

At Our House

Snow Time For Foolishness

By MARY TINLEY DALY

"Where are the snows of yesteryear?" asks Francois Villon...

They've gone, M. Villon, been shoveled away and finally taken down the drain.

What we're interested in are the snows of this year, deeper and heavier than ever and harder to shovel away.

And from the Rubaiyat of Omar Khayyam we hear a comparison of "the worldly hopes men set their hearts upon" compared to "Snow upon the desert's dusty face, lighting a little hour or two — is gone."

Maybe so, in other times and other climes. Not where we live.

ONCE MORE the blanket of enchantment falls, "began in the gloaming," or any other time. It's fairyland, with white fluff on every tiny branch, bringing back the old-time, childish thrill at this beauty of nature.

Though everyone admires the loveliness, human reactions are mixed upon second viewing:

"Suppose they'll close the schools in the morning — I hope?"

"What about the family members on the highways? Let's all say a prayer."

And from the Head of the House: "I'd better go out and rescue the snow shovel. Remember how it was buried until spring last year?"

How well we remember. We had to buy a replacement to use for ensuing snows. Now probably both would be buried except for the practical side of this snow scene.

We almost wish that both shovels had remained forgotten, along with "the snows of yesteryear."

Warning comes this year from Dr. John W. Latimer, Jr., president of the Washington (D.C.) Heart Association.

"Each shovelful of fluffy snow weighs about four pounds," Dr. Latimer says. "Ten of these a minute is equivalent to walking up three flights of stairs in that one minute. Even heavier wet snow would make the job equal to that of racing to the seventh floor in a minute."

Through the office of the Washington Heart Association, Dr. Latimer issued this advice: Remember that snow shoveling is strenuous exercise.

If you have heart disease, don't shovel snow without your doctor's approval.

If over 40 and healthy, shovel, but take it easy.

If you shovel, do so before eating, or wait an hour after eating, as you should for most vigorous exercise.

Never shovel to the point of exhaustion. The invigorating cold air may make you feel 20 years younger, but you're not.

When you shovel, lift with your entire body, letting your back and legs share the hard work with your arms.

Best of all, concludes the ad...

vice, turn the snow shovel over to an ambitious youngster and go to the nearest ice-skating pond or rink for your exercise.

If you can't find an "ambitious youngster", or if the elder statesman at your house is adamant on doing his own shoveling, you might try this easy, if somewhat sissy, trick of making the job less difficult.

While it is still snowing and before the man of the house comes home, let women and children take turns every half hour with the broom on steps and sidewalk. It's surprising how much you can remove with little effort.

Also there are the deicers ready for the sprinkling. Or — you can hide the shovel!

Talk It Over

Christian Personality

By ANNE CULKIN

Dear Miss Culklin: About a year ago I read in some magazine an article about your work in which you were quoted as saying a woman could develop a more pleasing personality by applying her religion. I clipped the article and kept it for a long time but later misplaced it.

I don't remember in which magazine it appeared, but if you remember the one, I would appreciate your sending me a copy of it or printing it in your column in our Indianapolis paper — the Criterion. Your quote was in a box form appearing at the top of a page.

I am happy that your request came at the time of New Year resolutions. For all of us interested in developing a more pleasing personality might well find the suggestion helpful. The article to which you refer was in Information magazine.

EIGHT WAYS A WOMAN CAN DEVELOP A CHRISTIAN PERSONALITY

- 1. Carry the body with the dignity that was given to it when it was made to His image and likeness. 2. Be certain that your dress appeals to man's heart and not to his instinct. 3. Recognize God's gifts to other persons by appreciating their beauty and talent. Don't envy or compare them with your own. 4. Realize that the greater capacity a woman has to love others out of the love of God, the warmer, the more charming she will be. 5. Remember that when charity is the motive for pleasing others, good manners are assured. 6. Know that if you are to have true outward peace, you must first give it to your soul inner peace. 7. Develop your speech to its fullest beauty, but be certain that you are directing it toward good. 8. Consider personality as a reflection of what is in the mind and heart. If, therefore, you would have yours more attractive, fill your mind with goodness and warm your heart with the fire of His Divine Love.

Dear Miss Culklin: How can you stop two sisters (one older — one younger) and a brother from reading your mail. I am a senior in high school and receive letters from a boy who is in the army. He writes very interesting letters

Family Rosary Radio Program

Friday, Jan. 19 — Donald Hathaway, St. Rita, West Webster.

Saturday, Jan. 20 — Frank R. Davis, Holy Rosary accompanied by Rosary for Peace Group of that parish.

Sunday, Jan. 21 — Leo Herrmann, St. Helen's.

Monday, Jan. 22 — John Erb, St. Ambrose.

Tuesday, Jan. 23 — John Hanss, St. Thomas the Apostle.

Wednesday, Jan. 24 — John Lang, St. Andrew's accompanied by Holy Name Society of that parish.

Thursday, Jan. 25 — Gerald D. E. Leth, St. Pius X accompanied by Rochester Products Division employees.



Boys Mission Band

"A boys band for Zamboanga pine school, is aiming for a High" is the latest project undertaken by the student body and religious community of a Quaid Jesuit High School on the behalf of Jesuit missions in the Philippines.

SIX WEEKS ago, an appeal for violas for Mindanao produced approximately 80 offers from the Rochester area, and some of the machines are still being collected and prepared for shipment. Encouraged by that response, Mr. William Frankhauser, S.J., is heading a drive for used and repairable band instruments earmarked for use by students at the Jesuit high school in Zamboanga City.

A Brooklyn scholastic, Mr. Joseph McCarthy, S.J., the only American Jesuit at the Philip-

door and starts it around and then follows her?

Just Wondering: You're right, a woman proceeds a man when it is necessary to walk single file UNLESS there is work to be done or danger involved. When either is true, the man goes first. For instance, supposing a couple is about to descend a dark stairway. There is danger involved as someone might slip. The man, the stronger sex and ready to prove it, excuses himself for going first but he does go first! The little lady of five foot ten follows him.

Now as for the revolving door. This calls for "work to be done." It takes a little strength to get that heavy thing revolving, so the woman steps aside and the man extends his hand, strong arm and pushes! Once the door is in motion, the girl jumps into her little compartment and away she goes. The man follows.

A CALL TO MERCY Have you heard it? Christ is calling you to the apostolate of mercy as a BROTHER OF MERCY. To receive the role in hospitals, infirmaries and orphanages, or practice a trade as other domestic work necessary for the well-being of a community.

Dear Miss Culklin: One time in your column you wrote that when a man and woman are not walking side by side, the woman should go first. Well, how about when there is a revolving door? Does the girl still go first? If she does, what is the boy supposed to do? Does he wait until she pushes the

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Engagements

The engagement of Miss Barbara Ann Bruno, daughter of Mr. and Mrs. Dominic J. Bruno of Kensington St., and Donald D. Tosti, son of Mr. and Mrs. Dominic A. Tosti of Pioneer St. has been announced.

Mr. and Mrs. Gillette Soltz of Chalford Rd. announce the engagement of their daughter, Miss Theresa Ann Soltz, to Albert D. Doohan of Diving Park Ave. Doohan is the son of the late Arthur D. Doohan. A June 30 wedding is planned.

CARMELITE PRIESTS

- Men of Prayer Men of Action Men of Mercy

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CHRISTENDOM: A "BROKEN FAMILY"

THE CHRISTIANS WHO BELONG TO THE "BROKEN" CHURCHES TODAY—ARE THEY PROTESTANTS? ... The answer is No ... When bishops and priests of the Orthodox (Greeks, Russians, etc.) enter Mass (the Divine Liturgy), they are validly consecrating the bread and wine to become the Body and Blood of Christ. When Orthodox church members receive Holy Communion in their own churches, they receive the sacrament in reality ... In general, the seven sacraments of the Orthodox are all valid with the exception of the powers of the supreme Pontiff (and several other items). Orthodox church members have the same belief as Catholics ... Despite this closeness to us, however, the Orthodox churches are not part of the Catholic Church. Orthodox church members do not accept the Bishop of Rome as Holy Father, as their Holy Father ... The Orthodox and we are related to one another very closely, members of one family. But the family — Christendom — is a "broken family" in the family of Christendom, regrettably our Orthodox brothers and cousins are separated from us ... The reasons for the separation (the "rift" dates back centuries) were not originally theological. The reasons originally were political and cultural ... Some 160-million Christians belong to the Orthodox Churches today—many of them in the NEAR and MIDDLE EAST, most of them in RUSSIA. Our missionaries meet them in countries like SYRIA, JORDAN, LEBANON, TURKEY, GREECE, INDIA, ETHIOPIA—all through the NEAR and MIDDLE EAST ... Can we Christians get our "broken family" together again? Pope John intends the up-coming Vatican Council to be a fresh approach. Our missionaries, most of whom belong to one or another of the Eastern Rites are the "natural bridge" by which, please God, the Orthodox and we can be reunited ... During the CHURCH UNITY OCTAVE, this week, pray fervently for this Christian "family reunion." Read, think prayerfully, about the problems involved. Sacrifice to keep our priests, Brothers, Sisters at work on mission-fronts in the NEAR and MIDDLE EAST ... God willing, we "all may be one" again!

THINGS TO DO TODAY

- WRITE US FOR OUR FREE PAMPHLET, Christ in Christendom: A Primer of the Eastern Rites. It's yours for the asking, free-of-charge. JOIN THIS MISSION AID SOCIETY. The spiritual benefits you'll receive are innumerable. Your "dues" keep priests, Brothers, Sisters at work in the NEAR and MIDDLE EAST. Dear Missionary, Please enroll me as a member. Name, Address, City, Zone, City.

Near East Missions FRANCIS CARDINAL SPELLMAN, President. Send all communications to CATHOLIC NEAR EAST WELFARE ASSOCIATION 400 Lexington Ave. at 46th St. New York 17, N. Y.

Listen! EVERY Sunday at 12:15 P.M. HEAR "Catholic Comments" The Catholic point of view on current events and their impact on our lives, discussed each week by a guest priest commentator. THIS MONTH: Rev. E. Leo McMannus St. Bernard's Seminary HEAR FR. McMANNUS Every Sunday of January WHAM RADIO - 12:15 P.M. Sponsored by THE COURIER JOURNAL Official Newspaper For The Diocese of Rochester

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Thru The Looking Glass Ever Since Eve By LOUISE WILSON (Louise Wilson, Women's Editor of WHAM, is heard twice daily at 9:10 and 10:05 A.M.) Last week, after previewing thirty-six collections of New York's top designers, I felt as if I'd eaten an entire box of candy at one sitting. The overall effect was a mite sweet for my taste. It's as if the designers were all playing Adam and had suddenly discovered WOMAN. Having discovered her, they decided to go all out by adding frills and furbelows, jabots and cascading ruffles, slight trains and trailing stoles, and by using the most feminine fabrics available—fabrics that cling or drift. True, these are high fashions making a bid for space in papers and time on the air. They will, by the time they reach local shops, be pared down and modified for general wear. This is ever the case in fashion but never more so than now. Luis Estevez, one of newest and most brilliant designers, rebels from this "too muchness," this over-emphasis on all things extremely feminine. He asks, "What's all this fuss about feminine fashions? Why does everybody think he's doing something new by designing extremely feminine clothes?" I never stopped designing for the feminine figure and when I do I'll go back to architecture. His collection, therefore, was less cluttered than most. ONCE over lightly, from head to toe, the Spring fashion picture is very apt to shape up this way. Heads will be worn this year ... head-shaped. In other words, hairdos resembling football helmets, bee's nests, bushel baskets, etc. are OUT. Hair will be worn closer to the head ... treated more or less like fabric. Faces will look more natural. Make-up is softer, more subtle, more as nature intended. Gone are the days of the all-eyes, no-lips look. This Spring, faces come into focus with equal emphasis on all features. The forecast of the tiny waist, the return of the demure white collar and long sleeves, the curved neckline and daring necklines are emphatic indications of the new fragile, frivolous, feminine trend.

TURN to ST. JUDE St. Jude Solemn Novena FEBRUARY 3 to 11, 1962 Ask St. Jude, "The Saint of the Impossible" for help. Send your petitions to the National Shrine of St. Jude today. A GIFT WILL BE SENT TO THOSE TAKING PART IN THE SOLEMN NOVENA MARK PETITIONS, FILL IN, CLIP AND MAIL DEAR FATHER ROBERT: PLEASE PLACE MY PETITIONS BEFORE THE NATIONAL SHRINE OF ST. JUDE IN THE COMING NOVENA: [ ] EMPLOYMENT [ ] HAPPY MARRIAGE [ ] THANKSGIVING [ ] PEACE OF MIND [ ] CONVERSION OF RUSSIA [ ] FINANCIAL HELP [ ] WORLD PEACE [ ] RETURN TO SACRAMENT [ ] ENCLOSE \$ FOR THE CLARETIAN SEMINARY BUILDING FUND. Name, Address, City, Zone, State, Country MAIL TO: NATIONAL SHRINE OF ST. JUDE 321 West Madison Street, Sec. 70 Chicago 6, Illinois