



ALUMNAE MEMORIAL MASS and luncheon plans for Sunday, Nov. 11 at Our Lady of Mercy Motherhouse Chapel are being made by these alumnae: (from left) Mrs. Margery Byrd Callan, decorations; Mrs. Josephine Baron Mance, chairman; Mrs. Olive Kress McHugh, co-chairman. Mass is at 11 a.m.

### Nutrition Unit Sets Meeting

The Study Group on Nutrition Education in Nursing, a sub-committee of the Genesee Valley League for Nursing and the Genesee Dietetic Association will meet in the Nurses' Residence of St. Mary's Hospital School of Nursing on Monday, Nov. 5 at 3:30 p.m.

### George Whalen Rites Offered By Priest-Son

Solemn Funeral Mass for George Whalen was offered by his son, the Rt. Rev. Msgr. Leslie G. Whalen, pastor of Our Lady of Lourdes Church in St. Andrew's Church, Saturday, Oct. 27.

Mr. Whalen, 82, of 82 Pomeroy St., a retired city policeman and a former street car motorman, died Oct. 24, 1962 in St. Ann's Home.

Assisting Monsignor Whalen were the Rev. Paul Wohlhab, Deacon, and the Rev. James Marvin, Subdeacon.

IN ATTENDANCE were the Rt. Rev. Msgr. James C. McAniff, P.A., vicar general of the diocese, the Right Reverend Monsignors Arthur E. Ratigan, William J. Naughton, John E. McCafferty, George W. Eckl, Gerald C. Lambert, John M. Duffy and the Very Reverend Monsignors George A. Cocuzzi and J. Emmett Murphy.

### Miss Wilkinson Requiem Offered At St. Mary's

Requiem Mass for Miss Loretta de Sales Wilkinson was celebrated by the Rt. Rev. Msgr. James C. McAniff, P.A., Vicar General of the diocese, in St. Mary's Church, Wednesday, Oct. 17.

MISS WILKINSON, formerly of 267 Oxford St., principal of School 25 for 32 years before she retired in 1946, died Sunday, Oct. 14, 1962 at The Chimeys Nursing Home, 269 Alexander St.

Born in Brooklyn, Miss Wilkinson spent most of her adult life in Rochester. She was a graduate of School No. 3, Rochester Free Academy and Genesee Normal School, now State University College at Genesee.

She taught at School 10 before being appointed School 25 principal in 1914.

She was active in the Catholic Women's Club and Menace Retreat House. She was a member of St. Mary's Church and of the Rosary Society of Immaculate Conception Church. A delegation of the latter led by Rt. Rev. Msgr. John S. Randall recited the Rosary at the funeral home.

Burial was in Holy Sepulchre Cemetery where the blessing was given by Rev. Leo Lynch. Arrangements by John J. Curran Funeral Home.

### Talk It Over Losing Weight

By ANNE CULKIN

Dear Miss Culklin: How can you lose weight if you cut down on food but still can't lose? My three older sisters are stout, too, and my mother says that it is just our nature to be heavy and there is nothing we can do about it. Do you think this is true? Fat

Dear Reader: I'm sorry, but I don't agree that overweight is hereditary. But my opinion can't be honored as much as scientists and doctors who really have strong reasons for their convictions because they are based on scientific studies. A booklet printed by the Metropolitan Life Insurance Company, "Overweight and Underweight" has this to say on the subject.

"Some people blame their overweight on metabolism (the rate at which their bodies use energy) and on the glands which regulate metabolism. In a few cases, poorly functioning glands may contribute to overweight. Even then, the overweight patient who is under a physician's treatment for glandular disorders is able to lose weight when his food intake is regulated.

Heredity is often claimed as a cause of overweight. People do inherit body build as well as other characteristics. Some inherited characteristics may have an influence on appetite and activity, but when people from overweight families change their eating habits, they, too, can lose weight.

Actually, most overweight people readily admit that their excess poundage comes from overeating. They say they just do it or they eat too much. Knowing why a thing is hard to do sometimes makes it easier to change.

Some people develop the habit of overeating because good food and plenty of it is a family tradition.

Anyone who is 10 per cent or more heavier than his desirable weight is considered overweight. For those still in their 20's or younger, a little extra weight does no harm. For people over 30 it is not good. It is a definite danger signal for those over 40.

Dear Tina: Definitely gloves are removed at a tea if we are about to eat even the smallest and driest

Dear American: Your mother's objection to your marrying a boy who is of a different nationality, but with whom otherwise she can find no fault, can best be answered by quoting from a Liguorian pamphlet, "What Young People Ask About Life, Love and Marriage" by D. F. Miller, C.S.S.R.

"Usually these prejudices against a certain nationality have grown up out of very narrow experience with one or a few or perhaps a small colony of individuals of that nationality. The prejudiced person had an unfortunate experience with one such person. Or the only



### Court Upholds State Smut Ban

Washington—(RNS)—In an action seen by observers here as strengthening state laws against obscenity and pornography, the United States Supreme Court has refused, 8 to 1, to review the conviction of three New York City book dealers for selling books and photographs that dealt with sex perversion and masochism.

The court refused, without opinion, to review the cases but noted on its docket that Justice William O. Douglas would have granted a review of the constitutional issues involved.

IN ONE case, Louis Finkelstein and Louis Schaeffer, proprietors of a Times Square book store were convicted of violating the New York state law against obscenity by possessing and displaying for sale two paper-backed books entitled "Garden of Evil" and "Queen Bee."

Their attorneys argued in an unsuccessful appeal to the Supreme Court that material which is merely disgusting to the average person is not "obscene" and could not be proscribed by law.

IN A SECOND case which the court rejected, Harold Zucker, employee of a Times Square book bazaar, was charged with selling books dealing with sadism and masochism, which bore such titles as "Cult of the Spankers" and "Illustrated Bondage Correspondence."

His attorneys sought unsuccessfully to argue that "the words 'sadistic,' 'masochistic' and 'disgusting' are vague and indefinite."

Action of the Supreme Court

### Open House At St. Mary's

High school students from a six county area converged on St. Mary's Hospital School of Nursing (today) Friday, Oct. 26 to view exhibits and tour the hospital in the School's Annual Open House for those interested in nursing careers.

OPEN HOUSE was under the sponsorship of the Rochester Regional Hospital Council. Student nurses conducted the tours and held informal meetings with the interested young ladies.

### Knights Slate James Shay

D. James Shay, a member of the Elmira City Fire Department, will speak to members of Elmira Council 229, Knights of Columbus, following their business meeting, Wednesday night, Nov. 7, at Columbus Center.

Shay, a member of the fire department for some 12 years, will speak on fire safety and fire fighting methods.

FOR CHRISTMAS "remember us ... always"



Someone who has "everything" would prize a portrait of [your family]!

MUGGLETON STUDIO 7 William Street Auburn—AL 24433 Open 10-5:30 Daily Closed Wed.

### LET YOUR VOICE BE HEARD

ELECT FRED T. FINUCANE STATE SENATOR VOTE ROW 'B' VOTE DEMOCRATIC

### BE SURE Your Voice Is Heard!

VOTE Nov. 6

Polls Will Be Open From 6 A.M. To 7 P.M.



Since The Good Old "Cracker Barrel" Days We've progressed in many ways since the days of the pot-bellied stove. We're better informed and base our decisions on what we've read or heard for the years rather than on the oft-times heated harangues of election time. It's been a good American custom to discuss issues that concern our community... weigh the merits of argument... draw intelligent conclusion. At the polls, we have the privilege of expressing the dictators of our conscience in casting our vote for the men or women we believe will best serve our interests and the interests of our community. So we urge you to cast your vote this coming Tuesday with intelligence and logical thought. It's your right! It's your duty to make your voice in government heard!

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See JACK'S T.V. FOR TV SERVICE PHILCO SALES HOME OR SHOP SERVICE 41 Jefferson Rd. ID 6-5320 "SERVING HENRIETTA"

Annual Thanksgiving Festival ST. ANDREWS SCHOOL HALL SAT. NOV. 10 • 7:30 P.M. Sponsored by Holy Name Society

Listen! EVERY Sunday at 12:15 P.M. HEAR "Catholic Comments" The Catholic point of view on current events and their impact on our lives, discussed each week by a guest priest commentator.

THIS MONTH: Rev. Joseph M. Egan Member Faculty of St. Bernard's Seminary

HEAR FR. EGAN Every Sunday of November W H A M RADIO - 12:15 P.M.

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