

HOMETOWN COOKERY

If variety is the spice of life it may do something for cooking also, so this week "Hometown Cookery" has chosen a recipe from "Specialties of the House," a collection of traditional recipes published by the Temple Sinai Sisterhood.

The book is a more extravagant edition than those done by most parishes; it costs \$3, has a plastic cover and more than 200 pages.

The book offers some ideas which may be of help to parish fund-raisers. First of all, members of the sisterhood sold ads to help with production costs. There also is a section devoted to table decorating, discussing color schemes, seasonal suggestions, fruits and flowers.

An extra dimension is added by descriptions of Jewish holy days and appropriate recipes for each of them individually. These recipes would be helpful in planning

parish social events with a dash of education and a smidgen of ecumenism.

All of the dishes have a Jewish flavor; even recipes such as Lasagne and Macaroni with Sauce Guglielmo have sour cream as an ingredient.

Anyone interested should write to Cookbook, Temple Sinai Sisterhood, 363 Penfield Road, Rochester, N.Y. 14625. There is an extra 25 cents handling charge and all proceeds go to Sisterhood projects.

Simplicity is the hallmark of the following recipe though there are many more complicated preparations for the more skillful cook of the house.

BAKED CHICKEN IN WINE SAUCE

1 to 1½ fryers, halved or cut up

1 pkg. onion soup mix
1 cup red wine or Concord grape wine

Sprinkle onion soup mix over chicken in pan. Pour wine over all. Bake 1 to 1½ hours or until tender at 350 degrees. Baste occasionally with sauce in pan, adding more wine, if needed. Other kinds of wine may be used if preferred.

—Betty Lavender



Pineapple Chicken Ole

Beautiful bright pineapple slices contrast with a flashing red tomato sauce in this handsome chicken entree.

The Spanish appearance is enhanced by distinctive flavorings — tomato, garlic, oregano and basil. With the addition of pineapple a delicious interplay of flavors comes to fore. Have a fiesta... serve Pineapple Chicken Ole!

2 (3 pound) frying chickens, cut up
1 tablespoon salt
2 tablespoons butter
2 tablespoons cooking oil
1 1 pound 4-ounce) can pineapple slices
1 small clove garlic
½ cup chopped onion
½ cups tomato puree
½ cups chicken broth or water

What's Cooking In Parishes?

If your parish has published a cookbook to aid some project please send a copy along to "Hometown Cookery," Courier-Journal, 35 Seo St., Rochester, N.Y. 14604. Our food editor will choose a recipe, give credit to its originator, and also promote the project for which the book was published.



Sweet Charity

Students of King's Prep paint furniture at St. William Depot on Buffalo Road in Gates. Depot, established by the diocesan Office of Human Concern distributes furniture, clothing and other articles to area agencies serving the poor. Articles may be left there on Wednesdays from 1 to 3 p.m., and on Saturdays from 10 a.m. to 1 p.m. Pictured from left are Colleen Curran, Michael Weider, Donna Schutthels, Richard Sarkis, and John Klipp.

Fritterin' Around Pays Off

Rose Perltz made pancakes for breakfast Monday morning and had a lot of batter left.

When her husband, John, and their two grade-school boys had gone forth from the house at 380 S. Eileen Drive, to take up their share of the world's work, Rose gladly tackled hers.

She put two more eggs in the surplus pancake batter, to stiffen it, and incidentally increased its volume.

First she batter-fried the outside stalks of a new head of celery. Then she did up a batch of artichoke hearts. There was still some batter in the bowl.

Meanwhile, Rose had filled her waiting time by getting pop corn ready for the boys' return from school. Corn fritters are good, she thought; how about popcorn fritters?

Delicious! she said modestly. And besides, rather funny. She was laughing when she came on the Courier-Journal phone.

"My friends are always kidding me about my recipes. Why don't you write in to the papers, they say. I never have, but this one is so good..."

Mrs. Perltz's cookery talent was developed in an Italian kitchen and "cooking is the one thing I am really good at," she says.

There is one thing wrong with that kind—they cook by instinct, using a little of this and a little of that, and it is hard for them to communicate in terms of cups and tablespoons. They can tell you what they use, but not quite how much.

However, Mrs. Perltz thinks a pancake mix would do in place of her sleight-of-hand batter. Maybe one third of a recipe, plus two eggs, separated, the whites folded in; plus a dash of garlic salt. Stir in a cup of popped corn and fry by the spoonful in a half inch of hot oil.

Why do we have saints in our religion? If it's to show us how to live our lives, why can't we follow Jesus' example? If it's to intercede for us, why can't

By FATHER MARTIN

Dear Father,
Why do we have saints in our religion? If it's to show us how to live our lives, why can't we follow Jesus' example? If it's to intercede for us, why can't

Teens Want to Know

we just pray to God? Surely, He's not that high on a pedestal that we can't talk to Him ourselves.

MARY
Dear Mary,
One reason we have saints is to encourage us to love God and do His will. Here are people who modeled themselves after Christ and who show us that, too, can lead a good and courageous life.

In everyday life there are heroes who help us to be more kind and generous and courageous. Look at the profound impact that John F. Kennedy had on young lives. To many people the "historical" Christ seems far away, a person who lived in the dusty pages of history. But when they see a person living the Christ-life in a very real way in their own time and age, it helps them to realize who Christ really is. It also inspires them to lead their lives for Christ. In every age there must be some outstanding and head-line saints, or else there is danger that people will stray from the real Christ. These people have a way of showing us what is really vital in our lives.

It's true that we can pray directly to God and we should.

But we also know from Scripture that God intended the saints to intercede for us. Remember how Moses prayed for the chosen people and how God heard his prayers. And how often St. Paul wrote in his letters that he was praying for the people, interceding for them with God. If the prayers of the living have such value, wouldn't the prayers of the saints in heaven have all the more value?

Dear Father,
How do you go about bringing a fallen away Catholic back to the Church? Is there any special saint to pray to?

PATRICIA
Dear Patricia,
I'm sure you can pray to any saint for this person. Try your favorite saint or St. Jude. Pray to our Blessed Mother, who is the Perpetual Help of all of us. Remember this person at Mass and after you receive our Lord in Holy Communion.

See if you can get this person to go to church with you. Ask him if he will accompany you to see a priest. Maybe you can give him some good literature to read. Sometime tell him what your religion means to you. That could help him immensely.

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FROZEN SALAD

This quickie frozen salad is popular for a party luncheon menu. Drain a can (1 lb. 14 oz.) fruit cocktail and combine it with a creamy smooth dressing of 2 small packages cream cheese and ½ cup mayonnaise. Turn into a refrigerator tray and freeze until firm.

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