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POP TOPICS

Dear Friends,
We know you'll be glad to hear that PRINCE MACARONI PRODUCTS is once again an active participant in our POP program. Those of you who have faithfully "hanging on to" Prince proofs of purchase will now be rewarded. The box front or label from any Prince product—sauces etc. as well as "pasta"—is acceptable. Later on we'll give you a run-down on the many foods which carry the distinctive Prince coat-of-arms. As in the past, each proof of purchase is worth 15 points.

If you haven't yet tried this "royal" line of products, the following recipe will serve as a good introduction. The sauce used makes a nice change from the traditional tomato-flavored variety.

Spaghetti with Mushroom Sauce

- 1 small onion, chopped
 - 1/2 clove garlic, minced
 - 1/2 cup olive or salad oil
 - 1 lb. fresh mushrooms sliced
 - 1 cup seasoned beef stock
 - 1 tbsp. chopped parsley
 - 1 pkg. Prince Four Square Thin Spaghetti
 - Prince Romano Grated Cheese
- Saute onion and garlic in oil until soft but do not brown. Add mushrooms and cook for 10 minutes. Add hot beef stock and parsley and continue cooking for 10 minutes more. Pour over Prince Spaghetti and serve with Prince Grated Cheese. Serves 4-6.

Joining our collection of original recipes from POP registrants is the one below. It will be of special interest to those who must prepare quantity dishes. Mrs. R. Schwan, POP Chairman for St. Mary's Rosary Society, Dansville, says that it was used by their former high school cafeteria manager, Mrs. Agnes Engle.

Spanish Green Bean Casserole

- 1/2 cup Blue Bonnet Margarine
 - 1/2 cup chopped onion
 - 1/2 cup chopped celery
 - 1/2 tsp. flour
 - 3 6-oz. cans Hunt's Tomato Paste
 - 1 tbsp. salt
 - 10 lbs. green beans, drained (2 No. 10 cans)
 - 1 qt. water
- Saute onions and celery in butter. Add flour, stirring until brown. Add Hunt's Tomato Paste, water and salt and stir well. Then add green beans. Simmer approximately 30 minutes. Makes 50 3-oz. servings.

By coincidence we also received another green bean recipe from Mrs. E. Elman, POP Chairman for the Knickerbocker Hills Garden Club in Pittsford. This of course is a regular, not quantity amount, recipe.

Wise Green Beans

- 1 pkg. frozen French style green beans
 - 1/2 can Cream of Mushroom soup
 - 1 bag Wise Onion-Flavored Rings
- Cook green beans according to directions. Drain. Add Cream of Mushroom soup, mix and place in casserole dish. Sprinkle Wise Onion Rings over top, to cover. Bake uncovered at 350 F. for 15 minutes.

When you read of the Red Star Yeast Contest, you may have thought, "Oh, I couldn't possibly dream up a suitable recipe." To show you that it's not so hard after all, we reproduce a recipe submitted to the Chicago NEW WORLD, a paper which is also sponsoring the POP Program.

Italian Raisin Bread (3 loaves)

- 2 pkg. Red Star Active Dry Yeast
 - 1 cup scalded milk
 - 1/2 cup salad oil
 - 1 1/2 cup sugar
 - 8 eggs
 - 3/4 cup raisins
 - 1 tbl. anise seed
 - 2 tbl. lemon extract
 - 2 1/2 lbs. unsifted all purpose flour
- In saucepan, cover raisins with cold water and simmer for 15 minutes. Drain, cool, pat dry on absorbent paper. Scald milk, cool to lukewarm dissolve yeast in milk, set aside.
- Beat eggs until light and fluffy. Add oil, lemon extract and then sugar gradually. Stir in milk and yeast mixture. In a large pan place flour, raisins and anise seed. Mix well. Make a well in center. Add liquid ingredients and mix thoroughly. Knead on a slightly oiled board until smooth and elastic. Cover. Let rise until double in bulk. Divide dough into 3 equal parts. Shape into loaves. Place in three greased 9x5x3 inch bread pans. Cover, let rise again until double in bulk. Bake at 350 F. for 45 minutes. Remove from pans to cool.

Serve with Land O'Lakes butter.

IF YOUR NON-PROFIT ORGANIZATION HAS NOT YET DISCOVERED POP FUNDRAISING, JUST FILL OUT THE COUPON BELOW AND MAIL TO: COURIER JOURNAL POP OFFICE, 35 SCIO ST., ROCHESTER, N.Y. 14604.

Name of Organization _____
Name of Church (if affiliated) _____
Name of President _____
President's Address _____

CUT OUT AND SAVE

POP SHOPPING LIST

Product	Save
Blue Bonnet Margarine	Front Face of wrapper, Top Panel of Box, or girl's head from either.
Chase & Sanborn Coffee	Plastic Cover or Metal Lid
Columbia Banking	POP Receipt for opening a new savings account of \$50 or more or adding to an existing account.
Hunt's Tomato Paste	Numbered Lid Top
Krey Canned Meats	Label
Land O' Lakes Butter	Guarantee Seal
Loblaws Century	Cash Register Tape
Maplecrest Sausage Co.	Label from Any Product
Pepsi Cola Diet or Regular	Bottle Cap
Prince Macaroni Products	Any Product, Box Front or Label from
Red Star Yeast	Envelopes
Royal Desserts	Box Front or word "Royal" from it
Russers Hot & Cold Cuts	Label
Seven Up	Bottle Cap
Wise Potato Chips	Front Part of Bag, Top Panel of box, or Owl's Head from either

Labels from All the Products listed above will be accepted for the Entire Third Game — that is, from October 1, 1967 thru March 31, 1968. However, WATCH THE COURIER FOR FUTURE ADDITIONS TO THIS LIST.

Fashion Show
Local alumnae of St. Elizabeth, D'Youville and Elmira Colleges will sponsor a fashion show at 8 p.m. Tuesday, March 19, in the Sibley Tower Restaurant, to raise money for their scholarship funds.

Dinner-Dance
The Harp's Club installation dinner-dance will be held tomorrow night, March 2, at the club.

Senior Citizens
The Association of Retired Persons will meet at 1 p.m. Thursday, March 14, at 33 Grove. A movie on movie-making will be shown. Directors of the Rochester chapter will meet at 11:30 a.m., March 11, in the Sibley Tower Restaurant.

Widowed Parents
Dr. Judson Speer, a pediatrician, will address the Catholic Widowed Parent Club at 8:30 p.m. tonight, March 1, at the St. Monica rectory.

Holy Angels
Holy Angels Guild will meet at 8 p.m. Monday, March 4, in the Manger hotel.

Toughey Slated For CWV Honor
Public Safety Commissioner Mark H. Toughey Jr. will be honored by the Monroe County Catholic War Veterans at a Communion Breakfast this Sunday March 3 in the Sacred Heart Cathedral Parish Center, immediately following the eight o'clock Mass.

Commissioner Toughey has been selected as the Catholic Layman of the Year, an annual award given by the Veterans' group. Mayor Frank T. Lamb will be the principal speaker and C.W.V. County Commander Theodore Houck will confer the award.

His Excellency Bishop Sheen and many past recipients of the award including Family Court Judge Joseph Fritsch and the recently retired news editor of the Catholic Courier Thomas O'Connor will be in attendance.

Seton Groups In Action
60TH BRANCH of Seton Workers will meet at the home of Mrs. Allen Starwik, 1709 Quailrough Rd., March 6 at 8:30 p.m.

13TH SETON BRANCH will hold its monthly meeting at St. Mary's Hospital nurses' home, Tuesday, March 5, at 12:30 p.m. with Miss Marie Lanigan and Mrs. Walter Knapp in charge of arrangements.

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SAVE LOBLAW REGISTER TAPES FOR AWARDS

LOBLAWS CENTURY
FIRST IN QUALITY

HOLY FAMILY. Men's Club sponsors a Fathers and Sons Communion Breakfast March 3 after the 8:30 a.m. Mass. Tickets are \$1.00, under 16 years, \$.50. For tickets call Tom Beck, 235-4708.

ST. ANDREW. Christian Mothers' Club is sponsoring a Fashion Show in the School Hall at 8:00 p.m. March 4. Eddie Meath will be a special guest. Tickets \$1.00. For reservations call Dee Battaglia, 432-1047. Rosemarie Comfort and Rosalyn Koch are chairmen.

GOOD SHEPHERD. Henrietta. Altar and Rosary Society will sponsor a Mother-Son Communion Supper March 16, in the school hall after 6:00 p.m. Mass for adults, and \$5.50 for children, and may obtained from Band Leaders or Mrs. Mary Ann Blake, 334-5076. Reservation deadline is March 6. Co-chairmen for the supper are Mrs. John Dawson.

OUR LADY OF MERCY. Greece. Rosary Society will meet March 4, at 8:00 p.m. in church for Rosary, Communion and Benediction. A short business meeting in the parish center will be followed by a Teenage Panel Discussion. Father Shugrue, Chaplain at Cardinal Mooney High School will moderate the discussion.

ST. JOSEPH. Penfield. The Home School Association will hold a general meeting March 4, at 8:00 p.m. in church for Rosary, Communion and Benediction. A short business meeting in the parish center will be followed by a Teenage Panel Discussion. Father Shugrue, Chaplain at Cardinal Mooney High School will moderate the discussion.

ST. MICHAEL. Father Sebastian Falcone, OFM Cap. will open Lenten Series lectures March 1 at 7:30 p.m.

SACRED HEART. A day of Recollection will be held at Sacred Heart Cathedral March 9, from 10:00 a.m. to 3:00 p.m. The Day will be conducted by Rev. James H. Loughery, O.P., faculty member at Nazareth College. Although there will be no charge for lunch to be served by the hospitality committee, members are asked to call Mrs. John Kastner (254-2106) for reservations.

CORPUS CHRISTI. Rosary Society will attend a book signing demonstration at Rochester Gas & Electric March 4 at 8 p.m. Rummage sale scheduled for March 24 and 25.

GUARDIAN ANGELS. Rosary Society will hold their monthly meeting Tues., March 5, at 8:00 p.m. Following a Scripture Service, a movie entitled "The Church in The World" will be presented with Sister M. Edwina, S.S.J. of Holy Spirit, moderating.

Sun. March 17, a baked food sale will be held after all the Masses in the church hall.

ST. PIUS X. Rosary Guild will enjoy a Tureen Supper Tues., March 5 in the Parish Center, beginning at 6:30 p.m. Members are asked to bring their own table service and a dish to pass. Spite Florist will present a flower arranging demonstration.

ST. AMBROSE. Rosary Society will hold a Tureen Supper March 4 at 6:30 p.m. in the hall. Each member is to bring a casserole. Admission price is \$1.50 or casserole. Mrs. Charles Schrandt and Mrs. Richard Vollermer are co-chairmen. Following the supper "Wig Fashions" will be presented by B. Forman Co.

at 8 p.m., Sister Mary Brigid, principal of Saint Charles Borromeo School, and a member of the Diocesan Panel on Sex Education, will be the guest speaker.

ST. CECELIA. Mothers' Guild meeting March 5 at 8:30 p.m. in the church hall. Bishop Kearney will speak and The Penrose Irish Dancers will entertain.

ST. JOSAPHAT. Irondequoit. Lenten Regulations for Byzantine Rite Catholics. First week, Monday February 26, No Meat or Dairy Products. Second, third, fourth and fifth weeks: Dairy products may be eaten. Abstain from meat on all Fridays. Holy Week: No Meat and on Good Friday abstain also from dairy products. Who are excused: Those over 65 years of age and children up to 12 years of age; travelers; sick or convalescing.

The Parish Lenten Mission will be held March 31 thru April 7.

Lenten Prayers (Sorokoust) will be said every Sunday during Lent starting March 3 at 4:00 p.m.

Hey, Mrs. McGee

Wednesday is Prince Spaghetti Day... Give it a fair shake.

KREY SLOPPY JOES
CHOPPED BEEF IN SEASONED SAUCE

KREY SALISBURY STEAK
and mushroom sauce

KREY BROWN GRAVY
with SLICED BEEF

Anybody with a can opener can be a good cook!

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taste that beats the others cold!

We mean it: Pepsi-Cola tastes better cold than other soft drinks taste at the same temperature. We designed Pepsi that way. We created a special taste that comes alive in the cold. Cold temperatures don't numb this taste. It tastes better cold—the colder, the better! But don't take our word—put it to the taste.

Hey, Mrs. Brown

Prince Egg Noodles

Wednesday is Prince Spaghetti Day... that's a real time for time for noodles!

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A POP PRODUCT

Speaking of You
By LESTER

On Carbon Monoxide

THE THREAT of carbon monoxide poisoning demands an all-year-round safety precautions. When the weather comes severe and the automobile windows are closed, the threat is increased considerably. Indoors, too, gas heaters used more often, pouring hazardous gas into the lungs of unsuspecting victims.

It is an inevitable each year reported in newspapers unnecessary fatalities due gas-operated refrigerators, defective gas heaters and poorly repaired mufflers.

The warnings by public health officials that automobiles should not be warmed up in closed garages are perforce by hurried motorists and gar mechanics who develop drowsiness and sluggishness that cause accidents.

Tracherous Fordon Carbon monoxide is an odorless, tasteless gas that creeps up and does its damage before one is sufficiently aware to protect himself against the treacherous poison. Fumes find their way through the floorboard of an automobile to produce carbon monoxide in the cabin.

A driver can be threatened by the leaks in his own car, but he can also be affected by picking up the deadly exhaust from a car in front of him.

Trailing too closely in turn can cause poisoning in the people in your own car. A heater's fan actually picks the carbon monoxide exhaust from the car in front of you and brings it into your own car.

Aquinas Finme Dunk Kearney

Paul Noga and Mike C. of Aquinas each copped firsts to lead the Little Irish 55-40 victory over the Bl. Kearney's swimming team Saturday afternoon at the Lombus Youth Organized pool.

Aquinas annexed its 13th in 19 starts this season, on its best records in recent years. This is especially noteworthy since Aquinas does not have pool of its own. Aquinas' meets are usually held at C.Y.O.

Noga won the 200-yard style in 2:11.5. The senior came back to take the 100-yard butterfly in 1:06.

Cahill, also a senior and leader of two school records, tured the 200-yard individual medley in 2:27. His second tory was in the 400-freestyle where he was clocked at 4:11.

Paulo Meira of Aquinas exchange student from Atina, easily won the 100 breaststroke with a time 1:12.5.

Big Day For The Sullivans

Mr. and Mrs. John Sull had double reason to celebrate Feb. 28. That date marks years of marriage for the couple and the return home of daughter, Sister Mary Th. Aquinas, from Singapore. She is a member of the Franciscan Missionaries of Mary, was only American nun in the central city for the last 20 years.

The Sullivans have two daughters, Helen and Frances and a son James.

Forty Hours

Forty Hours devotions in Diocese of Rochester:

March 2—Our Lady Queen of Peace, Holy Family, Rosary; Lyons.

DEADLINE FOR NEW MONDAY-NOON FRIDAY DELIVERY

Hey, Mrs. Brown

Prince Egg Noodles

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