

Valentines for Angels

SAY "THANK YOU" TO FAVORITE NEIGHBORS ON VALENTINE'S DAY

Every family has a few guardian angels who deserve unending thanks. What about that next door neighbor who takes in the mail when you're out of town? Or the friend who can always add your youngest to her family when you have to run downtown on an errand?

Why not celebrate Valentine's Day by inviting the angels in for afternoon tea?

Coconut Dream Squares and Ambrosia Bars would be suitable fare.

Coconut Dream Squares

- 1 Cup sifted cake flour or all purpose flour
- ¾ cup firmly packed brown sugar
- ½ cup soft butter
- 2 eggs
- 1 cup firmly packed brown sugar
- ½ cup sifted cake flour or all-purpose flour
- ½ teaspoon double acting baking powder
- 1 teaspoon vanilla
- 1 cup cookie coconut or 1½ cups flaked coconut
- 1 cup chopped walnuts

Combine 1 cup flour and ½ cup brown sugar. Add butter and mix until thoroughly blended. Press firmly into an ungreased 8-inch square pan and bake at 350° for 15 minutes.

Meanwhile, beat eggs until light. Add 1 cup brown sugar gradually, beating constantly until mixture is light and fluffy. Sift ½ cup flour with the baking powder; fold into egg mixture. Add vanilla, coconut, and nuts; mix thoroughly. Spread on top of baked mixture in pan and return to oven. Bake 20 to 25



minutes longer, or until lightly browned. Cool. Cut in squares. Makes about 2 dozen.

Ambrosia Bars

- 2 cups unsifted all-purpose flour
- 1 teaspoon double-acting baking powder
- 1 teaspoon salt
- 3 eggs
- 1 cup granulated sugar
- 1 cup firmly packed brown sugar
- ½ cup butter, melted
- 2 teaspoons vinegar
- 1 teaspoon grated orange rind
- 1 teaspoon vanilla extract
- 1½ cups (about) flaked coconut

Combine flour, baking powder, and salt. Beat eggs until very thick and light in color. Add sugars gradually, beating constantly until thoroughly blended—takes at least 10 minutes. Blend in butter, vinegar, rind, and vanilla. Stir in flour mixture. Mix in coconut and nuts. Spread in a greased 15x10-inch jelly roll pan. Bake at 350° for about 25 minutes or until top is firm and begins to brown. Cool in pan. Cut into 2-½ x 1½-inch bars. Makes about 42 bars.

Note: Cookies store well in tightly covered container.

Books

The following books of interest to our readers may be found on the shelves of the Rochester Public Library, or may be obtained through any affiliated library in the diocese.

Agony at Easter, by Thomas M. Coffey (MacMillan, 1969). The 1916 Irish Rebellion is seen from an unusual vantage point—the Dublin Post Office and vicinity. History and Travel.

The Earthy Jerusalem, by Norman Kother (Scribner, 1969). History of Jerusalem from shadowy beginnings down to recent centuries. Particularly intricate treatment of the Holy City today. History and Travel.

My People, My Africa, by Credie Minwa (John Day, 1969). A Zulu witch doctor tells the legends and history of his people as passed down to him in the oral tradition. History and Travel.

The Gunfighters: Man of Myth, by Joseph G. Rosa (University of Oklahoma, 1969). Story of gunfighter told through colorful anecdotes which will please both western scholar and buff. History and Travel.

The Legacy of Tom Dooley, by Lawrence Elliott (World, 1969) tells the story of the foundation Dooley's associates began after his death, to continue his work. Business and Social Science.

A Political Life, by Nat Herstoff (Knopf, 1969). Examines the performance of John Lindsay as mayor of New York City. Business and Social Science.

The Super Spies, by Andrew Tully (Morrow, 1969). Reveals the operations of "independent" spy organizations within U.S. departments—Internal Revenue, Defense and others. Business and Social Science.

Poisons, Remedies, and Old Wives' Tales, by William W. Bauer (Doubleday, 1969). An entertaining history of medical folklore that proves why Grandma's prescriptions were often right. Science and Technology.

Help Your Child Lose Weight, by Gussie Mason (Hawthorne Books, 1969). A world-renowned diet expert shows you how to motivate your child or teenager to want to lose weight. Science and Technology.

The Feast of Fools, by Harvey Cox (Harvard University Press, 1969). Theological essays with the thesis that early Christianity in early times was a far more joyful experience than it has been lately. Education.

The Lives of Children, by George Dennison (Random House, 1969). Experimental school in New York City's lower east side with only 23 pupils, in which the teachers showed concern for the lives of the children. Education.

Christian Letters to a Post-Christian World, by Dorothy Sayers (Eerdmans, 1969). Eighteen literate and witty essays analyzing the disintegration of our culture. Education.

The White Man's Road, (Harper, Row, 1969). Striking portrait of a young Comanche Indian and his quest for the adventures—and pride—of his ancestors. Fiction.

Man on the Mountain, by Gladys Hasty Carroll (Little, Brown, 1969). "Great Country" is divided into four states, Old, New, Midway and Two, in this generation gap allegory. Fiction.



School Paper Staffers Tour Print Shop

Led by faculty members of Bishop Kearney High School, student staffers of the "Coronet," school newspaper, last week toured shop where Courier-Journal is printed. Conducting tour was Frank H. Brown, sales account executive of Christopher Press Inc., 35 Scio St., Rochester. Pictured from left are: Brown, Brother John Stewart, CFC., Jerry Horak, Eileen Crowley, Sister Carolyn, SSND., Sister Miriam Patrick, SSND., Robert Seitz, Terry Stencilik.

Church Schedules 'Renewal' Series

Horseheads—Parishioners of St. Mary Our Mother Church have been invited to a special program, "Renewal '70," from 8 to 10 p.m. in Lenten Sundays beginning Feb. 8.

Father Bartholomew O'Brien, pastor, explained that the meeting goals will be:

- a deeper appreciation of what Sunday Mass should ideally mean to us;
- the orderly involvement of more parishioners in bringing our parish closer to this ideal.

ENJOY TASTY Zweigle's FRANKS SKINLESS AND NATURAL CASING U.S. GOVERNMENT INSPECTED! Zweigle's Inc., Processed For Quality Since 1880, 651 Plymouth Ave. N., 548-1740

Folk-R

Whether it's "soul," "rock," "folk" or "psychedelic," the integration of the modern musical idiom into religious services and liturgies has taken hold. How long will it last?

From a Sabbath rock oratorio at a synagogue in Tenafly, N.J., to a "soul Mass" in Pittsburgh, to a Baptist "musical" in Atlanta, teenagers and older alike have taken up their guitars and amplifiers seeking a more lively expression of faith in God.

Yet, even religious music, though ostensibly tuned to the cries of the contemporary world for peace, brotherhood and world development, can hit sour note. And a subtle chorus of sour notes has been rising.

A Lutheran publication, Church Music, echoed a recurring strain—that modern liturgical music, folk or whatever, "lacks the profoundity" of more traditional offer

'Brand N

By THE MISSION SINGERS
"A Brand New Me," a hit song recorded by Dusty Springfield on the Atlantic label, treats love differently from the way most songs do. Many other songs describe love by attempting to picture inner emotions and feelings.

For example, "Holy Holy," by Neil Diamond, speaks of the inner strength gained through love. "A Brand New Me" provides an opposite thrust. The singer picture here emotions only by describing outside, physical object.

Her description is meant to reflect her personal feelings: "This is my same old ego and my same old shoe." Because these physical items now seem new, the singer herself has a new lease on life.

"You touched my life; ju by holding my hand." The singer seems in awe of the transformation that has taken place in her life. His love has altered her very existence and she can't explain why. All she can say is, "Just because of you, boy, just because of you."

And well she might be in prayer. It is an awesome power to be able to walk in a person's life and completely change it. That's what it song is about.

Another example of that kind of power is the story Christianity; about the power of a Person to transform other persons.

Doesn't Christianity believe that Christ has touched our man existence and radically affected it? Christianity is that "just because of you." We are all "brand new."

Social Action

Parishioners of St. John Rochester Church, Parish have scheduled their "Social Action Sunday" on 8 with the aim to assist a R

Fisher Adding Continental Tou

Students at St. John F. College are going continent literally.

The Rev. Dr. William ceau, chairman of the De ment of Modern Language nounced last week that gung students entering the lege in September 1970 w required to spend two s ters in the country where major language is spoken.

Presently St. John F. College gives bachelor de in French, Spanish, Ge and a minor in Russian. anticipated that by next Italian will be added to th of modern language dege

St. John Fisher College work with New York U sity, Hamilton College, U sity of Iowa, Universi Ohio, University of Wis and Loyola University i program.

NEW YORK CI
is fun from th

SHELTON TOW HOTEL

Lexington Ave
48th to 49th Str
El: (212) Plaza 5-4000

We'll tell you wh

Check East side location, 1 rooms and suites with air conditioning and TV at reasonable from \$12 single, \$16 double

YEAR ROUND OLYMPIC SWIMMING FREE TO GUESTS

SHELTON TOWERS HOTEL
Lexington Ave, 48th to 49th
New York, N.Y. 10017

Tell me more! Send free color brochure to

NAME _____
ADDRESS _____
CITY _____
STATE _____ ZIP _____

I saw ad in _____
No. in party _____
Activity _____

HOMETOWN COOKERY

The parish cookbook tour takes us to Yugoslavia this week, via Ithaca.

Among the recipes compiled in 1967 by the women of Immaculate Conception parish, Ithaca, is one for blintzes with Mrs. Louise Matosich's note that "it was sent to me from Yugoslavia by my husband's grandmother."

It takes:

- 1 qt milk
- 2 T. shortening
- 2 eggs
- 2 egg yolks
- 1 c. flour
- 3 T. sour cream

Have the ingredients at room temperature; beat with mixer until smooth, adding pinch of salt. Add flour gradually (about one cup) for a thin batter. Mix in sour cream. Heat a small frying pan, lightly oiled, and

make pancakes one at a time, stacking. They may be eaten with jelly or sour cream or filled and baked 30 minutes at 350.

Filling:
1 egg yolk
1 pkg cottage cheese
½ cup sugar

The filled, rolled blintzes may be frozen for later baking. Mrs. Matosich says. The batter makes about 40.



New Sister

Alice Post, a science teacher for seven years, has entered the Sisters of St. Joseph as Sister Jeanne Pierre. She was admitted to the novitiate Jan. 28 during an 11 a.m. Mass offered by Father Paul Broadhurst, CSB, in the chapel of the Motherhouse. At the end of her novitiate year of prayer and religious studies, Sister plans to go into medical technology. She is a graduate of the State University College at New Paltz and has a master's degree in science from Colgate University. She is a daughter of Birdsall H. Post of Cairo, N.Y. Postulants formerly were received into the community as class, at a stated time in September. Sister Alice joins eight others who have entered at various times over the past 16 months and are pursuing individual 3-4 year programs.

Red Cross Club For Vietnam Wives

Wives of men serving in Vietnam are invited to meet each other through a club sponsored by the Red Cross.

Weekly meetings are held in the homes of members, and once a month there is a special program at Red Cross Headquarters, 50 Prince Street. The group gets out a newsletter for members and their husbands. There are no dues.

\$ MONEY MAKING \$ DISTRIBUTORSHIP

You read about it in Newsweek. The quick connect electronic Beer Tap that meters and measures the flow of draft beer.

- NO WASTE
- NO UNAUTHORIZED GIVE-AWAY
- NO OVERPULLS
- NO SPILLAGE

Can be set to automatically measure, meter and dispense any number of oz. per serving. Investment is in inventory only.

Minimum investment \$5250.00. For information and application on your area, phone A.C. 505 243-5519 or write Marketing Director.

BREW MASTERS INTERNATIONAL
TOWER PLAZA, SUITE 204
ALBUQUERQUE, NEW MEXICO 87101



Lyle Maldoon, data processing branch manager; Sister Mary Therese, head of Mercy High's Business School; Erin McGuinness, student and Robert W. Ayling, vice president, U.S. Sales Data Processing Systems.

Equipment Gift Helps Mercy High Program

The Friden Division of the Singer Co. has come to the assistance of Sister Mary Therese in her efforts to broaden the scope of business training at Our Lady of Mercy High School.

This equipment, which simultaneously produces source documents and tape for direct computer input, represents Mercy High's entry into data processing education. The growing Business Department, which now attracts about one eighth of the student body, feels that graduates need to be qualified in the use of this equipment. A basic tape programming seminar is contemplated.

Auburn St. Mary's Mission

Auburn—Two Dominican priests will conduct a mission for men of St. Mary's Church here beginning at 7:30 p.m. Sunday, Feb. 8, and continuing at the same hour each evening through Friday, Feb. 13.

The mission services for wo

men parishioners will end Friday night, Feb. 6.

Conducting the services are Father Matthew Reilly of Providence, R.I., and Father James Muller of Newark, N.J. The missionaries have called the services a "Mission of Understanding," in an attempt to explain the confusion of the times.

Business in the Diocese

Frank Ciriello has been promoted to staff production engineer at Rochester Products Division of General Motors Corp. Ciriello is a native Rochesterian, graduate of Jefferson High School. He is active in the Society of Automotive Engineers and is a member of St. Charles Church. He and his

wife, the former Mary Lou Isgro, and their two daughters reside in Greece.



SCHEDULES LECTURES

"Religion—Who Needs It?" is the comprehensive title of Father Benedict Ehrmann's public Lenten series of lectures and discussions, which starts Feb. 13.

Father Ehrmann, pastor of St. Michael's Church, a liturgist and scripture scholar, will speak each Friday during Lent at 7:30 p.m. in St. Michael's Library, 877 N. Clinton.