

SPIRITUAL EXERCISES AT THE CENACLE

Spiritual exercises will be held at the Cenacle Retreat House for women, 693 East Avenue, Rochester, during the month of April as follows:

RETREATS:

- April 4-6—Bishop Kearney High School Seniors—Rev. Eugene Tucker, S.J.
- April 7-9—College Alumnae—Rev. John A. McCarthy, S.J.
- April 14-16—College Students—Rev. Gerald Appelly
- April 21-23—Married Women—Rev. John Walchans, S.J.
- April 28-30—General Retreat—Rev. Francis Cegielka, S.C.A.

GUILD MEETINGS:

- April 18—St. Raphael's Guild (Business and Professional Women) 7:15 p.m. — Rt. Rev. Joseph L. Hogan
- April 19—Cenacle Guild for the Blind, 7:00 p.m.
- April 20—Eucharistic Guild, 8:45 a.m.—Rt. Rev. Monsignor John E. Maney

STUDY CLUBS

- April 5—Young Married Women, 8:00 p.m. — Rev. Henry Atwell
- April 12—Young Business Girls, 7:00 p.m.
- April 20—Young Married Couples, 8:00 p.m. — Rev. Henry Atwell
- April 26—Young Business Girls, 7:00 p.m.

COMING:

- June 23-28—Five Day General Retreat—Rev. E. Paul Amy, S.J.

Church Renewal By Seeking Truth

(Following is a translation of an address given in Italian by Pope Paul VI at his weekly general audience Dec. 7, 1966.)

You know that the Church, in this post-conciliar period, is making an effort toward renewal in every way, with regard to knowledge of the Vatican Council texts, endeavoring to study, understand and spread them.

Thus the Church makes progress in the knowledge and consciousness of itself and in trying to better understand God's plan in reference to the manner in which its passage of ours in time and in the world is to be lived, and in reference to the final destiny of our existence.

Christ, the Church itself, the Word revealed by God, the contents and style of our dialogue with God, the relationship of Catholic with the separated Christians and with the followers of other religions, in fact, with the profane world and that of non-believers; our whole religious order, in a word, is being studied so as to give a new growth to our faith, our hope and our charity.

You know that, during these weekly family-like meetings, we try to call our visitors' attention to this present attitude of the Church: an attitude of seeking, of re-awakening, of renewal and of progress.

We have chosen a scriptural picture to indicate such an attitude of the Church, an attitude which should be that of every member of the Church itself, and likewise yours. The picture is that of construction; we must, we were saying, build the Church; we must restore it, edify and extend it.

The complete plan of its construction has not yet been fulfilled.

Before our mind is an expressive word of St. Paul to the Corinthians, who were eager to have a deep understanding of the first Christian announcement and to experience it: "So also you, since you strive after spiritual gifts, seek to have them abundantly for the edification of the Church" (1 Cor. 14, 12).

Here a question arises: One who has received the faith and finds himself vitally part of the Church, is he not already in possession of that which is needed to save him?

The temptation arises, furthered in various ways by both Catholics and Protestants: Does faith not suffice?

Let us now reflect upon Catholics; upon ourselves as children of our holy Church.

Is it not perhaps true that we are often ~~not~~ ~~not~~ ~~not~~ so satisfied in knowing that we have the truth and of being so well guided and assisted by the magisterium (the teaching authority) and by the ministry of the Church as to exempt ourselves from making other efforts in the search for truth itself?

We hold the happy impression of having embarked on the ship of salvation and we think of nothing else. This ship carries us to the last port. It is only necessary for the fortunate traveler to remain tranquil and to fulfill some modest habitual observance in order to have things right, and in order not to experience other spiritual torments: as to God's mystery, as to the destiny of our life, as to the depth of truths and religious problems.

The security of belonging to the Catholic Church would result in spiritual laziness, in an illusion of knowing everything and of possessing everything with regard to religion; it would result in a static attitude easily inclined to formalism and dogmatism.

The Catholic, it is said, does not study, does not seek, does not suffer, does not experience the sublime torment of doubt, of endeavor, of continued spiritual movement. Is not Ulysses, bending "to experience the fatiguing world and the failings and felicities of mankind" (Dante's Inferno, Canto 26 — John Ciardi's translation), greater than the tranquil Penelope?

We must not allow ourselves to be bewitched by similar facile views. For us it is enough to say now that the security of the faith guaranteed us by the Catholic Church must not render the spirit lazy in the search for and in the deepening of the truth of which the faith makes us aware.

And this for two reasons: the first because the truths of the faith, not being self-evident but accepted through the revealing authority of God and welcomed by our spirit by means of an act of the will, demand continuous exercise on the part of a believing soul to maintain a living and sincere act of faith.

And let this be said of the studious and contemplative believer who exercises and adapts his faculties to best qualify them for the act of faith. And let it also be said of modern men, whose mental education is anything but inclined toward believing, while entirely directed toward seeing and knowing by means of evidence and rational proofs.

Second, because the truths of the faith are a deep chasm which we will never finish exploring.

To deepen the knowledge of what the faith presents to us in an obscure, implicit, beginning manner, remains always a duty to be fulfilled.

This is a duty which is more urgent and rewarding because in respect to us it does not spring from uncertainty, does not march without direction or guidance, but is joyously and continuously directed to respond to the exhortation of the Apostle Paul who wants us to "grow in the knowledge of God" (Col. 1, 10) and that of the Apostle Peter who repeats the same word: "grow in the knowledge of our Lord" (2 Peter, 3, 18).

We could add a third consideration: "Faith is the substance of things to be hoped for" (Heb. 11, 1), in other words it is all directed to a future revelation,

it is made vigilant by a continuous eschatological expectation. If truly welcomed in the soul of a believer, it compels him to a feeling of perennial expectation and of a sleepless search.

All of this reminds us that to be truly faithful, we must be vigilant in the search for an expectation of God. Furthermore, to be truly Catholic we must always aim at the spiritual and apostolic progress of God's Church.

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Friday, April 7, 1967

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POP TOPICS

Well, our first POP Game is behind us and those registered organizations will be learning shortly how much their treasury has been helped by their efforts. Congratulations to all those hardworking POP chairladies and their helpers.

We are in our second POP game now. Don't delay—be sure all your members are alerted to the new POP SHOPPING LIST they can start saving labels right now. If you were registered for the first POP game you DO NOT have to register again! So start thinking POP right now. Next time around with a little more effort YOU CAN BE A BIG WINNER.

Check your mail in the next few weeks. New label report forms and other vital information will be coming your way. IF YOUR ORGANIZATION IS NOT REGISTERED, contact Mrs. Ennis today at 454-7050. She'll tell you how your group can get its share of POP dollars.

Here's a "spaghetti with meatballs" that has retained much of the flavor of the Italian kitchens from whence it came.

For the meat balls, mix the ground beef with bread which has been soaked in water and squeezed dry. This makes for delightful tenderness and a light texture. In fact, these meat balls almost melt in your mouth.

The sauce is authentically seasoned with canned Hunt's Tomato Paste. Only salt is added, allowing the cook complete freedom in her seasoning.

Kitchen Tip: If there's an occasion when you want to add a bit of rich tomato flavor and use only a part of a small 6-oz can of paste, the rest of the paste can be frozen for another time. Remove from can to a plastic container or bag, seal and freeze.

"POP" SPAGHETTI AND MEAT BALLS

- Meat Balls**
- 1 lb. ground beef
 - 1/2 cup finely chopped onion
 - 2 slices bread soaked in water and squeezed dry
 - 2 slices cooked bacon, crumbled
 - 1 egg
 - 1/2 teasp. salt
 - 1/4 teasp. pepper
- Mix all ingredients together and form into 1-inch balls.

- Sauce**
- 1/2 cup finely chopped onion
 - 2 Tablesp. bacon drippings
 - 2 (8-oz.) cans HUNT'S TOMATO PASTE
 - 2 1/2 cups water
 - 1/2 teasp. oregano
 - 1 1/2 teasp. salt
 - 1/2 teasp. sugar
 - 1 clove garlic, minced
 - 1/4 teasp. pepper
 - 1 (8-oz.) pkg. PRINCE SPAGHETTI, cooked and drained
 - Grated Parmesan cheese

Lightly brown onion in bacon drippings; remove excess fat. Add tomato paste, water and seasonings. Heat sauce to boiling. Drop meat balls into boiling sauce. Reduce heat and simmer 1 hour. Arrange cooked spaghetti on platter. Place meat balls and sauce on spaghetti. Sprinkle with Parmesan cheese. Makes 4 to 5 servings.

For a good luck charm on the second POP game here's a salad that's right for any occasion to wish someone well. Select a green pepper with four definite rounds. Cut off top and save; clean inside. Fill with softened tinted cream cheese. Chill about three hours. Carefully slice 1/4 inch slices across pepper. Trim top piece into stems for your clover and serve on lettuce leaf.

CUT OUT AND SAVE

POP PRODUCT	SAVE
Blue Bonnet Margarine	Wrapper
Chase & Sanborn Coffee	Easy Open Metal Lid
Columbia Banking	Pop Receipt for opening a new savings account of \$50 or more, or adding to your existing account
Hunt's Tomato Paste	Numbered Lid Top
Krey Canned Meats	Label
Maplecrest Sausage Co.	Label from any Maplecrest product
Prince Macaroni Products	Box Front
Royal Desserts	Box front
Russers Hot and Cold Cuts	Label
Wise Potato Chips	Bag or Box Top
AMUSEMENTS:	
Sound of Music, The Bible	Ticket Stub

Labels from All the Products listed above will be accepted for the Entire Second Game — that is, from April 1, 1967 thru September 30, 1967. However, WATCH THE COURIER FOR FUTURE ADDITIONS TO THIS LIST.

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Conce

Father John Nacca, pastor for a concert by Glenn East High School, for Tliano, financial secretary Nick Speno, general of publicity; and Phil Sin

R. Schwenzer, Par

Redemptorist Fathers offered the Funeral Mass for Rudolph C. Schwenzer in St. Joseph's Church, March 31. Mr. Schwenzer, 87, of 196 Thorncliffe Dr., Irondequoit, for many years, usher, server and trustee of St. Joseph's Church, died March 27, 1967.

Knights, For Patr

Johnson City, N.Y. — supreme knight of the Knights members of his organization a vigorous campaign to rehabilitate the virtue of patriotism and the principles of good citizenship in the United States.

McDevitt, speaking at a brotherhood dinner here sponsored by local Knights and Masons, called the recent joint statement issued by top officials of both organizations "a magna charta of fraternal cooperation."

"We are passing through a dark episode in American history," Mr. McDevitt said, "when certain elements of the community glorify the draft card burner and the convinner who gives courses in deceit and subterfuge to help youths dodge the draft."

"Certainly our democratic nation need not force the conscience of an individual who abhors arms and would rather

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