

BROTHER HERMAN demonstrates his skill in the kitchen.

- Pope John Opened Windows
- Brother Herman Opens Kitchen Doors

Aggiornamento on Menu

North Easton, Mass. - The In one such recent report, itual book ever written for food only people getting a real taste prepared by Brother Hermaniservice people." of the Church's aggiornamento after spending a week at an are those who regularly sit East Coast monastery, he found

down these days to a meal in that \$10,000 a year was being a Catholic institution where wasted in faulty purchasing someone gives thanks to both habits and mismanagement. the Lord and Brother Herman Much of the loss was due to a setting an "attractive, pleasing" failure to comparison shop.

Brother Herman is founder "One produce place was selland director of the 8-year-old ing them lettuce at \$7.50 a munity in serving the People of farm until his retirement eight Food Research Center for Cath-crate, when it never sells for God. olic Institutions, and while more than \$4,50 a crate, even Pope John is credited with when the market is high," stands the problems of Reli-Gorda, Florida. year-old Holy Cross brother has don't say this is widespread, but ly after joining the Holy Cross throughout the U.S. there are a few who will take and Canada opening kitchen advantage of religious institudoors, cupboards, pantries and tions."
refrigerators in hundreds of

food administrators and staff fessional training is now a must free literature and material workers have attended his one to seven-day seminars conduct of bigger bills, Brother Herman put together the nucleus of ed in various cities, where Re says. The renewal in the life today's Food Research Center, ligious and lay people have of the Religious is perhaps a which has already gained a repgone to sessions with such titles bigger factor: as "Simplified Menu Planking and Food Service Tips" ("A

discussion of the new ways to went down to the refectory prepare common foods to make simply to keep body and soul them look festive and taste de together. But gone are the days licious") and "Forecast of the when Religious would offer up' areas, and Brother Herman is Food Service Market" ("A di as mortification poorly planned about to undertake a similar gest of marketing information and poorly prepared meals. To project for the Brockton, Mass., concerning what foods will be day the community enters the Redevelopment Authority. after spending long hours in next four months").

apostolic activities. Our meals His Food Research Cerater, serve to nourish the spirit of sary ecumenical aspect of his located on the campus of Stone joyful unity among us." hill College (operated by the

Holy Cross order), receives a steadily increasing number of man's program is placed on the requests for assistance in food spiritual motivation of Reliplanning, which finds Brother glous assigned to the kitchen— Jewish recipes are very, very ferman "on the road" at least looked on in the past as per-fine; and today a Religious cook 12 days a month, studying the haps second-rate members of must be prepared for a gatherfood operation at specific institutions, then drawing up a de published "Apostolic Dimension ing of Jewish people at his intailed report and recommenda in Food Service," which Broth stitution." - (Catholic Press er Herman calls "the first spir-Feature)

how a food service director, by Rochester. table, can influence the unity of the community and, conse resided on Salt Road for 39 quently, the work of the com- years. Mr. Orlauskas operated a

Catholic school cafeterias, convents, monasteries, hospitals, orphanges and other Church in stitutions.

What is widespread, he states, is the growth of Catholic institutions as a food market in recent stitutions.

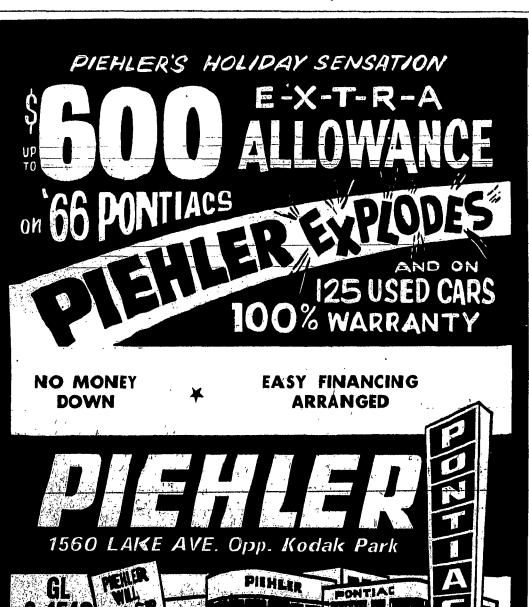
What is widespread, he states, is the growth of Catholic institutions as a food market in recent tons and dishwasher in a New Castle, Pa., hotel while going to high school.

As kitchen duty kept coming way from planning appetizing homes for the aged. Last year, he way from planning appetizing homes for the aged. Last year, he way from planning appetizing homes for the aged. Last year, he way from planning appetizing homes for the aged. Last year, he way from planning appetizing homes for the aged. Last year, he states, simply because his records showed that he had worked as a dishwasher in a New Castle, Pa., hotel while going to high school.

way from planning appetizing homes for the aged. Last year, his way (someone learned that menus to making good use of he said, Catholic institutions he once had an interest in a served 10.7 million meals a day, hotel - management career) spending \$6.7 billion - figures Brother Herman began writing And to date more than 3,000 he cites in explaining why pro- to food companies for whatever But it's more than a matter they had, and thus began to

utation outside religious circles. The British Ministry of Educa-"In former years, Religious tion has asked the center to

> work: "In many areas of the country, we have conducted



Opus Dei

Little Known, But A Strong Force

God) has had in Christian for-program of Opus Dei. mation in Spain through its institutions, members, and friends The institute can be describ-

Nevertheless, that secular institute finds greater obstacles Its concern is with the spir-

The founder of the organiza-tion, properly known as the lay, married and single, men law on religious liberty. He is former lawyer, Monsignor lectuals. Jose Maria Escriva de Bela-

printed in 32 languages.

after his ordination.

Couples Mark Golden Jubilee

kas, 1188 Salt Road, Webster, ment of society.
marked their 50th Wedding Anniversary, July 3.

eph Grabys of Albany, cousin of the jubilarians.

The couple was married at tion even St. George's Lithuanian Church, Rochester in 1916. They have one daughter, Mrs. Raymond Opus Dei members can bet the mistakes they can make be-(Bernice) Wilbert of Penfield, long to any religious or lay cause they are human. six grandchildren and four apostolic group, and it is possigreat-grandchildren.

friends and relatives. Guests Written by Father William came from New York City, Al. of the Labor government in Bri-

Mr. and Mrs. Orlauskas have years ago. They now enjoy Brother Herman well under-spending their winters at Punta

12 Ounces!

No Deposit!

No Return!

professor and educational coun-members in both of these gov- When one member was asked

ed as a world organization for Christian spirituality.

in Spain than in any other itual life of its members, who members are opposed to this members and non-members. country. It is easier to open a strive for Christian perfection program. The success or failure college for all races in Kenya in the world. The membership of the program, however, is the than it is to open a free unithan it is to open a free uni versity in Spain, such as the Catholic University of Navarre, Europe, the Americas, Asia, and founded and operated by Opus Africa, and its helpers and Alfredo Lopez Martinez, unfriends include thousands more. dersecretary of justice in Spain, Dei.

Sacerdotal Society of the Holy and women, rich and poor, or also a former president of Span-Cross and the Work of God, is dinar y laborers and intellish Catholic Action.

guer y Alvas, now 64, who Opus Dei received papal apstarted it in 1928, three years proval in 1947, and Msgr. Escriva also received permission from the Holy See to accept In 1934 he published his non-Catholics and non-Christians 'Spiritual Considerations," as members. Among its memknown as "Camino" (Road) bers are hundreds of Orthodox, Two million copies have been Protestants, and Jews, and people of all races.

The founder has also been Opus Del members are free seminary rector, journalism to participate in any social, cultural, economic, or political activities, but never in the name of the organization, which can never meddle in temporal

— from the Catholic University of Navarre to the small centers The only obligation members Mr. and Mrs. Frank Orlaus-have is the spiritual improve-

But perhaps the modern transformation of Spain is the fessional training and many A Mass of Thanksgiving was result of the influence of Opus clinics, agricultural schools, and celebrated at Holy Trinity Dei, at least because of the excultural and at h let ic clubs. Church, Webster by Father Jos ample set by its members. and support themselves with

There is a danger that people their own income. will attribute to the organization everything that its mem-

ble to be a member of Opus Dei and also belong to a politi-A party was given at the cal party, union, professional home of their daughter for association, or athletic club.

300 FIRST FED. BLDG.

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Opus Dei notes the profes-

sional success of its members

but does not hold against them

INSTANT

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a native of lid Monday.

Genesee!

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for women's formation.

Madrid — (NC) — The influRome, where he now works to culous to say that Opus Dei is answered with the words of ence that Opus Dei (Work of spread the activities and the ruling Spain as it is to say that Msgr. Escriva: "This is a disor-Opus Dei is governing England. ganized organization."

Laureano Lopez Rodo, who It differs from many other heads the Commission for the organizations because there are Economic Development Program no regular contributions and no in Spain is an Opus Dei mem-material benefits-just spiritual ber, and some other Opus Dei advice that can be shared among

COLORFUL GARDENS is also a member of Opus Dei

> Lovingly Cared For Grow Prettier Each Day At The

It is not politics that concerns CRESCENT BEACH HOTEL the organization, but the promotion of spiritual values.

Where Delicious Food Is Served When asked about the position Opus Dei members must For Lunch, Dinner, Banquets Or take in the public life of their country, Msgr. Escriva answer-Parties. Dancing Fri. & Sat. Nites ed, "Whatever they want." To Kenny Unwin's Band And If Catholic members must take a position on religious mat-

The Four Gales Appearing ters, he said, that position must be pointed out by the Church, Nitely In The Vineyard Lounge As in many other countries, Opus Dei in Spain has its.own institutions, which are well

Your Hosts-"THE BARRYS" Joe & Gloria

SEE US FIRST!

COURIERJOURNAL

Friday, July 15, 1966

DEADLINE FOR NEWS

MONDAY NOON

FRIDAY DELIVERY

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Bakesiee, Fearless, Hobart, Toledo Kitchen Ranges

> N.D. Nun Dies **Born in Gates**

Readiness 1

Success at !

out! They've enjoyed a lil gram at the Pre-school ar

Reading and number-read

ness, science and geography a

balanced by constructive pla

and each child learns his ow

pace. Groupings are fluid in th

spacious six rooms of the hou

at 6 Prince St., where all the

Modern methods (modifie

Montesorri) and the home-lil

atmosphere provide an ide

setting for the learning exp

riences and the social develo

ment of the children. In the

course of the year, parents a invited to observe their youn

sters in a real situation. The

are no planned performance

Sister Willia

Tribute in S

tributes to Sister William Mar

S.S.J., transferred after s

years as principal of St. P

rick's School, were voiced at

spaghetti supper held by the Guild and Altar Society here

Another tribute was paid Raymond Radtke, principal

Mynderse Academy at th

school's graduation, June 26.

Father John P. O'Beirn pastor, attended the Guild st

furniture and equipment

emy of the Sacred Heart.

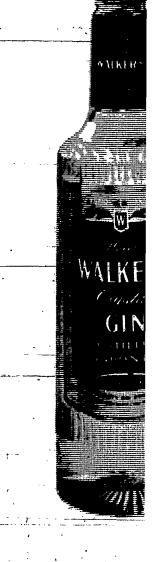
Kathy and Henry Rol

Funeral Mass for Sister M Benno of the School Sisters Notre Dame and a native this area was held Mond July 11. Sister Mary Benno di Thursday, July 7, 1966 at Not Cliff, Baltimore, Md. where t funeral was held.

man, daughter of the late Jac and Julia Allman of Lyell R Gates, N. Y.

the School Sisters of No Dame from Holy Family Parin 1903. She later served Superior at St. Boniface Schoand at SS. Peter and Paul Rochester where in 1955 s observed her Golden Jubil of profession.

Surviving are several nerews and nieces, among the Sister M. Bennetta of St. Pete Convent, Brooklyn, N.Y.



Still your favorit Still your favo

She was Elizabeth M. Sister entered the convent

Her sister Mary, Sister Bennonita, also of the Scho Sisters of Notre Dame, died