

**Pope Gets '60 Cadillac**

Vatican City — (RNS) — Students and alumni of the University of Notre Dame in Indiana presented Pope John XXIII with a 1960 air-conditioned Fleetwood Cadillac in token of the university's loyalty and affection.



**At Home With Trudy McNeill**

**Fruit of Paradise**

Bananas are a year-round fruit, but April often is ahead of other months, thereby making it the peak season. This makes bananas a good buy. Did you know that Americans eat half the world's production of bananas, some 8 billion which reach the U.S.A. annually?

We like bananas and the homemaker can find many ways of serving them: in lowering terrific banana splits; in thick, whipped cream-topped pies; in tangy fragrant fruit cups, in breads, cakes and puddings. Bananas can be baked, broiled or fried and served as a vegetable.

Banana fritters are delicious served hot with the main course or served as a dessert with a hot fruit sauce. Bananas just seem to go with gelatin desserts and salads. There never was a more versatile fruit.

**BANANAS GROW IN HOT COUNTRIES OF THE OLD WORLD AND THE NEW** if you've always thought of the banana as coming from Central and South America, you may be surprised to know that the banana thrives in all kinds of places in the steaming Torrid Zone. Some scholars say that the FRUIT OF PARADISE was the banana and not the apple.

That's why the Romans called the banana the "musa paradisiaca" while another species was called the "musa sapientum" which meant "fruit of the wise men" because the great thinkers of India were supposed to have sat under the banana plant, enjoying both its shade and its fruit.

**STRANGE TO RELATE** Mules in the Middle American tropics where our bananas come from, have nose baskets to keep them from helping themselves to the top banana of the nearest bunch. They just love bananas.

**BANANAS DO NOT GROW ON TREES.** They're herbaceous plants and that means having soft not woody stems. They're as tall as small trees, however, and have leaves from eight to twelve feet in length and two to three feet wide. That's what makes a banana plantation look like a forest. After harvesters cut off the single bunch of fruit which the plant produces the rest of the stalk is cut down and left as fertilizer for future crops. Almost immediately new shoots pop up and the next crop gets going.

**THE RIPENING PROCESS IS VERY IMPORTANT.** You might think that plant-ripened bananas would be the greatest ever, but not so. They usually burst if left on the plant beyond a certain point and the flavor isn't good. Bringing the hard-green bananas from the tropics through the modern ripening process to the golden-brown flecked beauties in your fruit bowl requires a lot of know-how.

Temperature and humidity must be controlled exactly, depending upon whether ripening is to be speeded up or delayed to suit market conditions.

**BANANAS ARE GOOD FOR EVERYBODY.** The banana has not only a lot of good nutrients but doctors actually prescribe bananas in the diet of sufferers of more than a dozen different severe illnesses, complaints such as peptic ulcers, typhoid fever, colitis, gout, hypertension and many heart ailments. The best thing to do is to eat and enjoy bananas, build up your health and stay well.

**A BANANA CREAM CAKE** for dessert will please everyone. It couldn't be easier if you use convenient packaged cake mix for the two layers, spread lavishly with whipped cream and a double layer of sliced bananas. Or if you wish you make your own banana cake here's my favorite recipe.

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**BANANA LAYER CAKE**

1 1/4 c. sugar  
2 1/2 t. baking powder  
1/2 t. baking soda  
1/2 t. salt  
1/2 c. shortening  
1 1/2 c. mashed ripe bananas (4 to 5 bananas)  
2 eggs  
1 t. vanilla

Sift flour, sugar, baking powder, soda and salt into mixing bowl. Add shortening, 1/2 cup of the bananas and the eggs. Beat 2 minutes at slow to medium speed, with electric mixer or 2 minutes by hand. Scrape down bowl and beater. Add remaining 1 cup of bananas and vanilla. Beat 1 minute. Turn into 2 greased and floured 8 inch layer cake pans. Bake at 375 degrees for about 25 minutes or until done.

Tips: Be sure to use fully ripe bananas... yellow peel flecked with brown. To make bananas slices bananas into a bowl, beat with a fork or mash with potato masher or chop with pastry blender or you can slice bananas into a bowl and beat with an electric beater or a rotary beater.

Bananas average 3 to 4 to a pound. Keep them at comfortable room temperature for ripening. Do not place them in the refrigerator as low temperatures prevent proper ripening and impair the delicate flavor.

Bananas are pretty fluted for a salad, to do this run the prongs of a fork lengthwise down a peeled banana, then slice banana crosswise for dainty "crinkly-edged rounds." To prevent cut bananas from turning dark slice as close to serving time as possible. If cut in advance slip slices into, or sprinkle them with canned pineapple juice or fresh or canned grapefruit, orange, lemon or lime juice.

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**Cardinal Says**

**Laymen's Role Most Important**

Highland Park — (RNS) — Albert Cardinal Meyer, Archbishop of Chicago, urged 150 priest-moderators of Roman Catholic men's and women's organizations here to "look upon the role of the lay apostolate as one of the most important in the modern fulfillment of the work of the Church."

Addressing the first joint moderators meeting of the National Council of Catholic Men and Catholic Women, he said that "the life of the ordinary Christian is challenged by the conditions of the day — conditions which make the living of our faith more difficult."

CARDINAL MEYER referred to Pope Pius XII's exhortation before the reception of Holy Communion — the Eucharist.

"This is the day of the eucharistic apostolate," the prelate said. "The function of the moderator should be to capitalize on the eucharistic crusade to help train modern apostles."

Delegates to the meeting explored the possibilities for combined action by the two councils in such areas as family life, teenage codes, leadership training and decent literature.

The gathering was unique in that it was the first meeting to invite priest moderators from every diocese of the country to consider the role and function of the moderator in relation to

**POAU Film Fomenting Bigotry**

New York — (NC) — A film produced by Protestants and Other Americans United for Separation of Church and State has been charged by the B'nai B'rith Anti-Defamation League with "fomenting bigotry."

The Anti-Defamation League, a Jewish organization, was commenting on the POAU film "Captured," which purports to tell of a Catholic plot to take over control of U.S. public schools.

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**Unions' Power Focus of Study**

Notre Dame — (NC) — The power of labor unions and how it affects the public interest will be explored in a symposium to be held by Notre Dame University's law school April 27 and 28.

In announcing the symposium, Joseph O'Meara, dean of the Notre Dame Law School, said "that excessive power is now lodged in the great national labor unions. I think it is time to look at the matter squarely and candidly and ask ourselves what should be done..."

"IT IS OUR purpose to avoid, as far as possible, any bias in favor either of unions or management," O'Meara said. "We do not feel called upon to speak for either side. What we do want to do is focus attention upon the fact that there is a third party involved, namely, the public — the most important party, though its interest is seldom adequately represented."

According to Mr. O'Meara, Charles O. Gregory of the University of Virginia law school will preside at the two-day meeting. Other scholars who will participate include Bernard D. Melzer, University of Chicago law school; Sylvester J. Petro, New York University law school; David McCord Wright, McGill University, Montreal; Archibald Cox, Harvard University law school, and Professor Charles H. Livengood, Jr., Duke University law school.

**Hamlet, Joan of Arc Set For TV Showing**

Hamlet, Keys of the Kingdom and Joan of Arc will be seen on WVEY-TV, Channel 10 in Rochester during May. Hamlet will be seen on the Premier Feature theatre at 1 p.m. on May 15 starring Sir Laurence Olivier and Jean Simmons.

**Gospel Records Presented Pope**

Vatican City — (NC) — Records of the four Gospels in Italian have been presented to His Holiness Pope John XXIII.

The series of 15 records was presented by Oratio Costa, director of the International Institute of Records, an Italian cultural organization dedicated to recording prose, poetry and music.

**THE WEEKLY NOTE FROM MR. PEPSI:**

It's so easy to smile at 3 o'clock in the afternoon... but a morning smile, tho' it takes more effort, can be the seed that grows into a flowering day.

There's a bus driver we know... who always has a smile and a friendly word for all his passengers. On his morning run, he greets even the "morning grumpies" with a friendly, "Good morning," and starts them off on another friendly day. The little lady in the coffee shop who gets up at the crack of dawn, greets us with a scinty "Good morning".

Often, it's amazing how much can be done in a little way.

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