

Inside WASHINGTON

MARCH OF EVENTS

AMERICAN EXPERTISE ON ORIENT IS LACKING

FEW COLLEGES TEACH MUCH ABOUT FAR EAST

By HENRY CATHCART
Central Press Washington Correspondent

WASHINGTON—One thing the Vietnam war and the accompanying policy debate have disclosed is the sad lack of American expertise in the history, language and culture of the Orient—particularly Southeast Asia.

We have been and still are "Europe-oriented." This country has only a few persons who can speak, read and write the language of Vietnam and who are familiar with its culture.

Only three American universities, a national magazine recently reported, have strong enough studies on Southeast Asia to rate federal support under the National Defense Education Act. The three are Cornell, Yale and Hawaii.

How so? Well, Americans find their own cultural heritage in Europe and have shown their willingness to be involved there in two world wars, in projects like the Marshall Plan and Nato and in the still-rising flood of tourism which annually takes our citizens to villages and cities from Norway to Greece.

American universities, to which our government must first look for help, have been promoting few who know anything about Southeast Asia. This despite the obvious future political problems and trade opportunities which the Far East present.

Chairman J. William Fulbright of the Senate Foreign Relations Committee perhaps points up the problem. A Rhodes Scholar at Oxford University and later president of the University of Arkansas, he has been involved in foreign affairs since he reached Congress in 1943. But his present deep interest in Asia is a direct outgrowth of his concern about the Vietnam war.

● **BOBBY**—If Sen. Robert F. Kennedy, D-N.Y., has publishing problems like those the Kennedy family experienced with William Manchester's "Death of a President," they will be with a different publisher on his own forthcoming book.

Author Kennedy is expected to sign a contract with Doubleday & Co. to bring out his book, "To Build a Newer World," late this fall.

Kennedy's first three books were published by Harper & Row, who produced Manchester's book on the assassination of the senator's brother. His fourth book is an expansion of speeches and statements Kennedy has made on current problems, domestic and foreign.

● **NEW BIRDS**—Sen. George Murphy, R-Calif., is tired of the use of the words "hawks" and "doves" to describe the opposing positions on the Vietnam policy. Murphy wants to be known as an "eagle" and he has drawn up a resolution to be signed by other senators who want to be classified with the national bird.

So far, 51 senators have signed and are eligible to wear a special gold eagle lapel pin he designed.

In case anyone wants to know what the eagle stands for, it has far more kill power than a hawk, and literally eats doves alive.

Son Concelebrates Mrs. Kaiser's Mass

A concelebrated Funeral Mass for Mrs. Edna F. Thresher Kaiser was offered by her son, Father Joseph Kaiser, in St. Boniface Church, Sept. 29.

Celebrating with Father Kaiser were: Reverend Fathers E. Charles Bauer, Robert G. Kreckel, Robert Devine, Louis Pesut, Adolph Weidman, Edward Wright, all of Rockford, Ill. diocese; and Francis Taylor.

Mrs. Kaiser of 19 Parkwood Ave. died Sept. 24, 1967.

She was a member of Knights of St. John Auxiliary, Rosary Society of St. Boniface Church, Catholic Women's Club, St. Monica Guild and Oak Leaf and Triangle Clubs.

Surviving are two daughters, Mrs. James (Margaret) Durham of Rocky River, Ohio and Miss Mary Jane Kaiser of Washington, D.C.; her son, Father Joseph F. Kaiser of St. Peter and Paul Church, Virgil, Ill.; three grandchildren, Michael, Patricia and Kathleen Durham; several nieces and nephews.

Also attending the Funeral Mass were Reverend Fathers Michael Hogan, James Wolfe, John Dillora, William McCall of this diocese and William Lambert of Fairfield, South Dakota.

Blessing at Holy Sepulchre Cemetery was given by Father Bauer with Father Taylor. Arrangement by Miller Funeral Homes, Inc., Mt. Hope Ave.

Seton Groups In Action

46TH BRANCH of Seton Workers of St. Mary's Hospital met Tuesday, Oct. 10 at the home of Mrs. Douglas Goyette, 273 Valley Road. Work on Seton sale projects continued under the chairmanship of Mrs. Philip Rohne.

51ST BRANCH was to be entertained by Mrs. Howard Dinkel at her home on Buckland Ave., Tuesday, Oct. 10. At a work meeting at 11:30 a.m., members were to finish their project for the Seton Sale, Nov. 2 at St. Mary's Hospital.

25TH BRANCH members will be entertained by Mrs. Paul McGuire of Claybourn Road at luncheon in her home, Friday, Oct. 13. Work meeting to begin at 11:30 a.m. Business session to follow. Plans for Seton Sale to be completed.

60TH BRANCH will meet at home of Mrs. Fred Blum, 28 Greenbriar Drive, Wednesday, Oct. 18 at 8:30 p.m.

Family Rosary Radio Leaders

The Family Rosary for Peace program is broadcast each evening at 7 p.m. by Rochester radio station W5AY, WMBE-FM in Auburn, television cable companies Channel 8 in Elmira, Channel 5 in Hornell and at 8:45 p.m. in Corning. Those who will lead in recitation of the Rosary this week will be:

Saturday, Oct. 14 — (Mass will be celebrated) — Richard Wheeler, St. Jerome's parish, East Rochester, accompanied by St. Patrick's Fraternity, 3rd Order of St. Francis.



AOH Plays Host To Irish Visitors Here

The Monroe County Board of the Ancient Order of Hibernians and their Ladies Auxiliary played dinner hosts to the Irish Festival group who were at Sibley's promoting Irish industry last week. ("X" marks the overseas guests). Standing, from left, Ross McMahon, Walter Anderson, Charles O'Farrell (x), Paul Brock (x), Monsignor John M. Duffy, Tony Lynch (x), John Malloy (x) and Tom Mullins. Seated, from left, Rose McMahon, Joan Reilly (x), Breda Corey (x), Bride Shannon, Ann Holmes (x) and Mary Ring.

What's New in the Parishes

- HOLY NAME OF JESUS.** Our Lady's Guild meeting, Oct. 17, Mass at 8:30 p.m. followed by a tureen supper in the recreation hall. Mrs. Clifford King, chairman.
- MOUNT CARMEL.** Rummage sale, Oct. 13, 4-9 p.m., Oct. 14, 9 a.m.-9 p.m. Free parking.
- ST. LOUIS, Pittsford.** Rosary Guild fashion show, Oct. 17, 8 p.m. Proceeds for scholarship fund. Admission, \$1.25. Chairmen, Mrs. John Coleman, Mrs. James Hayes.
- ST. MARK, Greece.** Women's club costume party, Oct. 17, 8:15 in church hall.
- HOLY APOSTLE.** Mothers' Club meeting, Oct. 16 at 8 p.m. Representative from Citizens for Educational Freedom will speak.
- CORPUS CHRISTI.** Social night for men of parish, Oct. 20 sponsored by Mothers' Club. Mothers' Club meeting, Oct. 18, 8 p.m. Cane Conference, Oct. 22 in school hall, 6-8 p.m.
- HOLY GHOST.** Home School Association meeting, Oct. 13, 8 p.m. in school hall. Film to be shown on how visual aids help your child. Mr. F. Gutheriel will speak on Blaine Amendment.
- GOOD SHEPHERD.** "Teacher's Tea" Oct. 15 sponsored by Altar and Rosary Society. The faculties of Good Shepherd School and Good Shepherd CCD program will be guests of honor. The business meeting will begin at 8 p.m. in the school hall. Mrs. Rosalie Reinhardt will present a CCD Demonstration Lesson entitled "How to Form a Christian Conscience."
- ST. MONICA.** Rosary Society and Mothers' Club Pot Luck supper, Oct. 18, 6:30 p.m. in rectory meeting room. Bring dish.
- ST. BRIDGET and ST. JOSEPH, Holcomb.** Sunday, Oct. 15, Baked Food Sale will be held following each Mass at the church hall. All members of the Altar and Rosary Society are requested to donate baked items for the sale.
- ST. CECILIA.** Rosary Guild has changed date for Rummage Sale at St. Bridget's Hall, on Saturday and Sunday, Oct. 14 and 15, 9 a.m. Pickups on calls to 467-9308 or 644-7633.
- MOST PRECIOUS BLOOD.** The school board meeting, Oct. 16, 7:30 p.m. in school auditorium.
- ST. THOMAS THE APOSTLE.** Rosary Society meeting, Oct. 18 in school hall following the Holy Hour in the Church at 7:45 p.m. The B. Forman Company will present a "Hat and Wig Show." Chairman of the event is Mrs. Frederick D. Hawke Jr.
- ST. LAWRENCE.** Annual Halloween Dance: Costume, Dancing, Buffet, Saturday, Oct. 28, 8 p.m., in the school hall. Miss Elizabeth Hurley, B.S., M.S., will speak on the topic, "News in Food."
- ST. RITA, West Webster.** Oct. 17, St. Rita's Society meeting at 8 p.m. Msgr. Albert H. Schnackly will be the guest speaker. "Religious Education of Catholic Children in the Public Schools." Chairmen: Mrs. Peter Palamar, Mrs. Edmund Kowalski.
- ST. AUGUSTINE.** Mothers' Club will meet Monday, Oct. 16, 8 p.m., in the school hall. Miss Elizabeth Hurley, B.S., M.S., will speak on the topic, "News in Food."

Museum Seeks 5000 Members

A membership of at least 5,000 is the goal of the Rochester Museum Association's 1968 campaign.

According to Charles L. Ruml, general chairman of the drive, the Association also hopes to raise at least \$150,000 in members' dues and other contributions.

The drive begins officially October 19 and will run through the remainder of the month.

To Hear Students

The Rochester Chapter of People-to-People Inc., will meet on Sunday, Oct. 15, 3 to 5 p.m. at the YWCA, 167 Clinton Avenue North.

Speaking of YOUR HEALTH...

By LESTER L. COLEMAN, M.D.

Burden Of Early Retirement

FROM the moment I was required to retire from a job that I had worked at for 40 years I suddenly found myself "classed as one of the elderly." At 65 I don't feel any limitations, physically or emotionally. Yet, I am bombarded with descriptive words like "elder citizens," "graceful elderly" and other meaningless terms that only emphasize the poor judgment in retiring people who are still active.

If society Dr. Coleman wants me to be old against my wishes, are there any special diets to keep me from malnutrition of the aged? Why can't social progress match the medical progress and allow us to continue our profession as long as we are able?

Mr. T. S. A., Pennsylvania Dear Mr. A.: You have said so well that which many people feel and resent about premature retirement. It is completely true that many active, productive human beings are sent out to graze in the pastures of loneliness when they can still rolick like colts.

Modern medicine is giving 18 years of additional life because of the wonders of medical achievement. It is sad that these 18 years are not accompanied by the social progress that will make them years of happiness rather than burdensome years of disregard.

From the medical point of view there may be some cases of malnutrition that do occur in people past the age of 65 even when they seem to be eating well and often. One of the most common deficiencies in the diet of the elderly is caused by too little protein.

The reason for this may be that protein foods are somewhat more difficult to chew and to digest. Dentures and dental problems, certainly more common as we grow older, may be the reason. There are some simple, basic rules for better nutrition.

1. The daily diet must include the juice of oranges or some citrus fruit, leafy green and yellow vegetables, poultry, meat, fish or eggs and two cups of milk and a whole grain bread or cereal.
2. During the winter and even the summer take an inexpensive multiple vitamin and mineral supplement.
3. Eat smaller quantities of food at more frequent intervals rather than overload the stomach at one meal.
4. Highly seasoned, fried and greasy foods should be avoided.
5. Unless there is a medical reason against it, five glasses of fluid can help digestion and intestinal irregularity.

The physical and emotional health of people above the age of 65 should not be any more precarious than it was before that fateful day of your retirement. Routine medical examinations need not be any more extensive at this time. Living with a threat of disease or a fear of one that does not exist does not help to make this period in your life more comfortable or tranquil.

The period of retirement must be planned for. One can hardly expect to be dislocated from a job, as you have been, and suddenly asked to find a hobby after the farewell luncheon with the inscribed gold watch. The art of leisure is a gentle one that must be planned for long before it is available.

Growing into an older age group gracefully and planning a partial career of retirement starts many years back and, in fact, adds a great deal of joy to the most active and productive periods of youth and middle age.

Dr. Coleman welcomes letters from readers, and, while he cannot undertake to answer each one, he will use questions in his column whenever possible and where they are of general interest. Address your letters to Dr. Coleman in care of this newspaper.

MY SON, THE PRIEST

Have you ever wished you had a son a priest? Now you can have a 'priest of your own' and take joy in all the good he does. This week, for instance, a young priest in Ethiopia is receiving congratulations from a housewife in Iowa who sponsored him for the priesthood. For six years she prayed for him, wrote to him, gave \$8.50 monthly for his education. Last week Father (ordained in 1966) baptized his first class of 47 converts. . . . We can send you immediately the name of a boy who wants to be a priest but cannot pay his own expenses. He needs only \$100 a year (\$8.50 a month) for the next six years, payable at your convenience. He will write to you, pray for you, and you may write to him. In fact, six years from now you may want to go overseas for his Ordination. . . . Can you imagine the blessings to your family when your 'adopted' son becomes a priest? We'll send you full details on receipt of your first gift. It can be \$8.50 for the month, \$25.50 for three months, \$100 for the year, or \$600 now for the entire six-year course.

Dear Msgr. Nolan: I received an extra hostile fire pay allowance while serving in the combat waters of Vietnam and if possible I will send \$12.50 a month for a one year period to help train a native Sister. Enclosed is \$15. Signed: JTH

FROM A SAILOR IN VIETNAM

SISTERS FOR PROBLEM GIRLS

From India Sister Vincent writes: "Here in Paduapuram our Sisters of Nazareth are teaching good housekeeping, baby-care, cooking and sewing to girls we bring in from the streets. They respond gratefully to good wives and excellent mothers." The Sisters desperately need a chapel—cost: \$2,750. . . . Name it for your favorite saint, in your loved ones' memory, if you build it all by yourself. Or send as much as you can right now—\$500, \$100, \$50, \$25, \$10, \$5, \$2. Give countless girls a chance!

Dear Monsignor Nolan: ENCLOSED PLEASE FIND \$ FOR NAME STREET CITY STATE ZIP CODE

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