

# For the After-Church Brunch Bunch

Sunday brunch after friends and family are home from church is one of the best of all possible ways to entertain. Menus needn't be involved or lengthy; you're not serving a three-course sit-down dinner. And in the relaxed, lazy atmosphere of a Sunday morning, guests enjoy helping themselves and the hostess.

A marvelous brunch is built around a Complete Quiche, so named because it has everything you need for breakfast except the juice. Bacon, eggs, Swiss cheese and sauteed onions (you don't really need these but they're too good to leave out) are baked in a pie that makes a truly spectacular dish. (Incidentally, this quiche is equally good for Sunday night supper or family dinner, so hang on to the recipe.)

With the quiche, serve fresh fruits in season. For a pretty effect, alternate wedges of honeydew and cantaloupe, garnished with sliced strawberries, on a large platter. Have plenty of hot coffee and sweet rolls on hand from which guests can help themselves, along with a pitcher of iced orange-flavored instant breakfast drink.

Another good main dish for brunch or supper is Cottage Cheese Omelet smothered in tomato sauce, and containing only a comforting 206 calories per serving.

**COMPLETE QUICHE**  
 1/2 pound sliced bacon  
 1 lightly baked 10-inch pie shell  
 1 cup thinly sliced onions  
 3 eggs, slightly beaten



For a sunny Sunday brunch the menu is built around Complete Quiche — the quiche that has everything!

1 cup (1/2 pt.) heavy cream  
 1 cup milk  
 1 cup grated Swiss cheese  
 1/4 teaspoon salt  
 1/4 teaspoon pepper  
 Bacon curls and water-cress (optional)

Fry bacon until crisp, drain on absorbent paper, and crumble into bottom of pie shell. Saute onions in bacon drippings until tender and slightly browned; then drain on absorbent paper. Combine eggs,

cream, milk, cheese, salt, and pepper. Stir in onions. Pour into pie shell. Bake at 425° for about 30 minutes or until top is browned and puffed. Garnish with bacon curls and water-cress. Makes 6 to 8 servings.

**Note:** If rim of pie shell becomes overbrowned during baking, cover only the crust with pieces of aluminum foil.

## COTTAGE CHEESE OMELET

1 can (8 oz.) stewed tomatoes  
 1/4 teaspoon onion salt  
 Dash of pepper  
 4 eggs, slightly beaten  
 1/4 teaspoon onion salt  
 Dash of pepper  
 1/4 cup nonfat milk  
 1 tablespoon butter or margarine  
 1/2 cup skim milk cottage cheese

Heat tomatoes in a saucepan. Break up with fork. Season with 1/4 teaspoon onion salt and dash of pepper. Cover and keep hot while omelet is cooking.  
 Combine eggs, 1/4 teaspoon onion salt, dash of pepper, and nonfat milk; mix well. Melt butter in a skillet. Add egg mixture and cook over low heat. As omelet cooks, loosen edges gently with a spatula so that uncooked egg runs to the bottom. When mixture is almost set, spoon cottage cheese over top. Loosen omelet around the sides and crease across the center with a spatula. Fold gently in half and slide onto a warm platter. Top with hot tomato mixture. Serve immediately. Makes 4 servings.

## Bishop Helps Chinese... in Peru!

**Hong Kong — (NC) —** An Italian bishop, missionary to China for most of his life until expelled by the Communists in 1957, is today spiritual leader of the Chinese in Peru.

The "Christianization" of Chinese Catholics in Peru has been the task of Bishop Horacio Ferruccio Ceol, O.F.M., 58, since he went there in 1955 — three years after he was expelled from his own diocese in Kuchow, China.

It was to shop for Chinese Sisters that he stopped off in Hong Kong last week enroute

to Lima after a home leave in his native Italy.

Describing the need for Cantonese-speaking Sisters and lay people to teach school and catechism, the Franciscan missionary bishop said: "The Chinese in Peru were taken there in 1855 as bonded servants. They now have civil rights and prosper economically, but social equality has been difficult to achieve.

"They all want to be baptized because they consider it a passport to a Catholic school or job. Baptism is a social ob-

stacle in Peru. A baptismal certificate is a required document. Unfortunately, most of them were and still are terribly ignorant of Christianity."

It was to help dispel such ignorance that Bishop Ceol began to plan a school, a "big one" called Colegio Juan XXIII. Before that, he had been visiting the sick, making friends with families, teaching catechism, preaching anywhere he could — even in restaurants.

In 1963, Bishop Ceol started the school on a sprawling plantation-like site in the heart of the Chinese colony. The Catholic University of Peru donated 33,000 square feet of land. The Congregation for the Propagation of the Faith gave the first donation. Benefactors were found in Peru, Germany, France, Italy and the United States.

Today, Colegio Juan XXIII is

providing education from kindergarten to the second year of high school for 850 boys and girls who might otherwise never have gotten beyond — or even as far as — the first grade.

And since the Peruvian government cannot provide for its Peruvian children, Bishop Ceol, to avoid having a "ghetto" school, admitted some native Peruvians to the school. He said:

"It is a non-profit school run to show we love the Chinese people and not just to make money. So now, the Chinese people are beginning to open their hearts. We try to keep it a school that teaches the doctrine the Chinese do not know so that it can be taken home to indifferent parents; a school that keeps alive love for the things Chinese, while helping them to adjust to and understand things Peruvian."

## WEE PALS



## TEENAGERS WANT TO KNOW

By FATHER MARTIN, C.S.S.R.

Dear Father,

I am 20 (and living at home) and my future husband is 21. We plan to be married early next April or May.

Our problem is that I consider myself a fairly good Catholic and he is a very good Lutheran. I have tried to convince him to turn Catholic, but he feels he couldn't worship God to his best ability in my Church, since he doesn't believe in a number of things we do. Also, I can't insist on him changing for he might stop worshipping God completely, and I don't want this at all.

Now, the main problem is, the Church says we must agree to raise all of our children as Catholics. He feels this isn't fair to what he believes in his church and wants at least one of our children raised in his church. I agree with him. I can understand the way he feels.

What would happen if my future husband refused to raise all of our children Catholic and if I went along with him?

Please don't tell me to talk to our parish priest, because I have never been able to talk with him. I can't discuss it with my parents because of their strong feelings.

dren grow up I think they may be confused about the dual religions in their home. This in itself could lead to abandonment of religion. How are you going to explain to your boys that you raised them in another religion even though you believe the Catholic religion is the correct one?

Marriage has enough built-in difficulties without the differences of religion. When people are one in mind and heart on the fundamental issues of life, a lot of these difficulties can be more easily faced and overcome. When the married couple have basic religious differences, chances are very good that religious arguments will add greatly to some of the tensions of married life. I think your proposed marriage would have many serious difficulties.

Many non-Catholic marriage counselors would give you the same advice. Making the best of a marriage is hard enough. You would be starting a marriage with a potentially serious problem; one that could explode into great conflict.

If you can't talk to your parish priest I suggest you talk to another priest or to a skilled marriage counselor. It may save you a grief-filled marriage. May God bless you.

You didn't state your age and it is a factor. Many boys in their teens are not mature enough to recognize a girl as a person. They perhaps don't look for the qualities in a girl of 16 or 17 years of age, as they will do when they are 18, 19 or 20. They are not always concerned with the moral and spiritual qualities of a girl now, but as they mature, these qualities become very important to them. May God bless you.

Dear Father,

What do you do when you suspect that a friend of yours is taking dope? I have pretty good evidence that he is, but I don't know how to approach him about it. He has started to change and we don't seem to get along as well as we once did. I don't know if he would listen to me or not. I don't know much about drugs, but I wouldn't want him to get sick or seriously harmed in any way. Please advise.

If he fails to take your advice and is taking drugs, I think you or your parents should approach his parents. It may be your friendship, at least on his part, but in the long run you would be doing him a very great favor, and in future years he may be very grateful to you.

In approaching this problem you should try to make as simple as you can that indeed he is taking drugs. This should be somewhat easy to find out either by his admission or from friends who may know, or from some adult who is skilled in recognizing some of the signs in a person who is taking drugs.

Dear Dick,

First, let me congratulate you for your concern for your friend. I don't know if you can do much for him by talk-

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## FEEL GOOD TODAY

This column's happiest readers are the men, women and children who know they're needed. The days we're busiest helping others are the happiest days of our lives... Who needs you most? Surprisingly, God needs you — for instance, to help an abandoned orphan become a God-loving, responsible adult. Lepers need you (there are still 15-million lepers in the world), blind children need you, and so do we... Here in New York we are your agents telling you where the Holy Father says your help is needed, and channeling your help promptly and safely to the people in need... Want to feel good right now? Do without something you want but do not need, and send the money instead for one of the needs below. You'll feel good, especially if your gift is big enough to mean a sacrifice to you. This is your chance to do something meaningful for the world — it's God's world — while you're still alive.

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 Only \$9.50 gives our priests and Sisters in south India enough Dapsone 'miracle' tablets for 43 lepers for a year.

NOVEMBER IS THE MONTH SET ASIDE BY THE CHURCH FOR THE REMEMBRANCE OF THE SOULS IN PURGATORY. Do you have a loved one deceased whom you wish remembered? Our missionary priests will be pleased to offer promptly the Masses you request. Send us your intentions now.

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 Only you can make your will — and do it this week to be sure the poor will have your help even after you're gone. Our legal office, Catholic Near East Welfare Association, also our priests will offer promptly the Masses you provide for.

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**ANNOUNCEMENTS**  
**GARAGE SALE**—St. Monica's School Hall, 841 Geneva St., Oct. 18-19, 10 a.m.-5 p.m.  
**PRICES SLASHED!** Wed., Oct. 22, 10-6 a.m. and nearby new sale. Temple Beth El, 150 Winton Rd. S.

**SALE**  
 New and nearly new sale. Temple Beth El annual sale with outstanding bargains Sun. thru Tues., Oct. 19-21, 10-6. Outstanding selection of new and nearly new clothing including adult, children, and maternity clothes. Also appliances, household items large and small, books and toys. Free parking. 150 Winton Rd. S.

**HELP WANTED—FEMALE**  
**WANTED: HOUSEKEEPER** for St. Lawrence Rectory in the town of Greece (2 parents) who will live 9 to 5 Pleasant home. Good wages and meals. Call 226-8256 after 9:15 a.m.

**INSTRUCTIONS**  
**LEARN TO SEW!** Small classes, Saturday and evenings. 478-8939.

**IMPORTANT Notice:** The New York State Law Against Discrimination and the Federal Civil Rights Act of 1964 prohibit discrimination in employment on basis of sex unless based on a bona fide occupational qualification. Help Wanted and Situation Wanted advertisements are arranged in alphabetical order by "date" and "time" for the convenience of readers and are not intended as an unlawful limitation or discrimination based on sex.

**REAL ESTATE FOR TRADE**  
**WILL EXCHANGE** lot in Fort Chaco Lake for property within Honesco Lake, Call 288-2845.

**MERCANDISE**  
**NEW 9-volt** translator battery. \$1. Postpaid. Rita LeBell Creations, 409 Main St., Van Buren Maine 04878.

**PERSONALS**  
**HAPPINESS IS:** Celebrating Feast of St. Margaret Mary, praying to be like her, ever consumed with a burning love for the Sacred Heart.

**WANTED**  
**WANTED POSTER:** Boarding Home urgently needed for Catholic Children, all ages. Telephone Monroe County Children's Services Division.

**POOL TABLE** wanted, reasonable, for St. Salome's Youth Club, 644 St. Lawrence, 467-5927 rectory.

**HOUSE FOR SALE**  
**BIG REDUCTION** — on 8 bedrooms ranch featuring woodburning tapestry brick fireplace, carpeting, oak floors, built-in microwave oven, dishwasher, garage. Quick possession. 85 Elder Street.

## When Bartenders Go on Retreat

**Clinton, Iowa — (RNS) —** The 12 men and women filled into the chapel for Mass at the Roman Catholic Center in this Mississippi river city.

Nine men and three women, they were attending a two-day "Bartenders' Weekend" at the Clinton Redemptorist Center in this Mississippi river city.

The retreat ("We prefer to call it an 'uplift' for bartenders," explained Father John Morton who directed the retreat) opened on a Sunday evening and ended after lunch on Monday.

Father Morton explained that it was designed to give bartenders a chance to share troubles and joys.

After celebration of Mass by Father Morton, the men and women participated in a discussion of "What Bugs You?"

How to handle intoxicated patrons took up much of the discussion. One suggestion: Tell the drunk his cab is waiting outside.

Another complaint: The drinker who says "I'm not here if I get any telephone calls." One bartender said he handled that by posting a sign saying: "You are here if the phone rings for you."

It was brought out that a bartender worries he may become the unwitting agent of another man's destruction. A special prayer offered at a Mass by one bartender was for "the one we might put over the brink by serving him that one more drink."

"I had thought about a weekend like this for a long time," said Father Morton. "I have a cousin who is a bartender and he often kidded me that bartenders hear more confessions than priests do."

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## Deaths

**Mrs. Hepworth**  
 Mass for repose of the soul of Mrs. Helen Hepworth, 76, of 205 Gardiner Ave., Rochester, was celebrated Wednesday at St. Augustine's Church.

Mrs. Hepworth, who spent much of her life caring for foster-children for the Catholic Family Center, died Oct. 12, 1969.

From 1927 until shortly before her husband's death in 1961, Mrs. Hepworth had provided a home for 127 children, sometimes five at a time. In 1955 the Monroe County Catholic War Veterans named her Outstanding Laywoman of the Year.

She is survived by a daughter, Mrs. John F. (Joan) Roe; two sons, Gordon J. and Bryan Hepworth; two sisters, Mrs. Catherine Sloan of Corning and Mrs. Mary Mosier of Rochester; four grandchildren and one great-grandchild.

## CDA Marks 40th; Seeks New Members

Rochester's Catholic Daughters of America, celebrating their 40th anniversary, will give a reception for new members Nov. 21.

Information and membership applications are available through the grand regent, Mrs. William E. Crosby, 467-2777, and the vice regent, Mrs. Joseph Buttage, 482-5991.

The local group, Court Our Lady of the Cenacle 1139, will entertain the state convention here next May.

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A wild cheer... drenched crowd... ley stepped fro... mobile and took... the band.

After a brief... by an aged Prot... and clergyman... podium to offer...  
 The Rev. M... should... the clergyman t... me. Amen."

**ALL**  
**Nothing**  
 By Sara...  
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**RACI**  
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 By Pa...  
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