

# Self-Made Burdens Add To Mankind's Sufferings

United Nations — (RNS) — U. N. Secretary General U Thant has placed apartheid and colonialism above many other causes of tension and unrest in the world because "they have been deliberately imposed upon by man."

In a statement to the opening session at Kitwe, Zambia, of the International Seminar on Apartheid, Racial Discrimination and Colonialism, the Burmese diplomat suggested that these social ills "easily take first place in their seriousness and persistence."

U Thant noted that leaders like Abraham Lincoln and Mahatma Gandhi had doubts and misgivings, like people today, about the struggle against racial discrimination and colonialism, wondering whether the poor are not always with us; whether the strong will not always lord it over the weak; whether it is not part of human nature for men to attain success by exploiting their fellowmen.

He said that these doubts and misgivings "assail the best and most resolute of us with varying intensity and at different times." But U Thant then stated:

"The United Nations Organization has never lost sight of its basic aims and objectives, but has at all times maintained that freedom is the inalienable right of all men, that it is indivisible, that it cannot truly flourish if it is enjoyed by some and denied to others.

"These principles, so basic to the purposes of the organization, are not rules of conduct arbitrarily devised by the founding fathers, but are fully justified on moral grounds, because peace and freedom are in the last analysis interdependent. Moreover, the founding members in their determination to save succeeding generations from the scourge of war, which twice in our lifetime has brought untold sorrow to mankind, were fully aware that

since wars begin in the minds of men it was not sufficient to lay down rules of conduct as operative to define certain basic rules of behavior between man and man without distinction as to race, sex, language or religion."

The Secretary General then discussed the series of U. N. resolutions on apartheid and colonialism in Southern Africa which produced no change ben-

ca in general, coming to the following conclusion:

"In recent years the winds of change have swept right across the continent of Africa from west to east and from north to central Africa but they seem to have come up against a stony wall running somewhere across the southern part of the African continent. Not only have the winds produced no change ben-

eficial to the non-white people living in this part of Africa but the attitude of the white minority groups that have settled in these areas seems to have hardened and the attainment of self-determination of these regions indefinitely deferred.

"In these circumstances one may only hope that as often happens in human affairs it is their struggle."

a case of its being darkest just before dawn. The intensification of racial intolerance and the gradual erosion of the basic human rights is only equalled by the determination of the people of these regions to rid themselves of the shackles of apartheid and colonialism and racial discrimination in all its manifestations, and of the world community to assist them in their struggle."

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## Alcoholism Info Week Reminds of Danger Signs

Local help for problem drinkers was spotlighted by the recent Alcoholism Information Week. The Rev. Thomas B. Richards, area chairman for the National Council on Alcoholism, pointed out that counseling is available without charge.

"Alcoholism strikes every social level in the country," Rev. Richards stated, "and everyone at one time or another is in contact with a situation created by this illness. Since all its symptoms are behavioral, family and friends who have the facts concerning early warning signs can do much to warn the potential alcoholic, or help the sufferer to obtain treatment before he has lost his job, family, and friends."

"Just the understanding that alcoholism is a disease that can be successfully treated plays a decisive role in getting the alcoholic to seek and accept help," he said. Rev. Richards identified the following signs or symptoms that indicate when a heavy drinker is suffering from alcoholism and needs help:

- is difficult to get along with when drinking
- drinks "because he is depressed"
- drinks "to calm his nerves"
- drinks until he is "dead drunk" at times
- can't remember parts of some drinking episodes
- hides liquor
- lies about his drinking
- neglects to eat when he is drinking

• neglects his family when he is drinking

Anyone seeking information about alcoholism is invited to call or write The Information & Counseling Center on Alcoholism which is located at 1140-42 Granite Building, 130 Main Street East. The telephone number is 232-4045.

The Council on Alcoholism is a part of the Health Association of Rochester and Monroe County—a Community Chest Agency.

## Mission Bound Cardinal Asks To Go Quietly

Montreal, Que. — (RNS) — Paul-Emile Cardinal Leger, Archbishop of Montreal, issued a statement here asking that there should be "no special manifestations" on the occasion of his departure to work in an African leper colony.

The cardinal is expected to leave in mid-December and several organizations have been organizing fund campaigns for a departure tribute.

"Many people have privately offered me aims and I have accepted their charity," Cardinal Leger said, "but I feel that public subscriptions such as those which are already being organized in the country might create a misunderstanding in public opinion. Therefore I ask you to abstain from initiatives of this kind."




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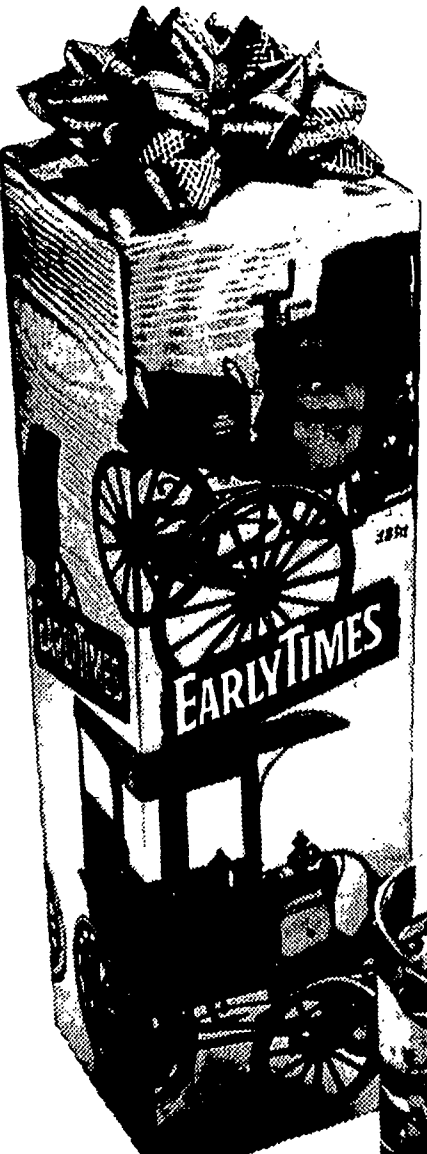
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