



**DRESSED** in their traditional capes and plumed hats and carrying swords, members of the Knights of Columbus form a cross in the Cathedral of the Immaculate Conception, Denver, Colo., during a Pontifical Mass which opened the 79th annual meeting of the lay fraternal group's Supreme Council. More than 5,000 Knights and their families attended the convention. (Religious News Service Photo)

**Supreme Council Acts**

**K. of C. Back Red Fight**

Support of the President and Congress in coping with the Communist threat in Berlin and elsewhere was voted at the Supreme Convention of the Knights of Columbus in Denver, area members are informed, this week.

The council said in a resolution adopted at the close of the Knights' three-day national convention that it "wholeheartedly supports the actions of the President and the Congress in the emergency steps taken to meet the sweeping challenge and threats of communism not only in Berlin but in the whole world."

The council also called on the 1.1 million Knights of Columbus to acquire "a working knowledge" of Communism.

"Such knowledge is indispensable to meet the challenge as was pointed out in the warning of Pope Pius XI in 1937 that Communism has spread so rapidly because too few

people have been able to grasp the nature of Communism and its tactics, strategy and objectives," the Supreme Council said (Aug. 17).

In other resolutions the 400-member Supreme Council:

- Urged Americans and others to profit from the

lesson of the Red takeover in Cuba.

- Endorsed the FBI and its director, J. Edgar Hoover.
- Opposed the admission of Red China to the United Nations.

SOME 5,000 Knights and members of their families attended the 79th K. of C. convention in the Colorado city. During the meeting the Catholic fraternal group elected members to its supreme board of directors. All will serve for three years.

Reelected were Joseph F. Lamb of New York; Francis J. Heazel, Asheville, N. C.; Harold J. Lamboly, Monroe, Wis.; Dr. Gerald Lutz, Hamilton, Ont.; William J. Mulligan, Hartford, Conn.; and Dr. John H. Griffin, Hughesville, Md. Elected to the board for the first time was N. A. Quintanilla of San Antonio, Tex.

In its resolution on Cuba, the Supreme Council called for "deep contemplation of the seriousness of the communist takeover in Cuba."

The council extended "prayers, comfort and solace" to Cuban Catholics and expressed the hope "that their nation may some day soon thrive under the sacred principles recognized by free governments."

The K. of C. council declared that "national moral conviction" is the main weapon for dealing with Communism.

STATING THAT "signs of a lack of courage and moral conscience" are an invitation to communism, the council said: "We will heed the alarm of patriotic and dedicated Americans who have been warning about this national weakness for the past decades and will extend even greater efforts to create a spiritual atmosphere in the countries wherein the order now flourishes so as to prevent a repetition of the Cuba episode elsewhere."

The Supreme Council lauded the FBI for "outstanding work... both in combating the communist conspiracy and in setting an example of efficiency."

The council said it "stands firmly opposed to the admission of communist China into the United Nations at any time and under any conditions."

It directed that its Red China resolution be transmitted to Secretary of State Dean Rusk.

**KC In Mexico Instrumental In Fighting Reds**

The Supreme Council, Knights of Columbus convention in Denver last week was told by a delegate from Mexico that the K. of C. in Mexico were recently instrumental in organizing a protest march by 100,000 persons in Puebla against Communism.

Eduardo Espinosa of Mexico City, who headed the six-man delegation representing 98 K. of C. councils in Mexico, said the Knights are spearheading an anti-Communist program in that country.

He said the K. of C. has taken the initiative in joining with other organizations to fight Red infiltration.

Old time members in this area found this news gratifying upon recalling that some 30 years ago the Knights of Columbus Supreme Council sent lecturers throughout the United States to combat Communism in control in Mexico. The late Judge Philip H. Donnelly of Rochester Council was one of the lecturers.

At the convention, Espinosa said members are studying the Papal social encyclicals, are trying to learn "all we can about Communism and its methods, so we will be better able to oppose it," and are seeking to check Communist and universities.

**Thanks Voiced For Mission Aid**

Mr. and Mrs. Daniel Whalen, Jr. wish to take this opportunity to thank the many who helped in the recent Blessed Martin de Porres Dispensary Drive to procure funds for their work in Mexico among the needy.

**KC Form Miami Council To Aid Cuban Refugees**

Denver, Colo. — (RNS) — The Knights of Columbus have organized a new council in Miami to aid Cubans who are streaming into the U.S. in the wake of Premier Fidel Castro's anti-Catholicism.

Luke E. Hart, Supreme Knight of Columbus, said here that the Miami organization has 14 former Grand Knights from Cuba among its 150-member council.

He said life of Cuba's Catholics is becoming more difficult each day. However, the Catholic Church is not interfering with the regime of Castro in any way, he told delegates to the 79th Supreme Council.

"The Knights sympathize with our brothers in Cuba," Hart said, "and we are doing all possible for Catholics who come to the U.S."

Hart said the K of C has not taken a stand on proposals for federal aid to education. An 81-year-old St. Louis attorney, Mr. Hart has been Supreme Knight since 1953.

**Hear Discrimination Talk**

Geneva — "Racial discrimination is a sin against God and man"...

This statement was made by Mrs. James A. Rains of Rochester in Wagner Hotel, Penn Yan. She spoke on "Integration — A Moral Responsibility" at a luncheon in connection with the fourth in a series of First Saturday Masses and Corporate Communions of Ontario-Saratoga Deanery, NCCW.

Mrs. Rains is a member of the Speakers' Bureau of Monroe County Council and of the recently established Catholic Interracial Council of Rochester.

SHE EMPHASIZED that the Church teaches that all men are created in the image and likeness of God and that the founding fathers of our country stated in the Declaration of Independence that all men are created free and equal and endowed with inalienable rights by the Creator.

Therefore, discrimination violates both the laws of the Creator and the wishes of the founding fathers, she said.

She noted that over 100 years ago one of the reasons for the Civil War was this same racial discrimination which was at that time a form of slavery. And 100 years later "we have

no slavery but we have racial discrimination."

Within the soul and mind of man, and in the deepest recesses of his heart, there are the same needs for faith, hope, and charity and these are not conditioned by the nationality of a man nor the color of his skin, she continued.

"They are human needs and must be fulfilled through man's humanity to man."

"Until we realize that all relations, international or interracial are human relations and must be met on the human level, we will not attain our goals. We are all members of the mystical Body of Christ and when one suffers we all suffer."

WHEN ASKING "What can I do?"... we must also ask ourselves "What am I doing personally to meet this challenge?"

Each one should be a personal representative of the principles of human relations and must reflect those principles in his individual contacts with all other individuals, she declared.

Many organizations have taken up the challenge and are meeting it effectively with their programs. However, she said, their success lies in the cooperation of every individual.

The Mass for the First Saturday program was at noon in St. Michael's Church, Penn Yan. The full dialogue Mass was celebrated by the assistant pastor, the Rev. Paul Brennan. Very Rev. Msgr. Joseph J. Sullivan preached the sermon. One hundred and thirty-five members were present.

The luncheon program at the Wagner Hotel was opened with the national anthem and pledge to the flag. Miss Frances Merriam of Geneva was toastmistress and introduced the guest speaker.

Mrs. Julian G. Humiston, president of the OSY Deanery Council, gave the fourth in a series of vignettes on the lives of women saints. She chose St. Rose of Lima, the first canonized saint in the New World. Since a great deal of our concern is with Latin America, whose patroness she is, Mrs. Humiston asked the members to pray to St. Rose to intercede for the enlightenment of the youth of Latin America.

THE MEETING was concluded by remarks of the moderator, the Rev. James F. O'Connell, pastor of St. Mary's Church, Waterloo, who gave a brief description of the Shrine of Our Lady of the Cape, a Three Rivers, Canada, which he recently visited. He also led in the recitation of the Litany of the Immaculate Heart of Mary.

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# How to Make Homework Lighter!

GOOD LIGHT MAKES SEEING EASIER

Studying is one of the hardest jobs our eyes have to do, and most of us do a lot of it while we are growing up. The amount of book-reading required by the time the average student is graduated from high school would fill a bookshelf eighteen feet long! And book reading is usually easier on the eyes than such seeing tasks as writing, figuring and drawing, where the contrast between pencil marks and the paper may be poor.

WE NEED LIGHT TO SEE

Most of us don't realize how important good light and posture are for studying. We do our homework in "any old place" and in "any old light." When the light isn't right for studying, visual fatigue can result, homework seems tedious and tiresome.

GOOD QUALITY LIGHT NEEDED

By good quality, we do not mean costly lamps and fixtures. Rather, we mean light which is comfortable; free from glare, annoying contrasts and disturbing shadows.

When properly placed the light is close to the task, it won't glare up from your work into your eyes, and won't cause harsh shadows to be cast on your work.

CHOOSE THE RIGHT STUDY LAMP

Lamps for studying should provide a high level of well-diffused light over the entire study area. At the same time they should throw some light upward. The upward lighting avoids sharp differences between the lighting on the desk and its surroundings. *Bullet lights and goose-neck lamps should not be used for studying.*

Lamps with translucent, open-topped shades are much better for study. The lower edge of the shade should be at about eye-level and wide enough across the bottom to give a wide spread of light. A diffusing bowl under the shade is used to prevent the bulb from showing through the shade as an irritating "bright spot," and also to soften the downward light.

FREE BOOKLET AVAILABLE

Your RG&E has a booklet available "How To Make Homework Lighter!" It's yours for the asking. Simply send your name and address on a postcard to Department 34, Rochester Gas & Electric Corp., 89 East Ave., and we'll send you one. If you prefer you can pick up a copy at the Home Service Department, 89 East Ave.

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