 24, May 1, 8  
May 15, 22, 29, June 5  
Oct. 9, 16, 23, 30  
Nov. 13, 20, 27, Dec. 4

### AUBURN

St. Hyacinth School  
April 12, 19, 26, May 3  
7 p.m.

Holy Family School  
May 17, 24, 31, June 7  
3 p.m.

St. Alphonsus School  
Sept. 13, 20, 27, Oct. 4  
3 p.m.

SS. Peter and Paul School  
Nov. 8, 15, 22, 29  
7 p.m.

### DON'T FORGET TO...

- Have your state motor vehicle agency change your driver's license and auto registration.
- Notify insurance companies. (There's a real benefit involved here: auto insurance rates will often be lower once you're married.)
- Notify the firms whose credit cards you hold.

### NEWARK

(All sessions at St. Michael's School)

April 5, 12, 19, 26  
3 p.m.

Oct. 11, 18, 25, Nov. 1  
3 p.m.

### GENEVA

(All sessions at St. Stephen's School)

Sept. 13, 20, 27, Oct. 4  
3 p.m.

### ELMIRA

(All sessions at Our Lady of Lourdes Hall)

May 17, 20, 24, 27  
8 p.m.

Nov. 29, Dec. 2, 6, 13  
8 p.m.

### OWEGO

(Sessions at St. Patrick's Hall)

April 12, 19 — 3 p.m.

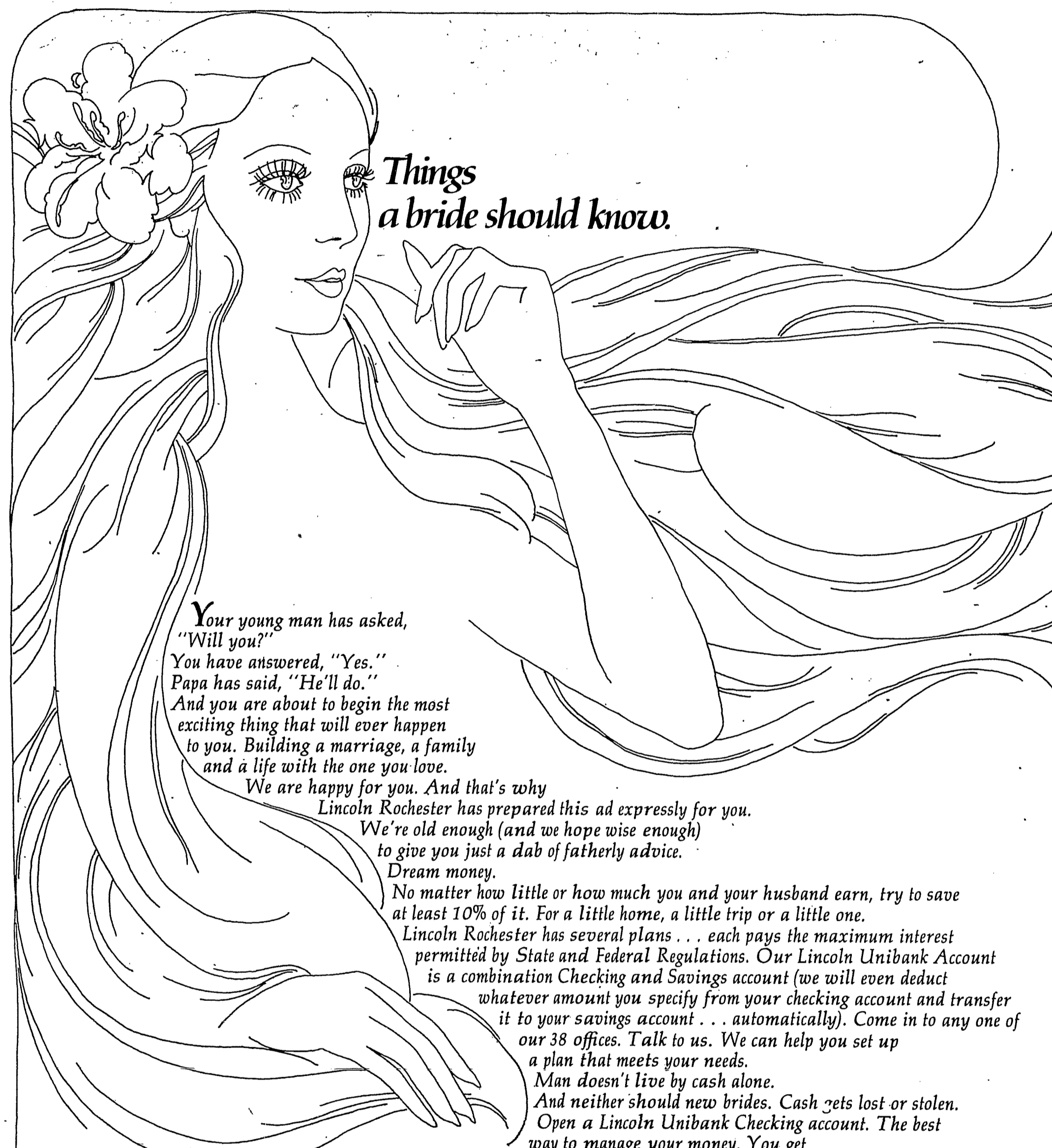
### ITHACA

(All sessions at Immaculate Conception School)

June 5, 12, 19, 26  
8 p.m.

Sept. 4, 11, 18, 25  
8 p.m.

Dec. 4, 11, 18, 20  
8 p.m.



Things  
a bride should know.

Your young man has asked,  
"Will you?"  
You have answered, "Yes."  
Papa has said, "He'll do."  
And you are about to begin the most  
exciting thing that will ever happen  
to you. Building a marriage, a family  
and a life with the one you love.

We are happy for you. And that's why

Lincoln Rochester has prepared this ad expressly for you.

We're old enough (and we hope wise enough)  
to give you just a dab of fatherly advice.

Dream money.

No matter how little or how much you and your husband earn, try to save  
at least 10% of it. For a little home, a little trip or a little one.

Lincoln Rochester has several plans... each pays the maximum interest  
permitted by State and Federal Regulations. Our Lincoln Unibank Account  
is a combination Checking and Savings account (we will even deduct  
whatever amount you specify from your checking account and transfer  
it to your savings account... automatically). Come in to any one of  
our 38 offices. Talk to us. We can help you set up  
a plan that meets your needs.

Man doesn't live by cash alone.

And neither should new brides. Cash gets lost or stolen.

Open a Lincoln Unibank Checking account. The best  
way to manage your money. You get  
a monthly statement with all your

cancelled checks. Perfect for you and tax and budgeting records. You can get checks with  
both your husband's and your name on them. You can add an automatic savings feature, you can get a  
check guarantee card (so you can cash a check up to \$100 anytime, almost anywhere),  
and a cash reserve (an emergency fund that doesn't cost you a penny until it is used).

A Lincoln Unibank Checking Account is a fine way to help manage your money.

You deserve credit.

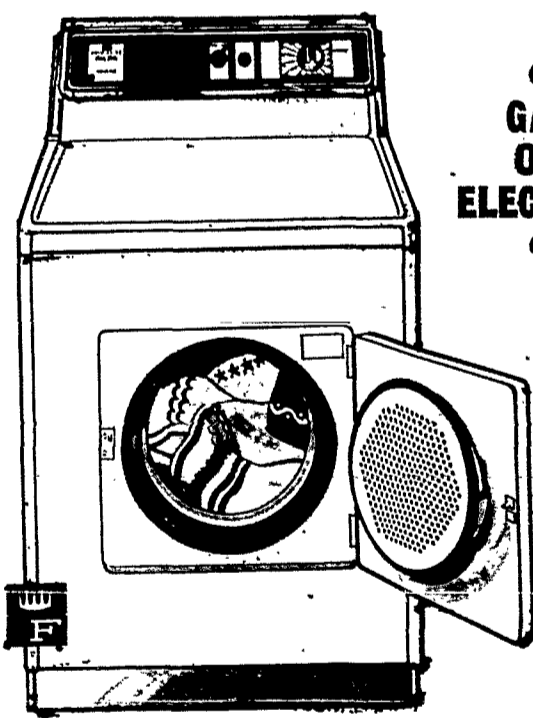
BankAmericard is one of the best ways of establishing good credit. Something you'll probably need  
when you buy a home, later on. A BankAmericard is good in thousands of businesses right here  
(and you can probably use it wherever you go on your honeymoon). It's a convenient asset.

But use it wisely and sensibly. The only difference between it and cash is you get a receipt  
everytime you make a purchase, a monthly record to help with your budgeting, and the  
option of extended payments. Hummm. Maybe it's better than cash. A happy life to you from

**Lincoln Rochester**  
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A LINCOLN FIRST BANK

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- MANY WITH AUTOMATIC DRY CYCLE!
- 5-YEAR NATIONWIDE GUARANTEE!

**TOMORROW! BUY YOUR NEW FRIGIDAIRE DRYER FOR AS LITTLE AS \$137.**

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APPLIANCES**

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