

The Church's Strongest Weapon

Estey & Munroe
FUNERAL DIRECTORS
15 Park St. MU 71775
OWEGO, N.Y.

WAVERLY N.Y.
CLARK'S SUPERETTE
A Friendly Place To Trade
"Our prices will never hold you up"
"Our quality, never let you down"
18 Broad St. Phone LN 5-9888

Moreton Cleaners
413 Broad Street
For Odorless Cleaning
SHIRT LAUNDRY
LN 5-2848

GENEVA, N.Y.
Lynch Furniture Co.
For Over Fifty Years
Geneva's Home Store
479 Exchange St.

GENEVA MILK CO.
MILK AND MILK PRODUCTS
W. North cor. Maple Street

FINGER LAKES
Laundries and Cleaners
Drapery Service
COMPLETE HOME SERVICE
Telephone 789-3300
511 Washington St.
Geneva, N.Y.

AUBURN, N.Y.
FIVE POINTS LIQUOR STORE Inc.
Phone AL 3-6051
88 Franklin St.
Auburn, New York

OCKENDEN DAIRY
Golden Cows Premium Milk
"Auburn's Finest Dairy Products"
117 Dunning Ave.
AL 3-7951

AMERICAN TAXI CO.
AL 2-4511
Reggie Harris, Prop. 3 Clark St.

FOR LENT: A FREE GIFT
THE HOLY FATHER'S MISSION AID TO THE ORIENTAL CHURCH

If you get our mail, watch for the mailman this week. He'll bring you, for free, a lovely reproduction of our new painting, "Our Lady of the East." We hope, during Lent especially, you'll keep on praying for all our priests and Sisters overseas. . . . Lent begins Wednesday, and this year we must make sacrifices on our own. Nothing is a sacrifice unless it hurts. What will be your sacrifice this Lent? . . . Just think of the missionaries who keep Lent all year long. They go without meals, to give their food to babies and orphans. They sleep less, wear patches, frequently live in danger, work 18-hour days for God. . . . Sacrifice something big this Lent. With the money you save (\$1,000, \$500, \$250, \$100, \$75, \$50, \$25, \$10, \$5, \$2) they can buy milk, medicines, a million things. . . . When you send us your sacrifices this week, ask us to send you copies (as many as a dozen) of "Our Lady of the East" for your friends. Tell your friends how they can help train a native priest (\$100 a year) or Sister (\$150 a year), build a mission church/school (\$3,200) for their favorite saint in their loved ones' memory, supply Dapsone tablets for lepers (\$8.50 buys 10,000), or make a gift (any amount) for use where needed most. . . . Please write to us, you at least. Spend this Lent in love.

CALORIES NOT NICOTINE
To help give up cigarettes just remember that less than the price of one pack (33¢) will give three meals to a family of refugees in the Holy Land. In thanks for one month's food (\$10) we'll send you an Olive Wood Rosary from Jerusalem.

MASSES FOR LENT
Yes, our priests can offer promptly the Masses you request. (Remembering the deceased?) Usually, Mass offerings are our priests' only income.

MISSION LIFETIME GIFT
\$10,000 builds a complete mission plant (church, school, rectory, convent) in your favorite saint's name and your loved ones' memory, where desperately needed in southern India. Archbishop Mar Gregorios will erect a plaque, and write to thank you.

Dear Missignor Nolan:
ENCLOSED PLEASE FIND \$ _____ FOR _____
NAME _____
STREET _____
CITY _____ STATE _____ ZIP CODE _____

NEAR EAST MISSIONS
FRANCIS CARDINAL SPELLMAN, President
MSGR. JOHN G. NOLAN, National Secretary
Write: CATHOLIC NEAR EAST WELFARE ASSOC.
330 Madison Avenue + New York, N.Y. 10017
Telephone: 212/Yukon 6-5840

"You are the strongest apologetic weapon in the Church today," Bishop Sheen told a gathering of 185 Sisters from the southern tier area at Notre Dame High School auditorium Thursday, Jan. 26. Bishop Sheen's address was part of his three-day visit to Elmira last week, in which he visited churches, hospitals and the Elmira Reformatory.

When asked what he felt was the place of religious in the world today, he emphasized the fact that Sisters are still respected by the world because they are holy women, whereas the attitude toward priests has changed; they are no longer honored just because they are priests but they have to earn respect for their own personal merits.

Mercy Students Plan Retreat

Our Lady of Mercy High School students, attempting to discover "What's it all about?" will be aided by experienced retreat masters during the annual retreat Feb. 8-10.

The retreat theme, adopted from a current movie theme song, "Alfie," attempts to capture the whole idea of what a retreat should be — an honest evaluation of what each person's life is all about.

A folk Mass and homeroom and evening discussions will attempt to emphasize the community and personal aspects of retreat.

Chaplain Anthony J. Valente, introducing a new fact in retreat preparation, will instruct the freshmen religion classes in the various aspects of retreat. Father will emphasize the importance of the liturgy and self-preparation in making a good retreat.

Both Father George Colby, who will head the junior-senior retreat, and Father Robert McDonnell, who will lead the freshmen and sophomores, are Holy Cross Fathers from Massachusetts.

"We cannot go back to the poverty of the Middle Ages," the Bishop explained in describing the poverty religion should have. Instead, we must have the poverty of absolute and total dependence upon God in all things.

New forms of poverty were presented for the Sisters' consideration: poverty of time, in which the test is our immediate response to people; how much time do we give to others? (For example — how do we react when someone comes to see us outside of visiting hours?) Our Lord was crowded, pushed, pulled and yet never withdrew from the people.

Another form of poverty the Bishop mentioned was poverty of influence. "We can give no more arguments for Christianity," he said, "only one argument is left: holiness." He then proceeded to explain that whatever particular gifts or talents we have must be passed on to others. "When we help others, we lose something, but we get it back in another way."

When religious take the vow

of chastity, they are committed to "spiritual promiscuity," for they must love everybody. "We must get people to love what we are and then betray them to the Lord," he remarked.

Reflecting that we live in an era of carnality, the Bishop stressed that the Church insists on religious vows in atonement for the excesses in the world. Vows are part of our redemptive mission, and are positive signs of the inner glow of holiness we should have.

He compared the marriage vows "Two in one flesh for the sake of a family" to the vow of chastity "Two in one spirit for the sake of humanity."

Through the vows of obedience we are instruments in the hands of Christ who must be supple and sensitive grace, for the threefold service of "teaching, sanctifying and caring" as Christ did.

In our service of others, he warned against the two extremes of becoming so identified with the secular order that we cannot sanctify it, and of never going out at all to others.

We must keep the balance recommended by Christ who said "Come to Me," (prayer) and "Go into the world," (activity among men). As Christ balanced off radicalism by carrying His Cross, so we too are marked with the sign of the Cross.

Lieutenant Thomas F. Hastings, director of the Police Community Services Unit, said an informative brochure is available free from his office, room 370 in the Rochester Public Safety Building. He may also be contacted by phone.

Applicants will be accepted from Monroe, Wayne, Orleans, Genesee-Livingston and Ontario counties. Applicants to be between 20 and 28 years of age.

City Police Seek Recruits

The Rochester Police Bureau is seeking recruits in a campaign to run until Wednesday, Feb. 15.

City Police Seek Recruits

City Police Seek Recruits

City Police Seek Recruits

City Police Seek Recruits

City Police Seek Recruits

City Police Seek Recruits

City Police Seek Recruits

City Police Seek Recruits

City Police Seek Recruits

City Police Seek Recruits

City Police Seek Recruits

City Police Seek Recruits

City Police Seek Recruits

City Police Seek Recruits

City Police Seek Recruits

City Police Seek Recruits

City Police Seek Recruits

City Police Seek Recruits

Men and women are waiting for holiness as they have never waited before," the Bishop concluded his hour-long talk to the Sisters.

As he left the auditorium, Bishop Sheen stopped in the aisle to ask the Sisters' prayers that he will be able to build up a real pastoral diocese in Rochester, which he is trying to do by being close to his priests and people.

Bishop Sheen was introduced by Reverend Michael L. Reagan, chaplain of Notre Dame High School. Communities of Sisters represented included: Sisters of St. Joseph, Sisters of Mercy, Mission Helpers of the Sacred Heart, Franciscan Sisters of the Atonement and Religious Teachers Filippini.

McQuaid Debaters Place 4th of 41 at Dartmouth

The double defeats were 2 and 5 point losses to Bishop Bradley of Massachusetts and Boston College High School respectively.

Members of the McQuaid squad included Leo Pudup, Thomas Kostizak, Thomas Kay and James Welch. All are Juniors.

In debate competition to date, the Champion Society has won 75 point losses to Bishop Bradley of Massachusetts and Boston College High School respectively.

McQuaid compiled a 6-2 record, defeating Spaulding H.S. of New Hampshire, Weymouth H.S. of Vermont, St. Thomas Aquinas of New Hampshire, St. Dominic of Maine, Amherst Regional of Massachusetts, and Bangor H.S. of Bangor, Maine.

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

McQuaid Debaters Place 4th of 41 at Dartmouth

Mc