

CYO - Sports For All Ages

The Catholic Youth Organization during the past membership season served through the many and varied programs over 200,000 individuals. This figure of course, represents an accumulation of attendance of members participating in the many programs.

To highlight a few: The CYO business men's club with the addition of the team ball game, became very popular with the office worker and the man from industry. Over 200 business men have memberships in this club program and make good use of the sauna bath, handball courts and the swimming program.

The CYO parish basketball program hit a peak this year with 43 parish teams in a 14-week program. Over 900 boys plus an additional 900 cheerleaders were actively engaged each Sunday afternoon for league competition. Spectators numbering over 2,000 witnessed these events each Sunday.

The CYO elementary school program has over 900 participating boys and girls. During the past year the boys' program has included physical fitness tests, gymnastics, apparatus work, fundamental and introductions to competitive sports activities, swimming and water safety plus many and fun days on school days. This elementary school girls' program has been highlighted with rhyth-

mics and introduction to modern dances, group games, apparatus work, tumbling, swimming and water safety and like the boys parties and fun days on school holidays.

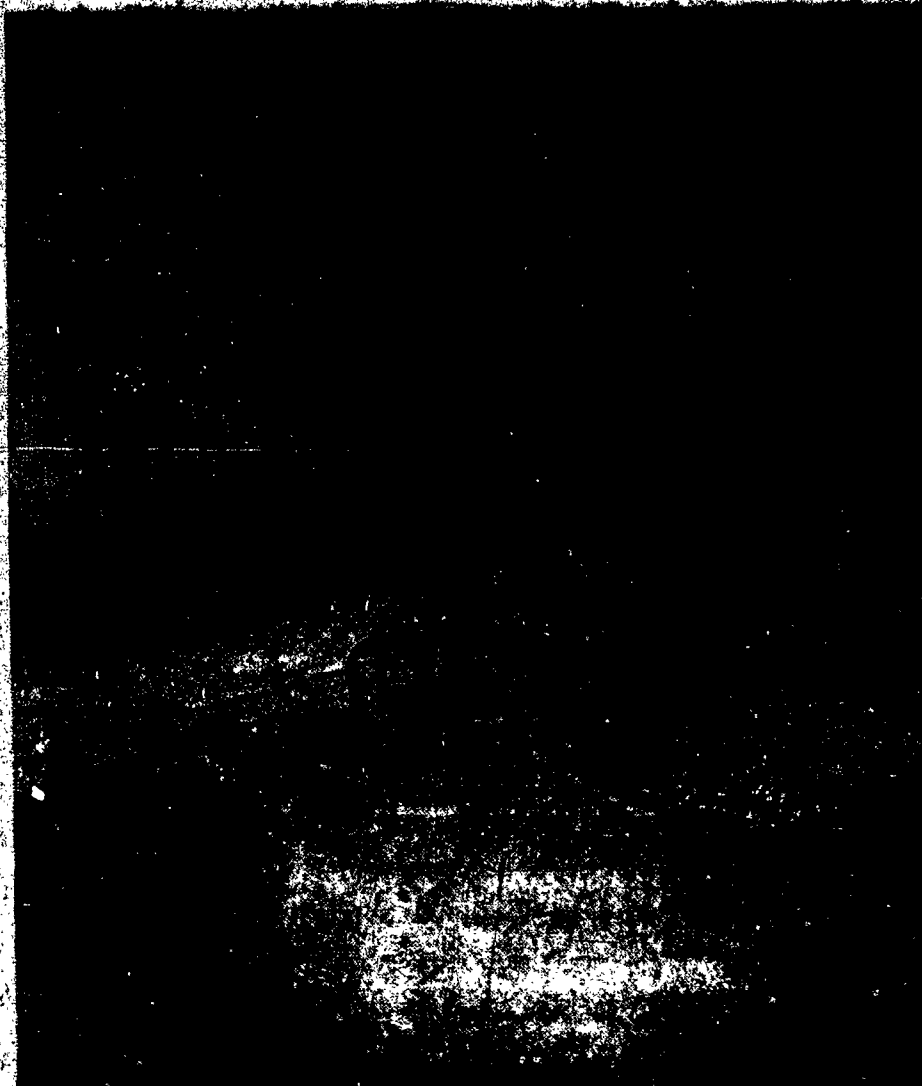
A major highlight to the CYO Program this year has been the participation of 70 families in the CYO by virtue of their family memberships.

Over 200 high school boys and girls have memberships in CYO and participate in activities designed to their liking. Among these are volleyball leagues, basketball leagues and, of course, one of the biggest teenage programs that is attended by members and non-members is the Sunday afternoon "T-Dances" (for high school students only).

The summer CYO program has expanded to five summer day camp programs, six tiny tot and learn-to-swim classes held at the CYO pool, ten learn-to-swim programs held in 12 private home-owned pools. Plus a program of bus excursions to places of interest within in the radius of 200 miles of Rochester.

The CYO young adult club with a membership of about 150 meet twice a month for social and religious activities. Average attendance is approximately 100 per meeting.

The CYO senior citizen club meets the first Wednesday of each month. Average attendance is 90 at each of its events.



Splash party at CYO pool in Columbus Building.

'Home' For Youngsters

St. Joseph's Villa of Rochester is a home away from home where a child can become a good citizen of tomorrow. To understand what St. Joseph's Villa does for these youngsters let a little boy of nine speak out:

St. Joseph's Villa has been "mother and father" to me since my own parents, for reasons I do not now understand, were unable to provide for me. I often look back on the first day at the Villa when my Social Worker brought me to my new home. I was still a little shy, but she smiled at me and my cottage mother who welcomed me so warmly.

Sister introduced me to all the other boys in the cottage and some fear and loneliness left me. Later on I found out that there were four other cottages just like mine. Another Sister lived in our cottage. She was my first teacher at the Villa school house.

The boys were all very kind to me and did everything to make me feel at home. It was all so different from the school and home I left behind me. Our cottage was bright and cheery. I liked the tables set for four boys. It was just like eating in a restaurant. The dining room interested me because of the large TV set, the records and the nice feeling that went through me when I sat on the floor to play a game with some of the boys.

My bedroom seemed to me to be the nicest and I still have fun with the three boys who share it with me. My pillow is kind of warm out from the sun.

My first day began at 7:20 when Sister called us. Morning prayers came next, then a wonderful breakfast. I was so stuffed I could hardly do my homework or make my bed. I used to have such a bumpy bed but now I can teach other new boys how to make their beds.

School came after charges and we all rushed home at 11:30 to a nice hot dinner. I can still remember the delicious home-made chocolate ice cream we had. We finished school around 3:30 and went back to our cottage, changed our clothes and had a lunch.

Next we were off to play until about 5:30. A nice young man played with us. He knew all kinds of games, baseball, football, roller-skating, and some kind of ring-toss game. Days and months passed and life began to be happier.

Our summers are especially happy. We follow a summer program of swimming, classes, gym, craftwork, hiking, camping and many other activities which we just love. Different guides and organizations plan picnics and outings for us. We even have our own Boy Scout Troop.

The Infirmary and Social Service Building is the place we like to visit because there we can talk over our big little problems with our very own Social Worker or we can go to our Sister Nurse and have our scratches patched and our tears dried.

Billy's story has told us about the happy home life St. Joseph's Villa tries to provide for the countless number of children who need a place to call home. The story of the Villa and its success can only be achieved through the yearly allotment it receives from the Rochester Community Chest. With the many contributions from those who want to share what they have with these children will the Villa be able to continue helping the children in its care to become worthy citizens of tomorrow.

During the past year, about 105 children have been cared for at 3300 Dewey Avenue where St. Joseph's Villa is located. At present, 76 children are being cared for at the Villa.

Every child at the Villa is assigned his own social worker.

There are four full time social workers and a part-time group worker who help the child handle his problems. Play is as important to the children at the Villa as it is to all children. The many acres of land provide an ample playground area. A trained recreation director plans a full time recreation program for the children both on and off the grounds.

Weekly psychiatric and psychological consultations are held to aid in the treatment and future planning for these children. A psychologist assists the five nun teachers and two lay teachers who staff the Villa School. A nun nurse is always on hand to administer medical care to those in need of it.

Total attendance for all programs was 25,399. Charles House is staffed by Miss Eileen McCarthy, Director, Miss Catherine Foley and John Quinn, full-time workers and fourteen part-time workers. Supplementing this staff are many volunteers from the community who greatly enrich the program offered at the agency.

This past year 788 children and adults have registered at the agency.

The Day Camp program, which operates out of the agency, served 176 children this past summer.

A Mothers Club and Home Bureau unit have also been meeting this past year. Aside from their regular program, these groups have spent much time considering neighborhood, community, and world-wide issues and problems.

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Neighbors Work Together

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The evening program, which serves upper elementary grades and high school youth. This past year approximately 150 youngsters have been active in such groups.

In the area of education Charles House, along with the city's board of education, made concentrated effort to interest those neighborhood people lacking basic skills in English and Citizenship to attend for classes in the remedial areas. There are now 52 people studying English and 18 preparing for Citizenship. The response to the drive conducted by the settlement staff and volunteers definitely pointed out the need for such a program.

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Three other facets of work undertaken by the staff are home visiting, working with other agencies and institutions to meet specific needs of individuals, and attending various institutes to improve professional practices.

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Where the Aging Have a Future

A glance over the past year points up the fact that the new St. Ann's is new indeed. Its newness is reflected in the type of program now being carried on at the Home at 1500 Portland Avenue, Rochester.

Although the Home still has limited facilities for the so-called "well-aging" person, its emphasis is on the care of the chronically ill who require medical and nursing care in varying degrees, ranging from minimal to intensive hospital-type care.

Among the 230 infirmaries, one finds almost every type of illness and physical disability. Especially prevalent are those who have suffered stroke, hip fracture, heart disease, arthritis and arteriosclerosis. Ready, willing and able to meet the many varied needs of these guests is the team of professional men and women, religious and lay, who staff St. Ann's Home under the administration of Sister M. Thomasina.

A chaplain of many years' experience, Rev. Leo Lynch, plans and administers a religious program centered, of course, in the Mass and Sacraments. A most meaningful sermon or a kindly word of advice is a great asset in overcoming the difficulties of advancing age.

The medical director, with his assistant and a staff of qualified consultants makes available to every guest a fine battery of medical services. This includes internal medicine, ophthalmology, dentistry and podiatry, on a regular basis as well as other specialties such as dermatology as needed.

Nursing service provides care that is both competent and loving. Nurses and their aides are always on the alert for the little things that will make guests comfortable and are quick to notice changes in their condition.

Social workers are available to both guests and their families to discuss problems resulting from separation from family, group living within the institution or sudden incapacitating illness. Every attempt is made to individualize the guest to the staff and to help the guest help himself to reap maximum benefits from his stay.

An important role in the rehabilitation process is played by the physical therapist whose efforts to restore function are well rewarded. Many learn to walk again, strengthen limbs weakened by disease and to become self-sufficient or nearly so in the activities of daily living.

Equally important in rehabilitation is the occupational therapist who works not only with individuals on a prescription basis but also with groups engaged in meaningful and productive activity. She also directs planned recreation and entertainments which afford relaxation and fun for all.

The one thing everyone in the Home does is to enjoy three meals a day either in the main dining room, the smaller dining area on the respective floors, or in their

own rooms. Despite the difficulties involved in serving over 350 regular and special diets, a great effort is made to serve attractive menus that are appealing to older people.

From the community come many groups who volunteer their time and talents to enrich the lives of the guests. Among these is St. Ann's Auxiliary whose monthly party and individualized approach have brought many happy hours to all at the Home.

Catholic Family Center, too, plays an important role in the program at St. Ann's since all applications are made at this agency. Intake Workers there process applications and prepare medical and social summaries which are presented to the Home-Admission Committee for a decision.

It is true indeed that St. Ann's has a new look both inside and out — it is a place for older people to live where they can continue doing the things they have always done and can learn to do new things they have never done before, in order to make their remaining years as happy and productive as possible.

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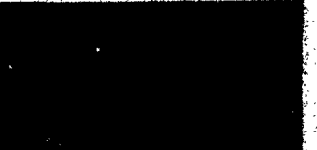
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Sister Thomasina administrator at St. Ann's



MISS McCARTY



PHILIP POWERS



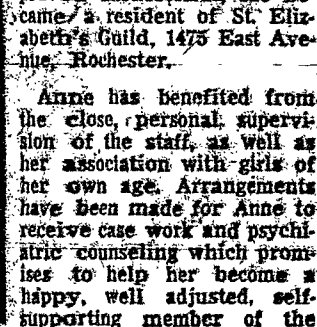
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Residence For Girls

Anne is a bright, attractive and mature seventeen year old girl.

She is the product of a broken home, an unstable mother, and numerous placements in foster homes and institutions. When a final attempt at living at home proved unsuccessful, she became a resident of St. Elizabeth's Guild, 1475 East Avenue, Rochester.

Anne has benefited from the close, personal supervision of the staff, as well as her association with girls of her own age. Arrangements have been made for Anne to receive case work and psychiatric counseling which promises to help her become a happy, well adjusted, self-sustaining member of the community.

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