

Time For Sports

1960 marked a year of continued progress for the C.Y.O. with increased attendance in established activities and the inauguration of several new programs.

Physical education classes for elementary school age children saw capacity enrollments with youngsters achieving fine degrees of skill in both gymnasium and swimming activities. Particular stress has been placed upon water safety for the purpose of making every child conscious of perils ever present in swimming areas.

Constant drilling in the proper techniques of swimming strokes has resulted in accomplishment of individual skills and the establishment of fledgling swimming teams. A water show, several life saving courses and a number of home and inter-agency swimming meets were conducted.

Probably the most popular activities in the C.Y.O. gymnasium are apparatus and tumbling. Here the elementary set is becoming most proficient in side horse, parallel bars, ropes, rings and balance beam.

The enormous popularity in trampoline classes can be evidenced by the accomplishments of the children while mat tumbling devotees have acquired excellent dexterity in routines. These skills are to be displayed by both boys and girls in a circus performance scheduled for early May of this year.

ADULT CLASSES maintain their popularity with women participating in gymnastics programs scheduled during morning and evening hours. Handball and paddleball commanded much participation in the men's division along with weight-lifting, conditioning and boxing.

Team sports, as usual, maintained their appeal with the formation of several basketball teams and leagues for both men and boys. High school girls formed a six team C.Y.O. league with round-robin play scheduled into mid-spring and culminating with an awards banquet in early May. Girls basketball squads also saw outside activity through visits to out of town agencies via chartered bus.

Uniformed C.Y.O. girls also played hostess for several outside teams on their home court these, usually followed by combined spash parties.

Outstanding projects women's volleyball has been noted by increased participation and enthusiasm for the sport. C.Y.O. teams have played host to outside teams or have travelled to other agencies for matches on a semi-monthly basis. Combined interest and increasing skills are certain to result in

even wider volleyball participation in the future.

1960 saw the birth of a new program at C.Y.O., extending service to neighborhoods through the utilization of private swimming pools. In this program children and adults in specific neighborhood areas were either taught to swim or given instruction in more advanced techniques by C.Y.O. supervised American Red Cross instructors.

Contributing to the success of this program was the fact that people interested in learning to swim or improving skills could do so practically in their own back yards. General approval of the venture is evident by many requests that the program continue in 1961.

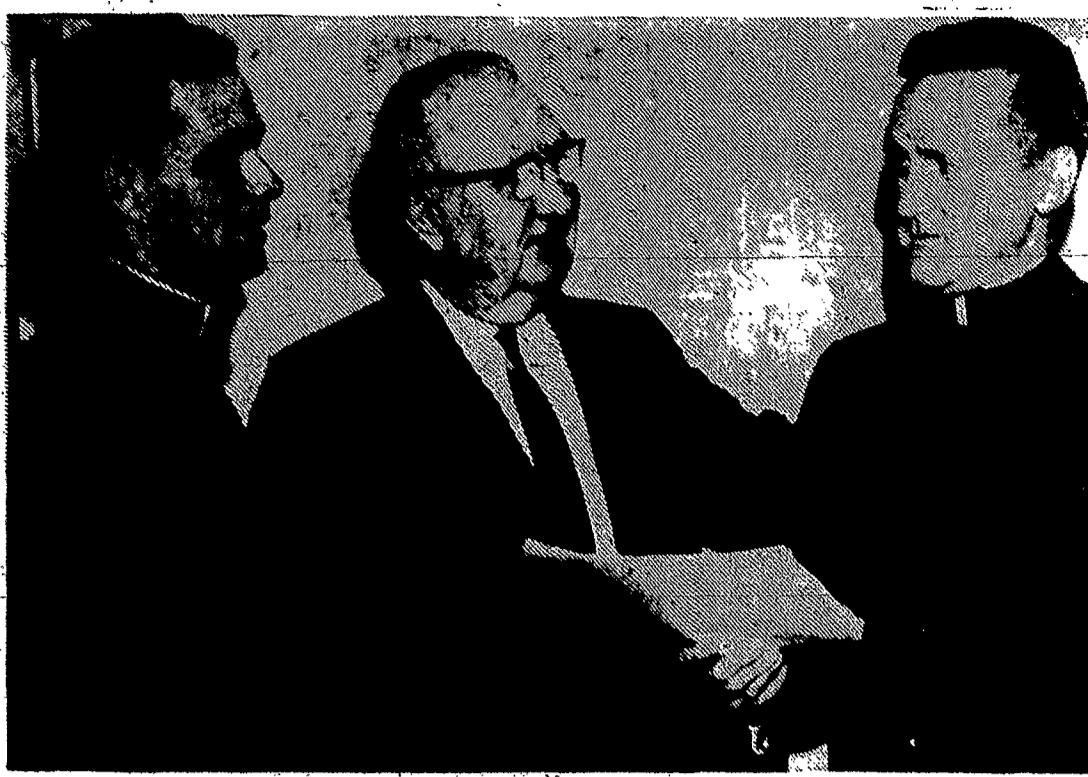


FATHER MCFARLAND

Once again Highland and St. Mary's student nurses participated in physical education activities at C.Y.O. Programs in which they participated include bowling, swimming instruction and synchronized swimming, life saving, conditioning, apparatus, trampoline, basketball, volleyball, dancing and badminton.

Outstanding special events of the year included the Annual Diocesan Basketball and Parish Cheerleading Tournaments. Approximately seven-hundred young people celebrated tournament victories at the Banquet of Champions at McQuaid High School.

Invitational Cheerleader's Tournament saw the largest number of participants in the history of the event with a large representation of schools from East Central to Western New York. If "Growing Pains" continue, it seems quite likely that drastic changes must occur to accommodate the future.



Catholic Family Center officials Father William Charbonneau, George Montgomery and Father Donald Mulcahy outline program for aid to families, individuals.

Family Center Advises, Aids

Three special projects were added to the Catholic Family Center's extensive program of service to families and individuals this past year.

One new phase of the Center's service aimed to fill the gap when the children's Convalescent Hospital on Rochester's Beach Avenue closed in June, 1960.

Children in need of convalescent care who couldn't be given it adequately in their own homes are now able to find foster home care through resources of the Catholic Family Center. Since June, fourteen such children have been provided this care.

A marriage counseling clinic was also inaugurated this past year and sixty couples have used this service since September.

Marriage "troubles" are sometimes solved in one interview, others require a series of meetings with trained marriage counselors.

Also on the Center's "expansion" list was its work in the Baden - Ormond area, Rochester's problem neighborhood. A case worker of the Catholic Family Center has an office at the Hanover Housing Project ready to hear and aid families in need of advice, emergency financial help, guidance for medical or other health care.

OTHER SERVICES of the Catholic Family Center range from placing children for adoption to aid to immigrants to adjust to the American way of life.

Specially trained social workers help unwed mothers locate a maternity home either locally or out-of-town, and guide them in their decision concerning possible adoption of the child.

Over 100 infants were placed in adoption homes this past year through the Center's program.

An additional 200 youngsters, from pre-school children to teenagers, were given foster home care under the Center's supervision.

Newcomers to America, Europeans and Cubans fleeing communist oppression and Puerto Ricans seeking a home better than their poverty-rife island could provide them, have also been aided by the Center.

Arrangements were also made for older people to be admitted to St. Ann's Home or to find security and happiness in their own homes through the help from social workers of the Family Center staff.

The Center's staff now totals 24 professionally trained members.

Your Will

The agencies of the Catholic Charities increase their service to children and families each year. They will continue to grow and serve. You can be a real help in this wonderful mission by remembering them in your last Will and Testament. Please consult your attorney or trust officer.

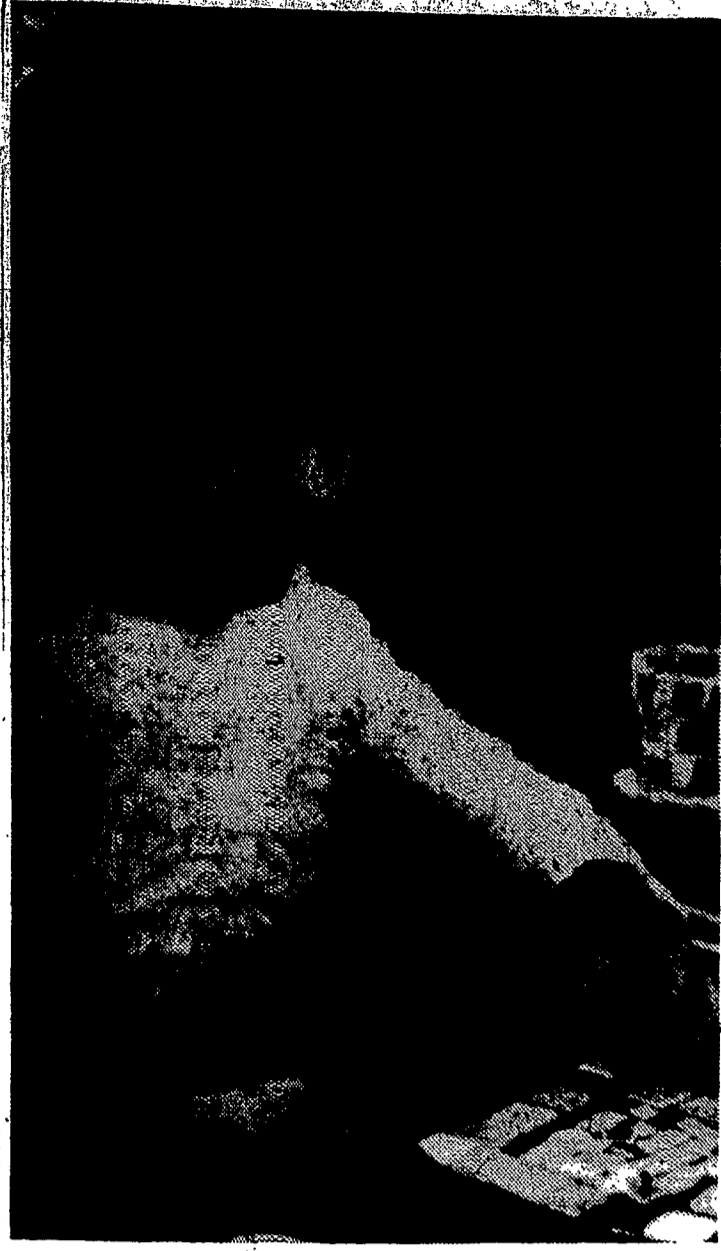
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Ceramics at a settlement house.

Neighbors Get Together

The Genesee Settlement House is located at 10 Dake Street in the old Public Market area of the city. The original location of this agency was at the corner of Central Park and North Union Street, in what was at one time the Savoy Theater.

In 1939 Our Lady of Sorrows Church at the corner of Dake and Niagara Streets was closed and the facilities of the church and rectory made available to the Rochester Catholic Charities. The former rectory has been converted to provide office and club room space.

The former church has been converted to an all-purpose room and space there provides opportunity for such activities as athletic programs, dances, meeting space for parents and other neighborhood groups and an ideal headquarters spot for the annual Day Camp program.

Programs at the Settlement House offer a wide range of activity for those ranging in age from three years to seventy-five plus. Each day of the week children come to the Settlement House after school to participate in clubs, crafts, cooking classes, shop work, gym groups, and so forth.

Many children prefer the club type of program where a diversification of activities are offered, such as dramatics, crafts, singing, and so on.

Teenagers may join either the Junior or Senior Carleen, depending upon the grade attended at school. Those with a real interest in carpentry skill and nature may join the Pioneers group, which also provides overnight camping experience in the summer time.

Adults may attend the club or gym program of their choice. Neighborhood Councils are organized to assist neighbors with improving the neighborhood conditions.

The Board of Education provides leadership for groups within the Settlement House in a program called "Guided Observation." Mothers with pre-school children may join this group, which provides a nursery school program one morning a week for youngsters and discussion periods for the mothers. The mothers discuss their problems and the solutions to their problems with each other and with a trained person who guides and helps when needed.

The Charles Settlement House, an agency of the Diocese of Rochester and supported by the Community Chest, serves and area bounded by State Street, Main Street West, Mount Read Boulevard, and Lyell Avenue.

Service to the residents of this neighborhood has been the work of Charles House since its founding in 1917.

Within the framework of a varied program the Settlement provides services suited to the particular age groups. For the primary grades, there is an after-school program, offering participation in cooking, crafts, woodshop, gym, directed play, Brownie groups and an arts group.

Special events throughout the year highlight the program.

The year 1960-61 has seen a clear emphasis on Club Program in the Settlement's service to older children and teenagers. Six boys' clubs meet on a weekly basis, with a total enrollment of seventy-two members.

Club Program for girls has also expanded during the current year to include eighty-six girls who are members of eight clubs, organized as friendship groups or scout troops. Through these clubs, the worker is able to offer experiences in camping trips, hikes, directed interests in arts, hobbies, sports and enjoyment of activities in the wider community.

At the same time, he is able to channel individual interests and abilities for the good of the members and of the group.

In the area of education, Charles House facilities are utilized by the Board of Education to conduct classes in English and Citizenship, Sewing. Classes in pottery and dancing meet weekly with enrollments of 12 and 18 respectively; also, a Mothers' Club, Home Bureau Unit, and Girl Scout Troop Committees.

Special classes also meet at Charles House such as an eight week Red Cross Home Nursing Course now in progress.

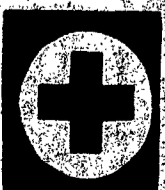
Charles House is a member of the Rochester Settlement Workshop, working with that group on legislation, inter-agency events, and sharing of knowledge. Staff time is given to home visiting, while a part time caseworker is engaged for this work specifically.

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