

Walking

By ANNE GULKIN

Dear Miss Gulkin:

Will you please write the proper way for a woman to walk up steps. Some persons say that when you are going up your heel and toe should touch the step. Others say that only the heel should touch the step. And another point that I am not sure about is whether you are carrying a pocketbook with a handle, do you hold it and the arm at the elbow, or is it all right if you hold the handle with your hand?

Gail

Dear Gail:

When approaching a stairway, the most important point to be remembered and practiced consistently is that you never bend the body at the waist. To do so is to give the impression that we are crawling, not walking. The knees, as when we ordinarily walk, are slightly bent. If the steps of a stairway are wide enough (usually they are), the entire foot is placed on them. Back and leg, in order to avoid an unattractive bounce, it is recommended you place your weight on the foot on the step. Bend the knee of the back leg and lift it to the next step.

As for the pocketbook with the handle, bend the elbow and allow the handle to rest in the middle of the arm. The palm of the hand is turned up. The entire arm should be held close to the body.

crystal ball, etc. To admire a table setting is something to be encouraged. But to practically ask a hostess to place the place settings back on each individual item after it has been removed is something to be discouraged.

Dear Miss Gulkin:

Do you think it is right for a boy to ask you to go by his home to meet his parents on the way to a formal dance?

W. C.

Dear W. C.:

A girl should be flattered by the suggestion. It would seem to indicate the boy wants his parents to share his pride.

Dear Miss Gulkin:

Don't get me wrong, I'm not a cheap skater. But neither am I a millionaire, at the age I go around with must think I am. I have a car — an old one — and it uses gas like crazy. There are three fellows who ride to and from school with me. I don't mind their not offering to buy some gas for this ride, because I would be driving to school anyway, so it doesn't cost me anything extra to pick them up. But it is all the places they want to go after school — it's "let's go here" — "let's go there" — but never do they offer to put in a dime for gas. I'm fed up. How do I go about getting my point across to them?

Broke

Dear Broke:

Even if you were a millionaire, you should expect expenses to be shared. Granted that no extra gas is used because your friends ride to and from school with you, but there are other little things that are not offered, such as the money your buddies save by not having to pay for transportation, plus the convenience you provide for them. In brief, they SHOULD offer to share the gas expense. As for the little rides after school, speak out. They will respect your honest opinion. Her father, this thing doesn't run on air. It's on a diet of gas. Gas cost money. Broke. How about you?

Dear Miss Gulkin:

There is a boy I know and like very much. But there is one thing about him that really upsets me when I am with him. He continually takes the Lord's Name in vain. Each time he does, he also will say, "excuse me." I never know what to say to him, so I just look at him. What should I say? He is really a polite boy in so many ways.

S.M.

Dear S.M.:

It is difficult to give exact words, but to say something such as the following might help: "Jack, sometimes I wonder if you ask the One Who you are offending most to excuse you for taking His Name in vain." This remark should provoke some comment from your friend that would give you an opportunity to remind him of the reasons why he should rid himself of the sinful and despicable habit that is his.

Race Tensions Seen Easing

In South

Cleveland (AP) — Much of the racial tensions are beginning to subside in the South with the conspicuous exception of Alabama and Mississippi. Catholic leader in the struggle for racial justice said here.

Clare

Dear Clare:

Congratulations! A priest is never paid for any service he performs. However, it is traditional that the priest who officiates the sacrament of Baptism is given an offering in a sealed white envelope by the father, not the Godfather of the child.

Dear Miss Gulkin:

You have said many times in your column that a person should not ask others where they bought their dress, hat, etc. I agree. But when do you think of women who turn over plates when they sit down to eat to see what make of china it is. There is a friend of my mother's who does this all the time.

Baffled

Dear Baffled:

This girl simply asked the same kind of question she reportedly heard her mother ask of others over a period of years. Frankly, however, wouldn't you have preferred that she asked the question as she did instead of having tumbled the dessert off the plate in search of its name. Slightly speaking, we know that we never intrude on a hostess — is it sterling?

University Gets Loan
Washington (AP) — A \$1,300,000 U.S. Housing and Home Finance Agency loan has been made to Duquesne University, Pittsburgh, to build in addition to a women's residence hall. The five-story addition will provide housing for 248 women students. The university is conducted by the Holy Ghost Fathers.

Awards Given For Posters On Safety

Catholic - Orthodox

Several certificates of merit were awarded to students of local and area schools who participated in the 20th Annual Traffic Safety Poster Contest, sponsored by the American Automobile Association, according to Joseph Myler, president of the Automobile Club of Rochester.

Winners of the Merit Citation were Brian Gardner, Sacred Heart School, Cheektowatch; St. Theresa's School, Kathleen Batschelor, Our Lady of Mercy Elementary, Daniel Thon, St. Helen's School.

Commendation awards were made to David Clark, St. Pius X School and Josef Siegh, Sacred Heart School. Certificates of appreciation were presented to Sister Claire Joseph of Sacred Heart School, Sister M. Hildebert of St. Theresa's School, Sister M. Teresa Margaret of Our Lady of Mercy Elementary and Sister Mary Ellen of St. Helen's School. The contest was conducted by Sergeants Jerry Hohnsinn, George Richardson and John Grimes.

Greek Priest Honored

Athens (AP) — A statue was erected here to the memory of a Catholic priest revered as a national martyr.

The statue was placed in the courtyard of the new Byzantine Catholic church of Athens in commemoration of the 20th anniversary of Father Chrysostom Vasilou's death in a Nazi prison camp Sept. 8, 1944, after four months of prison torture. He had assisted in the escape of many Greeks to join the Free Greek National Army in Egypt, and sheltered several Jews from Nazi purges.

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Urban Renewal For Cardinal

New York (AP) — A large scale urban renewal project in the Bronx here will be named Cardinal Spellman Village in honor of the Archbishop of New York.

Announcement of the new name for the project was made by Mayor Robert F. Wagner at an interfaith dinner commemorating the 70th birthday and the 25th anniversary of Archbishop of New York of Francis Cardinal Spellman. The dinner was arranged by Bronx Borough President Joseph M. Percouli.

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