Monday, July 29-Jerry Sera-Tuesday, July 30 - John C. Riesenberger, Our Lady of

Wednesday, July 31-Monsignor Cirrincione. Thursday, Aug. 1 — Joseph Mercier, Our Lady of Mercy.



Dear Friends,

With the vacation season well under way, you may have already planned to spend the time camping. The number of "camp-out" families in our country is steadily growing. Part of the reason is economy—permits to camp at state or national facilities are less expensive than motel or hotel rooms. Aside from the economy factor, the unique kind of enjoyment a camping vacation offers is attracting many people. If you have decided to spend your vacation in this way, stock up on the POP Products which will make life easy: Hunt's Tomato Paste, Maplecrest Sausage, Pepsi, Prince Macaroni, Krey Canned Meats.

Here is a suggestion from your POP Home Economist for a carefree main dish. Since most campers use butane stoves, there just aren't enough burners to do all the cooking you normally do at home for a meal. With one burner perking coffee, you only have one burner left. How to use this most effectively? Well, just use a double boiler-in the bottom part boil water, adding salt and Prince Noodles. In the top place hot water to a one inch depth. Now place opened cans of Krey Salisbury Steak With Mushroom Gravy in this water. By this time the Prince Noodles should have returned to boiling. Stir and adjust flame as low as possible. Place top section of boiler on bottom and cover. Simmer for 5 minutes. Turn off heat but DO NOT RE-MOVE FROM BURNER. Allow to sit for 5 additional minutes. Drain noodles and pour Salisbury Steaks and Gravy over top.



If your teen-agers have jobs this summer, they've probably settled down to a rather relaxed pace during non-working hours. Why not have a "get-together" for them on the patio some Saturday or Sunday soon? They can be responsible for the preparation if you plan an easy menu such as Pizza Burgers, a Relish Tray of celery and carrot sticks, radishes, olives and pickles, potato chips and cold Pepsi. Only the Burgers require any cooking, and the entire thing can be assembled the day before. - SUPER PIZZA-BURGERS

(Makes 20 sandwiches)

- 4 lb. lean ground beef 2 cups finely chopped onion
- 14 tsp. white pepper
- 1 tbl. prepared mustard
- 1 12-oz. can HUNT'S TOMATO PASTE plus 1 small 6 oz. can. (or 3 6-oz. cans)
- 1 quart water 1 tbl. crushed oregano
- 2 tsp. garlic powder
- 2 cups shredded Mozzarella Cheese
- 3 long loaves French bread

Combine ground beef and onion and cook until meat is brown and onion is tender; pour off excess fat. Add seasonings and tomato paste mixed with water. Simmer 30 minutes, stirring occasionally. Cut French bread in sandwich size hunks and split. Spoon beef mixture over bread, sprinkle with Mozzarella Cheese and broil to melt cheese.

Young people can never get enough of Pepsi. They don't sion must be made for daily American and Canadian lay mind at all if it's part of the dessert as well as the beverage. care of her children. Without members of the Carmelite Order Fresh peaches are just beginning to come on the market. For an doubt, a career in medicine will meet at Loretto Heights easy and refreshing conclusion to your party meal serve this. (You'll probably have to triple the recipe for a crowd.) Pepsi-Cola Peach Cubes

1 cup mashed ripe peaches

- 2 tbl. lemon juice % cup sugar
- Chilled Pepsi

Mix first three ingredients and put into ice cube tray. Cover with Pepsi to one half inch from top. Freeze. Cut into cubes or scoop out balls and serve in dessert dishes.



Hot weather is no detriment to some cooks—they still enjoy baking whatever the temperature. If you're one of these intrepid souls, you'll want to try this recipe. CARROT CAKE

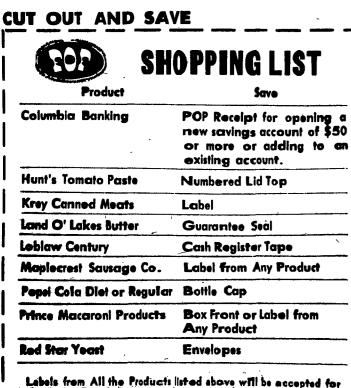
- 1 cup LAND O'LAKES BUTTER 3 cups sugar
- 6 separated eggs 1 cup carrots, cooked and mashed
- 1 cup milk
- rind and juice of two lemons (or rind and juice of 1 large
- 4 tsp. baking powder tsp. cinnamon
- 1 cup chopped nuts (black walnuts are good) 4 curps pastry flour

Cream butter and sugar until light and very fluffy, add slightly beaten egg yolks, mashed carrots, milk, lemon juice and rind. Beat for about 2 minutes. Combine Jry ingredients and add about 1/3 at a time, beating well after each addition. Beat egg whites until stiff but not dry. Fold into dough. Spoon into 10 inch tube pan. Bake at 350 degrees for 1 hour and 10 to 15 minutes. When cool, frost with light chocolate frosting or dust with confectioners sugar.

If you're one of those unfortunates who hasn't yet boarded the POP Brandwagon, then it's time you investigated the advantages. Just call Mrs. Ennis, today, at the COURIER: 454-7050, or if you prefer, fill out the coupon below and mail it to THE COURIER JOURNAL, 35 SCIO ST., ROCHESTER, 14604. PLEASE NOTE: SENDING THE COUPON REPRESENTS A REQUEST FOR INFORMATION — IT DOES NOT AUTO-MATICALLY REGISTER YOUR GROUP FOR POP. TO BE OFFICIALLY ENROLLED YOU MUST RETURN THE REGIS-TRATION CARD. THIS IS SENT TO YOU AFTER WE RE-CEIVE THIS COUPON.

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the Entire Fourth Game — that is, from April I thru September 30, 1968. However, WATCH THE COURIER FOR FUTURE ADDITIONS TO THIS LIST.

More Women Needed in Medicine

rency or produce. No medical degree necessary.

Unbelievable? Not 200 years ago, when delivering babies was considered a woman's province. Achieving equality in medicine has been a hard struggle for women. Less than a century ago, in fact, in 1873, the first graduating class of America's premier women's medical college had just six members, and even they were outnumbered by a faculty of

The situation is quite different today. Women now comprise about 10 per cent of all medical students, compared with less than 5 per cent in 1940. However, in spite of this upsurge, the United States trails badly behind other countries in training women for medical careers. Many more are needed. Right now, there are 6,000 internships that are vacant because there are not enough trained men and women to

Our nation will need 100,-000 more doctors by 1975. Womannower must help meet this shortage. Where? Just about every area of medicine. from family practice to public health. Exciting, well-paying opportunities also abound in the fields of medical research, teaching, school health, industry, administration, foreign service and the military forces.

Individual areas of medical practice also need women. To gynecology, obstetrics and pediatrics, for example, a woman doctor brings her own unique experience and empathy to bear on patients' problems. As one woman doctor has said, her own three children provided her "most valuable postgraduate educa-

Financing is a major factor in deciding upon a medical career. To become a profes-. .sional today, three to four years of liberal arts study at a recognized college or university are required, followed by four years of medical school, internship and residency. The average cost of this schooling is \$20,000.

For a professional woman who may also be a wife and mother—and many are—costsare compounded when providoes demand a sizable investment of both time and money.

Happily, more scholarships, loans and grants are available: for deserving students than ever before and women are getting an increasingly larger share. Student loan programs are available through the government, private agencies and associations.

A case in point is the \$44 million program administered by the American Medical Association's Education and Re-

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Female doctors-to-be in 1870 watch an anatomy lesson at the New York Infirmary Women's Medical College, as the fashionplate, left, finds her muff handy for balancing notes. Courses also included obstetrics, surgery, physiology, chemistry, theory and practice of medicine, materia medica and hygiene. The college, founded in 1867, was one of the first to offer a doctor of medicine degree-to women. It remained in existence for 30 years, until Cornell Medical College opened its doors to women in 1898.

search Foundation, which has foundations, and federal, state awarded some 35,000 loans to medical school students, interns and residents. This program provides a reservoir of

which are repaid after training is completed and wage earning begins. Scholarship aid, of course, is one important means of easing the strain of medical training. In addition to grants which are given to medical schools for award at their discretion, there are many other scholarships provided by col-

credit for student loans,

and local governments. For those interested in in-

vestigating medicine as a career an excellent source is the American Medical Women's Association, which publishes a variety of helpful materials. These include "Financial Planning for the Woman Physician" (6c return postage), "Career Choices for Women in Medicine" (50c) and "Medicine as a Career for Women" (15c return postage). For copies, write the association at 1740 Broadway, New York, N.Y. 10019.

Precious Blood, Festival, July

Blessed Sacrament Picnic

Cabins, Powder Mill Park, 2

beque, Sept. 7, church hall.

St. Joseph, Rush. Chicken bar-

leges, private enterprise.

ST. ROSE, Lima. . Festival, 26, 27 in convent yard. July 27, 5-11 p.m. on Lake Ave. across from church, 26, 27, 28 on church grounds. St. Vincent De Paul, Churchville. Bazaar and smorgasbord July 28 at North and South Aug. 3, 5 p.m.

Good Counsel. Festival, July

Set Convention

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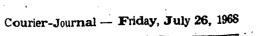
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INDIA: A MISSION **GROWS**

THE HOLY FATHER'S MISSION AND TO THE ORIENTAL CHURCH

The area, called Chanda, is twice the size of Massachusetts, It has 28-million people, only a handful of whom are Christians. This week the temperature is 114 degrees. . . . Still, Carmelite superior Monsignor Januarius reports from central India that his 26 priests are bringing the Faith for the first time to low-caste people who never heard of Christ. He writes: "Pray for us, please. I wish you could be here to shareour joy!" 26 - . . Some of the priests were helped as semin-PRIESTS arians (\$8.50 a month) by readers of this column.

FOR Now they need bicycles (\$47 each), motorcycles 28 MILLION (\$738 each, in India), a 4-wheel-drive Jeep PEOPLE: - (\$2,450), to quadruple their time and save their NOW strength. Adds Monsignor Januarius: "Can you YOU CAN imagine how grateful the sick will be if our Sisters HELP can drive to the villages regularly in a mobile. clinic ('hospital-on-wheels')? We can get one, fully-equipped, for only \$4,900."... Our priests in Chanda (the mission was started by Pope John) need everyone's gifts (\$1,000, \$500, \$250, \$100, \$50, \$25, \$10, \$5, \$1) this week to help the hungry and diseased. Walk to the corner mailbox. Monsignor Nolan will thank you in Monsignor Januarius' name.

"The long-term prospects are excellent," says

Monsignor Januarius, "but how can we work if

DETAILS

we have no place to live, to instruct children, to offer daily Mass?" In 15 villages, where new converts are being made, he needs a church (\$1.785), a school (\$2,150), a rectory (\$675), and a convent (\$1,225). (The costs are low for the labor is free-of-charge.) And you may name the church or school for your favorite saint, in your loved ones' memory. . . . \$160 will support a parish for a month. . . . Mass stipends are the only income Monsignor Januarius and his priests receive. They are free to offer Masses promptly.

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This is another of the sp cial centennial year article that are being written for th COURIER-JOURNAL by Fa ther McNamara, author of th new diocesan history, THI DIOCESE OF ROCHESTER 1868-1968.

By FATHER ROBERT McNAMARA

When a person does search on a subject like th Diocese of Rochester, he turally encounters a number of historic personalities, an of historical anecdotes, bot true and apocryphal, which cannot easily be incorporate into a general historical mai rative. Some of these person and some of these tales de serve mention, however. S we shall devote the presen column to a few "tales of th Rochester Diocese.'

That native American Pro estants often took a stand opposition to immigrant Catl olics in the 19th Century a matter of record. Wha should not be forgotten, how ever, is that many Protestan Americans made gestures c genuine friendliness and heli fulness towards Catholic nev comers. Especially in smalle communities in the presen Rochester Diocesan area, Pro estants frequently made ger erous contributions toward the building of Catholi At Watkins, it was a Prote

tant lawyer, George Edwa Quin, who, in 1845, organize the Catholics and negotiate the purchase of a forme Protestant church for the use. Attorney Quin wrote 1 the coadjutor bishop of Ne York, John McCloskey, at nouncing the purchase an asking counsel on further pro cedure. He referred to hin self as a "heretic," but h nevertheless requested the the church be called after th Blessed Virgin. That is ho the church of St. Mary of th Lake—the original church, o the Watkins hillside - can into being. A "heretic," perhaps, Bisl op McCloskey called Quin

his letter of thanks, but heretic with a "Cathol heart." It is true that when h took the step of buying th church, it was Quin's friend gesture to the Catholic Ke nan family of Wayne, N.Y into which he was about It is true also that whi Quin's mother was from th old New England Wolco

less, Quin had been raise outside the faith of his fathe Bishop McCloskey wrote Quin, "I still pray that Go may one day bless you wi

family, his father was a no

practicing Catholic. Noneth



Retreat A Movement for at Be

World Retreat is schedu Aug. 25 to 31 at the Notre Da Retreat House in Canandaia A retreat for married coup also is scheduled Aug. 2 to

The Movement for a Be World aims to improve relati between members of the hur family through respectful

are sons of God. In giving its "Retreat of Christian Community," M

logue and to encourage mer

live as brothers because t

WEEKLY CROS

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DOWN 1. Pert. to ACROSS i. Masticate Game fish 2. Injure 9. Large 10. Locale 3. Spawa 4_ Tiny 11. Stuff 5. Rivulet

7_ Dry 8_ African 14. ---- and crafts 15. Ornament 11. Struggle 16. Land 15. Defraud

12. Pleasure

17. Samarium: 18. Employ sym. 18. Eskimo 19_Strong knife 19. Back

20. Delight 23. Watercraft 24. Snake, 28 Illusdorned 28. Slicer

31. Burmese premier 32. Moist 33. Greek letter 34. Football

position: 35. Thin 36. Vipers 38. Commenced 40. Small stream

41. Libertine 42. Ventilates 44. Movable