



BROTHER HERMAN demonstrates his skill in the kitchen.

- Pope John Opened Windows
- Brother Herman Opens Kitchen Doors

Aggiornamento on Menu

North Easton, Mass. — The only people getting a real taste of the Church's aggiornamento are those who regularly sit down these days to a meal in a Catholic institution where someone gives thanks to both the Lord and Brother Herman Zaccarelli, C.S.C.

Brother Herman is founder and director of the 8-year-old Food Research Center for Catholic Institutions, and while Pope John is credited with opening a few windows, the 35-year-old Holy Cross brother has traveled throughout the U.S. and Canada opening kitchen doors, cupboards, pantries and refrigerators in hundreds of Catholic school cafeterias, convents, monasteries, hospitals, orphanages and other Church institutions.

His goal: to update and improve their food service, all the way from planning appetizing menus to making good use of left-overs.

And to date more than 3,000 food administrators and staff workers have attended his one-to-seven-day seminars conducted in various cities, where religious and lay people have gone to sessions with such titles as "Simplified Menu Planning and Food Service Tips" ("A discussion of the new ways to prepare common foods to make them look festive and taste delicious") and "Forecast of the Food Service Market" ("A digest of marketing information concerning what foods will be economical to purchase for the next four months").

His Food Research Center, located on the campus of Stone Hill College (operated by the Holy Cross order), receives a steadily increasing number of requests for assistance in food planning, which finds Brother Herman "on the road" at least 12 days a month, studying the food operation at specific institutions, then drawing up a detailed report and recommendations.

In one such recent report, prepared by Brother Herman after spending a week at an East Coast monastery, he found that \$10,000 a year was being wasted in faulty purchasing habits and mismanagement. Much of the loss was due to a failure to comparison shop.

"One produce place was selling them lettuce at \$7.50 a crate, when it never sells for more than \$4.50 a crate, even when the market is high," Brother Herman recalled. "I don't say this is widespread, but there are a few who will take advantage of religious institutions."

What is widespread, he states, is the growth of Catholic institutions as a food market in recent years. "A staggering 52 per cent between 1952 and 1965" because of a sharp increase in the number of Catholic schools and homes for the aged. Last year, he said, Catholic institutions served 10.7 million meals a day, spending \$6.7 billion — figures he cites in explaining why professional training is now a must.

But it's more than a matter of bigger bills, Brother Herman says. The renewal in the life of the religious is perhaps a bigger factor.

"In former years, religious went down to the refectory simply to keep body and soul together. But gone are the days when religious would 'offer up' as mortification poorly planned and poorly prepared meals. Today the community enters the dining room to be refreshed, after spending long hours in apostolic activities. Our meals serve to nourish the spirit of joyful unity among us."

Heavy stress in Brother Herman's program is placed on the spiritual motivation of religious assigned to the kitchen — looked on in the past as pariah second-rate members of the community. His center has published "Apostolic Dimension in Food Service," which Brother Herman calls "the first spir-

Opus Dei

Little Known, But A Strong Force

By MANUEL MIRA
 Madrid — (NC) — The influence that Opus Dei (Work of God) has had in Christian formation in Spain through its institutions, members, and friends is indisputable.

Nevertheless, that secular institute finds greater obstacles in Spain than in any other country. It is easier to open a college for all races in Kenya than it is to open a free university in Spain, such as the Catholic University of Navarre, founded and operated by Opus Dei.

The founder of the organization, properly known as the Sacerdotal Society of the Holy Cross and the Work of God, is a former lawyer, Monsignor Jose Maria Escriva de Belaguer y Alvas, now 64, who started it in 1928, three years after his ordination.

In 1934 he published his "Spiritual Considerations," known as "Camino" (Road). Two million copies have been printed in 32 languages.

The founder has also been a seminary rector, journalist

professor and educational counselor. In 1946 he moved to Rome, where he now works to spread the activities and the program of Opus Dei.

The institute can be described as a world organization for Christian spirituality.

Its concern is with the spiritual life of its members, who strive for Christian perfection in the world. The membership of Opus Dei is now about 50,000 persons in 62 countries in Europe, the Americas, Asia, and Africa, and its helpers and friends include thousands more.

Members are religious lay, married and single, men and women, rich and poor, ordinary laborers and intellectuals.

Opus Dei received papal approval in 1947, and Msgr. Escriva also received permission from the Holy See to accept non-Catholics and non-Christians as members. Among its members are hundreds of Orthodox, Protestants, and Jews, and people of all races.

Opus Dei members are free to participate in social, cultural, economic, or political activities, but never in the name of the organization, which can never meddle in temporal activities.

The only obligation members have is the spiritual improvement of society.

But perhaps the modern transformation of Spain is the result of the influence of Opus Dei, at least because of the example set by its members.

There is a danger that people will attribute to the organization everything that its members do.

Opus Dei members can belong to any religious or lay apostolic group, and it is possible to be a member of Opus Dei and also belong to a political party, union, professional association, or athletic club.

It is possible to be a member of the Labor government in Britain or in Franco's government in Spain. There are Opus Dei

members in both of these governments, but it is just as ridiculous to say that Opus Dei is ruling Spain as it is to say that Opus Dei is governing England.

Laureano Lopez Rodo, who heads the Commission for the Economic Development Program in Spain, is an Opus Dei member, and some other Opus Dei members are opposed to this program. The success or failure of the program, however, is the responsibility of Lopez Rodo and not of Opus Dei.

Alfredo Lopez Martinez, undersecretary of justice in Spain, is also a member of Opus Dei and is responsible for the new law on religious liberty. He is also a former president of Spanish Catholic Action.

It is not politics that concerns the organization, but the promotion of spiritual values.

When asked about the position Opus Dei members must take in the public life of their country, Msgr. Escriva answered, "Whatever they want."

If Catholic members must take a position on religious matters, he said, that position must be pointed out by the Church.

As in many other countries, Opus Dei in Spain has its own institutions, which are well known and open to everybody — from the Catholic University of Navarre to the small centers for women's formation.

It has 16 institutions for professional training and many clinics, agricultural schools, and cultural and athletic clubs. These have complete autonomy and support themselves with their own income.

Opus Dei notes the professional success of its members but does not hold against them — mistakes they can make because they are human.

Couples Mark Golden Jubilee

Mr. and Mrs. Frank Orlauskas, 1188 Salt Road, Webster, marked their 50th Wedding Anniversary, July 3.

A Mass of Thanksgiving was celebrated at Holy Trinity Church, Webster by Father Joseph Graby of Albany, cousin of the jubilarians.

The couple was married at St. George's Lithuanian Church, Rochester in 1916. They have one daughter, Mrs. Raymond (Bernice) Wilbert of Penfield, six grandchildren and four great-grandchildren.

A party was given at the home of their daughter for friends and relatives. Guests came from New York City, Albany, Ontario, Webster and Rochester.

Mr. and Mrs. Orlauskas have resided on Salt Road for 39 years. Mr. Orlauskas operated a farm until his retirement eight years ago. They now enjoy spending their winters at Punta Gorda, Florida.

Written by Father William Hogan of Stonehill's theology department, it attempts to show how a food service director, by setting an "attractive, pleasing" table, can influence the unity of the community and, consequently, the work of the community in serving the People of God.

Brother Herman well understands the problems of religious in food service, for shortly after joining the Holy Cross order in 1955, the brother in charge of food at his novitiate was transferred, and Brother Herman was given the job — simply because his records showed that he had worked as a dishwasher in a New Castle, Pa., hotel while going to high school.

As kitchen duty kept coming his way (someone learned that he once had an interest in a hotel - management career) Brother Herman began writing to food companies for whatever free literature and material they had, and thus began to put together the nucleus of today's Food Research Center, which has already gained a reputation outside religious circles. The British Ministry of Education has asked the center to study the dietary habits of children in the country's depressed areas, and Brother Herman is about to undertake a similar project for the Brockton, Mass., Redevelopment Authority.

There is even the now-necessary ecumenical aspect of his work: "In many areas of the country, we have conducted special courses in Jewish foods and cookery. For one thing, the Jewish recipes are very, very fine; and today a religious cook must be prepared for a gathering of Jewish people at his institution." — (Catholic Press Feature)

COURIER-JOURNAL
 Friday, July 15, 1966

DEADLINE FOR NEWS
 MONDAY NOON

FRIDAY DELIVERY

CELLAR WALLS WATERPROOFED
 WE GUARANTEE a dry cellar
 Free Estimate
 General Mason Work and Repairs
 DRAIN TILE INSTALLED
 A. J. ARIENO RE 5-4371

COLORFUL GARDENS
 Lovingly Cared For Grow Prettier
 Each Day At The
CRESCENT BEACH HOTEL
 Where Delicious Food Is Served
 For Lunch, Dinner, Banquets Or
 Parties. Dancing Fri. & Sat. Nites
 To Kenny Unwin's Band And
 The Four Gales Appearing
 Nitely In The Vineyard Lounge
 Your Hosts—"THE BARRYS"
 Joe & Gloria

SEE US FIRST!
 For Your Cafeteria and Kitchen
 Equipment and Supplies

- STAINLESS STEEL SINKS
- COOK'S TABLES
- DISHWASHING MACHINES

Kitchen Ranges
 Garbage Disposers
 Refrigerators

Cable Wiedemer, Inc.
 IN OUR NEW CENTRAL LOCATION
 283 - 291 CENTRAL AVE. 474-7494
 Entrances at front and rear. Parking Space for 40 cars.

SINCE 1852
 "YOUR INDEPENDENT AGENT"
 EGBERT F. Ashley Insurance Co.
 300 FIRST FED. BLDG. Phone 546-2620

NEW from Genesee!
 Twist-caps on 1-way bottles

TWIST OFF

New Convenience!
 No opener needed!

**12 Ounces!
 No Deposit!
 No Return!**

GENESEE Beer

PIEHLER'S HOLIDAY SENSATION
 \$ UP TO **600** E-X-T-R-A ALLOWANCE
 on '66 PONTIACS
PIEHLER EXPLODES
 AND ON 125 USED CARS
100% WARRANTY

NO MONEY DOWN * EASY FINANCING ARRANGED

PIEHLER PONTIAC
 1560 LAKE AVE. Opp. Kodak Park

GL 8-4540
 PIEHLER WILL BUY YOUR CAR

Readiness for Success at
 Kathy and Henry Rollout! They've enjoyed a program at the Pre-school army of the Sacred Heart.

Reading and number-reading, science and geography balanced by constructive play and each child learns his own pace. Groupings are fluid in the spacious six rooms of the house at 6-Prince St., where all furniture and equipment child-size.

Modern methods (modified Montessori) and the home-like atmosphere provide an ideal setting for the learning experiences and the social development of the children. In the course of the year, parents are invited to observe their youngsters in a real situation. There are no planned performances.

Sister William's Tribute in S
 Seneca Falls — Farewell tributes to Sister William M. S.S.J., transferred after 5 years as principal of St. Patrick's School, were voiced at spaghetti supper held by the Guild and Altar Society here.

Another tribute was paid Raymond Radtke, principal Mynderse Academy at the school's graduation, June 26.

Father John P. O'Beirre pastor, attended the Guild s

N.D. Nun Dies, Born in Gates
 Funeral Mass for Sister Ma Benno of the School Sisters' Notre Dame and a native of this area was held Monday, July 11. Sister Mary Benno died Thursday, July 7, 1966, at Not Cliff, Baltimore, Md. where a funeral was held.

She was Elizabeth M. A man, daughter of the late Jac and Julia Allman of Lyell R Gates, N. Y.

Sister entered the convent the School Sisters of Notre Dame from Holy Family Parish in 1903. She later served Superior at St. Boniface School and at St. Peter and Paul Rochester where in 1955 she observed her Golden Jubilee of profession.

Her sister Mary, Sister Bennoita, also of the School Sisters of Notre Dame, died 1957.

Surviving are several nieces and nephews, among them Sister M. Bennoita of St. Peter's Convent, Brooklyn, N.Y.

Still your favorite
 Still your favorite
 GIN \$420 4/16