

HOMETOWN COOKERY

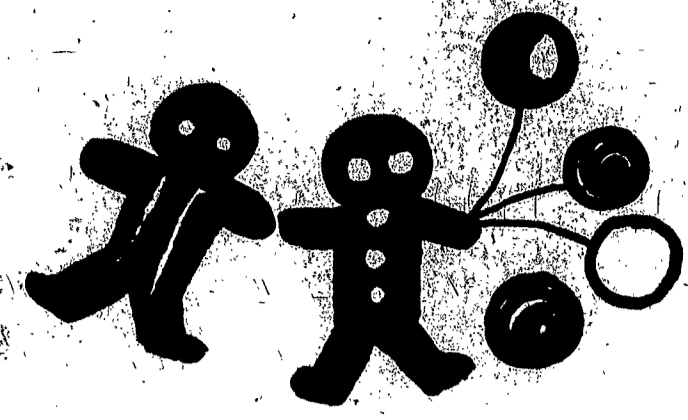
What are gingerbread boys made of? Sugar and spice, as it happens, and, in Sister Mary Frederica's recipe, that old-fashioned shortening, lard.

The recipe, written out for a book compiled seven years ago in St. Joseph's parish, Penfield, came to light again last week when the Rosary Guild put on a bake sale for the benefit of St. Bridget's.

The cookbook, in dwindling supply, still is a part of every guild bake sale at St. Joseph's.

Sister Mary Frederica, RSM, a former teacher there, is thought of as an "expert cook" by the women who got the book together. Her cookie recipe follows:

- 2 cups molasses
- 1 cup white sugar



- 1 cup lard
- 1 cup sour milk or butter-milk
- 1 tsp. salt
- 1 tsp. ginger
- 1 tsp. soda dissolved in the milk
- 3 tps. soda sifted into flour
- Enough flour to make a

stiff dough (4-4½ cups). Chill dough for about an hour for easier rolling; cut and bake at 375 degrees for 10 to 20 minutes.

The cookie kids above were drawn for the "Family Favorites" book by Irene Seixas, a former parishioner.

Christmas South of the Border

For us up north, the very word "Christmas" brings to mind snow, sleigh bells, a crackling log fire, reindeer, holly and lighted fir trees, even in a city drenched with rain. These things just naturally go with the manger.

In Central America at the same time, summer is setting in, and the manger—the "nacimientos" or "pesebres"—appears against a background of orchids and hibiscus. The manger is set up on Dec. 18, in Honduras, El Salvador and Nicaragua, and the "posada" begins. Posada means "inn." The ritual is a procession of family and friends that represents the search of Joseph and Mary for lodgings in Bethlehem.

This takes place on each of the nine nights preceding Christmas. Singing and carrying candles, the pilgrims knock at a closed door and beg to be let in. At first, the innkeepers refuse, but finally they relent and throw open the door. Then there is singing, dancing, plenty to eat. Here is a popular festive dessert:

Holiday Steamed Fudding

- Espanol**
- 1½ cups flour
 - 1 teaspoon baking soda
 - ½ teaspoon salt
 - 1 teaspoon cinnamon
 - ½ teaspoon nutmeg
 - ¼ teaspoon ginger
 - ¼ cup shortening
 - ¼ cup sugar
 - 2 eggs
 - 2 ripe bananas, mashed
 - 1 tart apple or 1 large raw carrot, shredded
 - ¼ cup raisins
 - 1½ teaspoons vanilla

Sift flour with soda, salt and spices. Combine shortening, sugar, eggs and bananas; beat until mixture is very smooth and light. Stir in shredded apple or carrot, raisins and vanilla. Stir the flour mixture into the fruit mixture and blend thoroughly.

Turn batter into a very well greased 1½ quart or 2-quart mold. Cover top of mold with foil, or a double thickness of waxed paper, and tie securely with soft twine. Place mold on trivet in a large kettle and add enough hot water to come about halfway up sides of mold. Cover kettle, bring to a boil, then reduce heat and keep water on a gentle boil for 2 hours. Remove mold to a cake cooler and let stand a few minutes; loosen edges and invert on serving dish. Serve warm with hard sauce, or with stiffly whipped cream. Serves 8.

A bit of south-of-the-border cheer for New Year's Eve:

Family Rosary

The Family Rosary for Peace program is broadcast each evening at 7 p.m. by Rochester radio station WSAY, WMOB-FM in Auburn, television cable companies Channel 5 in Hornell, Channel 8 in Elmira and 58.75 mc. in Corning. Those who will lead in recitation of the Rosary this week are:

- Friday, Dec. 19—Donald Rimplinger of St. Bridget's, East Bloomfield.
- Saturday, Dec. 20—Mass will be celebrated.
- Sunday, Dec. 21—Thomas Trabold of Good Counsel.
- Monday, Dec. 22—A representative of the Knights of St. John.
- Thursday, Dec. 25—Clarence Wiest of St. Monica's.

St. Jude's Plans Nativity Pageant

The converted barn that is St. Jude's Church, at 4100 Lyell Avenue, will be the scene of a children's pageant that begins Christmas Eve, before the midnight Mass, and is resumed on Epiphany, Jan. 6.

At the start, the infant is placed in the crib, and at last the Magi arrive.

The adult choir will sing carols at 11 p.m. The pageant and procession will be at 11:30. Father William Steger, the pastor, will bless the creche at midnight and begin Mass.

An evening Mass on Jan. 8 will open the Twelfth Night ceremonies, at which gifts for the poor will be offered. Christmas trees will be burned in a nearby field and hot chocolate will be served to all comers.



Fiesta Banana Egnog

- 6 egg yolks
- ¼ cup sugar
- 1 ripe banana, sliced
- ¼ teaspoon lemon juice
- 3 cups light cream
- 3 cups milk
- ¼ cup cognac (optional)
- 6 egg whites
- ½ cup sugar

Beat egg yolks and ¼ cup

sugar in large bowl until light in color. Mash bananas thoroughly. Combine bananas and lemon juice, beat into egg yolks. Add cream, milk and (optional) cognac. Beat egg whites until foamy; gradually add ½ cup sugar while continuing to beat until soft peaks form. Carefully fold into milk-cream mixture. Refrigerate at least one hour. Makes about 3 quarts.

Respect Law Officers, Jack Lazarus Urges

Law officers deserve respect because of their responsibilities just as the clergy deserve respect for theirs.

This comparison was made by District Attorney-elect Jack Lazarus in an address Dec. 5 at a luncheon of members of the Rochester Chapter, St. Bonaventure University Alumni, at the University Club in Rochester.

Lazarus emphasized what he said was the need for greater citizen support of law enforcement. He said he wished that every citizen had the opportunity

to serve on a jury so he could have better knowledge of the law enforcement problem.

The speaker stated that in a counter-intelligence class 15 years ago he was taught that the Communist Party stressed four objectives: discredit law enforcement, disrupt college campuses, infiltrate news media, and attack the moral system of the community.

He concluded, "Consider how far they have come in achieving these objectives in only 15 years."

The only land you'll ever own?

Probably not. But... your family cemetery plot is the ONE piece of land you MUST own. Select it carefully. Select it now, while you may, not when you must.

White Haven is the only place in Rochester where you will find the dignity and beauty of the Park Plan Cemetery, with perpetual care assured under your lot purchase agreement. It is accepted by all faiths. Our PRE-NEED Purchase Plan can spread payment over three years.

For your own peace of mind and your family's security, shouldn't you have full information about White Haven? Mailing the coupon will bring it, without obligation.

WHITE HAVEN Memorial Park

212 Marsh Road, Pittsford, N.Y. 14854

GENTLEMEN: Please mail me literature on White Haven and your PRE-NEED Purchase Plan.

Name _____
Address _____
City _____ State _____ Zone _____

Parents! Keep a Lock On Kids' Aspirin

Dr. Wendell R. Ames, Monroe County Health director, warns parents to keep children's aspirin tablets out of the reach of children.

Citing a report of the National Clearinghouse for Poison Control Centers, Dr. Ames said children's aspirin now outranks all other poisons as the cause of accidental poisoning among small youngsters.

He said children's aspirin was involved in 10,785 cases of poisoning in children under five years of age in the U.S. last year, which is three times more cases than caused by any other item, including insecticides, household bleaches, and other medicines.

"The figures indicate that many parents mistakenly believe that children's aspirin is harmless," Dr. Ames said. "But when consumed in quantity by a small child who may think he's eating candy, children's aspirin can produce severe poisoning."

Social Notes

Members of Seton Group 87 have invited their husbands to a party at 7 p.m. Sunday, Dec. 21, at the home of Mrs. Richard Steubing of Lettington Drive.

Seton 80 members, with their husbands, will begin their Dec. 24 Christmas party at the home of Mr. and Mrs. John Eber of Belvedere Drive and go on to the home of Mr. and Mrs. Fred Blum on Greenbriar Drive, for dinner.

Latin Mass Set At Good Counsel

The senior girls' choir of Our Lady of Good Counsel Church will sing a Latin Mass at midnight Christmas Eve.

Only prayers and Creed will be in English. Mrs. Hugh Dodge, organist, will direct her choir also in a program of Christmas carols, to begin at 11:30 during the procession to the creche.

Miss Marie McMaster of Biltmore Drive and Mrs. Frank J. Toolan were Christmas party hostesses to Seton branch 7 at Miss McMaster's home.

Donations of money for Father Anthony Calmeri to use in the Spanish Apostolate took the place of the traditional Christmas party gift exchange among the women of St. Jerome's Women's Guild. The group formerly the Rosary Society plans to meet on the fourth Sunday of each month, after the 8:30 a.m. Mass. Catherine McDonald is president.

CHRISTMAS FILMS AT ART GALLERY

Films to be presented at the Memorial Art Gallery at 3 p.m. Sunday, Dec. 21, are "Christmas Through the Ages," "Christmas in Denmark" and "Christmas in Sweden." The public is invited.

Christmas Music

Three musical groups will present programs at our Mother of Sorrows Church, Greece, on Christmas day.

Before Midnight Mass, the vested choir of the church will offer a half-hour of carolling under the direction of Mrs. William Bianchi and organist Donald Greenwell.

Elleen Dreschler will lead the children's choir in singing the 9:30 a.m. Mass; and Mrs. Frank Scalise and Richard Lourette will direct a 10-member choir in an 11 a.m. folk Mass.

SCHEG ASSOCIATES, INC.
—INSURANCE—
PROMPT, EFFICIENT CLAIM SERVICE
Phone (716) 586-7220

HOME AUTO LIFE

CELTAR WALLS WATERPROOFED
WE GUARANTEE 4-6" water proofing
Specialty Masonry Work and Basements
DRAIN TILE INSTALLED
A. J. ARNONE 233-4371

Hicks Home Heating Inc.
871-9979 871-4888

Elmira Chapel

Elmira — A new interfaith chapel at St. Joseph's Hospital is dedicated on Dec. 19. Bishop John E. McCaffrey following greetings by the rectors of the hospitals, Stephen R. Parr, president of the County Ministry Association, greeted the congregation.

Readings from the Scriptures were given by Werner Bloch, pastor of the hospital. Father Cyril Guise, O.C. of the hospital, the Rev. Hale Jr. of Grace Episc. The homily and closing offered by Father Benji O.C.D. of the Carmelite.

The new chapel is located in the hospital and the entrance there are no openings extend a warm patients, relatives and staff personnel and other side and worship. Soft carpeting, emphasizing the stained glass window.

SALE-PRICED FOR A LIMITED TIME ONLY!

FRIGIDAIRE

Custom Deluxe Dishwasher

Model DW-CDMR

Limited Quantity Left At \$197.00

Budget Terms Available

Toploading model DWCDTR is available at \$177.00

RGE ROCHESTER GAS AND ELECTRIC
89 EAST AVENUE • 546-2700

WHY SEND to CALIFORNIA?

Seneca Cleaner Seven! Cleanin Gorman

You Get The Best Nap, Replace Wor Minor Kips, Block TODAY!!

SENECA 1227 MAPLE

Open Mon. - Fri. 8-5
2nd LOCATION NORSE CLUB PLAZA AT FAIRPORT

CATERING AVA

Incredibly about the taurant, entertai entertai beautif city.

JOSEPH

Bring in You Holiday Bulet

COMPLI With Pr

HOLIDA SHEER

1149 CULV