

Speaking of YOUR HEALTH...

By LESTER L. COLEMAN, M.D.

Doctor, I'd Like To Know—

SOME time ago you mentioned a drug that could keep an alcoholic from craving liquor. I hope that this is not a rare one and that I can find it for my husband. His life and ours is being ruined by his drinking.

Mrs. D. S. Louisiana
Dear Mrs. S.:
The problem of alcoholism and its destructiveness affects the lives and families of people who might otherwise live in happiness. There are many factors that make one an alcoholic. There are many more factors involved in the cure.

The family background and the psychological makeup are two important reasons for early drinking and later sorrow. Some scientists have been studying the chemical content of the blood hoping to find here the reason for the craving of liquor.

The drug I mentioned is called Antabuse. It works in a peculiar way. Actually, it does not make an alcoholic crave less for liquor.

What it does is this: If the drug is taken by mouth every day, the slightest bit of alcohol in a drink, in a cake, or even in a salad makes the alcoholic dreadfully sick with nausea and vomiting. The alcoholic quickly learns this and carefully avoids a single drop of liquor because the symptoms are so severe.

As you can see, the whole secret lies in being sure that Antabuse is taken every day without fail. The drug is available and is not expensive. Its use is particularly effective if, in addition, the alcoholic can be induced to join Alcoholics Anonymous.

This remarkable organization is undoubtedly one of the most important ways to control the disease of alcoholism. I emphasize the fact that alcoholism is

a physical and an emotional disease which can be controlled but is never cured. There can be no let up in treatment.

Is it possible for a patient to be so anemic that it is unsafe to give her a transfusion because of a greater possibility of coming down with hepatitis?

Mr. S. M. Arkansas
Dear Mr. M.: It was a remarkable coincidence that your letter is almost identical with the one which I received from Mrs. J. B. from Louisiana. Severe anemia that necessitates a transfusion is benefited markedly by it. The fact that the anemia is severe has nothing to do with the possibility of acquiring hepatitis as a complication of a transfusion.

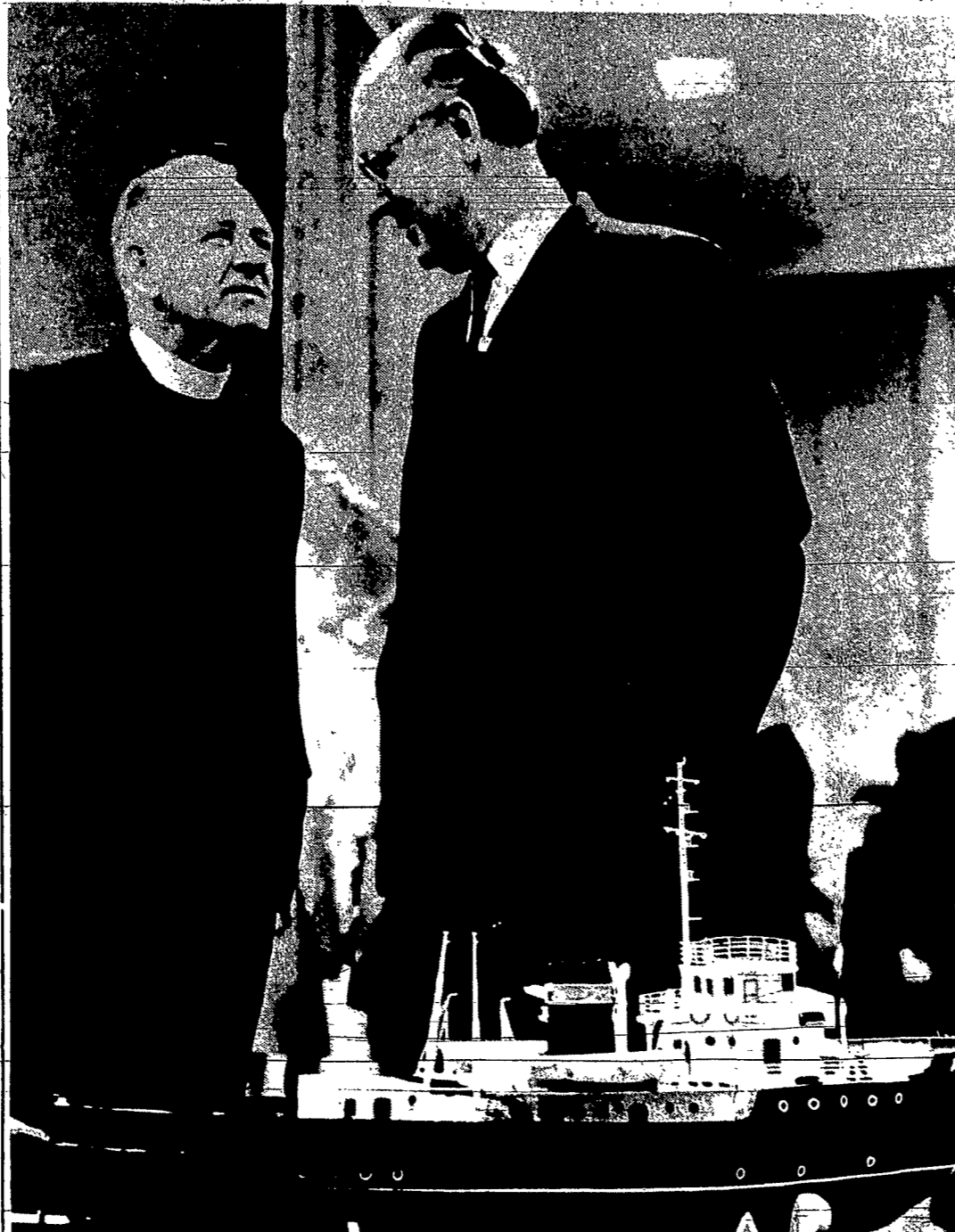
A virus undetected in the blood of a donor may be the cause of hepatitis, an inflammation or infection of the liver. There are now many safety devices to protect patients against this unpleasant complication.

Blood is taken from donors who are known to be in perfect health. There are some means of purifying blood by ultraviolet radiation before it is used in an effort to reduce the frequency of transmitting hepatitis.

This complication is rather rare and should not be a source of fear or anxiety in those who urgently need the advantage of blood transfusions.

SPEAKING OF YOUR HEALTH—Keep children away from inside door handles in automobiles. Remember that when you push the button down you only keep others from coming in, you do not thereby insure that the doors will not fling out.

Dr. Coleman welcomes letters from readers, and, while he cannot undertake to answer each one, he will use questions in his column whenever possible and when they are of general interest. Address your letters to Dr. Coleman in care of this newspaper.



Jesuit, USSR Envoy Meet

Newton, Mass. — (RNS) — Father Michael P. Walsh, S.J., president of Boston College, and Soviet Ambassador Anatoly Dobrynin took part in the opening of the first major showing of a Russian educational exhibit touring U.S. cities. The exhibit, "Education-USSR," is designed to display advances made in Russia during the 50 years following the Revolution of October, 1917. Father Walsh recalled that when the Jesuits were ordered to disperse in 1773, the writ of suppression was not executed in Russia because of the admiration of Catherine II for the Jesuit teachers and schools. "And so for 40 years," he said, "until the order was restored to its full life in 1814, it existed legally and flourished without restriction only in Russia. From these vigorous Russian roots the modern Society of Jesus took its rise."

Association For DC Laity

Washington—(NC)—Some 500 persons attended an organizational meeting here of the Washington Lay Association, a group seeking a more effective voice for laymen in all areas of the Church.

Joseph W. Lowell Jr., chairman of the temporary steering committee which organized the meeting, said the WLA's two-fold purpose would be to provide a forum for lay ideas and to act on such ideas through specific projects.

"We intent to vigorously translate the moral and social mandates of Christ and His Church into meaningful action in our diocese and our community," Lowell said.

The association, he said, "has no authority; it seeks no authority, but power it should have."

He expressed hope that the group's action would "merge with the voice and witness of Christ's appointed pastors" but stressed that it would continue to speak even when its actions are not "greeted with enthusiasm by clerical authority."

Lowell also announced that Patrick Cardinal O'Boyle of Washington had been informed of the steering committee's plans by letter and read a reply from the cardinal which offered appreciation for "your zeal and your offer of help in meeting the problems existing in the modern temporal order."

The temporary chairman also announced that permanent officers would be elected in January and that proposed by-laws would be published shortly in the second issue of the group's newsletter, "The Voice."

Although the by-laws were not read or discussed, several attending the meeting expressed disagreement with one rule evidently accepted by the steering committee—membership open to clergy and religious.

One speaker maintained that a lay association must be "free of any influence of any religious."

Another compared the organization to union and said that as a union does not allow members from management, a lay association should not allow members from the clergy.

Four Million Sent Arabs By Catholic Agencies

New York — (NC)—Emergency aid from Catholic sources to Arab refugees of the recent Israeli-Arab conflict has reached some \$4.25 million. Since the June 5 outbreak, Catholic agencies gave \$3 million in food, medicine, blankets and other relief supplies and \$1.25 million in cash to aid centers on both sides of the cease-fire lines.

Some of the Church assistance is distributed through the United Nations Relief and Works Agency. However, the three Catholic agencies directly distributed: 5,596 tons of food; 26,700 blankets; 50 tons of clothing; 88 tents; 10,000 mess kits; 5,500 cook stoves; 17 tons of medical supplies and \$20,000 worth of antibiotics and vitamins; and 1,000 tins of canned meat.

The Catholic emergency relief effort is centered in Syria, Egypt, Israeli-occupied Gaza, Jordan and the occupied West Bank. Schools and other institutions in the Holy Land have served as shelters and feeding centers.

Hoffa Wants A Chaplain

Washington — (NC) — Friends of Teamster Union President James Hoffa, who last March started serving an eight-year jail sentence for jury tampering, have asked for a congressional investigation into the reasons why prison officials will not let Hoffa see the clergyman of his choice.

Hoffa's choice is Msgr. William Joyce Russell, pastor of St. Catherine Labourer church in Wheaton, Md. The government's choice is the regular Catholic chaplain at Lewisburg, Pa., Penitentiary.

Mary Reilly LeBeau Weber

Rites for Descendant Of Diocesan Pioneers

Solemn Funeral Mass for Mrs. Mary Reilly LeBeau Weber, noted for her religious poems and other writings was offered in Holy Rosary Church, Oct. 18. Mrs. Weber of 40 Rainier St. died Oct. 15, 1967.

The Solemn Requiem Mass was celebrated by Monsignor John E. McCafferty with Father William H. Hickey, deacon and Father Thomas H. Wheeland, subdeacon.

Mrs. Weber was the sister of the late Francis J. Reilly, longtime principal of Elmira Catholic High School who died as pastor of St. Mary's Church, Horseheads, Jan. 19, 1965.

She and her brother were orphaned at an early age and Bishop McQuaid saw to it that they were taken care of. Francis was raised in St. Mary's Orphanage, Rochester, Mary in the Academy of the Sacred Heart, Rochester and later at Manhattanville and at Grrosse Pointe, Mich., in schools conducted by the same order.

She was a grandniece of Father James Mary Early, an account of whose life appeared in the Catholic Courier, Sept. 29, 1967.

Father Early and the family of his sister Mary Early Murphy, were also owners of a farm on Lake Ave. which Bishop McQuaid purchased around 1905

Jennie Farren Requiem

Requiem Mass was celebrated Thurs., Nov. 9, in St. Augustine's Church for Mrs. Jennie Farren, mother of Arthur P. Farren, 559 Annet Blvd.

Besides her son, Mrs. Farren, 82, is survived by two sisters, Rose and Catherine Toner, County Derry, Ireland; four grandchildren, Patrick, Mary Anne, Margaret and Christine Farren, and several nieces and nephews.

Friends were invited to donate in her memory to the Family Rosary for Peace, 401 Orange St., Rochester 14611.

Arthur Farren, a former member of the staff of the Catholic Courier-Journal, has been engaged in Catholic fund-raising and has assisted many parishes in the Rochester Diocese and in other parts of the state.

Mary Craw Funeral Mass

Funeral Mass for Mrs. Mary A. (Ginnity) Craw was offered Saturday, Oct. 28, in Holy Name of Jesus Church, Greece. Requiem Mass was celebrated by Father Thomas M. Reddington, pastor.

Mrs. Craw died October 25, 1967 after a long illness.

She is survived by two daughters, Mrs. Frank J. Gugel (Elizabeth) and Miss Marjorie H. Craw, a sister, Miss Mildred H. Ginnity, six grandchildren, several nieces and nephews; also, cousins in Auburn and Rochester, including Father Joseph T. Gaynor, pastor of St. Catherine's parish, Addison, New York, and Father William Hickey, assistant at Holy Rosary Church.


Mrs. Craw was a member of the LCBA, Branch 1340.

Blessing at Holy Sepulchre Cemetery was given by Father Hickey. Arrangements by Farrell Brothers Funeral Home.

World Fellowship Luncheon
The annual World Fellowship Luncheon of the YWCA of Rochester and Monroe County is scheduled for Wed., Nov. 15, at the YWCA, 175 Clinton Avenue North, starting at 12 noon. Guest speaker will be Mrs. Ryrie Smith of Toronto, Canada, vice president of the World YWCA, who has just returned from the YWCA World Council and a trip around the world. Her topic will be "Find Yourself in the World Picture." For reservations and information call the YWCA at 546-5820. Donation is \$2.25 per person.

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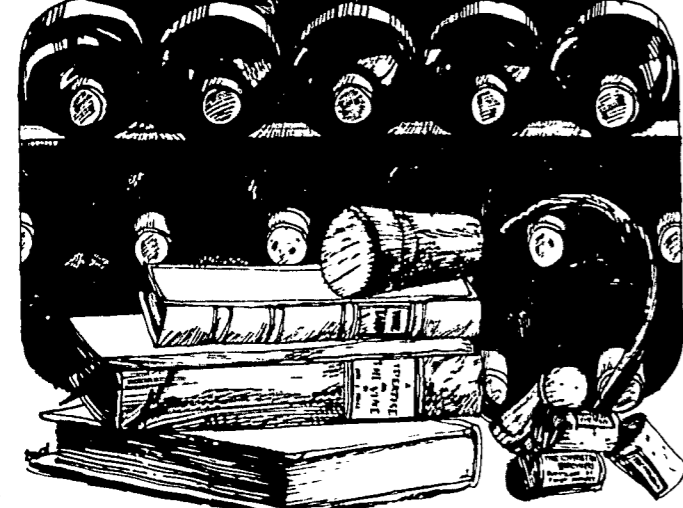
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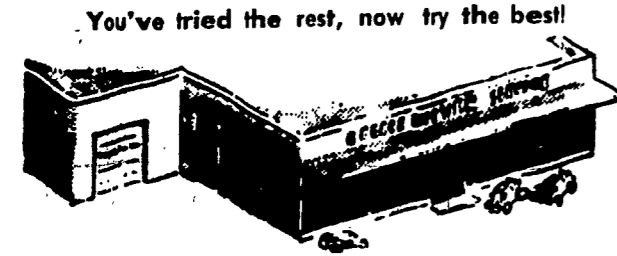
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