



Out for a walk at St. Ann's.

## New St. Ann's

St. Ann's Home is the front rank of homes for the aged in the United States.

It is among the best not so much because its building is new but because it is a new building.

This seeming contradiction reveals the central reason for the success of St. Ann's in its mission: dedication.

Being in a new home contributes, of course, to St. Ann's capacity to do its job, but maintaining the highest level of health care while moving from the old home at 1971 Lake Avenue has complicated the task tremendously.

The transition is being met with a new dedication to keep St. Ann's the true institution it is.

St. Ann's vital work has gone on amid a flurry of planning, building, scheduling, budgeting, and myriad detail.

St. Ann's moved 223 guests from the old home to the new in October 1962. It now cares for 342 guests; capacity of the new home is 354.

The transition to the new home at 1900 Portland Avenue has meant adjusting to a new physical environment and equipment, hiring added staff, and processing new guests.

Transition has meant another change: emphasis on the care of the sick-aged or infirm rather than the well-aged or ambulatory.

The old St. Ann's Home cared for 84 sick-aged. The new cares for 209 sick-aged, an increase of 145 per cent.

St. Ann's stresses care of the sick-aged because the average age of residents is now almost 80. The average age of applicants over the past eight years has been 83.

Because of the high average age, most residents need medical nursing care upon admission or shortly after they enter St. Ann's.

The old St. Ann's Home was unable to accept applications from the sick-aged. The infirmary was used almost exclusively for the care of resident sick women. Most men who became chronically ill had to be transferred to the County Infirmary or elsewhere.

The new St. Ann's is able to accept applications from the sick-aged, both men and women.

The newly equipped physical therapy and medical departments and Acute Medical Unit, similar to a hospital intensive care section, have brought about an intensive in-service training program for the staff.

The Community Chest and Catholic Charities can point with pride to St. Ann's Home.

The smooth functioning of the Home in its efforts to ward ever-greater service to the community is a measure of the outstanding work of the administration and all of the staff.

St. Ann's is owned by the diocese, directed by Catholic Charities, and operated by the Sisters of St. Joseph. It is open to persons of all races and creeds. Sister M. Thomasina is administrator.

### Emergency

A stricken guest, gasping for breath, is hurriedly whisked into room 501 of St. Ann's Home. Nurses working with the speed and precision of a surgical team, set about reviving him.

The odds favor the guest in room 501, the Acute Medical Unit at St. Ann's. This counterpart of a hospital intensive care section is believed to be the only one in a home for the aged in Central New York State.

The nurses have at their disposal all the equipment necessary to their lifesaving assignment.

An electric suction machine, a resuscitator, two large oxygen tanks and a portable emergency table, an electrocardiogram machine, intravenous fluids, blood transfusion apparatus, and a full supply of emergency drugs and medicines.

From October 10, 1962, when the new St. Ann's Home opened its doors, to March 31, 1963, 16 guests required the emergency, 24-hour care of the Acute Medical Unit.

Thirteen lives were saved. As Sister Karen, St. Ann's nursing director, who originated plans for the Acute Medical Unit, says: "The Acute Medical Unit certainly has proved to be a life-saving measure. Critically ill persons must be treated quickly. The unit seemed the logical answer."

## CYO's Varied Program

### Activities

The Catholic Youth Organization of Rochester is currently in its thirty-first year of serving the Rochester Community. The purpose of the organization in Rochester, as well as across the nation, is one of presenting a program of religious, social, cultural, and physical activities for boys and girls, and men and women.

The C.Y.O., besides having its own members, plays a leading role in helping Boy Scouts and Girl Scouts to achieve their Merit Awards. It supplements activities of the Catholic high school and elementary school students, as well as many youngsters from the public schools. It serves as a coordinating body for athletic programs in the parochial school system and has provided physical education programs for St. Mary's Hospital undergraduate nurses and Highland Hospital undergraduate nurses.

The C.Y.O. has provided recreation and entertainment for boys from the Rochester State Hospital and on special occasions, been used by the many St. Joseph's House, St. Joseph's Villa, and the Rochester School for the Deaf. It is currently being used by Monroe Community College until such time as the college has its own physical facilities.

During the summer months, the C.Y.O. stretches out from its downtown facilities and operates four neighborhood Day Camp Programs in the four quarters of Rochester. A Fifth Day Camp Program is operated at the Central C.Y.O., at 50 Chestnut Street.

The C.Y.O., through the winter months, sponsors and administers a Polish Basketball Program for Junior High and Senior High School boys. Last year's leagues had fifty-four teams, with 850 boys participating each Sunday afternoon over a twelve-week period.

### Membership

The C.Y.O. membership is made up of boys and girls, men and women from all walks of life, regardless of race, creed, or color. During its annual membership campaign, many sponsored memberships are given, by interested groups. These memberships are made available to boys and girls, who can afford this opportunity.

### History

In 1932, the organization was known as the Columbus Club, and was sponsored by the Knights of Columbus, Council 178. In 1933, the Columbus Club formally became the Columbus Youth Association, and was adopted into the Council of Social Agencies and Community Chest. In 1954, the name Columbus Youth Association was changed to the Catholic Youth Organization to give it a more meaningful name and to associate it with the national organization.

### Attendance

Last records reveal that in the last twelve years, the Catholic Youth Organization has raised from an annual attendance figure of approximately 20,000 people served to over 200,000 individuals served.

### Types of Membership

The C.Y.O. has eight types of memberships, namely: elementary school boys, elementary school girls, senior men, senior women, business men, business women, high school boys, high school girls.



CYO lads have wide variety of health-building activities.



FATHER MCFARLAND, C.Y.O. Director

Classes - Mondays, Wednesdays, and Fridays are set aside as Women's and Girls' days. Tuesdays, Thursdays, and Saturdays are Men's and Boys' days.

Administration - The Catholic Youth Organization is a branch of the Catholic Charities of the Diocese of Rochester. Rev. Eugene H. McFarland is the Diocesan Director of Catholic Youth, and the Director of the C.Y.O. Father McFarland also has advised him the C.Y.O. Board of Advisors, with Mark H. Tushnet, Jr., president; Louis Langie, Jr., vice-president; Mrs. George Forley, recording secretary; and Brendan Meagher, financial advisor.

As a division of Catholic Charities and a Community Chest Agency, it is licensed as a Psychiatric Clinic by the State of New York, Department of Mental Hygiene. It provides mental health services for children between the ages of five through eighteen and in 1962, 142 new referrals were made by the schools in cooperation with parents.



Trampoline is youngsters' favorite at C.Y.O. gym.

## Children's Clinic

"If a man does not keep pace with his companions, perhaps it is because he hears a different drummer," said Henry D. Thoreau.

When a child does not keep pace with his companions or the requirements of home and school, to what "drummer" is he responding?

Perhaps it is a pace in tune with his own inner self but leads to a different way of looking at the world. It keeps him three steps ahead of everybody and, eventually, blossoms into leadership and creativity. Or perhaps it is an irregular, disorganized pace that keeps him tripping, stumbling, and falling behind causing distress both for himself and those interested in him.

The Children's Clinic, established in 1953, helps teachers and parents understand such responses in children of the Rochester Catholic school system.

At present, the total staff is comprised of Dr. Albert W. Sullivan, psychiatrist and clinical director; Philip Foyers, certified social worker and executive director; Dr. Robert M. Dowling and Harold A. Schwartz, clinical psychologists; Mrs. Grace Egan, Gerald H. Pashby, John P. Flynn, and Arthur Connor, certified social workers; Mrs. Anne B. Christoff, administrative secretary; Mrs. Marcella Tallie, secretary; and Mrs. Allene LeFrois, book-keeper.

The DePaul Clinic is located on the fifth floor of the DePaul Civic Center, at 50 Chestnut Street, in downtown Rochester.

### Teenagers

It can be said that the horizon holds only the unknown until one takes a step toward it. This is part of the thinking which prompted a new program this year at the Charles Settlement House.

Designed for teenagers in the eighth through twelfth grades, the Thursday Teen Nights offer the opportunity for participation in various projects and fields of interest, many of which may be new to the members.

The program is also exciting in that the teens themselves indicate possibilities for future programming.

Special events highlight the program. Donald Biggs of the Dale Carnegie Course spoke to the group on the "art of meeting and enjoying people." Careers in the army was the topic of Sergeant John Flady of the United States Army Office A. Veterans Party was featured in February.



Very often parents counseling, either on an individual appointment or on a "parent group basis," is conducted and coordinated with the teacher's efforts in the classroom.

In 1961, recognizing the need for more than the regular diagnostic and treatment services, the clinic offered consultation to the school teachers in the form of mental health education. This added approach to meeting the needs of the school population was further emphasized in 1962, when the professional staff increased to eight in number.

At present, the total staff is comprised of Dr. Albert W. Sullivan, psychiatrist and clinical director; Philip Foyers, certified social worker and executive director; Dr. Robert M. Dowling and Harold A. Schwartz, clinical psychologists; Mrs. Grace Egan, Gerald H. Pashby, John P. Flynn, and Arthur Connor, certified social workers; Mrs. Anne B. Christoff, administrative secretary; Mrs. Marcella Tallie, secretary; and Mrs. Allene LeFrois, book-keeper.

The DePaul Clinic is located on the fifth floor of the DePaul Civic Center, at 50 Chestnut Street, in downtown Rochester.

At present, the total staff is comprised of Dr. Albert W. Sullivan, psychiatrist and clinical director; Philip Foyers, certified social worker and executive director; Dr. Robert M. Dowling and Harold A. Schwartz, clinical psychologists; Mrs. Grace Egan, Gerald H. Pashby, John P. Flynn, and Arthur Connor, certified social workers; Mrs. Anne B. Christoff, administrative secretary; Mrs. Marcella Tallie, secretary; and Mrs. Allene LeFrois, book-keeper.

The DePaul Clinic is located on the fifth floor of the DePaul Civic Center, at 50 Chestnut Street, in downtown Rochester.

**W. J. GRINDER ROOFING CO.**  
**JOHNS-MANVILLE** FRANCHISED BUILT-UP ROOFERS  
**BR 1-1130**  
56 Henrietta Street Rochester 7, N.Y.  
SPECIALIZING IN SLATE, TILE & BUILT-UP ROOFS FOR INDUSTRIAL, COMMERCIAL & INSTITUTIONAL PROPERTIES  
SHEET METAL WORK

**DWYER ELECTRIC CO., INC.**  
**ELECTRICAL CONTRACTORS**  
24 Hour Service  
Complete Motor Service  
Idlewood 6-7350  
Give Your Full Share  
**DWYER ELECTRIC CO., INC.**  
Electrical Service for Homes, Churches, Institutions  
252 TREMONT ST. Rochester 8, New York

for a whole family of reasons...  
**BE SURE that you have COMPLETE FAMILY INSURANCE PROTECTION**  
Secure yourself against the possible emergencies of tomorrow... with foresight, today! It's good sense to measure your insurance on home, car, personal property, your future income and health, against today's values. Adequate insurance coverage is your best protection against financial losses. We represent many old line firms to help you with all your insurance needs.

THIS ADVERTISEMENT IS SPONSORED BY THE FOLLOWING GENERAL INSURANCE AGENTS

<b>Art Bamann and Sons, Inc.</b> 1250 Sibley Tower Bldg. BAKER 5-9550	<b>Clarence A. Vick</b> INSURANCE 154 East Ave. BA 5-9310
<b>Egbert F. Ashley Ins. Co.</b> 300 First Federal Savings Bank Bldg. HA 6-1858 "Insuring Rochesterians for 111 Years"	<b>Lucas &amp; Dake Co., Inc.</b> Mrs. E. J. Lucas INSURANCE John W. Norton 17 Clinton Ave. South HA 6-6820-6-6829
<b>Harry B. Crowley Agency</b> Harry B. Crowley Sr. 402-408 Granite Bldg. HA 6-5741-4418	<b>Markin's Agency, Inc.</b> Robert M. Markin L. James Shaw Kenneth C. Tietgen Lawrence Markin 26 State St. HA 6-8890
<b>Charles M. Dispenza</b> CHARLES M. DISPENZA, Jr. 6 State St. HA 6-8218	<b>Riedmann Agency Inc.</b> INSURANCE and BONDS Rochester Savings Bank Bldg. 40 Franklin St. BA 5-3729
<b>Thomas G. Farrell Agency</b> Formerly William T. Farrell & Son 1214 Sibley Tower Bldg. HA 6-7409	<b>Modern Protection Inc.</b> JIM FARRELL 227 Granite Bldg. HA 6-6837
<b>Louis C. Hock &amp; Son Co. Inc.</b> 502 Clinton Bldg. 17 Clinton Ave. South BA 5-7318	<b>BE SURE CONSULT INSURANCE EXPERTS</b>

CALL OR WRITE ONE OF THESE ROCHESTER N.Y. INSURANCE AGENTS