

ALL IN THE FAMILY

Some Small Favors to Be Desired

By Sarah Child

The 1960s — the decade of the moon landing. During the 1970s it goes without saying that peace and medical breakthroughs will be the top priorities.

There are, however, on my list some lesser priorities that hopefully will challenge those with inventive minds.

Number one? How about some boots for children that can be slipped on and off easily by any 4-year-old without taking the shoe with it? I've had it using the plastic bread wrapper as a non-stick liner. Then for the papas an electric razor that will give a good shave without irritating the skin.

For myself and other ladies of the households throughout the world a real non-stick enduring fry pan instead of a manufacturer's promise would be a boon, particularly for dieters.

Also for the little woman who has not yet managed to budget for sending her husband's shirts to the laundry and has to iron them herself, there's a crying need for a no-press shirt that doesn't need even the tiniest bit of touching up to make it presentable.

In our household and for this read-

er in particular, we have evaluated the need for newspaper print that won't leave a black mark on your neck if you are apt to hold it between chin and chest while buttering the toast.

A strong liquid bleach that won't fade your husband's black socks if you absent-mindedly add it to the dark wash on a Monday morning, might be nice.

So too would a shoe polish that stays on the shoes and doesn't come off on the furniture.

For the girls who find it necessary to get out of slacks once in a while, it would be lovely to find stockings that not only do not run but neither grow holes as large as oranges. The model on television who cunningly drags a metal nail file through the sheer nylon to demonstrate its run-proof qualities neglects to point out that a gaping hole large enough for a kneecap to shine through can evolve from the tiniest pin prick.

Something more for us would-be-dieters: Was there ever an individual worthy of the title "Chubby" who did not rank chocolate first in the land of forbidden delights? Some clever scientist somewhere should come up with a calorieless, palatable

substitute in this the age of instant potatoes, artificial sweeteners and imitation bacon.

Thinking back to the lawn raking days of a couple of months ago, I think it's about time for a scientifically bent young genius to come up with a cheap, efficient device for gathering and chewing up dead leaves into minute specks which could be then dumped into a garbage can or used for instant mulch.

After going through three alarm clocks in one year, my husband, I know, is interested in a childproof contraption — perhaps the complex movement encased in rugged unbreakable plastic designed to look terribly uninteresting to 2-year-olds.

Back to the foods department — and in this case forget the dieting aspects — I, myself, am looking forward to such delicacies as margarine that doesn't taste like lard, imitation whipped cream that resembles something other than evaporated milk in flavor, instant puddings without the pillow texture, toaster pastry that doesn't remind you of tinted school paste used on cardboard, to say nothing of much touted diet soft drinks that make you think your mother's back and fooling around with the castor oil again.

3 Nominated For Academies

Three students from Rochester Catholic high schools have been nominated for appointment to U.S. service academies by Congressman Frank Horton.

Horton said the students were among several who would undergo physical and scholastic examination by the academies with the best qualified being selected for appointment.

The students were Dennis Lee Monacell Jr., 18, son of Mr. and Mrs. Donald L. Monacell Sr., 299 Pemberton Road, Rochester; Bishop Kearney High School and the U.S. Air Force Prep School, U.S. Air Force Academy, Colorado Springs, Colo.

Randy Steven Grassel, 16, son of Mr. and Mrs. Grason L. Grassel, 285 Pennsylvania Avenue, Rochester; McQuaid Jesuit High School; U.S. Naval Academy, Annapolis, Md.

Paul Richard Dombrowski, 17, son of Mr. and Mrs. Stanley J. Dombrowski, 50 Fieldstone Terrace, Rochester; McQuaid Jesuit High School; U.S. Military Academy, West Point N.Y.

Sweet Victory's Tart Aftertaste

Broadheads, Pa. — (NC) — Four years ago Pleasant Valley High School here sent its first team into the high school basketball wars. Since then the teams have been consistent — Pleasant Valley lost 88 consecutive games.

The string was broken Dec. 16 when Pleasant Valley brought joy to its long suffering followers by downing Notre Dame of East Stroudsburg, 63-40.

But the victory wasn't all that sweet. Notre Dame is in its first season of basketball and the school won't have a senior class until next year.

Yet today, as we enter another decade, the seeds of conflict, confrontation and distrust are being sown in our community. The gap between the haves and the have-nots appears even wider. Storm clouds linger over the problems of education, welfare and housing. How strange that on this Christmas eve the decision was made not to allow moderate income housing in one of our nearby towns. How desperately this housing is needed! It would seem that the story of Bethlehem became an even greater reality that night as there was 'no room for them in the inn.'

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From the Office of Human Concern

By Father John J. Hempel

Memo to Father George Gauthier, Secular Mission:

It was good to be able to visit your program in Tioga and Tompkins counties last week. You appear to have developed a fine relationship with the state school at Camp MacCormack. I was most pleased at meeting your council in the town of Candor. They seem to be a most dedicated group. I hope their future planning will include some of the ideas that were discussed as regards social action in your area where there is a great deal of human needs.

Flynn, pastor of St. Helen's:

You and your parish are to be congratulated for the recent support of the educational program supervised by Father Walter Brown at St. Bridget's. It would seem that most people are unaware of the great work being done by the inner city parishes in the field of education. The type of commitment made by your people could be the key to meeting some of the serious problems of the disadvantaged and could also be the means to program even more involved educational approach of the Church in this area.

Memo to All Men of Good Will:

The temporary peace of another Christmas already has become but a moment in history. The noise and confusion of a troubled world once more dominates our lives. If only time would stop on Christmas Day or if only the spirit of that day would penetrate our future, men might be able to experience a lifetime of relative happiness. Bishop Hogan expressed it so well when he indicated that peace does not come necessarily with the cessation of war, but rather that it comes in living the Christ message — by every individual, by every family, by every community.

Memo to Monsignor Patrick

School Basketball

Kings Win Squeaker

By TOM DOMALSKI

Bishop Kearney ruined the perfect record of Notre Dame of Batavia, 39-38, last week. The Irish had won their first three games this year after a 19-2 record last year. Kearney is now 3-3.

The Batavians hit their first three jumpers, but the Kings gained a tie score, 12-12 at the quarter. Kearney led 24-17 at the half, and 32-29 at the third quarter. Notre Dame gained the lead, 34-33, with five minutes in the game. The lead was increased to 38-33 with 1:45 remaining and then Kearney's John Maurer hit a jump shot. Larry Rogers stole the ball coming

back down the court, and went all the way in for a tough lay-up. Kearney got the ball back and 6 foot 2 Junior Jim Eshland leaped to tip in a shot from the field to make it 39-38.

Rogers and Maurer took the scoring honors for Kearney with 10 and 9 points, respectively. Monte Brooks and Jim Zalacca each had 11 for Notre Dame.

Kearney will return the visit of Notre Dame on tomorrow night (Saturday) at 8. On Friday, Jan. 9, the Kings travel to Madison for a 4:15 game. While on Saturday, Jan. 10, Jefferson invades the Kearney gym for a game at 8:45 p.m.

McQuaid Loses Two

Two pieces of coal were all that McQuaid's basketball variety found in its Christmas stocking last week. The Knights were shut out in their two games at the annual Rush-Henrietta Holiday Tournament, going down before sharpshooting Webster, 76-60, and falling to host team R-H, 77-66.

McQuaid, its season's mark now a sub-par 3-4, is idle this weekend but faces C-C foes East and Charlotte next Friday and Saturday.

Knights a fresh start, but it was almost 7 minutes before they scored again. By that time, the Comets, led by John Smith and Rob McKee, had forged ahead 49-39, and McQuaid was faced with a futile catch-up game.

Tom Combs had a pair of high-scoring games in defeat hitting for 23 against Webster and 21 against R-H.

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Peanut-Orange Mmm-Muffins

Peanut-orange muffins deserve a special coffee break. Orange flavored and dotted with chopped peanuts, these quick and easy muffins are pure pleasure right from their pancake mix beginning. Top each little muffin with a bit of orange marmalade before baking for a sparkling, sweet "frosting" — perfect for brunch or lunch.

Put your favorite pancake mix to work for you, for hurry-up baking as well as for light, tender, best-ever pancakes. It's magic from a package!

PEANUT-ORANGE MUFFINS

Makes 12 muffins

2 cups pancake mix

1/4 cup sugar

1/2 cup chopped peanuts

1 egg, beaten

1 cup milk

2 tablespoons melted or liquid shortening

Another Idea

Fruit Cocktail-Cranberry Relish

1 can (1 lb. 14 oz.) fruit cocktail

1 1/2 cups raw cranberries

1 orange

1/2 cup light or dark raisins

1/2 cup finely chopped celery

1/2 teaspoon salt

Drain fruit cocktail thoroughly. Wash and pick over cranberries. Put cranberries, orange and raisins through coarse blade grinder. Gently combine all ingredients and let stand several hours to blend flavors. Serve with roast turkey, chicken or duck.

Makes about 1 quart relish. For company entertaining, bake a 2-pound slice of ham this way. Place it in a shallow baking dish and cover with one-third cup medium dry Sherry. Bake one-half hour in moderate oven (350 degrees F.). Then top the slice with canned cling peach halves, one to a person, baste with Sherry and continue baking another half hour.

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Got a Cookbook?

Parish cookbooks come and go, and it seems too bad that those well-tested recipes for good eating don't get wider circulation.

If your parish has published a book, the Courier-Journal would appreciate a copy, as a source of information for an occasional feature. (The first parish cook book recipe drew immediate applause from a country woman, who asked "How can I get the book?")

1 teaspoon grated orange peel

2 tablespoons orange marmalade

Heat oven to hot (425° F.). Combine pancake mix and sugar in bowl. Stir in peanuts. Add egg, milk, shortening and orange peel, stirring only until combined. Fill greased muffin cups 3/4 full. Place 1/2 teaspoon orange marmalade in center of each muffin. Bake in preheated oven (425° F.) 15 to 20 minutes.

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