By Sarah Child

The 1960s — the decade of the moon landing. During the 1970s it goes without saying that peace and medical breakthroughs will be the top priorities.

There are, however, on my list some lesser priorities that hopefully will challenge those with inventive

Number one? How about some boots for children that can be slipped on and off easily by any 4-year-old without taking the shoe with it? I've had, it using the plastic bread wrapper as a non-stick liner. Then for the papas an electric razor that will give a good shave without irritating the skin.

For myself and other ladies of the households throughout the world a real non-stick enduring fry pan instead of a madufacturer's promise would be a boon, particularly for

Also for the little woman who has not yet managed to budget for sending her husband's shirts to the laundry and has to iron them herself, there's a crying need for a no-press shirt that doesn't need even the tiniest bit of touching up to make it

In our household and for this read-

Memo to Monsignor Patrick area.

By TOM DOMALSKI

of Batavia, 39-38, last week.

three games this year after

a 19-2 record last year. Kear-

The Batavians hit their first

quarter. Kearney led 24-17 at the half, and 32-29 at the third

going down before sharpshoot-

now a sub-par 3-4, is idle this

weekend but faces C-C foes East and Charlotte next Friday

Webster's Tom O'Rourke had a 30-point effort with an un-

stoppable combination of long

shots and quick drives, but it

was the Ridgemen's 6 foot 5 center, Jon Richardson, who ruined the Knights when the

game was close, scoring eight

points as Webster spurted from

came after that was at 30-23.

The same blackout late in the half against R-H saw a 35-21

O'Neill's jumper at the outset of the third quarter gave the

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* FIVE POINTS

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to host team R-H, 77-66.

and Saturday.

ing Webster, 76-60, and falling

ney is now 3-3.

School Basketball

Kings Win Squeaker

three jumpers, but the Kings Zalacca each had 11 for Notre peace: gained a tie score, 12-12 at the Dame

the game. The lead was increas- day, Jan. 9, the Kings travel needy.

the half, and 32-29 at the third Kearney will return the visit quarter. Notre Dame gained the of Notre Dame on tomorrow

ed to 38-33 with 1:45 remain- to Madison for a 4:15 game

ing and then Kearney's John While on Saturday, Jan. 10,

Maurer hit a jump shot. Larry Jefferson invades the Kearney Rogers stole the ball coming gym for a game at 8:45 p.m.

McQuaid Loses Two

Two pieces of coal were all Knights a fresh start, but it was

that McQuaid's basketball var- almost 7 minutes before they

sity found in its Christmas scored again. By that time, the

stocking last week, The Knights Comets, led by John Smith and

were shut out in their two Rob McKee, had forged ahead

games at the annual Rush- 49-39, and McQuaid was faced Henrietta Holiday Tournament, with a futile catch-up game.

McQuaid, its season's mark and 21 against R-H.

er in particular, we have evaluated the need for newspaper print that won't leave a black mark on your neck if you are apt to hold it between chin and chest while buttering the

A strong liquid bleach that won't fade your husband's black socks if you absent-mindedly add it to the dark wash on a Monday morning, might be nice.

So too would a shoe polish that stays on the shoes and doesn't come off on the furniture.

For the girls who find it necessary to get out of slacks once in a while, it would be lovely to find stockings that not only do not run but neither grow holes as large as oranges. The model on television who cunningly drags a metal nail file through the sheer nylon to demonstrate its run-proof qualities neglects to point out that a gaping hole large enough for a kneecap to shine through can evolve from the tiniest pin prick.

Something more for us would-be-dieters: Was there ever an individual worthy of the title "Chubby" who did not rank chocolate first in the land of forbidden delights? Some clever scientist somewhere should come up with a calorieless, palatable

From the

Office of Human Concern

By Father John J. Hempel

Memo to Father George Gau-, Flynn, pastor of St. Helen's: | Memo to All Men of Good Will

| back down the court, and went

Rogers and Maurer took the in the inn.' scoring honors for Kearney

substitute in this the age of instant potatoes, artificial sweeteners and imitation bacon.

Thinking back to the lawn raking days of a couple of months ago,] think it's about time for a scientifically bent young genius to come up with a cheap, efficient device for gathering and chewing up dead leaves into minute specks which could be then dumped into a garbage can or used for instant mulch.

After going through three alarm clocks in one year, my husband, I know, is interested in a childproof contraption — perhaps the complex movement encased in rugged unbreakable plastic designed to look terribly uninteresting to 2-years-olds.

Back to the foods department and in this case forget the dieting aspects - I, myself, am looking forward to such delicacies as margarine that doesn't taste like lard, imitation whipped cream that resembles something other than evaporated milk in flavor, instant puddings without the polliwog texture, toaster pastry that doesn't remind you of tinted school paste smeared on cardboard, to say nothing of much touted diet soft drinks that make you think your mother's back and fooling around with the castor oil again.

3 Nominated For Academies

Three students from Roches ter Catholic high schools have been nominated for appointmentment to U.S. service academies by Congressman Frank

Horton said the students were among several who would undergo physical and scholastic examination by the academies with the best qualified being selected for appoint-ment.

Fruit Cocktail-Cranberry Relish 1 can (1 lb. 14 oz.) fruit cock-

Those nominated were Dennis Lee Monacell Jr., 18, son

ing the Christ message — by 17, son of Mr. and state of this way: Place it in a shallow every individual, by every fam-ley J. Dombrowski, 50 Field-this way: Place it in a shallow stone Terrace, Rochester; Mc-baking dish and cover with oney, by every community.

Quaid Jesuit High School; U.S.

Yet today, as we enter anther decade the seeds of conother decade, the seeds of con- N.Y. flict, confrontation and distrust

Sweet Victory's Tart Aftertaste

Broadheadsville, Pa. - (NC) - Four years ago Pleasant Valto allow moderate income hous-ley High School here sent its ing in one of our nearby towns first team into the high school all the way in for a tough lay- How desperately this housing is basketball wars. Since then the Bishop Kearney ruined the up. Kearney got the ball back needed! It would seem that the perfect record of Notre Dame and 6 foot 2 Junior Jim Erb-story of Bethlehem became an tive games

of Batavia, 39-38, last week. land leaped to tip in a shot even greater reality that night The Irish had won their first from the field to make it 39-38. The string was broken Dec. 16 when Pleasant Valley as there was 'no room for them brought joy to its long sufferwith 10 and 9 points, respec. Memo to Father James Slattery. ing followers by downing Notre tively. Monte Brooks and Jim pastor of Our Lady Queen of Dame of East Stroudsburg, 63-

But the victory wasn't all Many thanks to your parishthat sweet. Notre Dame is in ioners for their generous dona- its first season of basketball lead, 34-33, with five minutes in night (Saturday) at 8. On Frilior class until next year.

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are being sown in our commu-

nity. The gap between the

haves and the have-nots appears

even wider. Storm clouds linger

over the problems of education,

welfare and housing. How strange that on this Christmas

eve the decision was made not

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CAROSCIO'S

Tom Combs had a pair of

high-scoring games in defeat hitting for 23 against Webster

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a slender 14-13 lead to a commanding 24-13. Closest McQuaid **RUPTURE-EASER** McQuaid bulge shrink down to No Right or Left 37-36 by intermission. Ray

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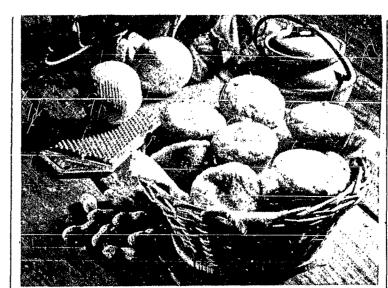
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Peanut - Orange Mmm-Muffins

Got a Cookbook?

Parish cookbooks come and

go, and it seems too had that

those well-tested recipes for

good eating don't get wider

If your parish has published a book, the Courier-Journal would appreciate a

copy, as a source of informa-tion for an occasional feature.

(The first parish cook book

recipe drew immediate ap-

plause from a country woman, who asked 'How can I get the

1 teaspoon grated orange

Heat oven to hot (425° F.).

Combine pancake mix and sugar in bowl. Stir in pea-

nuts. Add egg, milk, shortening and orange peel, stirring

only until combined. Fill

greased muffin cups 3/4 full.

Place ½ teaspoon orange marmalade in center of each

muffin. Bake in preheated oven (425° F.) 15 to 20 min-

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2 tablespoons orange

marmalade

Peanut-orange muffins deserve a special coffee break. Orange flavored and dotted with chopped peanuts, these quick and easy muffins are pure pleasure right from their pancake mix beginning. Top each little muffin with a bit of orange marmalade before baking for a sparkling, sweet "frosting" — perfect for brunch or lunch.

Put your favorite pancake mix to work for you, for hurry-up baking as well as for light, tender, best-ever pancakes. It's magic from a package!

PEANUT-ORANGE MUFFINS

Makes 12 muffins 2 cups pancake mix ¼ cup sugar cup chopped peanuts 1 egg, beaten

1 cup milk 2 tablespoons melted or liquid shortening

Another Idea

1½ cups raw cranberries

there, Secular Mission:

It was good to be able to visit your program in Tioga and Tompkins counties last week. You appear to have developed a fine relationship with the state school at Camp MacCormack. I was most pleased at meeting your council in the town of Candor. They seem to be a most dedicated group. I hope their future planning will include some of the ideas that were discussed as regards social action in your area where there is the field of program even in the field of program supervised by Father Walter Brown at St. Bridget's. It would seem that most people state school at Camp MacCormack. I was most pleased at meeting your council in the town of Candor. They seem to be a most dedicated group. I hope their future planning will include some of the ideas that were discussed as regards social action in your area where there

action in your area where there is a great deal of human needs. In more involved educational approach of the Church in this large to the means to program even but rather that it comes in living the Christ message — by proach of the Church in this large to Makes about 1 quart relish For company entertaining. The company to Makes about 1 quart relish for company entertaining. The company to Makes about 1 quart relish for company entertaining. The company to the company top the slice with canned cling neach halves, one to a person, baste with Sherry and continue baking another half hour.

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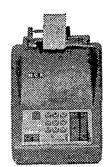
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Courier-Journal-Friday, January 2, 1970

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