



Three Men from Diocese To Take Vows as Paulists

Two Rochester young men and one from Elmira will be among 15 who will make their first religious professions as members of the Paulist Fathers Community, Thursday, Sept. 8 at 10 a.m. at Mount Paul Novitiate, Oak Ridge, N.J.

In the ceremony will be Vincent G. Wissman, son of Mr. and Mrs. Vincent Wissman, 149 Weyl St.; William D. Fichtner, son of Mr. and Mrs. John L. Fichtner, 183 Denver, both of Rochester; and Theodore C. Campbell, 405 Charr Ave., Elmira.

Wissman attended Our Lady of Perpetual Help School and Aquinas Institute, Rochester. He was graduated from St. John Fisher College in 1961 and two years later received his master's degree in chemistry from Princeton University. He was studying for his doctorate at Princeton when he entered the Paulist Novitiate in 1965. He is a member of the American Chemical Society and the American Association for the Advancement of Science.

Fichtner attended Blessed Sacrament School and Aquinas Institute, Rochester. He studied at Tulane University and Belarmine College, Louisville, Ky. He worked several years as a research technician for Eastman-Kodak Co. and served two years in the U.S. Army.

Campbell attended George M. Diven Elementary School and Southside High School in Elmira. He won a scholarship to the University of Michigan where he was an honor student for two years. He left to enter the Paulist Novitiate.

Diocese Delegates At CCD Congress

Sister Marietta of the Mission Helpers of the Sacred Heart has who has just joined the Confraternity of Christian Doctrine diocesan office of Monsignor Albert H. Schnacky and Father Daniel F. Holland, comes from Pittsburgh where she has been working on the preliminary plans of the 12th National CCD Congress.

Sister Marietta will return to Pittsburgh to participate in the Sept. 14 to 17 Congress program.



SISTER MARIETTA
gram as chairman of the Fishers' Discussion session.

Many from the Rochester Diocese will be attending this convention; Msgr. Schnacky, Father Holland, Mrs. Richard Hamlin administrative assistant of the CCD office; Rev. Robert Downs of St. Pius X parish, Chili; Rev. William Hogan of St. Mary's, Corning; Rev. Timothy Weider of St. Vincent, Corning; Rev. Thomas Corbett of St. Mary's, Horseheads; Rev. William Donnelly of St. John (Humboldt St.), three CCD members from St. John's, two CCD members from St. Catherine's in Mendon (Mrs. Roger Greiter and Mrs. Albert Bodine), the four Mission Helper Sisters from Assumption parish in Fairport, four Mission Helper Sisters from Immaculate Conception in Ithaca, Rev. Leonard A. Kelly of Assumption in Fairport, and Rev. Benedict Ehmman of St. Michael's, Rochester.

The national center of the CCD says of the September Congress that the program will be entirely different from the ABC or indoctrination-type meetings of the past. The theme, "Vatican II and Renewal through the CCD," will set the tone of the large general sessions in the Civic Arena, where noted scholars will speak on the main topics of the Renewal of Catholic religious life begun by the Vatican Council. The effort will be to begin the reorientation of the Church's doctrine which teachers and other leaders so much need if the CCD is to be a vitally important vehicle for the renewal at the grass-roots level in the re-structured parish of the future.

25 Years Ago
(From Catholic Courier Files, Sept. 4, 1941)
Experiences were to be exchanged and problems of Religious Instruction for Public High School pupils to be discussed by Bishop Kearney and priests of the diocese at a Catechetical Institute at the Sagamore Hotel.

Father William J. Gaynor, assistant pastor of St. Agnes Church, Avon was commissioned a first lieutenant in the Chaplains' Reserve, U.S. Army and assigned to active duty with 44th Bombardment Group, McDill Field, Fla.

James P. B. Duffy, former representative in Congress was appointed as Washington representative of the United Service Organizations by Harper Sibley, national USO president.

Patrick Farren Off to Africa
Patrick G. Farren, 559 Arnett Blvd., left Sunday for two years' service with the United States Peace Corps in West Africa.

Farren, son of Mr. and Mrs. Arthur P. Farren, was graduated from St. Bonaventure University in June as a journalism major, and last week completed the Peace Corps summer training program in Ohio and in Quebec, Canada, qualifying to teach English to French-speaking natives of the Ivory Coast nation in Africa.

Farren was graduated from Aquinas Institute in 1962. During the summer of 1964 he undertook a sixweek hitch-hiking U.S. tour from Rochester to California and return, and in the summer of 1965 he worked as a reporter for the Rochester Democrat & Chronicle.



Married 50 Years

MR. AND MRS. WILLIAM MALOLEPSZY, 35 Roycroft Dr., marked their fiftieth wedding anniversary with Mass on Aug. 27 in St. Stanislaus Church. A surprise reception followed at Sunset, Chili Ave. The couple has two sons, Raymond of Rochester, and Edward of Medina.

Health Program For Mothers

Miss Bernardine Foley, nurse-nutritionist from Rochester, is currently laying foundations for an extensive health program in Liberia, western Africa.

The program will seek to educate mothers in the proper feeding of children. She told a reporter of the Liberian Star newspaper that she hopes to establish about five health centers in Liberia to be used as demonstration centers and as dispensaries for food, medicines and information.

Miss Foley is a staff member of Catholic Relief Services, world-wide relief and aid agency of U.S. Catholics. Monsignor Wilson Kaiser and Father Robert Meng are two other Rochesterians working with CRS in Africa.

Everybody will like "POP!"
The big game starts October 1st.

SPIRITUAL EXERCISES AT THE CENACLE

Retreats will be held at the Cenacle Retreat House, 693 East Avenue, Rochester, during the month of September as follows:

- RETREATS:**
Sept. 2-5, Labor Day General — Rev. Timothy McGough, O.C.D.
Sept. 9-11, General Retreat — Rev. Malachy Flaherty, O.F.M., Cap.
Sept. 16-18, General Retreat — Rev. Raymond Balduf, S.J.
Sept. 23-25, St. Mary's (Bath) & General — Rev. Donald Joyce, O.M.I.
Sept. 30-Oct. 2, Immaculate Conception Parish (Ithaca) & General — Rev. John Walchurs, S.J.

The Retreat League Executive Council meets Monday, September 26th at 7:30 p.m.

Students Attend Mission Meeting at Notre Dame

A delegation of thirty-two high school students from the Rochester area attended the 22nd National Convention of the Catholic Students' Mission Crusade at Notre Dame University from August 25th to 28th.

Holy Cross Brother Hugh McCabe, Mercy Sister Joseph Mary, and Mercy Sister Mary Gerard collaborated in presenting a panel on the effective use of the student press in publicizing information on the missions.

The Cardinal Mooney High School paper, the "Crest," won the Padden Press Award during the past year for its article on mission activities within the school. The development of this article and possible topics derived from the Decree on the Missionary Activity of the Church for use in the student press were discussed in this panel. As a result of this presentation, a resolution was formulated by the delegates of the convention to encourage the use of the school newspaper for the dissemination of mission news.

Brother Hugh McCabe served on the Resolutions Committee. Mark Laux and Thomas Bringley were voting delegates, Steven Conover and Barbara Kehoe headed a committee of ushers for two conferences, and Margaret Walker and a group of Cardinal Mooney C.S.M.C.

YOUR HEALTH TODAY

BY ARTHUR A. FISCHL, M.D., F.A.C.P.
MEDICAL DIRECTOR / GROUP HEALTH INSURANCE

Heat Spell Disease

Recent record high temperatures, ranging between 90 and 105 over a two-week period make discussion of heat spell disease particularly appropriate. There are three common clinical manifestations of disease due to heat exposure. Newspaper headlines report increased mortality rates due to the high temperatures. This exposure to high temperatures affects our military population in hot climates, as well as our civilian population. The three clinical varieties of heat exposure are: (1) heat stroke; (2) heat exhaustion; (3) heat cramps. The most serious is heat stroke. This situation can best be described as follows: For a few days the individual, usually an elderly person, or one who has a debilitating disease either of the heart, lungs or kidneys, feels unusually fatigued. Then a very high temperature develops going to 105-106. The skin becomes hot and dry, sweating stops, the patient then collapses, goes into shock and requires emergency treatment. The primary cause of heat stroke is a breakdown in the heat regulation mechanism of the body. This center is located in the brain. When this center becomes affected the patient cannot perspire. The sweat glands do not function, the blood circulation does not accelerate to benefit from radiation, convection, and conduction from the body, and the lungs do not effectively eliminate water and air from the overheated body. The inability of these compensatory mechanisms to eliminate body heat causes a high body temperature, accumulation of toxic material, dehydration, cardiovascular stimulation, and eventually death if not treated. Heat stroke requires emergency care in a hospital. The most specific treatment is body cooling either with ice-bath, ice enemas or cooling mattress. The most likely candidates for heat stroke are the aged, the cardiac patient, the diabetic, the alcoholic, and the patient with cerebrovascular disease. Heat cramps are characterized by painful contractions of muscles, usually in the legs or arms. The general impression is to cause is loss of salt from the body because of diminished intake or increased output, either through sweat or urine. It can be prevented by increasing the salt intake, either by salt tablets which may cause nausea in sensitive individuals, or by increasing the amount of salt on foods during very hot weather. However, this increased salt intake may be hazardous to patients with heart disease or hypertension and should only be taken on the advice of a physician. Heat exhaustion is thought to be a further manifestation of salt depletion. Here the temperature remains normal, there is profuse sweating and sometimes collapse. This is not a serious condition and can be treated effectively at home by fluids, cooling and salt. Persons with heart, brain, kidney or vascular disease should limit their physical activities during a heat spell. Adequate fluid intake and judicious salting of foods are necessary adjuncts. It is also unwise to indulge in alcoholic excess during this spell of elevated temperature.

OUR TOWN



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