

Speaking of YOUR HEALTH...

By LESTER L. COLEMAN, M.D.

These Are Your Questions

HOW SERIOUS are the reasons for coughing up blood? Is tuberculosis the major reason?

Coughing up blood is an important sign, one that must not be neglected. Yet the reasons for blood in the sputum need not always be serious. In fact, unimportant conditions far more commonly cause blood streaks in the sputum.

When an amount of blood is coughed up it produces a great deal of anxiety because tuberculosis is the first thought that enters the mind. It is important to track down the cause so that such unnecessary fear can immediately be dispelled.

By far the most frequent reason can be traced to the fact that blood from the gums and teeth run down the back of the throat and is then coughed up. This blood is mistakenly thought to come from the lungs.

There are many tiny blood vessels that lie on the lining of the nose and throat. Sometimes after a slight injury, a cold, or irritation these blood vessels may break, allowing blood to trickle down the back of the throat only to be coughed up.

When large quantities of blood are coughed up, intensive study must be made. X-ray of the chest and sputum examinations contribute important information.

Under special circumstances a bronchoscope is inserted directly into the lungs. By this method almost every area of the lung can be minutely seen to find the exact point of bleeding.

Too often the fears are so great that people delay talking to their doctors. If they can be induced to do so, in most instances they would find that their problem is a simple one.

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Theater News

Judy Garland

by EUPHEMIA WYATT

JUDY GARLAND: She entered the Palace Theatre from the back and as she walked down the center aisle the entire house rose up shouting "Hello, Judy!" The love affair between Judy and her audience continued all evening. Her voice may be vanishing but her personality is as vital as ever. In her jacket and trousers of gold flashing brocade, she was boyishly feminine with a tension in her fine grace which marks her as a rhythmic child of the twentieth century.

With her audience in this receptive mood, it seemed an ideal time for Judy to introduce them to her two children. The little girl, straightforward and tall sang a solo; the boy, who looks like his mother, was a spirited drummer.

Also on the program was a juggler named Brunn, a peer in his art.

There are no empty seats at the Palace. Judy and her faithful fans fill it night after night.

MACBETH: "The flaming ramparts of the world..." His splendid phrase and if one is willing to restrict it to the haunted world of Macbeth, it flames on the stage of the Shakespeare Festival Theatre at Stratford, Connecticut in Ter-Artinian's decor of burnished tin for which Tasso in Mexico



In "An Occurrence at Owl Creek Bridge," a condemned man savors a new chance at life. This film short is thought to be ideal for teaching on Baptism.

Film 'Shorts' Revived

Selected short subjects, the onetime moviehouse mainstays that have been all but buried by increasingly longer feature films, are being resurrected in religion classes, fittingly.

Hundreds of film "shorts" ranging from 6 to 60 minutes long and consisting of documentaries, dramatic vignettes and even cartoons — are being used in high school religion courses. But unlike "religious filmstrips" specifically made to teach certain tenets of faith, these shorts were originally made for commercial audiences and are now being adapted to classroom use by teachers of religion.

Among the shorts being screened and discussed frequently in religion classes are "Nanook of the North," a documentary on Eskimo life, "The Red Balloon," a fantasy about the attachment that develops between a Parisian youth and his toy balloon, and "The Violinist," a Carl Reiner-narrated cartoon parable about the way we react to the man who has the guts to become what he wants to become.

The description is from "Short Films in Religious Education," an elaborate 130-page loose-leaf notebook produced by Dayton's George A. Pfum, Publisher, Inc., as a guide to classroom use of film shorts during religion period. The guide currently features 51 shorts (with

bradwords, snatching their daggers. When the mortal blow falls Macbeth he falls so close to the steep steps down to the down them. In his reappearance for his final curtain, the poor fellow had a perceptible limp.

As Macbeth, John Colicos gives a well-tempered performance — not convincing. He portrays a weak man entangled in circumstances too strong for him, yielding to impulsive fear, left defenseless without his wife. As Lady Macbeth, Carrie Nye is younger than is usual for the part, therefore more passionate and less calculating, beautiful always.

Mr. Houseman has staged a swiftly exciting Macbeth, clearly spoken and audible. It is tremendously encouraging to consider how far the Festival Theatre at Stratford has progressed since its first production of the Macbeth tragedy.

There is nothing calm about the duel between Macduff and Macbeth who hurl themselves justly about the stage, recovering from falls, interlocking their

As for the students, Kuhns

looseleaf-additions to be made periodically, with synopses, suggestions on how the various shorts might be used to accompany classroom instruction and even "suggested questions" to spark student discussion.

The shorts were selected according to their ability to "create the possibility of deep personal reflection," said the guide's author, William Kuhns, a film-education instructor at Fordham University.

"As teachers have learned," Mr. Kuhns noted, "the truths discussed in a religion class become most meaningful to students at the point where students can locate the need for and meaning of these truths within their own experience."

As an example, Kuhns cites the 27-minute film, "An Occurrence at Owl Creek Bridge," as a possible prelude to teaching on Baptism.

"Occurrence" is a short story about a Confederate soldier who is about to be hanged. As he falls through the trap door, the rope around his neck breaks, he swims away from guards, and as he realizes how near to death he has come, for the first time in his life he is aware of the beauty of life in all its forms.

After viewing the film once or twice, Kuhns comments, "hopefully, students will begin recognizing that 'life' is a gift, beautiful and wondrous beyond imagining, which they have taken for granted. Death is the snatching back of this gift (in the film, the escape period proves to be an hallucination, and the viewer sees, at fadeout, that the hanging has been successful.

"At the right moment, this recognition can be followed for all that it is an introduction to baptism. Conceivably, baptism might, in this context, become slightly meaningful to a few students in the class. For as a gift so precious that it defies understanding, 'life' can possess a deeper meaning for the student than can be reached through words. With the right combination of Scripture and explanation, this deeper meaning may be a fertile ground for a deeper understanding of a fundamental religious belief."

Noting the increased use of feature-length films as religious teaching aids — "La Strada," "David and Lisa" and "The Seventh Seal" are among those frequently used — Kuhns cites the low rental fees (\$5 to \$10 per showing) and their shorter running time as factors that should make the film shorts more popular among teachers.

As for the students, Kuhns

believes that many commercial-made shorts — especially those featuring a minimum of dialogue — can "get through" more effectively to the image-oriented viewer than could the old "religious filmstrips."

The soapy little drama (that was) meant to do nothing more than illustrate the dangers of steady dating stands slim chance of competing with a forty-second commercial which sets out — far more competently and artistically — to CONVINCE. Indeed, the soapy drama may be dangerous, in that the student class — and his religion? — with the inferiority which which he so quickly senses in such a film. Artistic quality is a must for the use of short films in the religion program.

Theater East

Chairmen Named

Mrs. Leonard Horn, president of the newly formed Women's Committee of Theater East, recently announced the appointment of the following committee chairmen: Subscription, Mrs. M. Jack Horman; Membership, Mrs. Peter Paris; Exhibits, Mrs. Eric Johnson and Mrs. Joseph Mariano; Production Assistance, Mrs. Raymond Goldstein and Mrs. Gordon Small; Group Sales, Mrs. Ginger Gravin and Mrs. Melvin Waldman; Children's Theater, Mrs. Stephen Sundell and Mrs. Lloyd Hurst; Hospitality, Mrs. Saul Commins; Office and Box Office Assistance, Mrs. Henry Werblow; Program, Mrs. Edgar L. H. e r m a n; Publicity, Mrs. Abram Pinsky; Telephone, Mrs. Frank Monfredo.

These committees will expand their services as new members are added to the Women's Committee of Theater East. Women who are interested in joining may contact Mrs. Peter Paris, 381-4092 or Mrs. Theodore Lutus, 442-3303.

Family Rosary

The Family Rosary for Peace program is broadcast each evening at 7 p.m. by Rochester radio station WSAJ, WMOB-FM in Auburn, television cable companies "Channel 8" in Elmira, Channel 5 in Hornell and at 88.75 mc in Corning. Those who will lead in recitation of the Rosary this week will be:

Friday, Aug. 18 John Kane, St. Catherine's parish, Addison.

Saturday, Aug. 19 — (Mass will be celebrated) — Rev. Mr. Robert Magin, St. Salome's.

Sunday, Aug. 20 — William Endress, St. Salome's.

Monday, Aug. 21 — Representative of Knights of St. John.

Wednesday, Aug. 23 — Edward Hahn, St. Andrew's, accompanied by Holy Name Society.

Thursday, Aug. 24 — William Cherry, St. Augustine's.

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BRIDGE TO DESPAIR OR HOPE?

THE HOLY FATHER'S MISSION AID TO THE ORIENTAL CHURCH

"We pray the guns will remain silent," writes Monsignor Gartland from the Holy Land, "but the crisis is far from over for the innocent victims." He speaks of the nearly two million refugees still caught in the web of misery spun by the Arab-Israeli fighting of early this summer. "If Americans could only see the suffering, the concern..." he added. Perhaps if we saw the endless line of refugees waiting to cross the twisted girders of the Allenby Bridge, buckled into the greenish waters of the River Jordan, the stream in which Christ was baptized—if we saw the children, the aged, the blind, mothers balancing unbelievable loads, most bringing only what they wore—we Americans would care. For the Holy Land poor, the bridge was but a rickety escape to more poverty. Hazard of epidemic is high, and morale of these—the least of Christ's brethren—is near the despair level. If you care, if you see in them Christ suffering, please help now. Give them hope.

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Wednesday, Aug. 30 8:30-9:30 P.M. (St. Basil Hall Lobby)	WAYNE BELTON Gregorian Institute Choral Clinician, Music Director, St. Hugo of the Hills, Detroit
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By Bob Sudyk
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